

CortlandNEWS

"The Good News Newspaper"

Vol. 16 No. 3

November 23, 2019

Serving the Lakeshore Communities

Giving Thanks



We are thankful ...

By Sally Lane

Thanksgiving this year falls on the same date, Nov. 28, as the "first" Thanksgiving 398 years ago in 1621.

Only about half of the English Pilgrims had survived at Plymouth Plantation, but thanks to help from Native Americans, the colony had a good harvest and were beginning to thrive. They were thankful and hosted a peaceful dinner. The idea of having two clashing cultures sit down and eat together was a great moment in our country's history.

Even though historians dispute that event as a "first" Thanksgiving, the written account of then Governor William Bradford about the event has become part of our national heritage. Generations of young schoolchildren experience their first lessons about our country's history in classroom activities celebrating this day of thanksgiving.

Several days of Thanksgiving were declared over the years, but the day became a national holiday by President Abraham Lincoln in 1863. Sarah Josepha Hale, a magazine editor who was impressed by Governor Bradford's account, had lobbied for the day for many years.

That was the short version of the history of one of our favorite holidays. In true American style, it wasn't long before the day took on a life of its own. Parades, sales (think Black Friday), family times, football games ... not to even mention the DINNER, and enough leftovers for a few days.

As much as we like all the food, the bustle, the fun and games, we are glad the most important reason for the holiday has not been lost. It is a true day of reflection, of giving thanks for our many blessings. Every Thanksgiving holiday seems to be a little different from earlier ones. Maybe you remember that as a young child you sat on a Sears catalog at the table. You weren't quite sure you were going to like everything on your plate. If you are a "Baby Boomer" you probably enjoyed the Macy's Thanksgiving Day Parade on a black and white television. You remember a grandpa or uncle falling

asleep ("turkey trance") watching a football game after the dinner.

As a young parent, perhaps you tucked your babies in for a nap on Grandma's bed while helping with a pile of dishes that never seemed to shrink. My family liked to sing while doing the dishes, harmonizing and laughing. Good memories.

As we prepare for Thanksgiving and reflect on the good things in our lives, it is only natural to want to help others. This is the prime season for food drives and collections for all types of needed items. From now until the end of the year there are countless ways we can help. Please look through this issue and note how many local businesses, schools and churches are helping those who need it, from food, to toys, clothing and shoes. The giving spirit is truly a blessing in our hometown. We wish you all a wonderful blessed Thanksgiving and holiday season.

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CORTLAND CITY

CITYOFCORTLAND.ORG

Mayor 330-637-4003
 City Hall 330-637-3916
 Fax 330-637-4778
 Clerk of Council 330-638-0142
 Service Director 330-637-4637

POLICE/FIRE EMERGENCY 911
 Dispatch 330-675-2730
 Police - Business 330-638-1000
 Fire - Business 330-637-2891

MEETINGS

CITY COUNCIL
 First and Third Monday of each month
 Monday, Dec. 2, 7 p.m.
 Monday, Dec. 16, 7 p.m.

CORTLAND CITY COUNCIL
 Read the minutes from
 Cortland City Council meetings at
www.cityofcortland.org under City
 Council Minutes.

PARKS AND RECREATION
 Second Monday of each month
 Monday, Dec. 9, 5 p.m.

PLANNING & ZONING
 Second Monday of each month
 Monday, Dec. 9, 7 p.m.
 Meetings and agenda of Council and
 Planning meetings area available at
www.cityofcortland.org

All meetings are held at City Hall and are open to the public

CORTLAND CITY COUNCIL MEETINGS ARE NOW ON TV

Cortland City Council Meetings are now posted on YouTube. The videos are usually posted no later than the next day after the meeting and can be accessed via a link on the city website or by visiting www.youtube.com and searching "City of Cortland, Ohio"

BAZETTA TOWNSHIP

BAZETTATWP.ORG

Admin Building 330-637-8816
 3372 State Route 5 fax: 330- 637-4588
 Trustees, Clerk, Zoning Inspector
 and Cemetery Sexton 330-637-8816
 Road Department 330-637-8311

FIRE - POLICE - RESCUE 911
 Police Department 330-638-5503
 Fire Station #11 330-637-4136
 3000 Warren Meadville Rd
 Non Emergency Calls 330-675-2730

BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second Tuesday of each month at 3 p.m., unless otherwise noted.

Tuesday, Dec. 10, 5 p.m. - A 60 minute caucus with department heads preceding.

Meetings are held at the Township Administration Building unless noted

LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m. in the Lakeview High School Media Center, unless otherwise noted.

Monday, Dec. 9, 6 p.m.

Area Service Clubs

Cortland-Bazetta Historical Society and Museum
 Sally Lane 330-638-2330

The Opera House
 Kathy Fleischer 330-219-4884

Cortland Beautification Association
 Mary Kachurik 330-637-3098

Cortland Lions Club
 Matthew Smith 724-584-0894

Moose Lodge #1012 330-637-9957

Warren-Trumbull Branch of AAUW
 Jennifer Soloman 330-637-3483

Cortland Masonic Lodge #529
 Chuck Chagnot 330-307-3405

Lakeview Outreach and Fellowship (LOAF) 330-720-9136

Bazetta-Cortland Optimist Club
 Charlie Harper 330-847-0114

Cortland Rotary Club
 Donna Zuga

Four Seasons Garden Club
 Becky Bucco 330-637-9115

Friends of the Cortland Library
 Di Matijejevic 330-637-2717

League of Women Voters of Trumbull County
 Terri Crabbs 330-637-3845

SCOPE
 Darlene Fry/Diane Jordan ... 330-637-3010
 Cortland Opal Chapter #181, O.E.S.
 Carla Kahler 330-856-2356

Please contact the Cortland News if you would like your organization listed here.

Our Next Issue ... December 14, 2019

Our theme will be Happy Holidays

Article Deadline by Nov. 29 • Display Advertising Deadline is Dec. 4

Email articles to editor@cortlandnews.net

The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or omissions.

Cortland News SELF SERVE Paper Box Locations

Cortland Banks El Torero Vasilios
 Lakeside Sport Shop Top Notch Diner

PUBLISHER
 Fox Run Publishing, L.L.C.
 Jim Woofter - *Publisher/Owner*
 330-565-2637
info@cortlandnews.net

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GRAPHIC DESIGNER
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PHOTOGRAPHERS
 Jim Woofter
 Sally Lane

ADVERTISING SALES
 Jim Woofter - 330-565-2637
 Thom Foley - 330-727-5688

FEATURED JOURNALIST
 Sally Lane

LOCAL COLUMNISTS/ JOURNALISTS

Rev. Donald P. Barnes
 Jean Bolinger
 Rev. C. R. Chapman
 Jean A. Corliss
 Christine Dorma
 Kathleen Ferris
 Thom Foley
 Evelyn Shealey
 Tom Shortreed
 Jennifer J. Slywczak

Contributors
 Officer Julie Bevilacqua
 Jillian Froment
 Abbey Leonard
 Teresa Merrick, R.N., PHN
 Fire Chief David Rea
 Carole Wiley

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 Cortland News
 P.O. Box 56
 Cortland, OH 44410
 (330) 565-2637

www.cortlandnews.net

We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

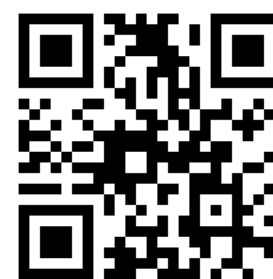
The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

Article submissions to:
editor@cortlandnews.net

Display and classified advertising and photographs to:
sales@cortlandnews.net

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.

SCAN TO VISIT CORTLAND NEWS



Like us on Facebook

Community Events

Event Calendar November 23 – December 14

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. See pg. 2 and 19

Lakeview Local School activities and sports schedules visit www.lakeviewlocal.org.
American Red Cross blood donations, various dates. www.redcrossblood.org or 1-800-733-2767.

Cortland Branch Library events. See pg. 22

Cortland Community Band Christmas Concerts, various dates. See pg. 6

Salvation Army Angel Tree, City Administration Building, all unwrapped gifts need to be returned by Dec. 10. See pg. 19

Cortland Fire Dept. accepting new, unwrapped toys through Dec. 10 for U.S. Marine Corps Reserve Toys for Tots. See pg. 19

Trumbull County Strong Blessing Bag Project, donation bin lobby of Cortland Administration Building, through Dec. 31.

Johnston Senior Center offers hot meals Monday through Friday at noon.

"Mustang vs. Camaro – Battle for Supremacy" exhibit, through April 15, 2020, National Packard Museum, 1899 Mahoning Ave. NW, Warren.

North Bloomfield Historical Society's 7th Holiday Model Train Display, open in December on Wednesdays, 5-8 p.m. and Saturdays, 2-5 p.m., 1893 Town Hall, 8830 Park Drive on the square, North Bloomfield. See pg. 3

Warren SCOPE Senior Center Help Heal Veterans art creativity classes, Tuesdays, 12:30-2:30 p.m., Warren Senior Citizen Center at YWCA, 375 North Park Ave., Warren.

Youngstown Nighthawks Soccer League, Cortland League schedule, visit www.facebook.com/ytownnighthawks

NOVEMBER

23 Christmas in Cortland concert practice, 10 a.m., St. Robert Catholic Church, Cortland.

26 L.O.A.F. Community Thanksgiving Service, 7 p.m., Cortland Christian Church, 153 Grove Drive, Cortland. See pg. 21

26 Vienna Historical Society hosting Traci Manning, for presentation of "Youngstown and the Titanic," 7 p.m., Vienna Twp. Hall.

27,28 All Warren-Trumbull County Public Library locations will close at 5 p.m. on Nov. 27 and be closed all day on Thursday, Nov. 28 for Thanksgiving.

27-29 Bristol Public Library closed Nov. 27 at noon, all day Nov. 28 and 29 for Thanksgiving observance. See pg. 22

28 Thanksgiving

28,29 Cortland City offices closed.

30 Cortland Specialty Shops Gingerbread Walk, 10 a.m.-3 p.m.

30 Cortland Christian Church holiday craft show, 10 a.m.-3 p.m., 153 Grove Drive, Cortland.

DECEMBER

7 Pearl Harbor Remembrance Day

7 Cortland Christmas in Lights Light Up Night, 2-4 p.m., Main Street in parking area across from Cortland Bank. See pg. 7

7 Centerra Country Stores free pictures with Santa in exchange for donations for various local animal rescues, 10 a.m.-1 p.m., 312 E Mecca St., Cortland. See pg. 4

7 Cortland Masonic Lodge charity pancake breakfast to benefit Earth Angel Farms of Trumbull County, 9 a.m.-noon, 3263 Everett-Hull Road (E. Main Street). See pg. 6

7 Men of Faith breakfast, 9 a.m., 4 Star Restaurant banquet room, 168 North Mecca St. (state Route 46), Cortland. See pg. 20

7 Cortland Playroom Santa Lunch, 11 a.m.-1 p.m. See pg. 4

7 USA Dance Snowflake Ball, 4 p.m., Avon Oaks Ballroom, 1401 N. State St., Girard. See pg. 6

7,8 36th annual Lakeview High School Madrigal Feaste and Concert, Saturday, Dec. 7 at 7 p.m. and Sunday, Dec. 8 at 3:30 p.m., Lakeview High School great hall. See pg. 10

8 W.D. Packard Band Christmas Concert, 2 p.m., W.D. Packard Music Hall, 1703 Mahoning Ave. NW, Warren.

11 Christmas in Cortland concert practice, 7 p.m., Lakeview PK-8, Wakefield Drive, Cortland.

14 Cortland Christian Church cookie sale, 9 a.m., 153 Grove Drive, Cortland.

14 Christmas in Cortland concert practice, 10 a.m., St. Robert Catholic Church, Cortland.

Model train display in North Bloomfield

The North Bloomfield Historical Society presents its 7th Holiday Model

Train Display at the 1893 Town Hall, 8830 Park Drive on the square, in North Bloomfield. The display is free and will be open in December on Wednesdays from 5 to 8 p.m. and Saturdays from 2 to 5 p.m. and will be closed Christmas Day. More than 350 square feet of layout features a summer village and a separate two-level winter setup. The popular scavenger hunt will return along with free popcorn, cookies and drinks. Special group visits can be scheduled. For more information call 440-685-4410.



Meet the man who drives the bandwagon!

By Carole Wiley

It probably takes less than 5 minutes to determine what it is that makes Craig Wienczek a great success. Putting it into words is another issue. Craig is the director of the Cortland Community Band. This year he is celebrating his 25th year in this position! And according to the band members, those have been exciting and rewarding years for all.

Craig is a graduate of the YSU Dana School of music and began his career as a teacher. In time he returned to college taking classes in the summer and became an electrical engineer. He now works for IES in Canfield. Besides the band, he loves fishing at his cabin in Quebec.

Like many of the 60-70 musicians he directs, Craig had not played the drums in many years when a friend asked him to dust off his instrument and come to a rehearsal. It wasn't long before he substituted for the director and in short order became the permanent leader. And now, 25 years later, he uses his musical talents along with many personal attributes to lead this large group of amateur musicians through weekly Wednesday night rehearsals, several summer concerts and then Christmas concerts throughout the Mahoning Valley. There are no rehearsals in January and August.

The success of the Cortland Community Band, at least in part, lies with Craig. He's the guy you would love to have as a neighbor or to be your kid's teacher - or to lead the community band! The first things you notice are his eternal smile, his self deprecating humor, and his strong positivity. He obviously does not believe there is ever an insurmountable problem.

Joe Franco, the band president, says Craig has a kind and calm manner but is focused. He can choose a very difficult piece of music, divide it into small pieces and then bring it altogether. Sally Lane states that Craig promotes a family-like atmosphere that has led to a very close knit group. He is patient, never gets upset, and promotes the feeling that everyone can handle even very difficult music. She reports that almost no one quits the band unless they move or go away to school and Craig is the reason for this.

When Craig was asked about his success as a leader, he was slow to answer. But he finally said that he consciously avoids negative situations but will address an issue when necessary. He strives to create success in everyone and he promotes the rewarding fellowship that the members enjoy. "Yes! It's the fellowship part that is so important!" he stated with great clarity. I hope you all get to meet him at this year's concert.

"Christmas in Cortland" will be Dec. 18 at 7 p.m. at Lakeview High School. Come enjoy the lovely Christmas music and help yourself to some of the 1,000 cookies before you go home!



Happy Thanksgiving

We thank you for the opportunity to work together and for making us feel at home in our community.



Warren, Oh
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Warren, Oh
Stacey L Rozzo
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Cortland, OH
Brad Forrider
2996 State Route 5 Suite A 330-637-0480

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Centerra raising money for local animal rescues

Centerra Country Stores is raising money for various local animal rescues by offering free pictures with Santa in exchange for donations. The event will take place at their Cortland location, 312 E Mecca St. on Saturday, Dec. 7 from 10 a.m. to 1 p.m. The pictures will be available to share and download on their Facebook page. Limit one printed picture per family. Come out to support animal rescues and get a picture with Santa. Pets are welcome. Call 330-637-4015 for details.

Playroom children donate toys to fire department



On Nov. 7 the Cortland Playroom donated stuffed animals that the children collected throughout the week to the Cortland Fire Dept. The firefighters use these stuffed animals

for children who are victims of a tragic event in their life. We thank all the children and their families for helping with this wonderful donation.

Enjoy holiday shopping by earning **CASH REWARDS** with FREE* Kasasa Cash® PLUS checking!

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*www.cortlandbank.com/kasasacashplus

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Business News & Notes

By Thom Foley

Most businesses have special hours for the holidays so be sure to check with them.

Cortland Playroom is having its annual Santa Lunch on Saturday, Dec. 7 from 11 a.m. to 1 p.m. There will be a Magic Show at 11:30 a.m. and Santa arrives at noon. It is open to the public. Tickets are available by calling 330-637-2296. Tickets are \$5 in advance and \$6 at the door. The basket raffle tickets are \$1 each or 6 for \$5. Cameras and videos are welcome.

Do you need a **Santa Claus** for your Christmas party? See his ad in this issue.

Killerwax Ohio-Lucky 13 has moved to 2804 Warren-Meadville Road, between Mosquito Creek Storage and the new Bazetta Fire Station. Call them at 234-244-4978.

Totally Dog has new phone numbers. The store is now 330-637-2238. The grooming salon is 330-637-2239 and Elite K-9 Dog Training is 330-

637-2240. And don't forget, they will be participating in the Gingerbread Walk on Nov. 30.

Auntie V's Pizza has their homemade cookies back! But order ahead – it seems like they sell out daily!

Chrissy's Lake Tavern will be closed Thanksgiving day but the bar opens at 5 p.m. They will be closed on Black Friday.

Vasilio's has carry out catering as well as a great party room for your holiday events.

Greenwood Insurance reminds you that the Medicare deadline is Dec 7. Do what I did and see Barry Piper for honest advice on which program is best for you.

Mackenzie Catering at Gardenbrook does carry out catering for your holiday party. Let them do the work – you do the eating!

Did you know that **Mark Thomas Ford** is an award-winning dealership? They were voted one of the top tier dealerships in the entire nation! Go to local people you can trust.

When you are feeling the aches and pains from all the hustle and bustle of the holidays remember that **Action Physical Therapy** can have you back up and running (or walking) again quickly.

Attorney Martin Nosich does a general practice of law as well as domestic, wills, OVI, traffic and misdemeanors.

I see that **Campbell Carpet & Flooring** just installed new flooring in my neighbor's home. They did mine also. Let them do yours.

I hope you don't get into a fender-bender this year, but if you do, remember that **Daffron Auto Body** is the place to go to get it fixed up better than new.

Have you tried Cosmic Bowling yet? Call **Cortland Lanes** to see what all the excitement is about.

Don't forget that **JoMarie's School of Dance & Gymnastics** sells gift cards for their NINJA WARRIOR classes. Kids exercise while having fun and learning other values.

Since 1956 www.king-bros.com

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As the magic of the season sets its veil and
The leaves turn to orange, yellow and red...
It's the perfect time to count blessings
Be thankful for all the good things in life
Cherish the moments of those for whom we really care...
Wishing you a very Happy Thanksgiving from your friends at
King Brothers and King Sanitary

(AREA WIDE DELIVERY) 330-372-3201 1306 St. Rt. 88, Bristolville, OH (330) 889-3451

Give your car the spa treatment

Your car wants a trip to the spa for Christmas!

By Thom Foley

I love a clean car, but winter makes it almost impossible to keep it clean. Lucky for all of us there is a local company that is expanding to help us with that goal. Auto Spa Ohio has eight very convenient locations throughout Trumbull and Mahoning counties including one right here in Cortland. They strategically picked their locations so that they could cover the greater Mahoning Valley area and give their customers the convenience to utilize the Auto Spa Ohio trusted brand at any of the locations on any given day.



I travel throughout the Valley most every day and depend on utilizing names I know and of course prefer to support locally owned businesses. So they are a great fit for my needs. Besides the Cortland location there is one on Elm Road (by Menards) and in Niles, Cornersburg, Struthers, Boardman and two in Austintown. Most are touch-free automated washes, but they also offer self-serve hand bays, vacuums and vending supplies at most of their locations. The touch-free automatic bays offer four different price points and all are open 24 hours a day, 7 days a week. The Elm Road and Niles locations offer a friction machine for those customers that still want that type of application,

I downloaded their app - Autospaohio (available on Apple and Android devices) so I can join the very popular Monthly Wash Club membership. Besides paying one low monthly fee for all the washes in a month I get special deals, can use AIRPAY and can purchase and send washes to a friend or family member. Great way to do easy Christmas shopping. My phone basically became my payment method. And the monthly wash club can be used at any of their eight locations.

When I asked co-owner Dave Blashinsky what made them different he told me "We take great pride in what we do on a day-to-day process and the excitement that we have when we see the cars come out clean is a feeling that never gets old. Since 2003 we have continually expanded by providing excellent customer service while speeding up the wash time needed to wash the car. Our new modernized machines, premium chemical products, fresh hot water only and daily monitoring from their technicians is what makes us stand apart.

"Our goal has been to create a trusted brand in the market but still have the hometown feel of a local business that is very well connected with their customers and know what they are looking for with their car wash experience."

I suggest you join me in supporting another great locally owned business and keep your car clean at a very affordable price also.

By Thom Foley

One of my real passions is supporting local businesses, not just at Christmas but all year long. They are one of the major reasons that Cortland is the community we all love. Local businesses support every single charitable cause from little league teams, yearbooks, football programs and blood drives to church bulletins and scout troops. Every single owner will tell you that rarely does a day go by that they aren't approached for support of a worthy local cause. If they gave to all of them every business would be out of business.

THAT is a major reason why we all need to shop local and support them.

Every year at this time I write an article with suggestions about how you can shop local and support locally owned businesses. This year is no different. Before you look for "super deals" at the big box or online stores, remember that Walmart or Amazon aren't going to sponsor your child's softball team or take an ad out in your church bulletin. Support those that support you!

Give the gift of confidence to a child - pay for a month of dance lessons at Jeannette's School of Dance.

We asked our advertisers to tell us why YOU should shop with them this Christmas. Here are their answers. Many of them offer gift cards.

If you want to give someone a delicious gift then give them Auntie V's HOMEMADE COOKIES. All the deliciousness with none of the mess. Sooo goood!

Vasilio's Family Restaurant offers carry out catering, a party room and great food at family prices. Let our family feed

your family. Now open for breakfast.

Sparkle Market says "Let us help you with your holiday needs. Assorted bakery, meat, cheese trays and fruit baskets available to order." (AND they have the BEST DONUTS anywhere - ask anyone!)

Jody Sova is not only your Neighborhood Realtor - she is also your neighbor. Nobody cares like she does! Call Jody!

Why buy local? At Cortland Mower we pride ourselves in creating a relationship with our fellow community members. We repair our customer's products before we repair anyone else's.

JoMarie's School of Dance & Gymnastics has been teaching children for 45 years with a friendly, fun and positive perspective. Our philosophy is if you believe it you can achieve it and attitude is everything. (And if you haven't checked out their NINJA WARRIOR program you should. Don't tell the kids it is exercise - they think it's FUN!)

Campbell Carpet & Flooring will provide you with the personalized service and quality installation that you deserve. No cost in-home consultation with estimate. We have quality carpeting and flooring.

Mayflower Wollam Insurance has been helping the residents of Cortland since 1920. They can save you money and give you honest impartial advice.

Chrissy's Lake Tavern is a great restaurant with an unbelievable menu. Relaxed atmosphere, quality food and family priced. There is a reason those burgers and wings win awards - they are delicious!

Consider giving someone a WILL or POA for Christmas. We have several great local attorneys that can do that for you. See the many ads in this issue.

It's play-time at Music 101! Dedicated to education and proud to support local school music programs! Certified instrument repair service, personalized individual music lessons for all ages and excellent products and rentals all make us a top-choice for your local needs.

Action Physical Therapy - local professionals helping their friends and neighbors.

Cortland Lanes offers Cosmic Bowling on the weekend, leagues for all ages and abilities. Great family fun for everyone. Locally owned for over 50 years!

Greenwood Insurance - helping our friends and neighbors for over 60 years ... Where good advice is always free.

Lakeside Sports Shop & Drive Thru has a large selection of local wines. And if there is a fisherman in your family they have everything he or she needs.

How about the gift of health? Pay for someone's eye exam at Cortland Family Eye Care. Or maybe pay for a child's exam at Dr. Johnson or Vlad Pediatrics. Check out all the health ads in this issue.

Petrosky Brothers Construction has been helping to build Cortland for 25 years. Let us help you with your next project.

Shafer Winans is there when you need us the most.

TNT Well Drilling and Repairs - the company you can count on.

Here is a "cool" idea - or a HOT one ... Call M D Denna HVAC and pay for someone's AC or Furnace tune up.

Have a Blessed Thanksgiving!

BERKSHIRE HATHAWAY HomeServices
Northwood Realty Services

Jody Sova, GRI, ABR
330.727.1609
thehousegirl@hotmail.com

Cortland Healthcare
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- Balanced Meals
- Daily Activities
- Beauty Shop
- WiFi
- Transportation available
- Contracted with Medicare, Medicaid and majority of insurance plans

PATH
PROGRESSIVE APPROACH TO HOME

New Long-term Suites
369 North High Street - Cortland - (330) 638-4015

Masonic Lodge hosting charity pancake breakfast Dec. 7

The public is invited to enjoy a Saturday family breakfast, hosted by Cortland Masonic Lodge, to benefit Earth Angel Farms of Trumbull County, a non-profit organization that provides agricultural training to individuals with physical developmental disabilities. Earth Angels Farm educates on all aspects of horticulture, and the fresh herbs and produce grown by EAF can be found at area farmer's markets.

A charity breakfast is held on the first Saturday of every month at the Cortland Masonic Lodge, located at 3263 Everett-Hull Road (E. Main St.), from 9 a.m. to noon. "All you can eat" pancakes, eggs, sausage, juice, and coffee will be served. The cost is \$7 for adults, \$6 for youth ages 6 to 10 and free for any child age 5 and under. The proceeds from each monthly breakfast is donated to a local charity.

Cortland Community Band Christmas Concerts

Four concerts by the Cortland Community Band are scheduled for your holiday enjoyment. The band has been rehearsing since September to produce a delightful variety of holiday music. All concerts are free. Performances are:

- Dec. 4, 7 p.m. at Howland SCOPE, High Street, Howland
- Dec. 16, 6:30 p.m., at Park Vista, Fifth Avenue, Youngstown
- Dec. 18, LOAF (Lakeview Outreach And Fellowship), 7 p.m., at the Lakeview High School auditorium. This is one of two large venue concerts for the band. The LOAF Community Choir joins the band for this special community event. The concert is free, but donations benefit LOAF projects.
- Dec. 22, 3 p.m., at Eastwood Mall main concourse. This is the other large venue concert.



Fire Prevention & Safety Tips



By David Rea, Fire Chief, Cortland Fire Department

With Thanksgiving soon upon us here are some safety tips, courtesy of National Fire Protection Association (NFPA), to be aware for during this time of year.

Top 10 safety tips

- Stay in the kitchen when you are cooking on the stove top so you can keep an eye on the food.
- Stay in the home when cooking your turkey, and check on it frequently.
- Keep children away from the stove. The stove will be hot and kids should stay three feet away.
- Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep knives out of the reach of children.
- Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- Keep matches and utility lighters out of the reach of children — up high in a locked cabinet.
- Never leave children alone in room with a lit candle.
- Keep the floor clear so you don't trip over kids, toys, pocketbooks or bags.
- Make sure your smoke alarms are working. Test them by pushing the test button.

Thanksgiving fire facts

- Thanksgiving is the peak day for home cooking fires, followed by Christmas Day, Christmas Eve, and the day before Thanksgiving.

In 2016, U.S. fire departments responded to an estimated 1,570 home cooking fires on Thanksgiving, the peak day for such fires.

Unattended cooking was by far the leading contributing factor in cooking fires and fire deaths.

Cooking equipment was involved in almost half of all reported home fires and home fire injuries, and it is the second leading cause of home fire deaths.

NFPA discourages the use of outdoor gas-fueled turkey fryers that immerse the turkey in hot oil.

NFPA continues to believe that turkey fryers that use cooking oil, as currently designed, are not suitable for safe use by even a well-informed and careful consumer. These turkey fryers use a substantial quantity of cooking oil at high temperatures and units currently available for home use pose a significant danger that hot oil will be released at some point during the cooking process. In addition, the burners that heat the oil can ignite spilled oil. The use of turkey fryers by consumers can lead to devastating burns, other injuries, and the destruction of property. NFPA urges those who prefer fried turkey to seek out professional establishments, such as grocery stores, specialty food retailers, and restaurants, for the preparation of the dish, or consider a new type of "oil-less" turkey fryer."

Please keep these items in mind to help make it an enjoyable and safe holiday season.

Snowflake Ball to be held Dec. 7


The USA Dance (Youngstown Warren Chapter #2015) Snowflake Ball is being held on Sunday, Dec. 7 beginning at 4 p.m. at the Avon Oaks Ballroom, 1401 N. State St., Girard. The evening will feature a dinner, dancing and a show. The Snowflake Ball is rated "#4 Social Dance Event in the Country" by American Dancer magazine.

Enjoy a night of dancing to holiday favorites (Waltz, Foxtrot, Tango, Quickstep, Viennese Waltz, Polka, and Country Two Step), Latin (Cha Cha, Rumba, Bolero, Mambo, Salsa, and Merengue), Swing (East Coast, West

Coast, and Lindy) and Hustle.

Advance ticket sales only and can be purchased by visiting <https://www.accelevents.com/events/SnowflakeBall2019>. This event will sell out quickly and only a limited number of tickets are available.





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Holiday travels with travel club

The Trumbull County Travel Club kicked off its holiday travels with a Saturday Gingerbread Tour in the Cook's Forest area of Pennsylvania. Exploring the historic town of Brookville and having brunch, the members visited seven shops in and around Brookville. Christmas and fall themes were prevalent in all stores with the Blackbird Distillery featuring homemade moonshines in a fruitful array for tasting.

The Saturday, Dec. 7 day trip will venture to the Steubenville area for their annual "Nutcracker Festival." A tour of the mural city plus lunch will be the morning part of the visit followed by shopping in the Nutcracker Village. Here, 150 life sized nutcrackers line the street along with old European Markets for shopping and dining. There are only a few seats remaining on this day outing. Please call 330-856-5398 for details on this trip.

The club will hold a meeting, open to the public, on Wednesday, Dec. 11 at Howland SCOPE Senior Center from noon to 2 p.m. There will be a slide presentation and literature on the April 2020 vacation to New Orleans and Baton Rouge, La. Please bring ideas for day trips and mini-vacation outings, which will be discussed after the slide presentation. The club's calendar will be formulated from these ideas.



Cortland Christmas in Lights

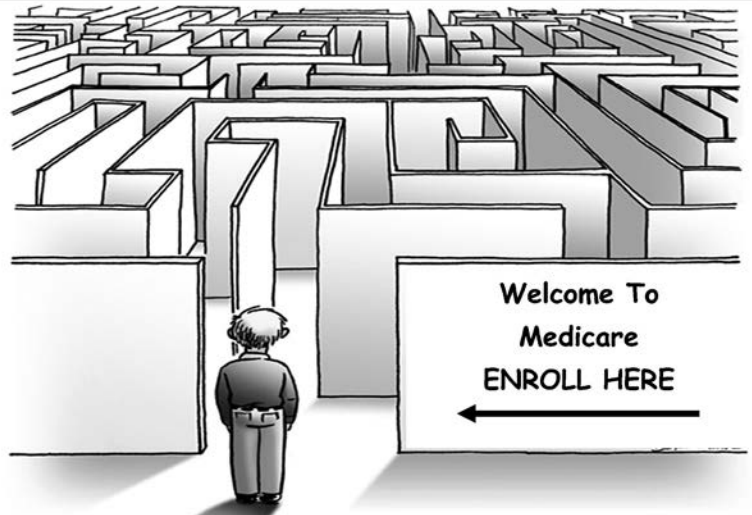
Cortland Christmas in Lights presents Light Up Night, Saturday, Dec. 7 from 2 to 4 p.m. Come join us on Main Street in the parking area across from Cortland Bank for some holiday music, cookies and hot chocolate, fun and holiday spirit. The Cortland Rotary is also joining the event and providing hot chocolate and cookies. There will be a raffle for a chance to win a live Christmas tree as well as a 50/50 raffle. This year all proceeds will benefit the Summer Enrichment Program of Trumbull County (SEP). The Summer Enrichment Program is a parent-run organization that has been around for 40 years, providing a yearly summer camp for individuals with special needs.

There will be a special guest and his little helpers arriving by fire truck. They will have a special gift for all the good girls and boys. If you are interested in having your business included please email lightupcortland@yahoo.com. There are advertisement opportunities, a special contest for businesses and many other ways you can be involved in these holiday events. For questions contact lightupcortland@yahoo.com.



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2019 Ford Mustang #29322 EVERYONE PAYS \$329 PER MO* /39 MOS + TAX \$4,000 TOTAL DUE AT SIGNING INCLUDES: 1ST PAYMENT, TAXES, TITLE, PLATE & FEES. RESIDENCY RESTRICTIONS MAY APPLY.	2019 Ford F150 4x4 CrewCab #T29661 EVERYONE \$389 PER MO* /36 MOS + TAX TRADE ASSISTANCE \$349 PER MO* /36 MOS + TAX \$2,000 TOTAL DUE AT SIGNING INCLUDES: 1ST PAYMENT, TAXES, TITLE, PLATE & FEES. RESIDENCY RESTRICTIONS MAY APPLY.	2020 Ford Explorer XLT 4x4 #T30051 EVERYONE \$385 PER MO* /36 MOS + TAX TRADE ASSISTANCE \$344 PER MO* /36 MOS + TAX \$2,000 TOTAL DUE AT SIGNING INCLUDES: 1ST PAYMENT, TAXES, TITLE, PLATE & FEES. RESIDENCY RESTRICTIONS MAY APPLY.	2019 Ford Expedition Limited MAX #T29585 EVERYONE PAYS \$685 PER MO* /36 MOS + TAX \$4,000 TOTAL DUE AT SIGNING INCLUDES: 1ST PAYMENT, TAXES, TITLE, PLATE & FEES. RESIDENCY RESTRICTIONS MAY APPLY.
2019 Ford EcoSport SE FWD #T29372 EVERYONE BUY FOR \$19,813 OR \$279 /84 MO. @ 4.49% TRADE ASSISTANCE BUY FOR \$19,063 OR \$269 /84 MO. @ 4.49% PLUS TAX, TITLE & FEES DUE @ DELIVERY	2019 Ford Edge SE AWD #T29645 BUY FOR \$28,430 OR \$399 /84 MO. @ 4.49% PLUS TAX, TITLE & FEES DUE @ DELIVERY	2019 Transit Connect #T29116 MSRP \$26,815 MTF DISCOUNT \$1,200 REBATE \$3,500 LOYALTY \$500 COM. VAN SEASON YOU PAY \$21,615 PLUS TAX, TITLE & FEES DUE @ DELIVERY	2019 Transit T250 MR Cargo #T29640 MSRP \$40,730 MTF DISCOUNT \$2,000 REBATE \$2,750 LOYALTY \$1,000 COM. VAN SEASON \$500 YOU PAY \$34,480 PLUS TAX, TITLE & FEES DUE @ DELIVERY

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Pizza Challenge is great lesson for Entrepreneurship Class

By Abigail Leonard, student reporter

Cortland's first Pizza Challenge was held at Lakeview's new K-8 building on Oct. 29 and organized by Lakeview High School's entrepreneurship class. Participating were Auntie V's Pizzeria, Brothers, Cocca's Pizza, Pizza Joe's and Vasilio's. All these businesses are favorite pizza places in Cortland. They provided various types of pizza for the challenge.

Over 200 community members attended the event to support this entrepreneurship class. Tickets were \$10 each and one ticket was worth three pieces of pizza and a drink, with any additional pieces at \$1 each. The entrepreneurship class also sold Lakeview gear from their student-run store. National Honors Society students operated a bake sale, and the Lakeview Jazz Ensemble Blue provided music with their first performance of the year. There was a total profit of over \$900,

which will be used to help the students pay for the test they take at the end of the year to get CCP (College Credit Plus) credit for taking this elective class. The class teaches the students the importance of communication. Student manager of the class, Ethan Toot said, "The importance of communication is the ability to think outside the box."

A panel of judges included people from the school, community and a Lakeview student. They all commented that it was difficult to choose the best in any of the categories of Best Overall, Best Sauce, Best Specialty, Best Dessert. The samples were numbered, not named by maker, then tallied. The Best Overall: Brothers. Best Sauce and Best Specialty: Vasilio's. Best Dessert: Cocca's.

All five pizza places involved echoed each other in thanking the community for their constant support of the students and their businesses.



The LHS Entrepreneurship Class receives a donation from the Cortland News, presented by owner Jim Woolter, who is also the mayor of Cortland. "I have been an entrepreneur almost all of my life, so I wanted to make a donation to your group to encourage you," he said.



The judges: Heidi Monroe, LHS teacher; Velina Jo Taylor, LHS superintendent; Curt Braden, Ohio Attorney General Office; Josiah Pinkard, LHS student; Mayor Jim Woolter, city of Cortland.

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Lakeview Schools offering address plates

Help first responders reach a home or business

Just in time for Christmas, the Lakeview Schools are selling reflective address plates to help first responders reach a home or business a little bit faster. The plates are 4 inches by 12 inches and are reflective white with black numbers. They can be printed horizontal or vertically and are available for \$20 each or two for \$35. Order forms can be picked up at either the K-8 building or the high school. Call 330-638-2145 for more information.

Pizza Challenge...continued



The five participating locally owned pizza shops and their representatives: Michael Gyure, Auntie V's Pizzeria; Keith Daugherty, Cocca's Pizza; Brandon Hatfield, Vasilio's; Francesco Rhodes, Brother's Pizza; Sam Davis, Pizza Joe's; Ethan Toot, Entrepreneur Class student manager; and Mrs. Alexander, teacher.



The winners were: Best Overall--Brothers; Best Sauce and Best Specialty--Vasilio's and Best Dessert--Cocca's.

Student reporter to help with school news

By Sally Lane

In the last several years the Cortland News has had a few student reporters from Lakeview High School, but we have been without one for a while. Students are busy people. Between school classes, activities, sports and homework there isn't much time for extra assignments. However, one student, Abigail Leonard, or Abbey as she is called, was interested enough to ask her Bulldog Bulletin advisor/teacher Angela Sarko about writing for the Cortland News, and she recommended her. This is Abbey's first issue with us, and we welcome her.

Abbey is a junior and the daughter of Melyssa and Kristopher Leonard. Her school activities include being a junior varsity cheerleader, varsity tennis player, and Bulldog Bulletin reporter. She is employed at Subway on Elm Road. Abbey enjoys writing, hanging out with friends and helping special education students with their recycling program. She also loves dogs.

Her first assignment was to cover Lakeview's first Pizza Challenge held at the new K-8 building. We look forward to more school news in our paper. Welcome, Abbey!





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Lakeview School Pantry needs for November

By Sally Lane

Starting with this issue, the Cortland News will be posting what food or supplies are needed at the Lakeview Schools pantries - K-8 building and the high school. Our new reporter, Abbey Leonard and the high school's nurse, Maureen Paczak, proposed this addition to our publication because not everyone receives school news if they don't have family attending school. Also, "People want to give food items to the school, but don't know what is really needed," said Mrs. Paczak. "Abbey offered to gather that information for each issue."

We will be designing a special spot for these notices by the next issue. However, it is important that we start with this issue.

Important needs for the K-8 Pantry:
Stuffing mix, boxed instant potatoes, turkey gravy

Needs for the High School Pantry
Canned tuna, paper towels, laundry detergent

Items may be dropped off at the offices at the High School or K-8 building (either the Middle School or Elementary entrance).



AWL Adopt A Pet

ANIMAL WELFARE LEAGUE

Rocky is a super sweet senior that is looking for a place to call home. He was brought to Animal Welfare League in July after his owner could no longer care for him. Rocky is a very gentle guy and seems to get along with just about everyone. His previous home was even shared with cats and bunnies. Rocky loves to be petted and cuddled with his people. He is an older Chow mix at 9 years old, and he loves to go on leisurely walks where he can take in all the smells. If you think that Rocky would make a great addition to your family, come visit him at the Animal Welfare League. His adoption fee is \$120 and includes his neuter, vaccinations, heartworm testing, microchip with registration and more.



Meet Kiara! She is a very sweet girl that can be a little shy when you first meet her, but you will have a friend for life once she gets to know you. Kiara was found as a stray and brought to Animal Welfare League in August. She is a gorgeous Domestic Shorthair, and we estimate her to be about 2 years old. Due to her initial timid behavior, Kiara would do best in a home without small children. Her adoption fee is \$35 and includes her spay, vaccinations, FeLV/FIV testing, microchip with registration and more. Call the Animal Welfare League to learn more about how you can make Kiara apart of your family!



Shelter hours are Tuesday through Saturday from noon to 6 p.m. Adoptions end at 5:30 p.m. The shelter is closed on Sundays and Mondays. AWL shelter is located at 812 Youngstown Kingsville Road SE in Vienna, across the street from Avalon at Squaw Creek. For more information call 330-539-5300 or visit www.awlrescue.com.

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Join in for an evening of merriment at the LHS Madrigal Feaste

December 2019 marks the 36th annual Lakeview High School Madrigal Feaste and Concert. The evening features music, food and entertainment presented by the Lakeview Choral Dept. under the direction of Bonnie Chronister. Choral music will be presented by the Lakeview Madrigals and Lakeview Women's Choir accompanied by selected instrumentalists from the LHS band. A complete catered dinner will

be served. There are two scheduled performances, Saturday, Dec. 7 at 7 p.m. and Sunday, Dec. 8 at 3:30 p.m. and will be held at the Lakeview High School great hall. Doors open one half hour before each performance.

Cost is \$22 per person. For questions or reservation requests, please call Tabitha Hunter at 330-980-4378. The deadline for reservations is Wednesday Nov. 27.

PROTECT & SERVE

from
Bazetta and Cortland Police Departments

*By Officer Julie Bevilacqua
Cortland Police Department*

With the holiday season rapidly approaching, we need to take steps to prevent ourselves from falling victim to crimes, like theft. Amidst cooking our turkey feasts, lighting candles, decking the halls, and generally preparing to celebrate with our family and friends, we take the time to purchase gifts for those we care about.

Online shopping is becoming increasingly popular. If you choose to beat the lines and the crowd by shopping online, make sure you take safety precautions to protect your identity. Utilize everyday safe Internet practices, such as using strong passwords for your accounts or using a virtual private network as an added security measure. Avoid using public computers or unsecured WiFi networks. Be mindful of the types of websites you make purchases from. Look for a little padlock in your browser on the left hand side, or a web address that starts with https, to know the website is secure and protects your personal information. If you receive an email from an unknown sender advertising prices too good to be true, they probably are and you should not open the email or click on any links.

Once you have made your purchases, your packages have to be delivered to you. Security and doorbell cameras are useful in capturing when your package is delivered and any unwelcome visitors that come to take it. You can check with your place of employment about getting packages shipped to you there. Be aware of delivery times and the possibility of you being unavailable to retrieve it, or the delivery being made outside of business operating hours. There are programs, such as UPS My Choice, UPS Access Point, or Amazon Key, that allow you to better determine when and where your package is delivered. If you determine a delivered package is missing, contact the Cortland Police Department.

Keep an eye on your bank accounts for fraudulent activity. If you find you are the victim of identity theft, contact the relevant financial institution and the police. As always, you can contact the non-emergency dispatch number at 330-675-2730 to have an officer dispatched to you. Or dial 911 in case of emergencies.

Come visit us during the Gingerbread Walk - Nov. 30th

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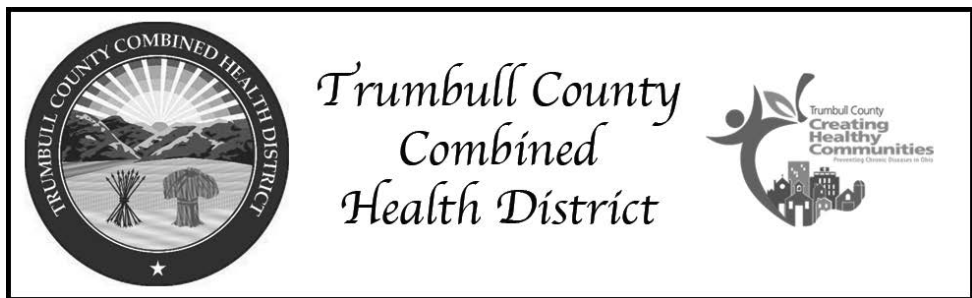
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Natures Blend Value Buffet Wild Bird Feed
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Have news you would like to share?
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Outbreak of lung injury associated with the use of e-cigarette or vaping products

By Teresa Merrick, R.N., PHN
Trumbull County Combined Health District

Electronic cigarettes or e-cigarettes are also called vapes, e-hookahs, vape pens, tank systems, mods and electronic nicotine delivery systems (ENDS). Use of an e-cigarette product is commonly called vaping. E-cigarettes work by heating a liquid to produce an aerosol that users inhale into their lungs.

Samples submitted to the CDC obtained from 29 patients with e-cigarette or vaping lung injury found the component Vitamin E-acetate as a common factor. Vitamin E-Acetate is an additive in some THC-containing products as a thickening agent. Vitamin E is a vitamin found in many foods

and it is also available as a dietary supplement and in many cosmetic products. Vitamin E-acetate usually does not cause harm when ingested as a vitamin supplement or applied to the skin. However, previous research suggests when vitamin E-acetate is inhaled, it may interfere with normal lung functioning.

As of Nov. 5, 2019, 2,051 cases of e-cigarette, or vaping, product use associated lung injury have been reported to the CDC from 49 sites. The median age of deceased patients was 53 years and ranged from 17 to 75 years, with more deaths under investigation. Seventy percent of the patients are male. CDC continues to recommend that people should not use e-cigarette, or vaping, products that contain THC, particularly from informal sources like friends, or family, or in-person or online dealers. CDC will continue to work closely with the Food and Drug Association, states, public health partners, and clinicians on this investigation.

For further information and/or updates: <https://www.cdc.gov/e-cigarettes/severe-lung-disease>. Sources: CDC briefing, Nov. 8, 2019; Morbidity and Mortality Weekly Report, Nov. 8, 2019.



MTC to hold auditions for 'Shrek the Musical!'

The Millennial Theatre Company (MTC) is holding auditions for its 2020 season opener, "Shrek the Musical!" Auditions will be held at the Girard First United Methodist Church, 22 N. Market St., Girard, on Thursday, Dec. 5 from 6 to 9 p.m.; Saturday, Dec. 7 from 10 a.m. to 2 p.m.; and Sunday, Dec. 8 from 1 to 4 p.m. Please use the West Main Street entrance by the green awning, across from City Hall. Signs will be posted directing those auditioning downstairs. Head shots and resumes encouraged, but not required.

Participants should prepare a 30-60 second selection, with sheet music, in the style of the show. An accompanist will be provided. A cold reading from the script will be provided. Dance auditions will be scheduled after the first round of auditions. All roles are open; ages 16+ for all roles; two younger actors (ages 8-13) will also be needed for Young Shrek/Young Fiona.

MTC will perform the production March 13-15 at The Robins Theatre, Warren, with a special school performance scheduled for Friday, March 13 at 10 a.m. The show will be directed by Joe Asente and music directed by Savannah Florkowski. Rehearsals will take place Monday-Thursday, 6-9 p.m. at The Girard First United Methodist Church following the start of the new year. No tech week conflicts will be accepted.

Shrek the Musical tells the tale of an unlikely hero who finds himself on a life-changing journey alongside a wisecracking donkey and a feisty princess who resists her rescue. Throw in a short-tempered bad guy, a cookie with an attitude and over a dozen other fairy tale misfits, and you've got the kind of mess that calls for a real hero. Luckily, there's one on hand ... and his name is Shrek.



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Celebrating America in our hometown

By Sally Lane

Beautiful autumn weather set the scene for two local Veterans Day programs to reach across the generations to touch hearts and celebrate American patriotism. An overflow crowd of mostly adults were present on Sunday, Nov. 10, for the first Veterans Day observance at Cortland's newly built memorial. An equally large crowd gathered at the new Lakeview K-8 building on Monday for a program presented by schoolchildren to veterans who are their parents, grandparents and great-grandparents.

At the Veterans Memorial

At the Veterans Memorial, located at Point Park, the brass ensemble from the Cortland Community Band performed patriotic music before and at the end of the program. Lynda Couch sang the national anthem after the Trumbull County American Legion Honor Guard presented the flags of our armed service branches. Mary Lou Jarrett presented "The empty chair" a vignette symbolizing a military person who has passed. Opening and closing prayers were offered by Rev. Casey Chapman of the Cortland Christian Church.

Master of Ceremonies Bob Woofter



introduced the two speakers for the day. The first was guest speaker Major James Johnson, a 1984 Lakeview graduate now stationed at the Pentagon. He was visiting Cortland to honor lifetime friend and former Marine Ron Ardlen, who passed away in February 2019, for whom Johnson had purchased a paver for the Memorial.

Johnson spoke about some of his experiences in the Army and his pride in serving our country, but his focus was his pleasure of visiting Cortland where he was warmly welcomed.

He reminisced about seeing his hometown after so many years - "the friendliness, the downtown, Cortland Mower, Sparkle, the lake, the Street Fair ... this is home." Hometowns do hold a special place in our hearts.

Retired Colonel Robert Mangold was the main speaker for this event. He reminded the audience that Veterans Day is a day to honor our living veterans. "Memorial Day is a day to remember those who have passed. This day is for a celebration of America." Veterans "are us," he said. "They are business people, teachers, workers, members of organizations - they are us." He continued, bringing in many local memories that clearly resonated with the audience. His speech ended with a standing ovation.

Recognition of veterans from all the armed services occurred while the band played the anthem for each branch. MC Bob Woofter directed the attendees to view artwork from the schools on display and thanked the many volunteers who made the event a success.



Guest speaker Maj. James Johnson was visiting his hometown to honor a friend for whom he purchased a paver.



Speaker Col. Robert Mangold (Ret.) reminded the audience that those who serve or served in the military are the reason we have the freedoms and rights we enjoy every day.

At the School

Observing Veterans Day at school is as much for our children as it is for the veterans. It is a way of passing on our American heritage and making our history more personal. The program at Lakeview K-8 building was a powerful experience and a wonderful gift to our veterans and several active military personnel.

Patriotic music by the 7th grade band set the tone for the morning as the guests arrived and found seats. They were soon tapping their feet and enjoying these inspiring pieces.

The speaker for the event was retired Marine Michael Hudson. He introduced himself as "Josh's dad" but went on to say that joining the service was one of the most important decisions he ever made. "It changed my life forever," he said. "When a person joins the service, whether by choice or being drafted, they soon realize they are becoming part of something greater than themselves. The global war on terrorism has changed the way we think about the service." His advice for all of us, including the students as they grow up, is to "vote and stand up for injustices."

As the program continued, familiar American songs were performed by the 6th and 7th grade girls' choir and 4th grade classrooms had people humming along in their heads, if not out loud. A poem, "On Veterans Day," read by Mrs. Yanucci's second grade class added to the specialness of this celebration.

Boy Scout Troop 4056 led the program with the Pledge of Allegiance. One could not help but feel and hear the pride in this American tradition. The room was filled with up to four generations of people, all repeating from memory this precious document that we learned so long ago.

One could see the pride in the students' faces as their relatives stood during the recognition of veterans and reservists while the band played the songs from each service branch. Seventh grader Haley Barnhart announced the branches during this segment of the program.

Elementary principal Scott Taylor announced that since all 1,100 students at the school would not fit in the room at one time (the cafeteria converted to an auditorium) that the audience was invited to a "clap-out" tour around the school at the conclusion of the program. The students clapped as they greeted the audience in the hallways.

Continued on page 13

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Speaker, retired Marine Michael Hudson and son Josh at Lakeview's K-8 building program.

Celebrating America...continued



Familiar American songs were performed by 6th and 7th grade girls' choir.

And then, the program was over, but the feeling of appreciation, love and respect - as well as the satisfaction that our heritage is being passed on to our future - made this Veterans Day very special.



A few of the guests at the school program Marine Justin Humphrey and Mare Hillman.



Guests Mary and Del Lehman.



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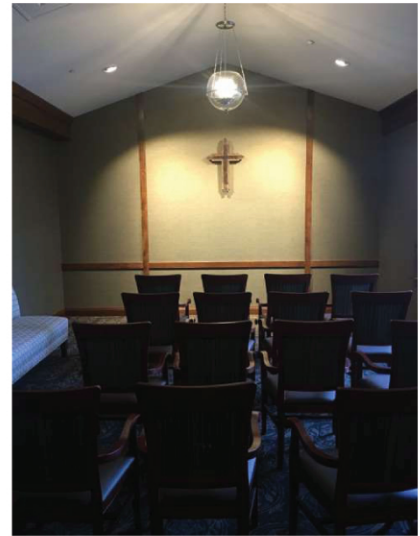
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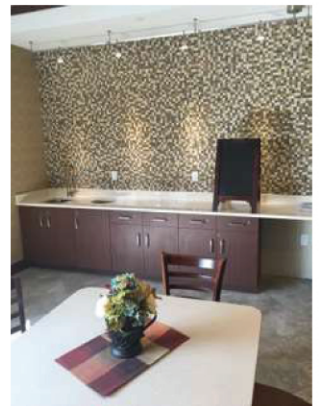
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Dr. Johnson and I want all the children to stay safe and healthy this Christmas!

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Top 5 holiday temptations and how to avoid them

(StatePoint) The holiday season means delicious food and parties galore. If you've been dedicated to maintaining a healthy lifestyle, there's no reason to throw away all your hard work. You just need to make adjustments to your routine so you can enjoy the season guilt-free.

According to Courtney McCormick, dietitian at Nutrisystem, these are the five biggest holiday temptations and how to manage them.

Temptation #1: Parties: To avoid temptation at holiday gatherings, never walk into one hungry. No amount of willpower will stop you from rushing the dessert table if you arrive on an empty stomach. Before you go, have a good, balanced meal that includes protein, veggies and plenty of water. Even if you do treat yourself to a Christmas cookie once there, you've done some substantial damage control.

Temptation #2: Skipping Workouts: Exercise frequency drops off dramatically once weather gets cold and messy, according to a Gallup poll. If you don't have a gym membership, investing in a few key pieces of exercise equipment -- bands, kettle bells -- can help you supplement indoor workouts and maintain an active lifestyle in cold weather.

"I always aim for at least 30 minutes of exercise a day. If I'm having a hard day, I break it up into 10-minute increments -- in the morning, afternoon and at night. It makes it much more manageable," says Marie Osmond, entertainer and Nutrisystem ambassador.

Temptation #3: Office Treats: As if your own holiday party indulgences weren't bad enough, you also have to deal with other people's leftover treats in your workplace breakroom. To avoid temptation, make sure your meal prep is on point every week and includes snacks to keep you full throughout the day. It's much easier to politely decline those brownies when you've filled up on almonds or light popcorn.



Temptation #4: Holiday Traditions: Turkey with all the trimmings. Gingerbread houses with the kids. Hot chocolate on Christmas Eve. As much as we look forward to these traditions, they can take a toll on a healthy lifestyle. This year, try focusing less on food and more on shared experiences. Trade the annual cookie bake-off for a day of crafting or ice skating; skip your calorie-laden dessert and become the life of the party by bringing board games to play after dinner.

Temptation #5: Liquid Calories: Eggnog, mulled wine, or a festive holiday martini are delicious ways to celebrate the season, but they add up quickly. Alcohol has almost the same number of calories per gram as fat, and a typical hot chocolate with whipped cream from a coffee shop is around 400 calories. If you're going to indulge, do so in moderation. Peppermint tea is a festive, tasty alternative as well.

For more great tips and tricks on how to stay healthy and happy all season long, visit leaf.nutrisystem.com.

Avoiding temptation doesn't mean avoiding the fun. Just take careful steps to put yourself in a position where it's easier to make good choices.

WJWL participates in Veterans Day observance

GFWC Ohio Warren Junior Women's League President Marylou Jarrett recites the poem "It is the Veteran" at the first Veterans Day observance held at the Veterans Memorial in Cortland.



GFWC Ohio Warren Junior Women's League President Marylou Jarrett.

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Holiday Gift Guide: Financial gifts with a lasting Impact

The gift-giving season is fast approaching. So, if you are like a lot of people, this means you are spending time trying to brainstorm gifts to give your loved ones – something that they will use and appreciate. For those disillusioned with giving gifts that are quickly used up or forgotten the moment the wrapping paper comes off, consider a financial gift designed to make an impact. Here are a few financial gift ideas you can feel good about giving:

Start a savings account. Help instill the importance of saving with the gift of a partially funded savings account. A variation on this gift idea would be to open a Roth IRA if your loved one is working full time but hasn't yet established a retirement account. Roth IRA investment earnings grow tax-free, which make them a good option.

Purchase a savings bond. Give someone you care about a secure way to save. Savings bonds are low-risk investments backed by the U.S. Government. There are no fees or expenses, and bonds do not trigger state or local taxes.

Donate to charity in the recipient's honor. A charitable donation is a thoughtful way to acknowledge a cause your loved one cares about. As you research charities to support, look for ratings that indicate how efficiently these organizations use donations.

Buy socially responsible stocks. This is another way to support something that is bigger than both of you. Choose your criteria and look for companies that exemplify the values

that matter most to you and your loved ones. Stock has the potential to increase in value over time, so your gift also represents savings that double as financial security.

Fund an education savings plan. Your generous gift can help a grandchild start saving for future college costs. There are several types of savings accounts designed to help parents and students save for future education expenses. Every little bit helps.

Help chip away at a debt. Many young adults are burdened by student loan debt. Juggling work and loan repayments can be challenging. Your loved one will be pleasantly surprised when you relieve them of loan payments.

Help with a down payment. Purchasing a car or a first home may be out of reach for many young adults. If you have loved ones who could use a little help, your financial gift can assist them as they get settled and on their way to greater financial stability.

Give the gift of cash. Everyone appreciates a cash infusion. If you're so inclined, you can suggest how the money is spent, especially when recipients are not inclined to treat themselves.

Gift an appointment with a financial advisor. Help your loved ones establish a financial plan with the assistance of an advisor you know and trust. This thoughtful gesture has lasting value by helping lay the foundation for future financial security.

Column provided by Guidelight Financial Group offered through Ameriprise Financial Services, Inc. Member FINRA & SIPC.

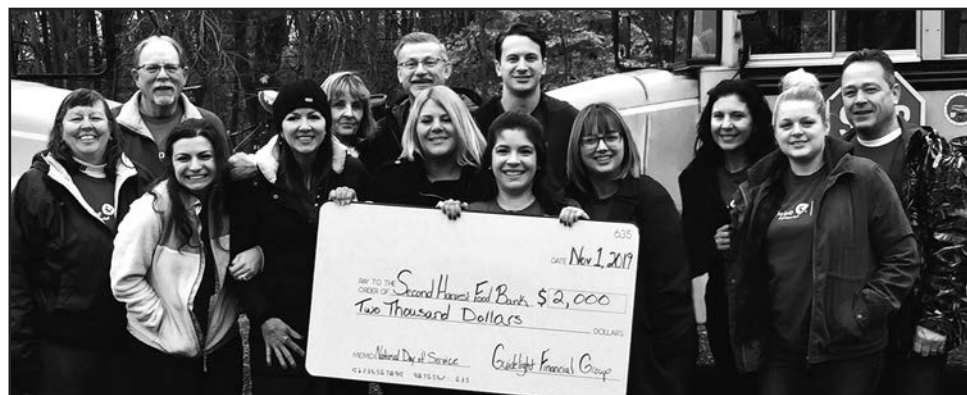


National Day of Service

Guidelight Financial Group, a private wealth advisory practice of Ameriprise Financial Services, is proud to have completed its 10th annual National Day of Service. The success of this annual event would not be possible without the continued partnership with Lakeview Schools, Howland Schools and local food pantries.

On Friday, Nov. 1, Guidelight Financial Group hosted students from

Lakeview Senior and Junior Beta clubs and the Interact Club from Howland Schools. The students held canned food drives and helped to raise money for local food pantries. Becky Miller, a representative from Second Harvest Food Bank, was also in attendance and spoke about the importance of local volunteers for food pantries. It was a wonderful day filled with philanthropy, comradery and hope.



A \$2,000 check was presented to Second Harvest Food Bank as part of Guidelight Financials Group's National Day of Service.



Itemized deduction issues...

Is "bunching" medical expenses still feasible in 2019?

Some medical expenses may be tax deductible, but only if you itemize deductions and you have enough expenses to exceed the applicable floor for deductibility. With proper planning, you may be able to time controllable medical expenses to your tax advantage.

The Tax Cuts and Jobs Act (TCJA) made bunching such expenses beneficial for some taxpayers. At the same time, certain taxpayers who've benefited from the medical expense deduction in previous years might no longer benefit because of the TCJA's increase to the standard deduction.

The changes

Various limits apply to most tax deductions, and one type of limit is a "floor," which means expenses are deductible only to the extent that they exceed that floor (typically a specific percentage of your income). One example of a tax break with a floor is the medical expense deduction.

Because it can be difficult to exceed the floor, a common strategy is to "bunch" deductible expenses into one year where possible. The TCJA reduced the floor for the medical expense deduction for 2017 and 2018 from 10% to 7.5% of adjusted gross income (AGI).

However, beginning January 1, 2019, taxpayers may once again deduct only the amount of the unreimbursed allowable medical care expenses for the year that exceeds 10% of their AGI. Medical expenses that aren't reimbursed by insurance or paid through a tax-advantaged account (such as a Health Savings Account or Flexible Spending Account) may be deductible.

Itemized deductions

If your total itemized deductions won't exceed your standard deduction, bunching medical expenses into 2019 won't save you tax. The TCJA nearly doubled the standard deduction. For 2019, it's \$12,200 for singles and married couples filing separately, \$18,350 for heads of households, and \$24,400 for married couples filing jointly.

If your total itemized deductions for 2019 will exceed your standard deduction, then bunching nonurgent medical procedures and other controllable expenses into 2019 may allow you to exceed the floor and benefit from the medical expense deduction. Controllable expenses might include prescription drugs, eyeglasses, contact lenses, hearing aids, dental work, and some types of elective surgery.

Exploring the concept

As mentioned, bunching doesn't work for everyone. For help determining

whether you could benefit, please contact us.

Mortgage Matters: To Pay Down or Not To Pay Down

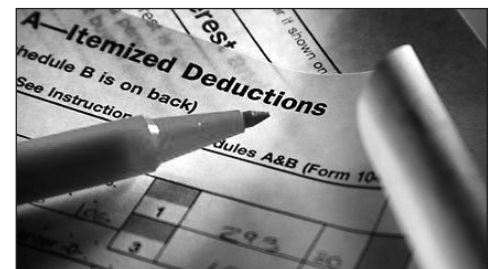
If you're a homeowner and manage your finances well, you might have extra cash after you've paid your monthly bills. What should you do with this extra money? Some would say make additional mortgage payments toward your principal to pay off your mortgage early. Others would say: No, invest those dollars in the stock market!

The decision is very much about risk vs. return. There's little, if any, risk in prepaying a mortgage, because you already know what your rate of return will be: the interest rate on your mortgage. For instance, if your mortgage interest rate is 4.5%, this would be the return earned by every dollar that goes toward prepayment (not factoring in the mortgage interest deduction if you qualify).

However, if you invest the money in the stock market, you'll assume much more risk. The level of risk depends on the assets you invest in, but there's no such thing as a risk-free investment.

Your mortgage interest rate is indeed an important factor. If your rate is relatively low, so is the return from prepaying your mortgage. The final decision for many people comes down to whether they believe they can earn a higher return investing the money than they would prepaying their mortgage.

Clearly there's the potential to outperform your mortgage interest rate by investing your money for the long term. Remember, though, that the stock



market may be volatile in the short term and offers no guarantees.

There's no single answer to the "pay down the mortgage or invest in the market?" question. We can provide additional, more specific guidance on making the right decision for you.

Jennifer J. Slywczak, CPA, is the owner of Integrated Accounting and Tax Solutions LLC, located at 3378 state Route 5, Cortland. You can reach her at 330-638-2727 or by email at jennifer@jenjslycpa.com. To sign up for monthly newsletters you can visit her website at www.jenjslycpa.com.



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Make A Difference Day project delights residents of Grace Woods Assisted Living

Probate Judge James A. Fredericka and the Guardian Angels of Trumbull County, a volunteer program of the Trumbull County Probate Court, sponsor an event for nursing home residents each year for Make A Difference Day. The immense enjoyment of the residents inspired the Guardian Angels to hold a second event this year.

On Friday, Oct. 25, the volunteers of the Guardian Angels and Judge Fredericka sponsored a 1920s Casino Party for residents of Grace Woods, an assisted living facility in Niles. Dozens of residents enjoyed card games and bingo, and above all, they were very grateful for the fellowship with the Guardian Angel volunteers. Volunteers contributed their talents to this event by providing prizes and assisting with the games.

The Guardian Angels of Trumbull County look forward to sponsoring similar events throughout the year to make a difference in the lives of the elderly and disabled residents of Trumbull County. New volunteers are always welcome and should contact Patricia Hovanic at the Trumbull County Probate Court at 330-675-2521.



Probate Judge James A. Fredericka and the Guardian Angels of Trumbull County hold a Casino Party for residents of Grace Woods.

Local scouts earn Silver Award

At a recent Vienna Historical Society meeting, the group heard about the Scouts. Girl Scout 80543 Troop Leader Wendy Gibson, presented Scouts in her troop, Brennah Barker, Zoe Fisher, Isabelle Gibson and Makayla Tarr, the

Silver Award for their documentation project of recording data on many old markers in the Vienna Township Cemetery. Bill Moss, portrayed Robert Baden-Powell, founder of the Boy Scouts, also gave a history of Scouting.



Shown with Troop Leader Wendy Gibson, third from left are: Brennah Barker, Zoe Fisher, Isabelle Gibson and Makayla Tarr, winners of the Silver Award.

New flags for Kings Grave state Route 11 overpass

The 60 flags secured on the Kings Grave state Route 11 overpass bridge are one way GFWC Ohio Warren Junior Women's League and Four Seasons Garden Club of Cortland honor those who have served our country in the military.

Both group worked together to replace the 60 flags on the overpass.

The clubs raised money through various fundraisers to purchase new flags to replace the existing before they become weathered, worn and tattered. Members placed multiple grommets in each flag to secure them and maintain the stability of the fabric on the fencing.

This summer, Four Season Garden Club of Cortland also dedicated a Gold Star Memorial Marker at the Veterans Memorial in Cortland. GFWC Ohio Warren Junior Women's League will hold a flag retirement service and ceremony at a later date.



Front row, from left: Ohio State Patrol Trooper Brandon Miller, Marylou Jarrett and Major Scott Allen. Second row: Basil Jarrett, Anita Shaw, Alyssa Strickland, Dodie Baritell, Maureen Bevan, Becky Bucco, Maci Martin, Tammy Metzger, Cheryl Zurawick, Molly Halliday and Matt Stredney. Back row: John Metzger, Mark Bianchi, Cindi Bianchi, Sharon Drummond, Debbie Reynolds, Linda Wurthner, Phil Williams and Dave Wurthner.

Dr. Patel speaks to local Rotary

Dr. Meena Patel (left) Rotary District 6650 Director of International Service, was recently a guest of the Cortland Rotary Club. She was welcomed by

club President Dr. Tom Montgomery. A former district governor, Patel urged club members to focus more on local needs and programs that appeal to younger prospective members.



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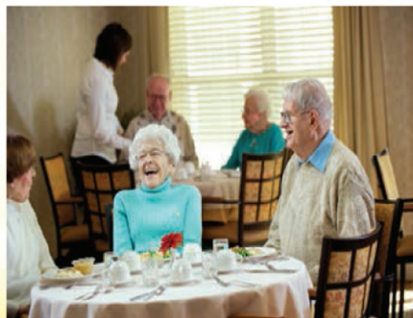
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- Social Opportunities

How to host a Friendsgiving Feast

(Family Features) As one of the most popular holiday traditions in the United States, families have celebrated Thanksgiving for decades. However, as more and more hosts look to put a new spin on the festivities, Friendsgiving continues to grow in popularity.

While the two "holidays" generally involve the same ideals - showing appreciation for loved ones, whether family or friends - cooking for both can be a challenge during this busy season. Consider these quick and easy ideas from the Friendsgiving experts at Sabra to celebrate this vibrant event with your closest friends.

Decorations

Plenty of planning and preparation goes into Thanksgiving festivities, which makes Friendsgiving an opportunity to take a step back and focus on simplicity. Keep your table decor clean and modern, like an understated black-and-white design, where food and fun can take center stage.

Attire

Friendsgiving strikes a delicate balance between a reunion of companions and just an excuse to spend time with your closest cohorts, which can make a normally tricky decision even more difficult: what to wear. Try aiming for the more casual look, or try something low-key and fun like a pajama party.

Food

Because Friendsgiving is usually celebrated within a week or so of Thanksgiving, whether it's before or after, most guests will be tired of turkey and stuffing - meaning it's time to think outside the box. For just enough of a twist on traditional seasonal taste, try making plant-based versions of your childhood favorites.

This Hummus Mashed Potatoes recipe is a perfect example - creating a dairy-free and gluten-free version of the classic dish that's bursting with unexpected flavors. Alternately, if you're hosting this year, these Sweet and Savory Cranberry Hummus Bites can hold over a hungry crowd. For another simple snacking solution, pairing a dip like Sabra Hummus, available in more than a dozen flavors, with pita chips or baby carrots may be your party-perfect appetizer.

Find more Friendsgiving inspiration at Sabra.com

Hummus Mashed Potatoes

- 5 cups yellow potatoes (about 6 potatoes), peeled and cut into 1 1/2-inch cubes
- 1/4 teaspoon salt, plus additional, to taste, divided
- 1 1/3 cups Sabra Classic Hummus
- 2 tablespoons olive oil or coconut oil
- fresh pepper, to taste
- 2 tablespoons finely chopped fresh parsley

Place potato cubes and 1/4 teaspoon salt in medium-sized pot with enough water to cover. Bring to boil and simmer over medium heat about 30 minutes, or until fork tender.

Drain potatoes and place back into pot over medium heat until moisture comes out and potatoes appear dry, about 3 minutes. Remove from heat.

In same pot using potato masher, mash potatoes. Mash in hummus and oil,

followed by salt and pepper, to taste. Serve topped with fresh parsley.



Sweet and Savory Cranberry Hummus Bites

- 9 teaspoons whole berry cranberry sauce
 - 12-14 tablespoons Sabra Classic Hummus
 - 24 slices French-style baguette, sliced about 1/4-inch thick
 - 5 teaspoons fresh chopped herbs, such as parsley (optional)
- Open cranberry sauce can and stir well. Spread about 1/2 tablespoon hummus on each baguette slice. Place 3/4 teaspoon cranberry sauce on top of hummus on each baguette slice. Garnish with fresh herbs, if desired.

Local chapter of DAR meets

The Mary Chesney Chapter of the National Society Daughters of the American Revolution (NSDAR) met at the Veteran's Resource Center on Nov. 1 when guest speaker Donna Wynn spoke on life as a Lakota/Cherokee woman and gave a very interesting presentation. The group also honored Past Regent Carol Olson for her 25 year membership. The next meeting will be held on Friday, Dec. 6 at noon at the Salvation Army on Franklin Street in Warren. For more information on joining, contact Registrar Diane Thomas at 330-373-0797.



Guest speaker Donna Wynn

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Flag retirement ceremony

Recently Boy Scout Troop 54 along with GFWC Ohio Warren Junior Women's League collected American flags for a flag retirement ceremony held at the Cortland Moose Lodge. The groups collected over 300 flags worn beyond repair and burned in a formal ceremony.



GFWC Ohio Warren Junior Women's League President Marylou Jarrett, members Dodie Baritell and Tammy Metzger participate in flag retirement ceremony.



FROM the Garden

By Kathleen Ferris, Master Gardener

With the recent snowfall and freezing temperatures, it is safe to say the 2019 growing season has come to an end and our fall has come to a screeching halt, but not before *Euonymus alatus* 'Compactus' put on its yearly show. Love it or hate it, Burning Bush is well known for its intense scarlet red fall color. The color show was quite remarkable this year.

Winged euonymus or Burning Bush has long been a popular plant because it will fill any spot in the landscape and can be planted as a single specimen or grouped together to form a screening

Winged euonymus has made the Ohio Invasive Plant Species List. Like the majority of invasive plant species in Ohio's natural areas, burning bush is a non-native, imported into the U.S. around 1860 from Japan and China.

Of the more than 700 non-native species in Ohio, approximately 60 species threaten natural areas. The following three categories separate the species by their invasiveness in Ohio.

TARGETED SPECIES: These species are statewide, are the most invasive in Ohio's natural areas and are the hardest to control.

Love it or hate it, Burning Bush is well known for its intense scarlet red fall color.

hedge. It will grow in full sun to full shade. Those planted in shade tend to turn red later in the fall than those exposed to full sun. A burning bush blazes for about two weeks after the leaves turn color and sometimes the plant will have red berries when the leaves fall. The ridged square cork-like stems give it a great look in the winter landscape.

A single burning bush makes a great specimen plant but it is spectacular in mass plantings forming a sea of red in the fall. Before its invasive nature was discovered, states in the eastern United States planted it en masse along roadsides to prevent soil erosion or in beautification projects.

There is little to do about caring for burning bush, as it is very hardy. It grows well in USDA plant hardiness zones 4 to 8 and can grow 9 to 15 feet tall. Any soil type with good drainage will do. No special care is needed for a splendid color display. Fertilize in early spring as that is when there is new growth. The shrub spreads in two ways: by air (via birds who eat the seeds and deposit them later) and by underground root systems (suckers). Prune as often as you want, into what shape you prefer, or not. No bugs or diseases plague it. Burning bush is one low maintenance shrub.

WELL-ESTABLISHED INVASIVES: They are statewide and pose a moderate to serious threat to natural areas in Ohio. Winged euonymus is in this category.

WATCH LIST: Species invasive in natural areas in neighboring states and are a potential threat to Ohio.

There are prevention and control methods to stop this ecological threat to a variety of habitats including forests, coastal scrublands and prairies where it forms dense thickets, displacing many native woody and herbaceous plant species. Do not plant. If you want to stop the spread, it requires some manual, mechanical or chemical means. The suckers need to be pruned off, the berries need to be picked off, the shrub repeatedly cut to the ground and treated with systemic herbicides. Try an alternative plant for that red fall color.

Sumac is a very good fall foliage alternative to burning bush. Undervalued for its fiery fall display, it is one of the few shrubs that can compete with a winged euonymus. Other shrubs to consider are oak-leaf hydrangea, Virginia sweetspire, arrowwood viburnum, highbush blueberry and others. Check them out.

Happy and Healthy Thanksgiving!
Kathleen Ferris is a Trumbull County Ohio State Extension Master Gardener and a Cortland resident.

WJWL hosts annual LEAP Halloween Party

GFWC Ohio Warren Junior Women's League hosted the annual Life Enrichment Activities Program Halloween Party at Children's

Rehabilitation Hospital. The annual party gives LEAP members the opportunity to dress-up for an evening filled with crafts and games.




Members of GFWC Ohio Warren Junior Women's League and the Life Enrichment Activities Program enjoy its annual Halloween Party.



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What's "news" in the City of Cortland

By Christine Dorma, Administrative Assistant

Holidays

Mosquito spraying, fall cleanup and curbside brush chipping are over for another year. The Splash Pad and park restrooms have been winterized until the warmer weather returns. Now we have the holidays to look forward to as well as playing at the Eastlake Park sled hill. Enjoy the holiday season.

Election

Congratulations to Deidre Petrosky, new mayor of Cortland beginning in 2020. Winning three of the open 2020 seats on the Cortland City Council were incumbents Scott Rowley and Patti Keller along with Jim Bradley, current Planning and Zoning Commission member.

Toys for Tots

The Cortland Fire Dept. is accepting

new and unwrapped toys now through Dec. 10 for the U.S. Marine Corps Reserve Toys for Tots Program.

Salvation Army Angel Tree

The Cortland Police Dept. is participating in the Salvation Army Angel Tree Program again this year. Tags are available to be picked up at the city administration building. Gifts need to be returned by Dec. 10.

Dates to Remember

Nov. 28 and 29 - City offices will be closed. Republic Services will be operating on a one day delay.

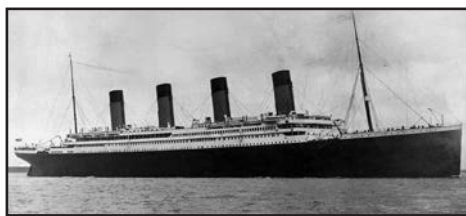
Dec. 2 - City Council Meeting - 7 p.m.

Dec. 9 - Parks Board Meeting - 5 p.m.

Dec. 9 - Planning & Zoning Commission Meeting - 7 p.m.

Dec. 16 - City Council Meeting - 7 p.m.

'Youngstown and the Titanic' presentation



The Vienna Historical Society will be hosting Traci Manning, curator of education at the Mahoning Valley Historical Society, on Tuesday, Nov. 26 at 7 p.m. Manning will present "Youngstown and the Titanic," at the Vienna Township Hall.

Tips to support Alzheimer's caregivers during the holidays

(StatePoint) More than 16 million family members and friends are serving as Alzheimer's caregivers in the U.S. As families approach the holiday season, there are easy ways to support caregivers that can ease the burden of caregiving and help make the holidays a joyous time for everyone.

"Holidays can be stressful for all of us, but they can be especially demanding for caregivers," says Ruth Drew, director of information and support services at the Alzheimer's Association. "It's easy to get lost in the hustle and bustle of the holidays, but little gestures can go a long way and can be easier than you think - just one hour of help can make a big difference for a caregiver."

An Alzheimer's Association survey reports that many caregivers are not getting the help and support they need - an overwhelming 84 percent of caregivers say they would like more support in caring for someone with Alzheimer's, especially from family members.

The Alzheimer's Association offers tips for families that can help ease the burden on caregivers this holiday season:

1. Build on traditions: Caregivers may feel overwhelmed by maintaining traditions. Experiment with new traditions that might be less stressful or a better fit for the caregiver. For example, turn the traditional holiday dinner into a lunch.

2. Adjust expectations: The stress of caregiving responsibilities layered with holiday traditions can take a toll. If a caregiver has traditionally hosted

family celebrations, offer to host instead.

3. Give them a break: Make a standing appointment to give caregivers a break. Offer to spend time with the person living with Alzheimer's to allow the caregiver a chance to run holiday errands or engage in an activity that helps he or she recharge.

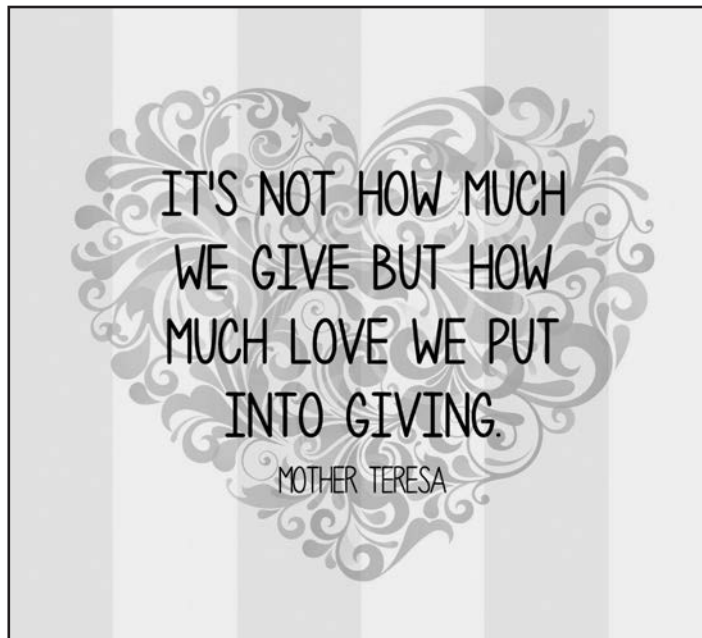
4. Check in regularly: It's easy for people to lose touch during the holidays. Calling to check in, sending a note or stopping by for a visit can make a big difference in a caregiver's day and help them feel supported.

5. Tackle holiday to-do lists: Caregivers are often overwhelmed by the demands of caregiving and it can be hard for them to find time to complete simple tasks that others may take for granted. Offer to tackle a caregiver's holiday to-do list - cooking, cleaning, gift shopping or wrapping.

6. Adapt gift giving. Caregivers often neglect their own well-being. Select gifts that can help them take care of themselves and provide some relief. For example, gift a household chore service or meal delivery service.

To learn more and access resources, visit www.alz.org, the website of the Alzheimer's Association or call its 24/7, free Helpline -- even during the holidays -- at 800-272-3900.

Caregiving needs will intensify and become more demanding as Alzheimer's progresses. While it's important to check in and support caregivers throughout the year, offering additional help during this busy time of year can ensure that caregivers have a reliable and flexible support network.



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St. Robert Quilters present winner Judy Linville with quilt

St. Robert Bellarmine Quilters raffled off their 34th quilt at the church's summer picnic. The lucky winner was Judy Linville of Cortland. The members raffled off their first quilt in 1984 and began meeting before that, sometimes bringing their

children. Now as grandmothers, they bring their grandchildren to visit. The group is busy putting together their next quilt, "Key Largo," which is a log cabin pattern. Tickets will be available when it's finished and raffled off next summer.



St. Robert Bellarmine Quilters present the quilt "Sea Swept" to raffle winner Judy Linville.



'Thankfulness'

A cartoonist depicted a series of events. Stopped at a red light in the left turning lane was a man dressed in a nice sports coat with a very nice sports car. To his right a gentleman in jeans and a work shirt stared at the sports car and thought, "If I had a car like then I would be really happy."

While waiting at the red light a bicyclist looked on at the gentleman's older car not even noticing the sport's car in the far lane. He thought to himself, "If only I could afford a car then I could succeed in life."

At a bus stop, next to the red light, a man sat looking on at the young person on the bicycle and thought, "If I had a bike, I would really be happy."

While all of this was taking place, from high up above, sat a young boy looking out of his window down at the man standing at the bus stop. The young boy who was in a wheelchair said to himself, "I wish I could go wherever I wanted like him."

To add one more scene to that which

the cartoonist depicted. One day the man in the sports car was driving by a park where a young boy in a wheelchair sat wearing a birthday hat with his two loving parents at the picnic table with him. The man in the sports car thought to himself, "I wish I could trade all of my wealth for just one more day with my mom and dad."

This thanksgiving let us look at the blessings that God has given us. Let us not compare them with others, but let us be thankful for what we have; for, another may be looking at your life and saying, "if only I were like them..." Each season of life brings us different blessings and different trials. What are you focusing on? Even in the midst of hardship remember what you have and know that your Heavenly Father loves you and will not abandon you. He may not grant our every whim and wish, but His Word does promise that He will grant us our every need. Give thanks for the LORD is good and His love endures forever!

Happy Thanksgiving!



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Join Ohio Living Lake Vista for lunch the first Wednesday of each month! For \$5, you'll receive your choice of soup, sandwich and drink. Dessert will be available for an additional cost. Sit down to relax over lunch in our club house, or take it with you on the go.

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Front row, Jaden Davis and Brianne Davis. Middle row from left, Dominic Aliesch, Megan Stocker, Parker Peterson and Kelly Swiger. Seated back row, Pastor Sandy Downs, Michelle Stineman and Karolyn Shockey. Standing, Sherri Mayoros and Karen Wrightsman.

Trumbull County Men of Faith breakfast

Men of Faith from all over Trumbull County are coming together on Saturday, Dec. 7 at 9 a.m. at the 4 Star Restaurant banquet room, 168 North Mecca St. (state Route 46), Cortland. Men of all ages from the young to seniors will enjoy breakfast by encouraging each other through fellowship.

Charles Jarvis, publisher of the

Tribune Chronicle and The Vindicator, will be the speaker at the breakfast. The Golden Street Singers will also start the Christmas season with music. Come order from the menu or just have a cup of coffee while enjoying the unity with other believers in lifting up the Lord.

For more information email Jeff Cline at jcline3699@gmail.com.



Something To Think About

By Rev. Donald P. Barnes
Chaplain

"Maybe you'll find a pot of gold!" I laugh at Tony's comment, and think to myself: "You know, maybe I have."

Just another day. Traffic at the morning hour is fast and heavy, but my mind is focused on other things - the things of the day: connecting with new residents, touching base with staff, visiting the critical, preparing for morning study. Small wonder that my "computer" occasionally feels like it's operating in "overload mode." Rounding the sweeping bend at Girard, I head west on Route 11 and I see it, a huge rainbow, its apex pushing into the stratosphere. Brilliant and bright, the prised arch stretches from horizon to horizon. Cars are pulling off the highway and spellbound commuters are stepping out to snap photographs of the amazing sight. I've seen more than my share of rainbows, but this one's special - spectacular. I take it as a sign - a wakeup call and I'm reminded of the admonition of the psalmist: "This is the day which the LORD hath made; we will rejoice and be glad in it." Ironic, but if it were not for a little rain, the weather phenomenon we call a rainbow would not be part of our experience. So it is with life. If not for the challenges, we would not appreciate the "still waters" and the "green pastures." According to Victor Frankl, a concentration camp survivor: "Everything can be taken from a person but one thing: To

choose one's attitude in any given set of circumstances, to choose one's way." Consider the following:

Philip Parham tells the story of a rich industrialist who was disturbed to find a fisherman sitting lazily beside his boat. "Why aren't you out there fishing?" he asked.

"Because I've caught enough fish for today," said the fisherman.

"Why don't you catch more fish than you need?" the rich man asked.

"What would I do with them?"

"You could earn more money," came the impatient reply, "and buy a better boat so you could go deeper and catch more fish. You could purchase nylon nets, catch even more fish, and make more money. Soon you'd have a fleet of boats and be rich like me."

The fisherman asked, "Then what would I do?"

"You could sit down and enjoy life," said the industrialist.

"What do you think I'm doing now?" the fisherman replied as he looked placidly out to sea.

Tony's words continue to echo through my psyche: "Maybe you'll find a pot of gold!" You're right, Brother Tony. I think I have.



LOAF Thanksgiving Service Nov. 26

There will be a LOAF Community Thanksgiving Service on Tuesday, Nov. 26 at 7 p.m. at Cortland Christian Church. Pastors from several churches in the area will be participating in this event. Loaves of fresh bread will be passed out to everyone. Cookies and coffee will be served after the service. Everyone is welcome.

Jim Noel receives Rotary leadership recognition

Jim Noel (left) a member of the Cortland Rotary Club, receives a third level Paul Harris Fellow leadership giving pin from former club president Donna Zuga with Dr. Meena Patel of Rotary District 6650 in Canton.



HRH and Steward welcome specialist Jeffrey C. Thompson M.D.

Hillside Rehabilitation Hospital (HRH) and Steward Medical Group welcome Jeffrey C. Thompson M.D. Thompson is board-certified in physical medicine and rehabilitation and has clinical interest in stroke rehabilitation and prevention, wellness and movement as preventive medicine and spasticity management. He has also been named the medical director at Hillside Rehabilitation Hospital.

"Dr. Thompson will help to provide important inpatient and outpatient rehabilitative care to the community allowing our patients to achieve high levels of function, independence and a higher quality life" said Michael Callum M.D., president of Steward Medical Group.

Thompson earned his medical degree from Boonshoft School of Medicine at Wright State University in Dayton. He is a member of the American Academy of Physical Medicine and Rehabilitation and the American Association of Physician Leadership. He completed a one-year transitional residency at Kettering Medical Center

in Dayton in the department of medical education. Thompson then completed a Physical Medicine and Rehabilitation residency at the University of Michigan Health Center in Ann Arbor. Before joining the Hillside team, he worked as a physiatrist at the Cleveland Clinic in Avon.



Jeffrey C. Thompson M.D.

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Volunteers needed for AARP Tax-Aide

AARP Foundation is looking to expand its team of local volunteers for the upcoming tax season. Tax-Aide now in its 50th year, offers free in person preparation and assistance to anyone, especially to those over 50 and older, who can't afford a tax service. Volunteers make a difference in their communities by assisting many older, low income taxpayers, and their families, who might otherwise miss out on the tax credits and deductions they're earned.

Since its inception, AARP Foundation Tax-Aide has served more than 68 million taxpayers. The program is seeking local volunteers as tax preparers, client facilitators, those who can provide technical and management assistance and interpreters. No experience is needed as volunteer's

complete training and certification.

AARP Foundation Tax-Aide has grown from just four volunteers in 1968 to over 35,000 volunteers today and serves 2.5 million taxpayers annually at nearly 5,000 sites nationwide.

Again this year SCOPE Senior Services will partner with AARP to host free tax preparation and assistance at four of its centers. Please visit aarpfoundation.org/taxaide if you are interested in becoming a volunteer for any of the Trumbull County locations during tax season.

To learn about volunteer opportunities visit aarpfoundation.org/taxaide or you may call 1-888-OUR-AARP (1-888-687-2277), or locally call SCOPE at 330-399-8846. AARP Foundation Tax-Aide is offered in coordination with the IRS.



Cortland Branch Library events in December

The following programs take place at the Cortland Branch Library, 578 Lakeview Drive, Cortland. For registration call 330-638-6335. All library events are free and open to the public. No reservations are required unless noted.

Family Fun Storytime

Mondays at 6 p.m.: Dec. 2, 9

Come as a family to enjoy stories and activities for big kids, little kids, and the young at heart! Fun for families with children ages 3 to 10. Free.

Preschool Storytime

Tuesdays at 11 a.m.: Dec. 3, 10

Stories and a craft related to a weekly theme reinforce the development of early literacy skills. For ages 3 to 5. Free.

Teen Advisory Board

Tuesday, Dec. 3 at 3 p.m.

Want to help your fellow teens? Need service hours? Have a great idea for a teen event? Come to a Teen Advisory Board meeting! For teens in grades 7-12. Free.

#TeenMidweek

Wednesdays at 3 p.m.: Dec. 4, 11, 18

Join us every Wednesday after school for different activities! For teens in grades 7-12. Free.

Book Discussion: "Hercule Poirot's Christmas"

Mon., Dec. 16 at 11 a.m.

Read the featured book, and then

join in the discussion! "Hercule Poirot's Christmas: A Hercule Poirot Mystery," by Agatha Christie, was previously published as "Murder for Christmas" and "A Holiday for Murder."

A Cortland Holiday Celebration

Mon., Dec. 16 at 6 p.m.

Get in the holiday spirit with crafts, refreshments, and a visit from Santa! For all ages. Free.

Library

Friday, Dec. 20 at 1 p.m.

Early afternoon program created with our homeschool community in mind! Activities designed to promote collaboration, literacy, and critical thinking. For ages 5 to 12. Registration is required by Dec. 13. Free.

LEGO Club

Saturday, drop-in between 1 - 2:30 p.m.: Dec. 28

Join us for LEGO Club, a monthly program where you can have fun with other kids creating LEGO masterpieces. We supply the LEGO bricks, and finished structures stay at the library. For ages 5 to 12. Free.

Holiday Closings

All Warren-Trumbull County Public Library locations will be closed all day on Dec. 24, Dec. 25 and Jan. 1. Libraries will close early at 5 p.m. on Dec. 31.



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Bristol Public Library holiday closing

The Bristol Public Library will be closing at noon on Wednesday, Nov. 27 and will be closed all day Thursday, Nov. 28 and Friday, Nov. 29 in observance of the Thanksgiving holiday. The library will resume regular business hours on Monday, Dec. 2 at 8 a.m.



Happy Thanksgiving!

Now is the time to review your health insurance needs

By Director Jillian Froment
Ohio Dept. of Insurance

This time of year, many Ohioans are considering their health insurance options for 2020. Medicare open enrollment began Oct. 15 and continues through Dec. 7. Open enrollment on the federal exchange in Ohio for consumers purchasing individual health plans began Nov. 1 and continues through Dec. 15. In addition, many employer sponsored health insurance plans go through open enrollment during the fall before a new calendar year begins.

As you, your family or loved ones evaluate plan options and family needs, it's important to take into account factors that could impact the type of plan you select. This includes identifying which plans have your doctors in-network and types of prescription drug needs you or your family might have. It can seem overwhelming. Fortunately, the department has a number of resources

to help as you consider the options.

By visiting www.insurance.ohio.gov, you will find resources for all types of health insurance. Specifically, the Ohio Senior Health Insurance Information Program (OSHIIP) is a great resource for those enrolling in a Medicare plan for 2020. Information about OSHIIP can be found on our website, or you can speak to a member of our OSHIIP team by calling 800-686-1578. For questions about other types of health insurance coverage, you can also visit our website or contact our Consumer Services Division at 800-686-1526.

I hope you will take the time to review your plan options this fall and reach out to our team with questions about what plan might be best for you and your family.

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