ContlamaNEW

"The Good News Newspaper"

Vol. 16 No. 4

December 14, 2019

Serving the Lakeshore Communities



Happy Holidays!

By Sally Lane

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In about two and a half weeks scene are moments of pure magic that the holidays will be over, but right live within us forever. Those moments now is the peak of the season. There become precious hometown memories is excitement and anticipation, too that make each Christmas special. Let's much to do, too little time. Yet, look at some of the wonderful collective and organizations like the Rotary and in between this whole Christmas memories that we share as residents of Fire Department provided a happy

> Snow. Most of us don't remember snowless Christmases around here unless it was the Christmas you received a sled - and couldn't use it until January. Christmas lights go better with a snowy background, also. There is something magical about driving around to view the lighting displays with at least a little snow drifting down.

Lighting displays. I'm not the only one who appreciates the Christmas Eve luminaries along Greenbriar Drive and the Caruso family lighting display on Corriedale. There are many other displays all through Cortland - each year there are more. From the number of automobiles driving through the had children in the school system neighborhoods on Christmas Eve, viewing our wonderful displays is a tradition.

Although deadline for this paper occurred before the Light Up event in the center of town, this is sure to become a yearly event. Businesses experience, including a visit from Santa.

The Madrigal Feaste. For over 35 years Lakeview High School has hosted a special Madrigal dinner at the high school. The halls and cafeteria are transformed into a medieval castle setting, while student singers, jesters and musicians entertain guests with lively songs and humor from the Middle Ages. Especially awe-inspiring is the ending of the program when singers form a line with candles and sing "Silent Night." This event has become a treasured moment in our town's holiday season. One leaves this program with a calm, warm feeling.

Almost every family who has has attended at least one elementary holiday program. Memories that live on in photo albums and hearts.

Next week, on Dec. 17 and Dec. 18, are two programs you won't want to miss. The Lakeview School's Christmas Concert is on Tuesday. Always playing to a packed house, the concert is a highlight of the season. My personal favorite part of this concert is the last song, "The Hallelujah Chorus" when former choir members are invited to join the choir. It is the perfect ending to a wonderful concert.

On the next night is the L.O.A.F. Community Band and Choir Concert also at the high school, 7 p.m. Every year a large crowd attends this lively and entertaining program. Popular holiday music as well as traditional music make the auditorium rock with excitement. The community choir, led by Michelle Robbins-Jones, and the band led by Craig Weincek, have put together a program that will have the audience clapping hands, tapping feet and singing along with holiday favorites. This year's concert benefits the Cortland and Bazetta Fire

Continued on page 3



Advertiser Index 2
Business 4, 5
Calendar 3
Classifieds 23
Directory 2
Faith 16, 17
Finance 14, 15
Library 22
School 8, 9
Business Card Ads 23

TheCortlandNews.com

ADVERTISER INDEX

3C Custom
4 Star Diner
Action Physical Therapy 14
Advanced Podiatry 19
Affordable Self Storage22
Attorney Bill Brooker19
Attorney Martin Nosich19
Auntie V's Pizzeria 14
Auto Spa Ohio24
Bortnick Tractor Sales 4
Brother's Pizza5
Burkey Burkey & Scher22
Centerra 11
Champion Estates Assisted Living 20
Chrissy's Lake Tavern9
Clearview Lantern Suites
Cope Farm Equipment11
Cortland Christian Church 3
Cortland City Council10
Cortland Healthcare 20
Cortland Lanes 3
Cortland Trinity Choir9
CountrySide Vet / AWL14
Daffron Auto Body 18
Drs Davenport & Rohrabaugh7
Dr Johnson 10
Drs Najem & Lehky Orthodontics 8
Edward Jones19
Enzo's Restaurant
Gillette Nursing Home8
Greenwood Insurance Corner7
Guidelight Financial Group 16
Harrington, Hoppe & Mitchell, LTD 17
High Street Fitness
Holland Massage & Reflexology 15
Iron House Bar & Grill21
Jo Marie's Dance15
Jody Sova, Berkshire Hathaway 4, 18
Jeanette's Dance 17
King's Sanitary / King Bros 12
MacKenzie Catering 15
Mark Thomas Ford 18
Mayflower-Wollam Insurance 21
MD Denna Heating and Cooling9
Midway Garage Door12
Oak Meadow 17
Ohio Living - Lake Vista21
Opera House15
Petrosky Brothers6
Pizza Joe's6
Real Living Brokers Realty
Rienzi's
Santa
Shafer Winans
Sparkle 19
Totally Dog9
Tried & True Cleaning21
Trumbull Co. Health Dept13
Vasilio's4

See Business Cards on Page 23

CORTLAND CITY

CITYOFCORTLAND.ORG

Mayor City Hall Fax Clerk of Council	330-637-3916 330-637-4778 330-638-0142	POLICE/FIRE EMERGED Dispatch	330-675-2730 330-638-1000
Service Director	330-637-4637		

MEETINGS

CITY COUNCIL

First and Third Monday of each month Monday, Dec. 16, 7 p.m. Monday, Jan. 21, 7 p.m.

CORTLAND CITY COUNCIL

Read the minutes from Cortland City Council meetings at www.cityofcortland.org under City Council Minutes.

PARKS AND RECREATION

Second Monday of each month Monday, Jan. 13, 5 p.m.

PLANNING & ZONING

Second Monday of each month Monday, Jan. 13, 7 p.m.

Meetings and agenda of Council and Planning meetings area available at www.cityofcortland.org

All meetings are held at City Hall and are open to the public

CORTLAND CITY COUNCIL MEETINGS ARE NOW ON TV

Cortland City Council Meetings are now posted on YouTube. The videos are usually posted no later than the next day after the meeting and can be accessed via a link on the city website or by visiting www.youtube.com and searching "City of Cortland, Ohio"

BAZETTA TOWNSHIP

BAZETTATWP.ORG

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and Cemetery Sexton 330-637-8816 Road Department 330-637-8311

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3000 Warren Meadville Rd
Non Emergency Calls 330-675-2730

BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second Tuesday of each month, unless otherwise noted.

Tuesday, Jan. 14, 5 p.m. - A 60 minute caucus with department heads preceding.

Meetings are held at the Township Administration Building unless noted

LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m. in the Lakeview High School Media Center, unless otherwise noted.

Monday, Jan. 13, 6 p.m.

Area Service Clubs

Cortland-Bazetta Historical Society and Museum Sally Lane	Bazetta-Cortland Optimist Club Charlie Harper
akeview Outreach and Fellowship (LOAF) 330-720-9136	Carla Kahler 330-856-2356

Please contact the Cortland News if you would like your organization listed here.

Our Next Issue January 11, 2019 Our theme will be New Year

Article Deadline by Dec. 27 • Display Advertising Deadline is Jan. 1 Email articles to editor@cortlandnews.net

The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or omissions.

Cortland News SELF SERVE Paper Box Locations

Vasilios

Cortland Banks El Torero
Lakeside Sport Shop Top Notch Diner

PUBLISHER

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Sally Lane

LOCAL COLUMNISTS / JOURNALISTS

Rev. Donald P. Barnes
Jean Bolinger
Rev. C. R. Chapman
Jean A. Corliss
Christine Dorma
Kathleen Ferris
Thom Foley
Evelyn Shealey
Tom Shortreed
Jennifer J. Slywczak

Contributors
Carole Wiley

CONTACT INFORMATION

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www.cortlandnews.net

We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

Article submissions to: *editor@cortlandnews.net*

Display and classified advertising and photographs to: sales@cortlandnews.net

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.

Scan to visit Cortland News





Community Events

Event Calendar December 14 – January 11

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. See pg. 2 and 6

Lakeview Local School activities and sports schedules visit www.lakeviewlocal.org. **American Red Cross blood donations**, various dates. www.redcrossblood.org or 1-800-733-2767.

Cortland Branch Library events. See pg. 22

Bristol Public Library events. See pg. 22

Johnston Senior Center offers hot meals Monday through Friday at noon.

"Mustang vs. Camaro – Battle for Supremacy" exhibit, through April 15, 2020, National Packard Museum, 1899 Mahoning Ave. NW, Warren.

North Bloomfield Historical Society's 7th Holiday Model Train Display, open in December on Wednesdays, 5-8 p.m. and Saturdays, 2-5 p.m., 1893 Town Hall, 8830 Park Drive on the square, North Bloomfield. *See pg. 6*

Warren SCOPE Senior Center Help Heal Veterans art creativity classes, Tuesdays, 12:30-2:30 p.m., Warren Senior Citizen Center at YWCA, 375 North Park Ave., Warren.

Trumbull County Strong Blessing Bag Project, donation bin lobby of Cortland Administration Building, through Dec. 31.

Youngstown Nighthawks Soccer League, Cortland League schedule, visit www.facebook.com/ytownnigthhawks

DECEMBER

- **14 Cortland Christian Church cookie sale**, 9 a.m., 153 Grove Drive, Cortland.
- **14** Christmas in Cortland concert practice, 10 a.m., St. Robert Catholic Church, Cortland.
- Project: Feed Our Valley Choir Concert, noon-3 p.m., Eastwood Mall, Niles.
- **W.D. Packard Concert Band Jingle Bell Swing Concert**, 2 p.m., Packard Music Hall, 1703 Mahoning Ave., Warren.
- 16 Cortland Community Band Concert, 6:30 p.m., at Park Vista, Fifth Avenue, Youngstown.
- **16** A Cortland Holiday Celebration, 6 p.m., Warren-Trumbull County Public Library Cortland Branch.
- **17 Lakeview High School Band and Choir Christmas Concert**, Lakeview High School auditorium. *See pg. 1*
- **18 Johnston Senior Center annual Christmas Party**, 11 a.m.-1 p.m. 5922 Warren Road, Cortland. *See pg. 6*
- **18 L.O.A.F. Community Band and Choir Concert**, 7 p.m., Lakeview High School auditorium. *See pg. 1 & 10*
- **21** Trumbull County Republican Party Christmas celebration, 11 a.m.-2 p.m., Aulizio's Banquet Center, 4395 Youngstown Road SE, Warren. *See pg. 18*
- **21,22 "One Noel" Sing the Song of Christmas,** presented by Cortland Trinity Church Choir, Dec. 21 6 p.m., Dec. 22 11 a.m., 2576 McCleary Jacoby Road, Cortland. *See ng. 9*
- **22** Cortland Community Band Concert, 3 p.m., Eastwood Mall main concourse.
- 25 Cortland City Offices closed.

JANUARY

Guardian Angels of Trumbull County meeting, 5 p.m., Shepherd of the Valley, 4100 North River Road, Howland. *See pg. 17*

A special gem for Cortland and Bazetta

By Carole Wiley, LOAF

Test question! What do you know about the Cortland Community Foundation? If your answer is "not much," you're in for a pleasant surprise! The Cortland Community Foundation is a nonprofit charitable trust. Its mission is to enhance the Cortland/Bazetta area by assisting and supporting the efforts of those whose projects will improve our community in some way. For instance, the Foundation has helped groups raise money for the town clock, the ramps and equipment for skateboarding at Willow Park, the 4th of July fireworks at the school, and the splash pad at Pearl Park. The pickle ball courts have been repaved with a grant requested through the Foundation. And of course the Foundation played a big part in assisting the Veterans Memorial Committee in securing funds for our beautiful tribute to those who served. And quite recently, the Cortland Community Foundation again provided a \$300 grant to Lakeview Outreach and Fellowship to continue our efforts to build to a file of Christmas music for the community chorus to sing at the yearly, free Christmas concert! This is a repeat of their generous donation of last year. LOAF sends a big "THANK YOU" to

this thoughtful group!

The idea of the Foundation originated with Bill Sasse in 2004. They received the 501(c)(3) charitable status in 2006. At present there are eight members on the board. They are Dave Christner, Don Moore, Mary Williams, Bill Sasse, Bev Hoagland, Pastor Dave Vensel and Charlie Peck. Curt Moll is the administrator. These trustees are sincerely dedicated to the welfare of the Cortland area and its citizens as they make decisions regarding the use of dedicated funds. We need to maintain awareness and celebrate our good fortune as residents of a community where such a worthy group has our happiness and welfare in mind in everything they do!

Donations to the Cortland Community Foundation are important because they can make a significant impact on important future projects that will generally improve everyday life in Cortland and Bazetta. There are those who choose to include a donation to the Foundation when working on their estate planning. Donations can be made to the Cortland Community Foundation, 400 North High St., Cortland, OH 44410.

Happy Holidays! ... continued from front page

departments with funds for protective gear.

Cortland people are generous. We support the Salvation Army collections, we donate toys to Toys for Tots, pack and send boxes to children all over the world. We collect coats, clothing and shoes, and we purchase gifts and put them under the Angel Tree at City Hall. We bake cookies, hold craft sales – not

for our own gain, but to help others. Those are the true gifts of the season and participating in these programs builds collective memories of our hometown that follows our children wherever they may live. There are lots of "remember when ..." moments when they visit.

May you all have a happy and blessed holiday season and a wonderful new year.

For the time you took your oath. For the time you reponded to my need. For your service. For my security. For your bravery. For my peace.

THANK YOU!

For my protection. For your courage. For my safety. For your sacrifice. For the times you've left your family. for the times you risked it all.

Warren Post announces Trooper of the Year and Dispatcher of the Year

The Warren Post of the Ohio State Highway Patrol has selected Trooper Kevin M. Brown as its 2019 Trooper of the Year. The selection of Trooper Brown is in recognition of his outstanding service during 2019 at the Warren Post. Fellow Warren Post Troopers chose Trooper Brown based on leadership abilities, professional ethics, courteous treatment of others, enthusiastic work attitude and cooperation with supervisors, peers and the public.

Trooper Brown joined the patrol in 2000. He is a graduate of Newton Falls

High School. Kevin and his wife, Robi, reside in Newton Township with their four children, Ty, Andrew, Karlie and Jake.

Kathryn L. Kringeta has been selected for the 2019 Ohio State Highway Patrol Telecommunications Award at the Warren Post. The award is in recognition for outstanding service during 2019 at the Warren Post. Kathryn joined the patrol in 2014 serving at the Warren Post. She is a resident of Champion, where she graduated from Champion High School.



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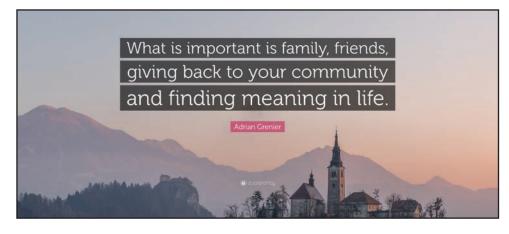
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By Thom Foley

Jeannette's School of Dance reminds us that you can give the gift of dance because they have gift certificates available!

The Russell S. Girt Memorial Music Scholarship Fund, C.S.F/Cincinnati Conservatory of Music, is reaching out to end-of-year donors. Your tax-deductible donation helps provide meaningful scholarship support for a deserving college music major. For more information visit Music101ohio.com and click red Memorial Scholarship tab.

Did you receive any new valuables this holiday season? Check out **Greenwood Insurance's** ad to see what you should do next to protect them.

Auntie V's Pizza has their homemade cookies again!! Best cookies in town!!!

Centerra is celebrating the 12 days of Christmas EVERYDAY until Christmas. See their ad and their FB page for all the great deals.

Give the gift of fun and fitness! Jo Marie's School of Gymnastics has a special going on for its famous NINJA WARRIOR program. New ninja and gymnastic students—six weeks for only \$50. SO much fun your kids won't know they are exercising.

Did you see the deal at **Chrissy's Lake Tavern**? Buy a \$50 gift card and

get a \$20 gift card FREE!

Looking for a gift they really want? Try **Cortland Auto Spa's** gift cards. I joined the unlimited wash club – you won't see me in dirty car anymore!

This holiday season take the family to Cosmic Bowling at **Cortland Lanes**. Good clean affordable fun for the whole family.

Be sure to shop local and go to **Sparkle Market** for everything you need this holiday season. Huge selections and the best prices in the Valley.

Have **Santa Claus** visit your family or office party this year. See his ad in this issue.

I went to **Vasilio's** and bought a gift basket for someone special – and it came with a \$15 gift certificate included!!

Don't get in the cold this winter. Have **MD Denna Heating & Cooling** check out your furnace now.

Did you know that **Cortland Mower** offers free pick-up and delivery on your riding lawnmowers from now through February? I got mine serviced and its back already!

If you are looking for a new home for Christmas do what most people do ... CALL JODY! **Jody Sova** can help you find the perfect home for your family.

Who has one of the largest selections of wines in town? Lakeside Sports Shop & Drive Thru that's who! And they carry a large selection of Ohio beers and wines.



Last minute gift shopping? Try a local gift card

By Thom Foley

Last minute shopping can be difficult, unless you give them what they really want. What is better than letting them pick out what they want from their favorite local store?

Most of our local pizza shops and restaurants sell gift cards, so give a gift of food. Maybe they will thank you by taking you with them to share in the meal. How about paying for a month of someone's dance lessons or gymnastics? Looking for something more practical? How about a car wash gift card or a gift card from the local mower shop, country store, pet store or fish and bait shop? You could pay towards someone's medical bill at our local dentists, eye doctors, pediatricians or physical therapy providers. Fun is always a great gift! Buy a bowling gift card, golf course or other activity.

You could give the gift a home visit from Santa. Or pay someone's insurance for a month. A card from our local grocery store is always appreciated. Maybe an oil change or repair – at a dealer or body shop. You can call a local HVAC dealer and have someone's furnace serviced – pays to be safe.

As you may have guessed, all of these businesses help support YOUR Cortland News. They bring you the news from the community every three weeks. So, here is way you can thank them, support them and give a gift that someone will love and remember for a long time. Merry Christmas.





Cortland Mower helps to Bag Hunger

In its first annual effort to "Bag Hunger," Cortland Mower worked with three local charities to help feed the hungry this season. In conjunction with LOAF, The Patchwork Foundation and Maplewood Rocket Fuel program, they collected over 114 tote bags of food to be distributed among the three organizations. Members of the community picked up a tote bag at Cortland Mower and filled it with food for the needy. When they returned their bag filled with food they received five chances to win a new Toro snow blower. Peggy McMillen was the lucky winner.

"We wanted to do something to give back to the community and help those in need at this time of year," said store Manager Sam Boyd. "We were able to enlist the help of our customers and members of the community we hadn't met yet and together we collected almost 1,400 food items to help those that need it."



Winner of the Toro Snow blower was Peggy McMillen, shown with Cortland Mower store manager Sam Boyd.

Vasilio's has the perfect gift



Looking for a great gift this year? Vasilio's has gift baskets. They include a jar of their homemade sauce, wine and many of the items they sell in the restaurant. As an added bonus each basket has a \$15 certificate included.

Give the gift of great food! "Mangia, Mangia!"



Carole Wiley and Col. Robert Mangold (Ret.) pick up items for LOAF. Mangold also was the recent keynote speaker at the Veterans Day program.



Jessica Logan picking up supplies for The Patchwork Foundation.



Kim Cleer and Teresa Eschman from Maplewood Rocket Fuel program, pictured from left, received filled bags from Heidi Keller, third from left and Sam Boyd from Cortland Mower.

"One person can make a difference & everyone should try it."



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By Christine Dorma, Administrative Assistant

Merry Christmas from City Hall!

Opportunity to Give to our Community

We are very fortunate to live in such a giving community where so many are willing to help others. A donation bin for the Trumbull County Strong Blessing Bag Project is located in City Hall's lobby. This non-profit group distributes necessities to the homeless population in our area. Items will be collected through Dec. 31, please refer to the city website for more details.

Christmas Concert

The Cortland Community Band and Choir Christmas concert will be held at Lakeview High School on Wednesday, Dec. 18 at 7 p.m.

Dates to Remember

Dec. 16 - City Council Meeting - 7 p.m. Dec. 25 & Jan. 1 - City offices will be closed. Republic Services will be operating on a one-day delay these weeks.

Jan. 6- City Council Meeting - 7 p.m.

Model trains on display in N. Bloomfield in December

Society's 7th Holiday Model Train Display "Trains in Town Hall" will be presented every Wednesday from 5 to 8 p.m. and Saturdays from 2 to 5

Bloomfield Historical p.m. throughout December except for Christmas day, at the North Bloomfield Town Hall, which is on the eastside of the Square in North Bloomfield. There is no admission charge.

Johnston Senior Center party features **Danielle Lake**

The Johnston Senior Center will be hosting its annual Christmas Party on Wednesday, Dec. 18 from 11 a.m. to 1 p.m. Danielle Lake will be singing at the party at noon. The party is open to the

public. If you would like to have a lunch that day, please call to reserve before Dec. 16 at 330-924-0412. The center is located at 5922 Warren Road, Cortland. For more information call 330-924-0412.



Books make great gifts this holiday season

(StatePoint) For young and old alike, books make great holiday gifts. To wow your favorite readers this season, consider the following titles, which will allow them to become armchair explorers, travel back in time, or even take an inner journey to learn more about themselves.

- Send your loved one on a global journey that explores the innovations and ingenuity of the world's most iconic structures with "Man-Made Wonders of the World." Featuring breathtaking images, this celebration of the world that humans have built over thousands of years features the history, architecture and stories behind the Golden Gate Bridge, the Great Wall of China, the Great Pyramid of Giza and
- From orchids to opals and lichens to lizards, "Wonders of Nature" profiles 100 animals, plants, rocks, minerals and microorganisms. Vivid photography, illustrations and storybook descriptions let readers of all ages discover their myths, legends and facts.
- · Jetsetters will get a lot out of "Where to go When: Unforgettable Trips for Every Month," the ultimate vacation planner, showcasing the most amazing places in the world and the best time of year to see them. Combining narrative with photography, the book

Continued on page 14

Doctor-recommended health tips for the new year

(StatePoint) Four in 10 adults in the U.S. have two or more chronic diseases, according to the Centers for Disease Control and Prevention. While certain conditions and risk factors are beyond one's control, the new year is the perfect time to consider the many lifestyle choices you can make for improved health.

"With too many holiday sweets and not enough exercise likely in the rearview mirror, now is the perfect time to consider your personal goals and how you can make positive health choices in the coming year," says American Medical Association (AMA) President Patrice A. Harris, M.D. "The good news is that there are a few easy steps you can take that will set you on the right track for a healthier 2020."

To get you started, the AMA is offering 10 wellness tips for the new year:

- 1. Steps you take now can help prevent or delay the onset of type 2 diabetes. Learn your risk by taking the self-screening test at DoIHavePrediabetes.org.
- 2. Be more physically active. Adults should do at least 150 minutes a week of moderate-intensity activity, or 75 minutes a week of vigorous-intensity activity.
- 3. Visit LowerYourHBP.org to better understand blood pressure numbers and take necessary steps to get high blood pressure also known as hypertension under control. Doing so will reduce your risk of heart attack or stroke.
- 4. Reduce your intake of processed foods, especially those with added sodium and sugar. Eat less red meat and processed meats, and add more plant-based foods, such as olive oil, nuts and seeds to your diet. Also reduce your consumption of sugar-sweetened beverages and drink more water

instead. Drinking sugary beverages -even 100% fruit juices -- is associated with a higher all-cause mortality risk, a new study published in JAMA Network Open suggests.

- 5. If your health care professional determines that you need antibiotics, take them exactly as prescribed. Antibiotic resistance is a serious public health problem and antibiotics will not make you feel better if you have a virus, such as a cold or flu.
- 6. If consuming alcohol, do so in moderation as defined by the U.S. Dietary Guidelines for Americans -- up to one drink daily for women and two drinks daily for men, and only by adults of legal drinking age.
- 7. Talk with your doctor about tobacco and e-cigarette use (or vaping) and how to quit. Declare your home and car smoke- and aerosol-free to eliminate secondhand exposure.
- 8. Pain medication is personal. If you're taking prescription opioids or other medications, follow your doctor's instructions. Store them safely to prevent misuse and properly dispose of any leftover medication.
- 9. Make sure your family is up-to-date on vaccines, including the annual influenza vaccine for everyone age six months or older. If you're pregnant, you can receive the flu vaccine during any trimester, but should receive the Tdap vaccine early in the third trimester to protect yourself against flu and whooping cough.

10. Manage stress. A good diet, sufficient sleep (at least 7.5 hours per night), daily exercise and wellness activities, like yoga and meditation, are key ingredients to maintaining and improving your mental health, but don't hesitate to ask for help from a mental health professional when you need it.

Looking for baseball players

Looking for Ohio teams ages 18, 17 and 16 to play in baseball tournaments in Youngstown in 2020. Contact Ken Quinn at 330 719-0581 for information.





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accepting package delivery The Bazetta Fire Department happened that recidents wearried the

Bazetta Fire

The Bazetta Fire Department has announced that residents worried that their holiday packages may be taken from porches can instead have the packages delivered to the fire station. Residents can have packages mailed to the fire department through Dec. 23 by addressing packages with your name, Bazetta Fire Department, 3000 Warren Meadville Road, Cortland, OH 44410.

Residents shipping to the department are encouraged to call with contact information and a possible arrival date for packages. Package pickup will be available 8 a.m. to 7 p.m. Monday through Friday, and 8 a.m. to noon Saturdays. There is no charge for the service.

To pick up packages, residents must bring an identification card, shipment information or proof of order. Parents picking up packages addressed to children must provide proof of guardianship. Residents with questions are welcome to contact the fire department at 330-637-4136.



New Cortland Condos Under Construction





New Construction Condos currently being built in Cortland. Total of 33 units \$210,000 and 215,000 2-3 bedroom - 2 bath units 2 car garages - full basements Reserve your unit early and

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OPENING DOORS - CLOSING SALES

Kent State students develop marketing plans for local non-profits

Throughout the fall semester, students from the Kent State Trumbull Business Consulting and Practicum course developed marketing strategies to increase awareness for Junior Achievement of Mahoning Valley and Someplace Safe.

Students employed researching and marketing skills to strengthen brands and social media presence. Detailed reports included step-by-step guides and video tutorials for using social media accounts.

On Dec. 2, the students presented their findings and suggested strategies to Michele Merkel, president, Junior Achievement of Mahoning Valley; Nicole Fond, program manager, for Junior Achievement of Mahoning Valley; Alicia Williamson, director, Domestic Violence and Visitation

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administrative assistant, Domestic marketing." Violence and Visitation Services.

net programs, we are really focused Rebecca Batton, Kameron Caldwell, on our mission," Williamson said. "It was great to work with these students, a few of whom did not know who we were before the project. They were able to give us a new perspective and some great ideas."

Community collaboration is a great way to make an impact according to the instructor and Applied Business academic Technologies program director, Tim McFadden. "It's a great way to equip our students with reallife experience," McFadden said. "Over the years, they have come up with some creative ideas and I know it has been a big help for agencies that spend

Services; and Marianne Brdek , most of their budget on programs, not

Students include (Junior "Like so many community safety Achievement of Mahoning Valley)

Robert Durey, Jacob Lieberth, and Benjamin Wilcox, and (Someplace Safe) Aris Bender, Nicole Chaney, Moriah DeJacimo, Alynn Grant, Sara Linger, and Georgia Shaffer.



Pictured from left are Alynn Grant, Nicole Chaney, Sara Linger, Alicia Williamson, Marianne Brdek, Moriah DeJacimo, Aris Bender, and Georgia Shaffer.



Thanksgiving Feast at the Playroom

The Cortland Playroom held its or made by the infant room parents Thanksgiving Feast for its full time parents and children the Tuesday prior to Thanksgiving. Ninety-one plates were served with turkey, which was made by Mrs. Zickefoose, candied carrots, stuffing, mashed potatoes and gravy. Each class helped with their special dishes. The corn casserole was made by the Green Room and Miss Mary Ann; fruit salad was made by the Blue Room and Miss Carol; homemade butter and muffins were made by the Rainbow Room and Miss Sutton; and all the scrumptious desserts were donated

and infant caregivers along with Miss Kathleen in the kitchen.

Thank you to all the teachers for having their rooms looking so festive with the children's crafts and all the extras they personally do. The Playroom is totally blessed to have each and everyone involved. A special thanks goes out to Miss Kathleen and her husband John Bertleff, for always helping out with the dinners. Also a special thank you to all the parents for entrusting the Playroom with your child's first learning experience.













Drama Department presents: 'It's a Wonderful Life'

By Sally Lane

warming us up for the Christmas season was Lakeview's Drama Department's production of "It's a Wonderful Life" in November. Thirtyone young actors and actresses did a fine job of acting in this familiar holiday favorite, while 27 crew members supported them. Mitchel Meadora-Matheson was George Bailey, while his "angel" Clarence Odbody was played

Warming us up for the Christmas by Jacob Batchelor. Mary Bailey was son was Lakeview's Drama played by Maggie Bork. The entire cast and crew should be commended for their performances. The play was young actors and actresses did a directed by Marty Young, Drama pick of acting in this familiar heliday.

The next Drama Department production will be Feb. 28–March 1 the "Shakespeare Scenes." Watch for more information.



Sing the Song of Christmas Presented by the Cortland Trinity Choir 2576 McCleary Jacoby Rd. Cortland Saturday, December 21st, 6 PM Sunday, December 22nd, 11 AM Free Admission

Kent State Trumbull announces new bowling team

Kent State Trumbull recently added women's and men's bowling to its athletic program. Dale Johnson of Champion was named head coach. Johnson has competed at state and national levels since he was 18. He began coaching Champion High School in 2010 and became head coach in 2014, the same year they won an Ohio High School Athletic Association state title.

"We want to offer local studentathletes an inexpensive option to earn a degree from Kent State University while they continue doing what they love," said Dr. Daniel Palmer, interim dean and chief administrative officer, Kent State Trumbull. "This is an exciting time on campus as we continue to grow our array of athletic programs and student organizations." The campus revived its athletic program in 2017 with Women's and Men's Cross Country.



Pictured from left are Bill Burgess, marketing coordinator and director of athletics; student bowlers, Tony Periali and Tyler Sanford; Dr. Palmer; Champion Lanes owner Jim Long; Coach Dale Johnson; Dr. James Ritter, director of Enrollment Management & Student Services; cross country Coach Bill Hess; and student bowlers Patrick Celli and Corey Skelton.





WPO opens applications for free violin lessons to students

The Warren Philharmonic Orchestra is offering free violin lessons to a select group of Trumbull County third through seventh grade students, announced Barry G. Dunaway, executive director of the orchestra. The application deadline is Dec. 30, 2019, for the next class of students beginning Jan. 12, 2020. An application form and related documents are available to download from the WPO website at

Continued on page 10



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Violin lessons...continued from page 9

http://www.warrenphilharmonic. org/strings-of-joy-2020.html or can be requested from the WPO office, 154 N. Park Ave. in downtown Warren.

"The Strings of Joy program continues the orchestra's outreach to area schoolchildren," explained Dunaway. "The orchestra performed live concerts for area students in October, and announced the winners of the student Art in Music Contest at our fall concert. We appreciate the Youngstown/Warren Regional Chamber Foundation, other community organizations and individual donations that make Strings of Joy possible at no cost to the students," Dunaway said. "A limited number of students can be accepted," he stressed. This will be the fourth Strings of Joy class receiving instruction since January 2016.

The orchestra will loan each Strings of Joy student an age-appropriate violin and provide individual, 20-minute

lessons Sunday afternoons through December 2020, with a summer vacation. Occasional group lessons and performance opportunities will

be scheduled, as well. The orchestra will provide printed music to the students at no cost. The lessons will be held at Christ Episcopal



Church, 2627 Atlantic St. NE, Warren. Lesson instructor is Brendan McEvoy, a student at Youngstown State University's Dana School of Music.

"With string programs eliminated from most area schools, the Strings of Joy program helps fill a need for those students interested in learning to play the violin and develop a deeper appreciation for our musical heritage," Dunaway explained.

Parents/guardians must be willing to provide transportation for the lessons, provide encouragement and practice space, and assume ultimate responsibility for the instrument. The Enrollment Agreement can be downloaded from the WPO website at http://www.warrenphilharmonic.org/strings-of-joy-2020.html.

Parents/guardians needing more information about Strings of Joy can contact Dunaway at 330-399-3606 or warren.philharmonic@gmail.com.

Merry Christmas from LOAF

By Carole Wiley

Christmas time! A joyous time of year! Lakeview Outreach and Fellowship consists of pastors and lay people from seven area churches. We, like most people, consider the yearly celebration of the birth of Jesus to be a genuine renewal of our faith. Possibly only Easter, the celebration of Christ's resurrection, carries a more profound gift from God.

LOAF's mission is to support other community organizations in their journeys to help others. There are approximately 15 organizations in which LOAF is involved. Some key ones are The Salvation Army, Cortland Area Cares, the Red Cross, VBS, Adopt a Foot, Rise Against Hunger, CHOW and others. At this time of year, we put our efforts into coordinating the many facets of "Christmas in Cortland," the free concert starring the Cortland Community Band and featuring the community chorus. Some LOAF members sing in the chorus. All members make dozens of cookies to share in public fellowship following the concert.

Another important effort by LOAF is to determine a meaningful cause that will ultimately benefit from the donations given by the concert patrons. Last year we were able to present over \$1,200 to the Lakeview Marching Band, which enabled them to finally purchase new uniforms. This year LOAF chose to give the donations to the two local fire departments. These funds will be a beginning of a campaign to outfit our EMS workers with protective vests.

The concert will take place on Wednesday, Dec. 18 at 7 p.m. Come and enjoy the concert band and the chorus and the cookies and the fellowship! Enjoyment is guaranteed!

MERRY CHRISTMAS!



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NOTICE

VACANT COUNCIL SEAT ~ CORTLAND CITY COUNCIL Term: January 2, 2020 – December 31, 2021

In anticipation of Mayor-elect Deidre Petrosky's council seat becoming vacant on January 2, 2020, Cortland City Council is accepting resumes. The person appointed shall hold office for the unexpired term January 2, 2020 through December 31, 2021.

Cortland City Charter Section 3.15 states whenever the office of a councilman shall become vacant for any reason, the vacancy shall be filled by majority vote of all the remaining members of council. Cortland City Charter Section 3.03 requires the following qualifications for this Council appointment with all references to the male gender applying equally to the female gender:

- Each Councilperson shall have been a resident and qualified elector of the Municipality for at least two (2) years prior to the date of his election or appointment and shall continue to be a resident and qualified elector of the Municipality during his term of office. The period of residence hereby required shall include the period of residence in any territory which has been annexed to the Municipality.
- 2. A Councilperson shall hold no other elective public office. He shall not be otherwise employed by the Municipality nor shall he hold any other office in this Municipality except as provided in this Charter.

If interested in filling this vacancy, please submit a resume by 12:00 Noon, Monday, December 30, 2019 to rhorn@cityofcortland.org or mail to:

Rhonda Horn, Clerk of Council City of Cortland 400 North High St. Cortland, OH 44410

Respectfully,

Cortland City Council

Creative gift ideas for kids

(Family Features) Few things compare to the joy and excitement on the faces of children on Christmas morning as they rush to the tree in search of packages bearing their names.

Though it may seem many of the items on your child's list require tech savvy, getting back to basics with crafty gifts can allow your kids to explore their artistic sides and foster imaginative play. From options like coloring books and jewelry-making kits to glitter activity sets and color and wash collectibles, there are a variety of present ideas out there meant to get those creative juices flowing.

Whether searching for a gift for the animal lover, aspiring scientist or DIYer, you can find gifts to spark your child's imagination and leave him or her with a colorful, memorable surprise at Crayola.com.

Rethink Arts and Crafts Time

While many children love to play with glitter, traditional glitter and glue can be messy. This holiday season, opt for a less-mess solution like Crayola Glitter Dots, which are recommended for children 5 or older and available in 13 sparkly colors and three color palettes: classic, tropical and bold. Each innovative dot features a special coating so all the glitter is contained inside and a unique adhesive that sticks to multiple surfaces including paper, wood, felt, papier-mache, fabrics, plastic foam and

more. They are available in single packs or as part of larger activity kits that can be used to conceive custom creations as well as keychains, stickers, mosaics, sparkly signs and more.

Customizable Creativity

In a matter of minutes, kids can be transported to an imaginative safari where they can create, nurture and collect colorable and washable figures with the Crayola Scribble Scrubbie Safari, intended for ages 3 and older. Using the included kid-powered Oasis Tub with a slide attachment, kids can wash off their pets, customize their appearance using six different Scribble Scrubbie Ultra Clean Washable Markers and create brand new designs again and again. In addition to the four safari pets included - monkey, elephant, giraffe and lion - additional expansion packs are available that can bring your child's collection to a total of 12 adorable animals.



Refresh your child's diet with low-sugar options

(Family Features) Many families look to the new year as a time to reset their eating habits and focus on making healthier choices. However, adults aren't the only ones who could use a menu refresh as children may also need to focus on healthier food choices.

A study by the Centers for Disease Control and Prevention revealed children consume an unhealthy amount of added sugar every day. Researchers found nearly all of the toddlers in their study ate an average of 7 teaspoons of added sugar daily – the equivalent of a candy bar. Additionally, according to the American Academy of Pediatrics, excess sugar consumption can lead to an increased risk of obesity and type 2 diabetes.

"Small children have small stomachs," said Courtney Hines, a nutritionist for KinderCare Learning Centers, which care for more than 165,000 children around the country every day. "You want them to fill up on nutrient-dense foods, not empty calories in the form of added sugar. When children consume lots of sugar, their palates get used to overly sweet flavors. They may not accept other, less sugary flavors or learn to appreciate the natural sweetness of a piece of fresh fruit."

The American Academy of Pediatrics recommends against the consumption of added sugar for children under the age of 2. Children ages 2-18 should aim for less than 25 grams, or 6 teaspoons, of added sugar per day.

For families that want to cut down on the amount of added sugar in their diets, Hines recommends cooking more at home, relying less on processed, packaged foods and serving only water or milk for beverages.

For more ideas to introduce your children to healthy habits from a young age, visit kindercare.com.

Passing the garden shovel

By Carole Wiley

For the past 50 years the Cortland Beautification Committee members have put their hard work into making Cortland look as wonderful as possible. With the planting and maintenance of the containers along the downtown area in the warmer weather, the four welcome signs that greet visitors to the community, to the snowflakes during the holiday season placed throughout the town, all can be attributed to the work of the Cortland Beautification Committee. Now it has come to the time that the garden shovels are passed on to the members of the Four Seasons

Garden Club to carry on with the work that had been started so many years ago. We thank the Beautification Committee for giving us this honor and trusting in us

for giving us this honor and trusting in us to do a good job.

We have many diverse talents in our club that allows us to welcome the challenge and look forward to it.











Annual Santa lunch

The Cortland Playroom recently welcomed Santa with smiling faces and excited children at its annual Santa lunch, and what a fantastic turn out. There were games, crafts, a magic show and food along with wonderful raffle items that families and friends won.

A special thank you goes to Miss Mary and all the teachers that helped put this together. Thanks also go to John and Kathleen for helping to prepare all the food. Also a big thank you to the Cortland Fire Dept. for being the sleigh.

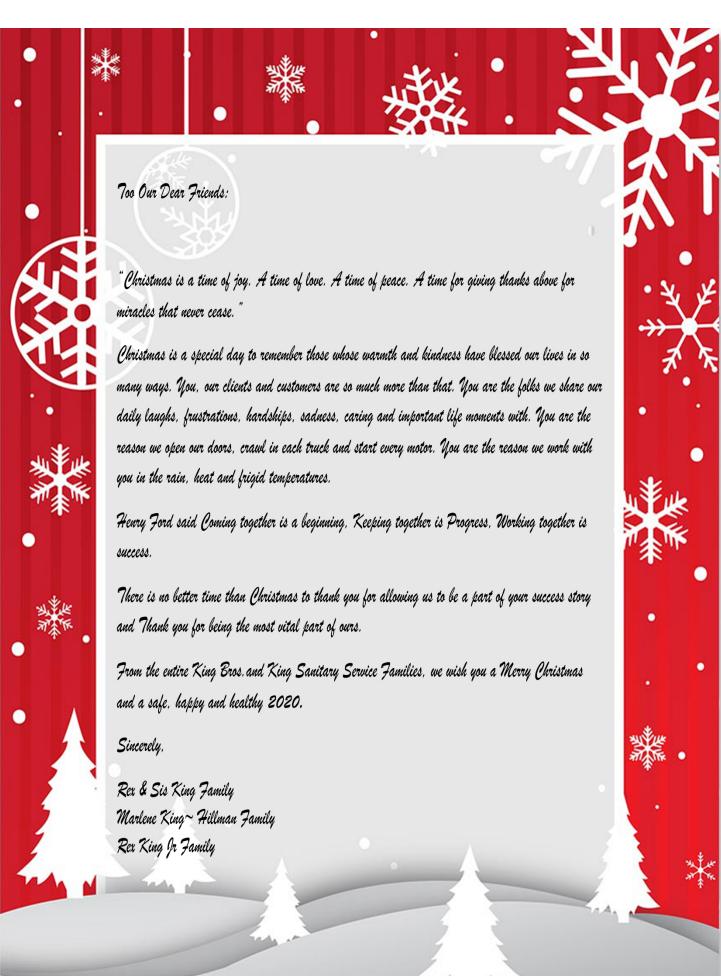


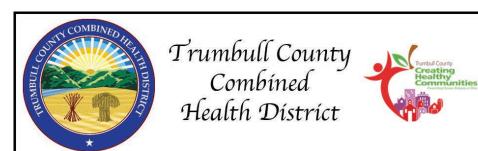
HO! HO! HO!











Proclamation presented to **TC Combined Health District**

The Trumbull County Commissioners presented the Trumbull County Combined Health District with a proclamation for achieving accreditation through the Public Health Accreditation Board on Dec. 11. Trumbull County Combined Health District (TCCHD) announced in November that it had achieved national accreditation through the Public Health Accreditation Board

"Whenever you see our seal of

accreditation, you will know that the Trumbull County Combined Health District has been rigorously examined and meets or exceeds national standards that promote continuous quality improvement for public health," said Frank Migliozzi, TCCHD Health commissioner. "By continuing to improve our services and performance, we can be sure we are meeting the public health needs of those we serve as efficiently as possible."

Savor the season with delicious, decorative cheese boards

5 tips to create holiday meal centerpieces

(Family Features) A cheese board, plate or course can be a delightful way to savor the season with family and friends, bringing together a medley of tastes and textures.



This year, try serving up a board with real, quality cheeses that also set a celebratory tone with these tips from the experts at Real California Milk, representing California's dairy farm families.

Mix it up. When selecting cheeses, create a range of flavors and textures from soft to hard and mild to sharp, and even pungent varieties. Consider these examples:

- A bloomy rind cheese such as Brie, Camembert or Formagella
- A soft or washed-rind cheese like Teleme or Crescenza
- A semi-firm cheese such as Gouda, St. George or toma
- A very hard cheese such as dry jack, aged Gouda or aged white cheddar
- · A highly flavorful or pungent cheese such as blue or flavored jack

Add contrast. Flavorful breads thinly sliced or broken into smaller pieces can enhance contrast in both flavor and texture. For a simple solution, try serving breadsticks as part of this California Continental Cheese Board alongside Brie, toma and pepper jack cheeses.

Be patient (but not too patient). Aged cheeses should be allowed time to come to room temperature. Larger pieces typically take 1-2 hours for the full flavor to develop. However, fresh cheeses should be treated like milk, so

2020 Four Seasons Garden Club officers



Officers were recently elected to the 2020 Four Seasons Garden Club. Pictured are from left: Vice President Elaine Larocca, Recording Secretary Betty Kerner, Corresponding Secretary Ann Bakich, Treasurer Kathleen Ferris and President Anita Shaw.





Merry Christmas & Happy New Year

Eis the season of giving... Please remember those in need this holiday and give to your favorite charity. Wishing you a Merry Christmas and a very happy and healthy New Year



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Continued on page 15



ANIMAL WELFARE LEAGUE

Adopt A Pet



Meet Addie! It would be the happiest of holidays for Addie to find her forever home. Addie has been adopted out twice from our shelter and returned through no fault of her own. She originally came to us in 2015 as a stray, then brought back again in 2017 after her owner's health declined. Addie arrived back at the Animal Welfare League in March after her new owner could no longer care for her. This big, cuddly love bug deserves a place to call her forever home. Not only is she an alumni of the shelter's training program, but she just graduated the program again. Addie is a smart girl that knows her manners, is housebroken and loves everyone she

meets. This 8-year old Doberman mix would be a great addition to almost any family.

Darla is one of the Animal Welfare League's super sweet seniors! She is a 10-year old Domestic Shorthair with gorgeous tabby markings. Darla came to the AWL in July after her previous owner passed away. She currently resides in one of the cat colonies and enjoys the company of two other cats. Darla loves her

treats and believes she has the perfect winter body. She is living in the moment with her holiday treats and will worry about her weight once the New Year rolls around. If you are looking for the perfect companion to add to your forever home, stop by the Animal Welfare League to meet Darla!

Shelter hours are Tuesday through Saturday from noon to 6 p.m. Adoptions end at 5:30 p.m. The shelter is closed on Sundays and Mondays. AWL shelter is located at 812 Youngstown Kingsville Road SE in Vienna, across the street from Avalon at Squaw Creek. For more information call 330-539-5300 or visit www.awlrescueme.com.



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Tax Solutions By Jennifer J. Slywczak

Year-end tax and financial to-do list for individuals

With the dawn of 2020 on the near horizon, here's a quick list of tax and financial to-dos you should address before 2019 ends:

Check your Flexible Spending Account (FSA) balance. If you have an FSA for health care expenses, you need to incur qualifying expenses by Dec. 31 to use up these funds or you'll potentially lose them. (Some plans allow you to carry over up to \$500 to the following year or give you a 2½-month grace period to incur qualifying expenses.) Use expiring FSA funds to pay for eyeglasses, dental work or eligible drugs or health products.

Max out tax-advantaged savings. Reduce your 2019 income by contributing to traditional IRAs, employer-sponsored retirement plans or Health Savings Accounts to the extent you're eligible. (Certain vehicles, including traditional and SEP IRAs, allow you to deduct contributions on your 2019 return if they're made by April 15, 2020.)

Take required minimum distributions (RMDs). If you've reached age 70½, you generally must take RMDs from IRAs or qualified employer-sponsored retirement plans before the end of the year to avoid a 50% penalty. If you turned 70½ this year, you have until April 1, 2020, to take your first RMD. But keep in mind that, if you defer your first distribution, you'll have to take two next year.

Consider a qualified charitable distribution (QCD). If you're 70½ or older and charitably inclined, a QCD allows you to transfer up to \$100,000 tax-free directly from your IRA to a qualified charity and to apply the amount toward your RMD. This is a big advantage if you wouldn't otherwise qualify for a charitable deduction (because you don't

itemize, for example).

Use it or lose it. Make the most of annual limits that don't carry over from year to year, even if doing so won't provide an income tax deduction. For example, if gift and estate taxes are a concern, make annual exclusion gifts up to \$15,000 per recipient. If you have a Coverdell Education Savings Account, contribute the maximum amount you're allowed.

Contribute to a Section 529 plan. Sec. 529 prepaid tuition or college savings plans aren't subject to federal annual contribution limits and don't provide a federal income tax deduction. But contributions may entitle you to a state income tax deduction (depending on your state and plan).

Review withholding. The IRS cautions that people with more complex tax situations face the possibility of having their income taxes underwithheld because of changes under the Tax Cuts and Jobs Act. Use its withholding estimator (available at https://www.irs.gov/individuals/taxwithholding-estimator) to review your situation.

If it looks like you could face underpayment penalties, increase withholding from your or your spouse's wages for the remainder of the year. (Withholding, unlike estimated tax payments, is treated as if it were paid evenly over the year.)

For assistance with these and other year-end planning ideas, please contact us.

Jennifer J. Slywczak, CPA, is the owner of Integrated Accounting and Tax Solutions LLC, located at 3378 state Route 5, Cortland. You can reach her at 330-638-2727 or by email at jennifer@jenjslycpa.com. To sign up for monthly newsletters you can visit her website at www.jenjslycpa.com.

Books make great gifts...continued from page 6

brings to life over 100 destinations across the globe -- including Costa Rica's rainforests, the clouds in Nepal, Croatia's cypress-clad islands and the saw-toothed crags of Canada's Rocky Mountains.

• Steeped in the wisdom of the Vedas, "A Yogic Path Oracle Deck" by

Sahara Rose, is a tool to access one's yogic intuition. Each card represents aspects of the self, symbolized by sacred figures and concepts that are integral to yoga and Ayurveda. Illuminated with ethereal artwork by Danielle Noel, the cards provide insight into the present and guidance for the future, unlocking a deeper understanding of self. The accompanying full-color guide provides complete descriptions of each card as well as suggestions for working with the deck.

• Great explorers have one thing in common: a desire to leap into the unknown, no matter how dangerous that might be. In "Explorers," an exciting non-fiction storybook for children, readers venture into steaming jungles in search of lost temples, fight off frostbite in the Arctic and blast off into space as they meet famous explorers. From Ferdinand Magellan's first circumnavigation of the world to Barbara Hillary's treks to the North and South poles while in her seventies, this book documents the trials of those who rewrote our understanding of

Continued on page 22



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What's new for Social Security in 2020?

With the new year upon us, those who collect Social Security or pay into the public retirement program through payroll deduction will see some changes. The Social Security Administration makes cost-of-living adjustments on an annual basis. Here's how the changes may impact you:

For those receiving retirement benefits

If you collect Social Security benefits on a monthly basis, the amount you receive will increase by 1.6% beginning in January. According to the Social Security Administration, for the average recipient of retirement benefits, this will amount to an additional \$288 in 2020.

The result might be different if you are enrolled in Medicare. For most Social Security recipients, standard Medicare Part B premiums are deducted from monthly benefit checks. In 2020, Medicare Part B premiums will rise from \$135.50 to \$144.60 per month. That additional \$9 will be deducted from your Social Security benefit each month.

If you have Medicare Part C (Medicare Advantage) or Part D (prescription drug coverage) premiums deducted from your Social Security check, those costs may also be higher next year, reducing the net increase you will receive.

For early Social Security recipients

If you collect Social Security benefits prior to your full retirement age ("FRA") (at least age 66 for those born in 1943 and later), you may incur a penalty based on your earned income. If you work in 2020 and you will not reach FRA in that year, an important income threshold is \$18,240, which is \$600 more than it was in 2019. For every \$2 of income earned beyond that

amount, one dollar in Social Security benefits will be withheld.

If you will reach FRA in 2020, you can earn up to \$48,600 for the months prior to reaching FRA before any reduction in Social Security benefits occurs. In that case, you sacrifice \$1 of benefits for every \$3 in earnings above the threshold. Once you reach FRA, the earnings limit no longer applies to Social Security recipients.

Impact on income earners

Those not yet collecting Social Security who earn six-figure incomes may see a modest tax increase in 2020. If your income typically exceeds the maximum taxable earnings amount for Social Security, you should be prepared for this change.

In 2019, any income earned by an individual beyond the \$132,900 maximum was not subject to the 6.2% Social Security payroll tax. In 2020, that threshold increases to \$137,700, which means an additional \$4,800 is subject to Social Security tax in 2020. That result is an added tax of up to \$297.60 in the coming year.

There are a lot of complexities with Social Security, so if this feels overwhelming, know you are not alone. If you have any questions, be sure to contact your financial advisor, tax advisor or the Social Security Administration.

1 Source: medicare.gov, "Medicare costs at a glance." (https://www.medicare.gov/your-medicare-costs/medicare-costs-at-a-glance)

Source for all Social Security information: Social Security Administration, "Fact Sheet: 2020 Social Security Changes," November 2020. (https://www.ssa.gov/news/press/factsheets/colafacts2020.pdf)

Column provided by Guidelight Financial Group offered through Ameriprise Financial Services, Inc. Member FINRA & SIPC.

Cheese boards...continued from page 13

don't allow them to sit out for more than a short time.

Use simple additions. Enhance your cheese plates with olives, nuts or fruit to add flavor and texture. For example, pears go well with blue cheese, Gouda and toma; olives accompany white cheddar and pepper jack; walnuts fit with Gouda and dry jack; and dried cranberries pair nicely with cheddar, blue cheese and mushroom jack in this Red, White and Blue Cheese Board.

Consider portions. Estimate 1-1 1/2 ounces of each cheese per person. If you plan to serve three or more cheeses, consider decreasing the amount to 1 ounce (or less) of each cheese per person.

To find a variety of Real California cheeses at a store near you, visit the product locator at realcaliforniamilk.

California Continental Cheese Board

Recipe courtesy of Real California Milk

1-2 ounces California Brie cheese per person

1-2 ounces California toma cheese per person

1-2 ounces California pepper jack cheese per person

walnuts

breadsticks fresh herbs

On cheese plate, arrange cheeses, almonds, crackers and cherry tomatoes.

Red, White and Blue Cheese Board

Recipe courtesy of Real California Milk

1-2 ounces California cheddar cheese per person

1-2 ounces California blue cheese per person

1-2 ounces California mushroom jack cheese per person

walnuts

dried cranberries

crackers

fresh apple slices

On cheese plate, arrange cheeses, walnuts, cranberries, crackers and apple slices.



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Something To Think About

By Rev. Donald P. Barnes



The grandkids "slipped" us their Christmas Wish Lists well ahead of schedule this year. We appreciate that. Helps us get our shopping done early. I'm always amazed at the length of these comprehensive scrolls, sometimes comprising multiple sheets of paper. However, Grandma and Grandpa do ask for them and the kids don't hesitate to ask for it "all." I think they've got it right. Maybe we grown-ups would glean more from the Holy-Day Season if we were a little more child-like in our approach and in our expectations. Christmas - we expect so little - and God offers so much. Have you made out your Christmas Wish List? What are you expecting to find under the tree?

According to an unknown source, there a plaque marking Abraham Lincoln's birthplace near Hodgenville, Kentucky. A small scrap of conversation is memorialized on the marker: "Any news down 't the village, Ezry?" "Well, Squire McLain's gone t' Washington t' see Madison swore in, and ol' Spellman tells me this Bonaparte fella has captured most o' Spain. What's new out here, neighbor?" "Nuthin' nuthin' a'tall, 'cept fer a new baby born t' Tom Lincoln's. Nothin' ever happens out here." Some events, whether birthdays in Hodgenville (or Bethlehem) or spiritual rebirth in a person's life, may not create much earthly splash, but those of lasting importance will eventually get the notice they deserve." Have you made out your Christmas Wish List? What are you hoping to find under the tree?

I don't know about you, but I believe the commercialization of the season dampens the joy associated with the holy-birth. According to a dated survey, Americans used 28,497,464 rolls and sheets of wrapping paper, 16,826,362 packages of tags and bows, 372,430,684 greeting cards, and 35,200,000 Christmas trees during the 1989 Christmas season. What might the totals be in 2019? I must admit to loving the festivities, but I try not to allow the "secular hoop-la" to steal the spotlight. Allow the special God-given gift to preside at you celebration, for in Christ God has offered a gift that will continue to bring blessings for an eternity. Have you made out your Christmas Wish List? What are you hoping to find under the tree? God has prepared something special just for you and yours. Don't forget to open the "package."



'Wineskins'

"Wineskins," hosted by Fr. James Korda, is an award-winning weekly half-hour radio program conceived and produced by the Catholic Telecommunications Network of Youngstown, airing every Sunday over WKBN-AM 570 Youngstown at 7:30 a.m., WILB-FM 89.5 Youngstown at 9:30 a.m. and 9 p.m. and $\widetilde{\text{WSOM-AM}}$ 600 Salem at 7:30 a.m.

Wineskins addresses real issues in today's world and church while sharing faith and information. Its objective is to strengthen the faith of listeners, to catch the attention of unchurched listeners and to deepen the understanding of the churched listeners. It seeks to accomplish these objectives by providing a blend of information, inspiration, opinion and music assembled in a magazine format. Since its beginning in August of 1981, Wineskins has won many awards with its format featuring current Issues, saints, interviews, music and scriptures.

We found a home for your used linens

By Jean Bolinger

Christy Amos House in Warren is a temporary shelter men, women and children and is managed by the Urban League. The staff is currently asking



for donations of twin sheets, towels, washcloths and blankets for use by those served there. The items will be taken with the residents when they are placed in more permanent housing. Used items are fine as long as they are clean and in good condition. Prince of Peace Lutheran Church in Cortland will be collecting these items. Please call the office at 330-637-4994 to check to see when someone will be there to receive your donations. Thank you in advance for your help in filling this need.



Thank you for shoes

By Jean Bolinger

Because we have a community of generous people we were able to put new shoes on the feet of 111 students in Lakeview, Champion, Maplewood, Badger and Mathews, schools. Thank you to everyone who contributed. The fund remains open all year as emergencies do arise. Donations are always welcome made out to Prince of Peace Lutheran Church and mailed to the church at 490 N. High in Cortland. Please make sure to indicate your gift is for shoes.





Guardian Angels needed

Guardian Angels of Trumbull County, a volunteer program of the Trumbull County Probate Court, is looking for volunteers. Angel volunteers receive training to reach out as friends to seniors who may need a phone call or a visit in a nursing home. Angels are also involved in planning special events for seniors. The next meeting is 5 p.m. Jan, 7, 2020 at Shepherd of the Valley, 4100 North River Road, Howland. For more information, call 330-675-2521 or go to www.trumbullprobate.org.

TC Republican Women's Club hosts congressmen

Nov. 15 at the Maronite Club. The period followed. guest speakers were Congressmen

Members of the Trumbull County Devin Nunes (R-Calif.) and Bill Johnson Republican Women's Club attended (R-Ohio). There were 560 people in a Mahoning County GOP Dinner on attendance. A question and answer



Seated from left, Mary Theis and Juie Shortreed. Back row, Regina McManus, Sarah Kovoor, Cathy Lukasko, Karen Combs, Dorothy Davis, Linda Chos, JoAnne Szczyglowski, Cathy Stocz and Doris Layfield.

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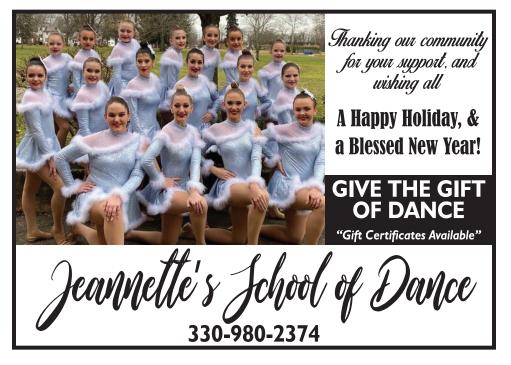


A Cortland resident, Mr. McGee can be reached at (330) 392-1541.

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Sutliff Museum launches tour app

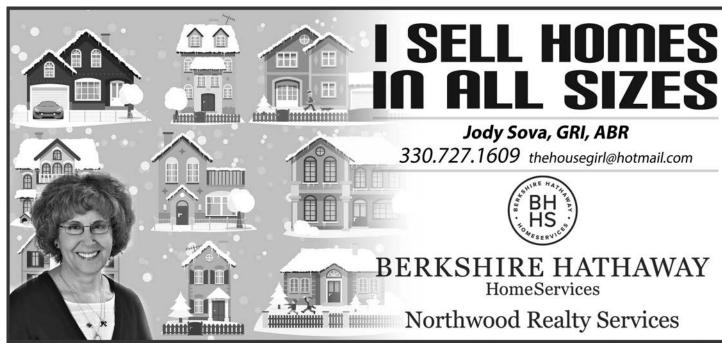
The Sutliff Museum is pleased of the Ohio History Connection. The to announce the release of the Sutliff Museum Tours app, now available on by voluntary donations of state income all app stores. The app gives visitors the chance to delve more into the Sutliff Museum's collection through the use of iPad kiosks throughout the Museum or on visitors' own digital devices. This second floor of the Warren-Trumbull program gives visitors to the Sutliff Museum the chance to learn more about Ave., Warren, is open from 1 to 4 p.m. the Sutliff family and their impact on Wednesday through Saturday. For more Trumbull County by viewing letters information visit www.sutliffmuseum. and objects that are not on display. This org, call 330-395-6575, or on Facebook project was made possible in part by the Ohio History Fund, a grant program

Ohio History Fund is made possible tax refunds, sales of Ohio History "mastodon" license plates, and other donations.

The Sutliff Museum, located on the County Public Library at 444 Mahoning and Instagram.



TC Republican **Party Christmas** celebration Dec. 21



<u>HOLIDAYS</u>

The Trumbull County Republican Party will hold its annual Christmas celebration on Saturday, Dec. 21 from 11 a.m. to 2 p.m. at Aulizio's Banquet Center, 4395 Youngstown Road SE, Warren. Doors will open at 10:30 a.m., with lunch served at noon. The guest speaker will be Frank Hoagland, Ohio State Senator from District 30. The community service mission for this year will be "Veteran's Haven." Donations of socks, gloves, hats, blankets, toiletries, etc. will be collected for area homeless veterans. Cost is \$24 per person. Advance reservations are to be made by mailing a check payable to TCGOP to: P.O. Box 8552, Warren, OH 44484. The event is open to party members, non-members, spouses and guests. For additional information, call 833-878-6285 or e-mail: trumbullgopchair@ gmail.com.



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There are many plants and flowers closely identified with the winter holiday season. While the most popular plants are Christmas trees, poinsettias, mistletoe and holly there are many others. Often undervalued, they're not cookies, plants are a huge part of the Holiday scene. Here is a list of "others," hardy, nice to look at and featuring Christmas-approved color combinations for your holiday décor.

First is the Christmas cactus. One of the hardiest of the holiday plants, it can last for years with the right care. The flower blooms come in shades of fuchsia, yellow, salmon, pink, orange, white, red or a combination of colors. Different species bloom at different times of the year, Thanksgiving and Easter. Place the cactus in a bright window. Flower buds can drop off before opening due to warm temperatures and overly dry soil. Don't let the plant sit in water. It is a succulent. This plant is a keeper.

To get the flowers to set for next year, take it out doors for three weeks in late summer before temperatures dip into the mid-40s. Christmas cactus likes to be pot-bound so no need to re-pot for a few years. Fertilize monthly between April to October.

Next up is the Cyclamen. Cyclamens are cool season plants tolerating temperatures into the 40s, which is why they are a popular winter plant. Plus, cyclamens can hold on to their blooms for up to eight weeks with the right conditions. Put them in medium light, not strong direct light. Avoid warm drafts to prolong flowering, deadhead the spent flowers and yellow leaves by pulling off the entire stem. Water from the bottom by setting it in a saucer of water for 15 to 20 minutes, then remove. Avoid splashing water on the leaves. Toss this one after the holidays. It's too hard to get a cyclamen to re-bloom.

Rosemary is often trained into a topiary or trimmed into a pyramidal shape for the Christmas season. It has a fresh pine scent and is a savory herb used in stews with roasts. Place rosemary in bright light, a west or south window will be fine. The more light the better or it will drop leaves. Keep soil evenly moist. A common mistake here, is under watering. This is one plant that does not like to dry out completely. Keep rosemary. Move it outdoors after the last frost, safely around the end of May. Fertilize every few months with a time-release pellet type fertilizer and let it grow naturally.

Want something more elegant, a little exotic? Then Amaryllis is for you. These exotic looking flowers bloom about four to six weeks after the bulb is planted. Some varieties send up the flower before the foliage. Place in bright light, too low light may cause it to grow floppy and lean or topple. Turn the pot every few days to help the amaryllis to grow straight. Keep moist, but don't over water either. Once the flowers fade, cut the stalk but keep the leaves. Move it outside to a shaded area after the last frost. Let the plant go dormant in late summer or early fall and put it in the garage or basement. Cut off the yellowed leaves and ignore it! No water until November. When you start watering in November, the growing cycle starts again.

Don't ignore Paperwhites if you like and enjoy fragrant flowers. Paperwhites come in kits or loose bulbs. Pot them up and enjoy the fragrance in two to three weeks. Keep them in a cool sunny place. A location that is too warm can cause leggy growth. As soon as the flowers emerge, tie the stems to a decorative stake to prevent them from toppling over. Keep the soil moist, and toss when they are done blooming. They are tropical and can't be planted

Want to try an Orchid? Phalaenopsis Orchids look delicate but are not as fragile as they appear and will bloom for months. Give them bright indirect light and cooler indoor temperature. Try to avoid sudden temperature changes, which can cause buds to drop. Water once a week until water runs out the bottom of the pot. A keeper, keep in an east or west window. Feed with orchid fertilizer and water regularly. In late summer, let the leaves dry out or wrinkle a bit to signal the orchid to set new buds. Once you see a new stem, start watering but stop fertilizing.

Norfolk Pine is native to the South Pacific so it cannot be planted outdoors. It is a long-lasting plant with soft, "Christmasy" fringed needles. A Norfolk pine needs about six to eight hours of light per day, an east or west facing window is best. Water when soil is dry to the touch, but don't wait too long or you'll get a load of brown needles. Keep this one too, for a while anyway. It likes to be pot-bound so refresh the planting medium every two years by topdressing with new soil. You can take it outdoors in late spring, keep it shaded and back indoors before the temperatures fall below 40 degrees. Fertilize the Norfolk Pine every six to eight 8 weeks with a standard fertilizer. You may want to toss when it gets leggy because Norfolk Pine won't regrow lower branches that are lost.

How about a Frosty Fern? I love this name. This adorable tiny fern-like plant tinged with white is a relative holiday newcomer. They like low to medium light and consistent humidity, so they do well in terrariums. Keep the soil slightly moist. Use room temperature, not cold, water. Water from below by placing it in a saucer of water for about 15 minutes. The plant is finicky. Keep it. It will probably die before you are tired of it. Just enjoy the delicate form as long as you can.

The way I see it, greenery and flowers are necessary adding color, life and cheer on even the chilliest of winter days. Merry Christmas and Happy Holidays plant lovers!

Happy gardening!

Kathleen Ferris is a Trumbull County Ohio State Extension Master Gardener and a Cortland resident.

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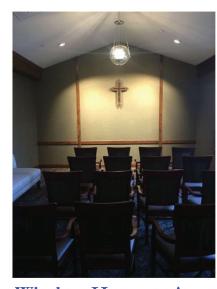






Armstrong Memory Care Assisted Living





Trumbull County's only memory care assisted living, Windsor House at Armstrong Memory Care Assisted Living, is Now Open. Located off Mahoning Ave. and Champion Ave., residents will enjoy the privacy of their own apartment, daily recreational and social activities, 3 fresh meals, assistance with activities of daily living, companionship of staff members and other residents, a secured outdoor courtyard and much more.

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www.ArmstrongMemoryCareAL.com

Holiday gift ideas for the man who has everything

(StatePoint) Let's face it, most people have a tendency to procrastinate around the holiday season, especially when it comes to scoring the perfect presents for those who are hard to shop for.

To help stumped shoppers, here are some last-minute gift ideas to consider for "the man who has everything":

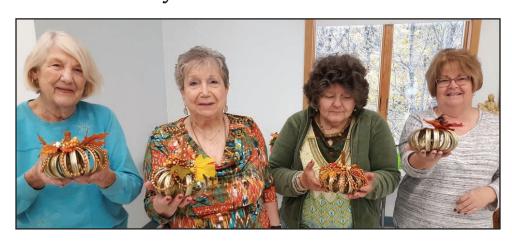
- Grill Accessories: Surprise your favorite grill master with an unusual grill accessory. Think outdoor popcorn poppers or a monogrammed iron brand to personalize his steaks.
- Home Theater Set-Up: Whether you're shopping for a movie buff,



gaming fanatic or sports enthusiast, you can step-up his home theater game with a great projector. Those in the Slim line-up from Casio combine laser and LED technology for long life and high brightness, making it possible to have a great viewing experience in any room of the house.

- DIY: From roasting one's own coffee to brewing one's own beer, consider the gift of a cool new hands-on hobby. These days, kits make it easy to give great gifts to intrepid DIY-ers.
- Keyboards: Aspiring musicians and experts alike will appreciate the gift of a high-quality instrument. One especially cool choice is the CT-S200 portable keyboard, which is available in black, white or red. Ultra-compact and battery-operated, it features a carrying handle and a button which quickly recalls your favorite settings to make portability and set-up a cinch. A good choice for those in traveling bands, it's also well-suited for beginners, as it connects to an app offering lessons.
- Organizational tools: For those guys who value organization, a label printer is just the tool for enhancing any area, from workshops, garages and sheds to closets, media collections and home offices. Check out those from Casio, which offer QWERTY keyboards to make creating labels simple and fast.
- Knowledge: Online education platforms are delivering world-class tutorials and lectures in a range of subjects, satisfying curious minds from the comfort of their own homes. Many of these services work on a subscription basis, so consider signing your recipient up, so he is free to enjoy it as often as he likes for the duration of his membership.
- Outdoor Tech: Hikers, cyclists, runners and other outdoor enthusiasts will benefit from a smartwatch designed for durability and the outdoors. Among the many features of the WSD-F21HR, for example, are heart rate and VO2 max data, as well as GPS and color map display, which athletes can use to stay oriented while enhancing their training. With a little creativity, gifts purchased last-minute don't need feel last-minute.

Fall craft project completed by SCOPE members



SCOPE members recently completed creating fall crafts at the Cortland Senior Citizen Center located at the Cortland Christian Church fellowship Hall.

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MetroParks members sworn in

Kurt Sauer and Steven Mass were re-appointed as members of the Trumbull County Metropolitan Park Board by Trumbull County Probate Court Judge James A. Fredericka on Dec. 5. Their new terms will begin on Jan. 1, 2020 and end on Dec. 31, 2022. Other park board members include John Brown Jr., Nicolette Darkangelo and Kathy DeChristofaro.



Being sworn in by Fredericka, left, is Steven Maas, center, with MetroParks Executive Director Zachary Svette holding the Bible.

Also sworn in was Kurt Sauer who remarked on his reappointment," I'm happy to be reappointed to the board to assist in growing our MetroParks system."



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Cortland News ~ December 14, 2019 ~ Library

LIBRARY NEWS

Cortland Branch Library events

The following programs take place at the Cortland Branch Library, 578 Lakeview Drive, Cortland. For registration call 330-638-6335. All library events are free and open to the public. No reservations are required unless noted.

Book Discussion: "Hercule Poirot's Christmas"

Mon., Dec. 16 at 11 a.m.

Read the featured book, and then join in the discussion! "Hercule Poirot's Christmas: A Hercule Poirot Mystery," by Agatha Christie, was previously published as "Murder for Christmas" and "A Holiday for Murder."

A Cortland Holiday Celebration Mon., Dec. 16 at 6 p.m.

Get in the holiday spirit with crafts, refreshments, and a visit from Santa! For all ages. Free.

Libratory

Friday, Dec. 20 at 1 p.m.

Early afternoon program created with our homeschool community in mind! Activities designed to promote collaboration, literacy, and critical thinking. For ages 5 to 12. Registration is required by Dec. 13. Free.

LEGO Club

Saturday, drop-in between 1 - 2:30 p.m.: Dec. 28

Join us for LEGO Club, a monthly program where you can have fun with other kids creating LEGO masterpieces. We supply the LEGO bricks, and finished structures stay at the library. For ages 5 to 12. Free.

Holiday Closings

All Warren-Trumbull County Public Library locations will be closed all day on Dec. 24, Dec. 25 and Jan. 1. Libraries will close early at 5 p.m. on Dec. 31.

Winter events at Bristol Public Library

Holiday Closings

The library will be closed Tuesday, Dec. 24 and Wednesday, Dec. 25 and will be closed Tuesday, Dec. 31 and Wednesday, Jan. 1, 2020. The staff of the Bristol Public Library wishes you a Merry Christmas and a safe New Year.

11th Annual Language Tree on Display

The 11th annual language tree is now on display at the Bristol Public Library. Students in the Spanish language classes and the Spanish club at Bristol High School have decorated a language-themed Christmas tree, with homemade ornaments, that will be on display in the library through Dec. 17.

Holiday Basket Giveaway

From now until Dec. 16 adults can earn one prize drawing ticket for every book or book on cd checked out from the library's adult collection. All tickets will be entered into the drawing for a Christmas themed basket.

Nativity Scenes on Display

Now on display at the Bristol Public Library is a beautiful collection of nativity scenes. The Christmas crèches are from collector Judi Sheridan of North Bloomfield. Many of them were discovered during her travels around the world. The holiday scenes will remain in the display case, located on the second floor of the library, through December.

Mega Game Mondays

Youth in grades 5-12 can join us from 2:30 to 4 p.m. every Monday in January (except Jan. 20) to play mega versions of their favorite tabletop games-Jenga, Connect 4, Yahtzee and dominoes. Light refreshments will be

For more information on any of the events contact the circulation desk at 330-889-3651 or visit the library at 1855 Greenville Road in Bristolville.

TCAP Winter Crisis Program accepting applications

Trumbull Community Action Program (TCAP), 1230 Palmyra Road SW is announcing that utility bill assistance under the Winter Crisis Program is available through Tuesday, March 31, 2020.

The program helps income eligible households avoid utility disconnection; restore disconnected service; establish new service; purchase fuel oil, propane, coal and wood.

Walk-ins are available on Tuesday, Wednesday and Thursday mornings only. TCAP will see 25 people first come, first serve. The doors will be open at 7 a.m. Appointments will be in the afternoon.

Monday and Friday will be all appointments. The doors will be open

Appointments can be scheduled

by calling 1-866-747-1041 or online at capappointments.com. Callers must wait to receive a confirmation number to secure the appointment.

Applicants that cannot apply at the TCAP Warren office can apply at one of five satellite sites by appointment only from 9 a.m.-3 p.m. Contact the following:

- Tuesdays: Niles Community Center - 330-393-2507, ext. 259
- Tuesdays: Tod's Crossing- 330-393-2507, ext. 260
- Wednesdays: Newton Falls Methodist Church - 330-393-2507, ext. 232
- Wednesdays: Buckeye Apartments- 330-393-2507, ext. 227
- Thursday: City of Hubbard Municipal Building -330-393-2507, ext. 229

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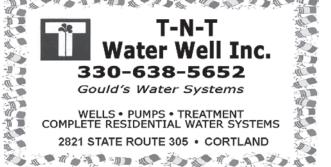
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