

POCAHONTAS 🛽 RY CASALS | LEN KELLER E RY E

## **CELEBRATING WOMEN**

By Sally Lane

of women were the first to women's rights convention in Seneca, for the awareness of women's issues to New York. It took another 30 years for the 19th Amendment to be introduced to Congress and *another* 40 years of yearly submission before it passed both the House and the Senate in 1919 - and then by only ONE vote! Grandma, who was 25 in 1920, voted in every election for the rest of her life. But the battle for true equality had just begun. During the time when Americans were moving west, women worked side by side with their husbands establishing farms and towns, caring for every need of their families, including making clothing, preserving food, taking care of the animals, helping with plowing and harvesting. Working together equally hard made for the success of their livelihood. Women weren't about to accept a lesser status than men. That's why Wyoming was the first state to provide suffrage for women. After that, it was game on for women's suffrage in the

y grandmother's generation of suffrage was raised in 1848 at a rest of the country. And that set the stage

Then came the Baby Boomers after World War II, my generation. In the

vote in 1920. It had been a long battle since the issue

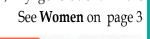
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the present day.

The theme of this year's Women's History Month is "Trailblazing Women in Labor and Business." It honors women who have made a difference for all of us women who work outside the home. Without their persistence and perseverance, there would be less of us in government and leadership positions, our pay would be much lower than a man's pay, and there would be little recourse for discrimination in the workplace.

My mother's generation, starting in the 1920s to the 1950s, might be known as the "Leave It to Beaver," time. While a few women carried on the trailblazing, only a few mothers worked outside the home. That didn't mean that women were complacent about equality, but jobs in industry hired men, and women had fewer choices for careers. Stereotypical? Yes.



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#### Mayor 330-637-4003 330-637-3916 City Hall 330-637-4778 Clerk of Council 330-638-0142 Service Director 330-637-4637

Fax

City Council - first and third Monday of each month Monday, March 6, 7 p.m. Monday, March 20, 7 p.m.

**Cortland City Council meeting minutes** Read the minutes from Cortland City Council meetings at http://www. cityofcortland.org/ under City Council Minutes.

of each month Monday, March 13, 5 p.m. Planning & Zoning - second Monday of each month Monday, March 13, 7 p.m. Meetings and agenda of Council and Planning meetings area available at www.cityofcortland.org

Parks and Recreation - second Monday

911

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330-638-1000

330-637-2891

All meetings are held at City Hall and are open to the public

#### Cortland City Council Meetings are now on TV

Cortland City Council Meetings are now posted on YouTube. The videos are usually posted no later than the next day after the meeting and can be accessed via a link on the city website or by visiting www.youtube.com and searching "City of Cortland, Ohio"

## **BAZETTA TOWNSHIP** www.bazettatwp.org

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3372 State Route 5	fax: 330-637-4588		
Trustees, Clerk, Zoning Inspector			
and Cemetery Sexto	n 330-637-8816		
Road Department	330-637-8311		
Police Department	330-638-5503		

Fire - Police - Rescue 911 Fire Station #11 -Everett-Hull Road 330-637-4136 Fire Station #13 -McCleary-Jacoby Rd 330-637-2872 Non Emergency calls 330-675-2730

## **BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS**

Regular meetings the second and fourth Monday of each month at 7 p.m., unless otherwise noted.

Monday, Feb. 27, 6 p.m. - A 60 minute caucus with department heads preceding. Monday, March 13, 6 p.m. - A 60 minute caucus with department heads preceding.

Meetings are held at the Township Administration Building unless noted

## LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m. in the Lakeview High School Media Center, unless otherwise noted.

Monday, March 13, 6 p.m. - Lakeview High School Media Center

## **AREA SERVICE CLUBS**

Cortland-Bazetta Historical Society and Museum Bazetta-Cortland Optimist Club Sally Lane 330-638-2330 Charlie Harper 330-847-0114 Cortland Rotary Club Lori Harris 330-847-6217 The Opera House Kathy Fleischer 330-219-4884 Cortland Beautification Association Mary Kachurik 330-637-3098 Four Seasons Garden Club Becky Bucco 330-637-9115 Friends of the Cortland Library Cortland Lions Club Mike Hummell 330-372-7951 Moose Lodge #1012 Di Matiejevic 330-637-2717 League of Women Voters of Trumbull County 330-637-9957 Terri Crabbs 330-637-3845 Warren-Trumbull Branch of AAUW SCOPE Jennifer Soloman 330-637-3483 Darlene Fry / Diane Jordan Cortland Masonic Lodge #529 330-637-3010 330-638-3110

Please contact the Cortland News if you would like your organization listed here.

OUR NEXT ISSUE....MARCH 18, 2017 Our theme will be Spring

Article Deadline by March 4 • Display Advertising Deadline is March 8 Email articles to editor@cortlandnews.net

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Featured Journalist Sally Lane

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> Contributors This Issue Chief Tom Andrews Nathaniel Sillin Candice Girt-Stojkov Sarah Waldron Debbie Williams Marty Young

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www.cortlandnews.net

We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

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> Article submissions to: editor@cortlandnews.net

Display and classified advertising and photographs to: sales@cortlandnews.net

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.

## CORTLAND CITY

MEETINGS

www.cityofcortland.org Police/Fire

Emergency

Police - Business

Fire - Business

Dispatch

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The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or ommisions

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## CORTLAND NEWS - FEBRUARY 25, 2017 - CALENDAR

## **Community** *Events*

## EVENT CALENDAR FEBRUARY 25 TO MARCH 18

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. See pg. 2 and pg. 7

Lakeview Local School activities and sports schedules visit www.lakeviewlocal.org. American Red Cross blood donations, various dates. www.redcrossblood.org or 1-800-733-2767.

Cortland Branch Library events, See pg. 14

Free tax preparation, various dates and locations. See pg. 11

Johnston Senior Center offers hot meals Monday through Friday at noon. Lakeview Kindergarten Registration open. See pg. 22

Sutliff Museum exhibit: "The Language of Flowers" through July 2017. See pg. 16

The National Packard Museum's 17th Annual Antique Motorcycle Exhibit, "British Invasion," runs through May 27.

Vintage Valentines Exhibit, "Messages from Cupid: Vintage Valentines from 1840-1930," Sutliff Museum, Warren, through April 4.

Youngstown Nighthawks Soccer League, Cortland League schedule, visit https://www.facebook.com/ytownnigthhawks

#### **FEBRUARY**

- 25 "Mardi Paws" wine taste, Lil Paws Winery, 17547 Mahoning Ave., Lake Milton, 6 to 10 p.m. See pg. 5
- 25 Polish Carnival Celebration, Youngstown Country Club, 6:30 p.m. See pg. 19
- **28** Ohio Living Lake Vista free pancake breakfast, 9:30-11:30 a.m. at the Clubhouse, reservations must be made by Feb. 25 by calling 330-638-2420.

#### MARCH

- Bazetta Twp. Park benefit, 5-10 p.m., Quaker Steak & Lube, Cortland, See pg. 21 1
- **Registration due for Parental Information Program** regarding kindergarten 5 transition on March 9 from 6:30-7:30 p.m. at the Lakeview Elementary School, 2755 Bazetta Road N.E., Warren.
- 8 Community After School Program, sponsored by Christian United Methodist Church, 3 p.m. (close of school) to 5 p.m., Lakeview Middle School. See pg. 22
- "Beautiful Birds of the Diverse Mosquito Lake Area," Bristol Public Library, 4 8 p.m. and 6:30 p.m. See pg. 14
- The Friends of Cortland Library (FOCL) meeting, Cortland Branch meeting 8 room, 1 p.m.
- 16 Cortland Christian Church Soup and Sandwich Lunch, 153 Grove Street, Cortland, 11 a.m. - 1 p.m. See pg. 13
- 18 St. Stephen Parish, Luck of the Irish annual fundraiser, Ciminero's Banquet Center, Niles. Doors open at 5:30 p.m. Tickets 330-652-4396.
- 18 Spaghetti dinner sponsored by Opal Chapter #181 Order of the Eastern Star, 4-6:30 p.m., Cortland Masonic Hall, 3263 Everett Hull Road. See pg. 19
- 18 Trumbull County Women's History Celebration's "High Tea" brunch, National Packard Museum, doors open at 11 a.m.; program at noon, tickets: E. Carol Maxwell, 330-360-0901. See pg. 13
- 18,19 "The Wizard of OZ," Lakeview High School Raidel Auditorium, March 18, 7:30 p.m. and March 19, 3 p.m. See pg. 21

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#### Women from page 1

the idea that women were somehow less than equal to men. We wanted the world to open equally for us. The trailblazers had made us aware of discrimination in pay, the lack of career choices and even what we could, or couldn't wear to school or work. We wanted to open our own doors, including car doors. We burned our bras, went on strike and demonstrated. Many of us refused to date men who weren't accepting of our (then) "radical" views. As time went on, Boomer men became less chauvinistic and more enlightened (at least outwardly), and we settled down and started raising the next generation. We raise our daughters by telling them that they can be anything they want to be, that they should expect equal pay for equal work. Little by little attitudes about women are changing. Yes, we still have some major issues.

1960s, when these early Boomers came You can read about them every day. We of age, young women began rejecting know there are improvements that can happen for working mothers. There is no returning to "Leave It to Beaver."



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In this issue, you will find several stories about women. We are featuring Dr. Lynn Johnson and her pediatric office. Many of the parents of her patients remark that because she is a woman, she really connects with the challenges they face with childcare and working because she is right there in the trenches with them.

At the high school, several young women are making a difference in the lives of cancer patients by donating their hair. Others are excelling in sports, and many others look forward to entering college in the next few years to study for traditional and non-traditional careers.

Women's History Month activities are also announced in this issue. Don't forget, females are half of the population. Keep making a difference!

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#### CHILI FOR CHARITY A HUGE SUCCESS

## DR. LYNN JOHNSON, PEDIATRICIAN

Country Porch Winery's 5th Annual Chili for Charity Cook Off held on Jan. By Sally Lane 22, was a huge success. "Winners Choice" and "People's Choice" awards went to Phillip Wright. His charity, St. Jude's Children's Hospital, received a check for \$910, which represented combined donations and entry fees. Second place winner was J.R. Filimonuk, while Tracy Rolfe won third place. Eleven pots of chili were judged.





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Navigating through parenthood is best done with the help of a support team. Outside of family, friends and a good babysitter, one of the most necessary and valuable members of your team is a pediatrician. Besides when the child is ill, children need vaccinations and physical examinations for sports and parents often seek advice about parenting and their child's health. For the last nine years, Cortland has been fortunate to have Dr. Lynn Johnson, a pediatric doctor who is committed to keeping her young patients (ages birth to 18) well and proactive to potential health problems.

Not only is Dr. Johnson a boardcertified pediatrician, she is also a wife and mother. She graduated from the University of Cincinnati in 2000 and completed her residency at the University of Michigan C. S. Mott Children's Hospital in 2003 and returned to Trumbull County in practice with another doctor in 2003. Johnson opened her own practice in Cortland in 2008, when her twin daughters, now age 10, were toddlers, and then another daughter was born in 2010. She *knows* what it is like to be a working mother. She enjoys cooking,

traveling and spending time with her family. She totally gets the "work/life balance" issue that is difficult for so many parents today. She understands the stress the parents feel when a child is ill and they must work. "Often, we have grandparents, nannies or babysitters bring in the child," she said. "We are hiring a nurse practitioner, and hope to add longer hours on Tuesdays in the summer," she said.

Her office, located at 550 Trumbull Ave. in the Vasilios' plaza, is a busy one. She has had to remodel and add space and staff in the last few years. The office is open 9 a.m. to 5 p.m. Monday through Friday.

Since March is Women's History Month, I asked Dr. Johnson if it was difficult as a woman studying to become a doctor in classes filled with men. "It was difficult to earn respect," she said, "You had to work extra hard to prove yourself." Sometimes she is still thought to be a nurse even though her jacket says "Doctor." She said she corrects them with a smile, and just lets it roll.

Her advice to young women who might plan to become doctors: "Work hard NOW on your grades. Learn how to study, but enjoy your time." Good advice for all students.

### **MULLETS FOOTWEAR GRAND OPENING SALE**

-00

This is a sale that no one should miss! Mullets Footwear has doubled its space and created an atmosphere perfect for shopping. Their Grand Opening Celebration will take place Friday and Saturday, March 3 and 4.

On Friday, March 3, enjoy a 10 percent discount on all footwear from 8 a.m. to 7 p.m. and a 15

percent savings from 7 p.m. to 10 p.m. Participate in door prize drawings and other giveaways. On Saturday, March 4, enjoy free coffee and donuts and save 10 percent on all footwear from 8 a.m. to 4 p.m.

Whether it be a pair of shoes, boots, an item of clothing, hardware, birdfeeders and much more, do not make a purchasing decision until you have visited Mullets Footwear just east of Middlefield and west of



Mesopotamia on state Route 87 in the heart of Amish Country.

The folks at Mullets offer good oldfashioned service. They will measure your foot; recommend the correct size and style according to your needs offering more than 70 name-brand shoes and boots from which to choose.

Select from brands such as LaCrosse, Red Wing, Carolina, Danner, Wolverine, Rocky, Chippewa, Hush Puppy, Keen and SAS Shoes in sizes and styles for the entire family.

Mullets Footwear is located at 4853 Kinsman Road (state Route 87) in Middlefield 44062, one mile west of Mesopotamia. Cash or checks are accepted, no credit cards, please. Hours are Monday through Friday 8 a.m. to 5 p.m. and Saturday 8 a.m. to 4 p.m.

#### $P_{\text{AGE}}\,5$

## THE WOW FACTOR: WONDERFUL WOMEN-OWNED BUSINESSES

• (DGIwire) – Welcome to the wonderful world of super women running remarkable companies. Between 1997 and 2014, when the number of businesses in the United States increased by 47 percent, the number of women-owned firms increased by 68 percent – a rate one-and-a-half times the national average, according to the 2014 State of Women-Owned Businesses report. The report also notes that as of 2014, there were nearly 9.1 million women-owned enterprises, employing nearly 7.9 million workers and generating over \$1.4 trillion in revenues.

• Here are some of the most impressive and dynamic womenowned companies competing in today's marketplace:

• **Nasty Gal**: Started in 2006 by the sexy and brainy Sophia Amoruso out of her garage, this online retailer now reaches 60 countries and boasts more than 150 employees. Its signature tagline, "Nasty Gals Do It Better," immediately belies its young, hip demographic, and its clothes seem to fly off virtual shelves. Amoruso has also cultivated a savvy social-media presence, with more than 200,000 people following @NastyGal on Twitter.

• Endeavor: Endeavor is the brainchild of founder Linda Rottenberg. While Rottenberg was traveling in Argentina, she dreamed up the idea for this entrepreneur advocacy firm that now has 17 offices dotting the planet. A Yale Law School graduate, Rottenberg has one simple goal for the company: empower great people with great ideas. That mantra has worked remarkably

well as Endeavor has worked with thousands of entrepreneurs whose startups have generated more than five billion dollars of capital.

• Signature Genomic Laboratories: Though its name doesn't quite roll off the tongue, Signature Ĝenomic Laboratories is more concerned with science than swagger. In 2003, Lisa G. Shaffer founded the biotech company in an effort to provide much-needed research into the treatment of people with mental disabilities and autism. The numerous awards that have since been bestowed on Shaffer include being named Top Female CEO by Inc. magazine and making several Forbeslists. SGL has directly dealt with more than 25,000 clinical cases, making its achievements quantifiable with each patient.

• Atrium Staffing. When founder and CEO Rebecca Cenni started Atrium Staffing in 1995, she was adamant that it would be a staffing firm like no other. She accomplished this by focusing on her temporary workforce, a novel concept at the time that, to her, just seemed to be good business sense. Being one of the first firms to offer copaid benefits contributed to Cenni's success in attracting and retaining the most qualified talent on the market. The result has been 20 consecutive years of growth. A certified Women's Business Enterprise, Atrium has been able to successfully place their candidates in small, mid-size and Fortune 500 companies that have both contingent and direct hire needs. By adhering to her Applicant-Centric philosophy, Cenni has achieved what she set out to do.

## COLEMAN PROFESSIONAL SERVICES HOLDS RIBBON CUTTING FOR NEW LOCATION

Coleman Professional Services recently held a ribbon cutting celebration for the opening of its new location at 103 W. Market St. Warren.

"This new location is important to our customers as it provides easy access to services and is located on historic Courthouse Square where the location is easily recognized. This additional space allows us to provide more clinical services and keeps our two locations close to each other in the downtown area," said Tammy Weaver, Coleman vice president and chief officer for Trumbull County. "We are excited to be a part of the revitalization

of the downtown Warren area."

The increased in space enables Coleman to more efficiently serve its clients in Trumbull County. Coleman has provided behavioral health and rehabilitation services for the Trumbull community since 2006. Located across from the courthouse in downtown Warren, services at this location will include psychiatry, counseling, diagnostic assessment, crisis intervention, housing placement, peer support and employment services. Coleman's other location in Warren, 552 North Park Ave., continues to serve clients.

## SHORTREED & ASSOCIATES - AMERIPRISE FINANCIAL OPEN & WELCOMING NEW BUSINESS

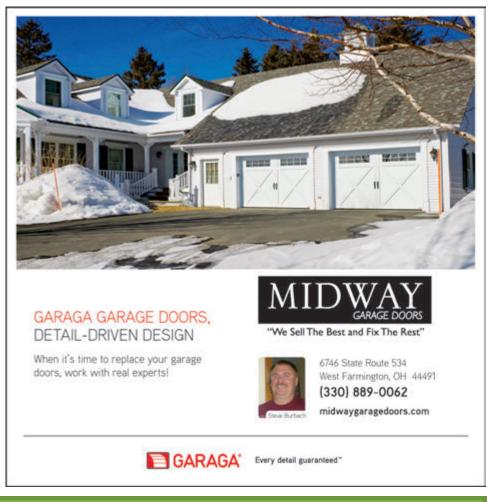


Shortreed & Associates, 3378 state Route 5 in Cortland, recently opened its new addition. Construction on the existing building began last August was completed at the end of November. The new construction added five new offices, four additional conference rooms and one additional ADA restroom. In total, new construction added over 2,500 square feet to the existing office space.

Shortreed & Associates found the need for the addition for a variety of reasons including the growth of the business and adding additional advisors and operations team members to ensure client service is exceptional. The team now boasts five financial advisors and five operation team members.

"We value the team approach in order to provide a contingency plan for our clients. If one of us is out due to illness or personal time, there should be no lack in response or service to our clients," said Tom Shortreed. "Our client's needs do not get put on hold in a team-based financial practice. A team also provides our clients a pool of different perspectives, experiences, and backgrounds. Instead of relying on one advisor's input – our clients have access to five.

"We are honored that this area has supported Shortreed & Associates-Ameriprise Financial so well over the years. It is a pleasure working with the local businesses, schools, and community members. We look forward to continuing those relationships," he concluded.





Who doesn't love Mardi Gras? To celebrate Mardi Gras, Legacy Dog Rescue is holding a "Mardi Paws" wine taste. The event will be held on Feb. 25, at Lil Paws Winery, 17547 Mahoning Ave., Lake Milton from 6 to 10 p.m. Admission is \$10 for the wine tasting, appetizers, desserts and classic Mardi Gras fare. There will be a prize for best dressed, and a fantastic Chinese auction. There will also be live music at 7 p.m.

Proceeds will help Legacy Dog Rescue, a local 501(c) 3 nonprofit group, to save and rehabilitate dogs that have been abandoned, abused or neglected, and place them into loving homes.



#### Page 6

### CORTLAND NEWS - FEBRUARY 25, 2017 - BUSINESS



SAT. MAR 4; 8a-4p: 10%OFF All Footwear Hrs: Mon-Fri 8-5; Sat 8-4 CASH OR CHECK ONLY-SORRY, NO CREDIT CARDS



## Bob Greenwood honored for 50 years of service with Grange

Congratulations are in order to Bob Greenwood Sr. for 50 years of service with Grange Insurance. In 1967, he and longtime Cortland resident Tom Williams were appointed to be agents for Grange Insurance. Bob is honored to be one of just a few to have met this milestone.



## **BUSINESS NEWS AND NOTES**

#### By Thom Foley

**Vasilio's Pizza and Restaurant** has a new website. You can check it out at www.vasiliosdining.com. You can download the regular menu and the banquet menu, apply for a job, buy their great homemade sauce (or find where else it is sold) and much more. The pictures alone will make you hungry!

**Cortland Playroom** is taking registrations for their summer programs as well as the fall school year. HURRY as there are limited openings for both. Another great business that has serviced the area for decades.

**Jody Sova** sold the house across the street from me ....She can sell yours, too. Or help you find a new one.

**Beef'O'Brady's** is celebrating St. Patrick's Day like nobody else can. Make your plans now. They also have Karaoke every Thursday night. Stop in and show everyone your hidden talent!

**Belleria Pizza & Restaurant** has remodeled and now has a full dining room. Stop in for a great meal.

**Cortland Lanes** has COSMIC BOWLING every Friday and Saturday night. I suggest you reserve a lane as they fill up fast.

**Furniture Décor and More** is hosting a SPRING OPEN HOUSE on Saturday, March 4 from 10 to 5. Stop in to see what they to offer. One thing I've learned about them – "If you miss a day ... you miss A LOT!" Always something new.

Did you know that the **Lake Tavern** is actually a FAMILY RESTAURANT? Don't let the name fool you. One of the best menus around and their food is always fresh and made to order.

**Auntie V's Pizzeria** is back from vacation and wants to welcome you back also. See their ad for a great offer.

**Lou Wollam Chevrolet** does maintenance on all makes and models, foreign or domestic. Their service department has over 4,000 Service Training accreditations.

**Mackenzie's Catering at GardenBrook** can handle whatever size party you have. Either at your place or theirs.

I'll be going to **Action Physical Therapy** after the surgery on my broken wrist. They can help you get back into top shape also. Check them out.

**Campbell Carpet** is our community's oldest flooring business. They have been servicing the Cortland and Bazetta area for over 50 years. High quality carpet at very competitive prices.

**Cortland Mower** still has some snow throwers in stock as well as a full line of mowers. With this Northeast Ohio weather, you might need both in the same week!

**Noble-Reynolds Insurance** is a certified ERIE dealer. They can help you with home, auto, life, farm and business insurance. See a professional.

**The Sweeperman** does repairs and sells new floor cleaning tools. Locally owned and they service what they sell ... plus what 'the other guy' sells.

## TCAP WINTER CRISIS PROGRAM

# Make a New Years Resolution to get your finances in order for 2017!

Q: Need a book keeper but not full time? A: Let our accounting dept. do as much or as little of your accounting and backroom work.

Q: Got a shoe box full of receipts that need recorded and no time to do it? A: Let us get you organized and automated.

Q: Need part time or seasonal help but can't find anyone reliable and knowledable? A: We provide as needed services.

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Marie Hillman

B.A. Kent State University Master of Taxation - U. of Akron Cell - (330) 307-9076 mhillman124@gmail.com Trumbull Community Action Program (TCAP), 1230 Palmyra Road SW is announcing that utility bill assistance under the Winter Crisis Program is available through March 31. The program helps eligible households avoid utility disconnection; restore disconnected service; establish new service; and purchase fuel oil, propane, coal and wood.

Walk-ins are available all day on Mondays. Tuesday through Friday, walk-in customers that arrive between 7:30 and 10:30 a.m. can be seen each day before noon. Appointments for weekday afternoons can be scheduled by calling 1-866-747-1041. Callers must wait to receive a confirmation number to secure the appointment.

Applicants that cannot apply at the TCAP Warren office can apply at one

of four satellite sites by appointments only from 9 a.m. – 3 p.m. Contact the following:

Mondays: City of Hubbard Municipal Building – 330-393-2507 ext. 229, 220 West Liberty St., Hubbard, OH 44425

Tuesdays: Niles Community Services – 330-393-2507 ext. 227, 401 Vienna Ave., Suite 2, Tiffany Square, Niles, OH 44446

Wednesdays: Newton Falls Methodist Church – 330-393-2507 ext. 232, 334 Ridge Road, Newton Falls, OH 44444

Thursdays: Tod's Crossing Senior Living – 330-393-2507 ext. 230, 1330 Blakely Circle SW, Warren, OH 44485

For all other questions and additional information call TCAP at 330-393-2507 ext. 225.



By Terri Barnovsky, administrative assistant

#### 2016 Drinking Water Consumer **Confidence Report**

The City's annual Drinking Water Consumer Confidence Report is now available. The Ohio EPA requires the city to make available to all water consumers by July 1 of every year the results of the previous year's testing. The CCR is mailed in the water bills and can also be accessed at our city website. The city had no violations of any contaminant in 2016. The EPA's schedule of compliance dictates the contaminants and frequency of testing. The city performs bi-weekly screening of the distribution system for bacteriological presence.

The City of Cortland receives its drinking water from seven wells. Four of these wells are located in Willow Park,

two wells are located on the property behind City Hall, and the seventh well is off of Bradley Brownlee Road. Our water comes from a limestone aquifer, which is approximately 300 feet deep. The only treatment the city performs is fluoridation and chlorination.

#### Spring Clean-Up

Spring Clean-Up has been scheduled for April 27 and 28. This service is provided for residential customers of Republic Services within the City of Cortland. Items will be picked up with your regular trash.

#### Dates to Remember

March 6 – City Council – 7 p.m. March 13 – Parks Board – 5 p.m. March 13 – Planning & Zoning – 7 p.m. March 20 - City Council - 7 p.m.

#### MAKE TIME FOR FAMILY MEALS

 $\checkmark$ 

(Family Features) Juggling jobs, kids and the demands of a busy, modern life often come at the expense of family mealtime at home. Even though life never seems to slow down, now is the perfect time to renew your commitment to creating and serving meals at home that nourish your kids' brains and help them flourish.

Not only is time together around the table an opportunity to catch up and reconnect, numerous studies provide evidence of the positive, lifelong benefits of family meals. Regular family meals are linked to the kinds of outcomes that ensure a bright future for children: higher grades and self-esteem, healthier eating habits and less risky behaviors.

For example, according to research published in the "Journal of Pediatrics," kids and teens who share meals with their families three or more times per week are significantly less likely to be overweight, more likely to eat healthy foods and less likely to have eating disorders.

Other studies have shown that children who grow up sharing family meals are more likely to exhibit positive social behavior as adults, such as sharing, fairness and respect.

On the other hand, research also suggests that aside from missing out on the benefits, families that share fewer meals together can also experience adverse effects when it comes to certain risky behaviors. A study on the relationship between certain family characteristics and adolescent problem behaviors, published in the "Journal of Adolescent Health," found that teens who have infrequent family dinners (fewer than three per week) are 3.5 times more likely to have abused prescription drugs or have used an illegal drug; 2.5 times more likely to have used tobacco and 1.5 times more likely to have used alcohol.

Commit to having one additional meal with your family each week at home. It doesn't matter whether it is breakfast, lunch or dinner. The benefits are the same. After a month, you may be surprised by how easily your new commitment has become a habit for the entire family.

• Rely on the resources available at your local grocery store. Even when vou don't feel like cooking, there are countless meal-planning solutions such as pre-prepped fresh ingredients, delicious ready-made entrees and wholesome heatand-eat dishes.

• Make meal planning a family affair. List each family member's favorite foods in each of the main food groups and see how many combinations you can create. Then ask your children to accompany you to the store to help select the ingredients (and use the trip for ageappropriate learning, such as comparing prices, reading labels, etc.).

• Save time by engaging the whole family in meal preparation. Even the littlest hands can help with tasks like setting the table.

Set a regular meal time so you can plan other activities around it. Sit around the table, turn off the TV and put away phones and electronic devices. Keep the focus on each other.

Learn more about the positive impact regular meals at home together can have for your kids' emotional, intellectual and physical well-being at nationalfamilymealsmonth.org.





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Meal planning

Planning for family meal time can be tough, but it doesn't have to be. Promoting one more family meal each week is an educational program created by the Food Marketing Institute Foundation and the nation's grocery stores. Take the stress out of planning and preparing family meals with these tips and begin reaping the benefits of more time together around the dinner table:

Spring is just around the corner! Punxsutawney Phil actually said: "CALL JODY!!"

> Jody Sova, GRI, ABR VM/Cell 330.727.1609 thehousegirl@hotmail.com



FOR THE BEST WAY HOME, GO NORTHWOOD<sup>51</sup>

#### **New Officer Sworn-in**



William Fowler was sworn-in as a part-time officer with the Cortland Police Department on Jan. 31. William lives in Warren and has worked part-time for Warren Township Police since 2015. He will begin training with the Cortland Police Department and be put into the shift rotation approximately in two months.

## **R**ED CROSS TAKING NOMINATIONS FOR ACTS OF COURAGE AWARDS

to nominate a hero is April 30.

Heroes are individuals who without thought to their own safety or well-being Acts of Courage event on June 14.

Heroes come in all shapes and sizes. act to save a life. A hero may be living in The American Red Cross hero nomination your own community. Please nominate so process is now open. To nominate a local we can celebrate bravery and heroism right hero to the prestigious Acts of Courage in our own back yard. Acts of Courage is event, contact the American Red Cross at a celebration of heroism, patriotism and 866-319-7160 or 330-392-2551. The deadline reflection about the work of the American Red Cross and those we serve.

Heroes will be honored at the annual

## **ODNR** REMOVING HAZARDOUS TREES AT MOSQUITO LAKE STATE PARK

The Ohio Department of Natural Resources (ODNR) has removed hazardous trees from Mosquito Lake State Park that are now available for collection from now until Sunday, April 30. Free firewood may be collected seven days a week during daylight hours in the park office area and campground area of the park. These areas are clearly marked with yellow collection permits.

Only firewood cut by the ODNR staff and located at the designated park pick-up areas may be collected and removed. Removal of any standing or fallen trees outside of the designated pick-up areas will be prohibited.

Many of the trees that were removed have been affected by wood decay. The trees are rotting out from the inside significantly reducing their stability, creating hazards to life and property. The trees at Mosquito Lake State Park that have been affected by rot pose a public safety concern for park visitors and campers.

Use of chainsaws, log-splitters, axes, mauls, as well as any other hand tools or powered equipment for further processing of the firewood at or adjacent to the collection area will be permitted. Vehicles must remain in the designated parking areas.

Firewood will be available on a first-come, first-served basis, and the department makes no guarantee that the supply will be available for the full duration of the designated timeframe.

### **RUSSELL GIRT'S MUSICAL LEGACY**

By Candice Girt-Stojkov and Sally Lane

Russell Girt's musical journey began at age three or four when he learned enough chords on a ukulele to play and sing folk tunes with his uncle, but it was when he was in grade school that he found his true love – the clarinet. His musical talent was apparent almost immediately and he began studying with Vincent DeMatteis, a gifted musician from Italy who immigrated to Ohio to lead the Ohio Leatherworks Band in the 1930s. He thrived under the direction of DeMatteis, who taught him the legitimate classical clarinet style of playing. Before Russell was 15 he became the second chair clarinetist in the Youngstown Symphony Orchestra, and is believed to be the youngest member ever to enjoy professional employment with the YSO. After that, at age 17, he was hired to play in the Official Armco Steel Band, under the direction of Dr.



Frank Simon, who had been a student of John Philip

Sousa. It was this man who arranged a full-ride scholarship for Russell to attend the Cincinnati Conservatory of Music after he graduated from Girard High School in 1944. This was a pivotal point in his life, and he openly discussed his gratitude throughout his entire life.

In the 1940s to 1950, Russ performed with many Big Bands (both Dorsey brothers) and many more. He enlisted in the Army and was a clarinetist with the famed 50th Army Ground Force Band, which performed on the White House lawn in 1946. From there his was active in orchestras from Virginia to Kentucky, to Ohio, as well as in back up orchestras for nationally acclaimed entertainers Jerry Vale, Red Skelton, Katherine Grayson, Roy Clark, Guy and Ralna, and many more too numerous to name. The number of shows he played defies belief. He performed professionally for over 75 years. The 1950s found him as Junior Faculty at Cincinnati Conservatory of Music, before

moving to Virginia to become music director of Newport News High School. He also taught in Ohio at Bethel Tate Schools and a half year at Hubbard.

In 1956, the Bazetta and Cortland's school districts consolidated, and Russell accepted the position of Supervisor of Music Programs for the Lakeview School District. He founded the high school band, choirs, Elementary and Middle School programs and held this position until he retired in 1982.

As a woodwind specialist (clarinets, saxophones, flute/piccolo). Russ played jazz, Dixieland, in "pit" bands, including for The Kenley Players and Theaters in Ohio and Michigan, Dayton and Columbus, and in the acclaimed W. D. Packard Bands. He retired from the W. D. Packard Band July, 2014 at the age of 87.

As a music teacher, he influenced countless students, conducted countless school band and choir events, and was active in musicians' and music teachers' professional organizations. His groundwork at Lakeview launched the excellent music programs

continue today. On Feb. 3, 2017, Russell passed away just a month short of his 90<sup>th</sup> birthday. Survivors include his daughters, Candice Girt-Stojkov of Cortland and Wenda Girt-Bodley of Warren, their husbands, six grandchildren, and five great-grandchildren. He

was preceded in death by his wife, Janice Dietz Girt and one brother. The family has established "The Russell S. Girt Memorial Music Scholarship" as a fitting memorial for their father. Checks are payable to: Cincinnati Scholarship Foundation with the memo stating "Russell S. Girt Memorial Music Scholarship Fund." The mailing address is C. S. F., 602 Main St, Suite 1000, Cincinnati, Ohio 45202. His address is C. S. F., 602 Main St, Suite 1000, Cincinnati, Ohio 45202. His scholarship will be dispersed in perpetuity, specific to terms for students attending Cincinnati Conservatory of Music (OH), his alma mater. The family of Russell Girt will be attending a live music concert featuring the W. D. Packard Band, March 12 at 3 p.m., at W. D. Packard Music Hall, Warren. The family invites guests to join them in enjoying this free public concert in remembrance of Russell S. Girt.





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When you or your loved ones are confronted by an intruder, a robber, carjacker...or worse, will you be prepared to protect them?

As a lifelong Cortland resident and an NRA, State of Ohio certified intructor I have been teaching firearm competency to your friends and neighbors for years. You do not need to be "a gun nut" or even a gun owner to take this class. Neither do you need to obtain a Concealed Carry Permit upon completion although you will be eligible to do so and many do. I will teach you all about handguns including how to feel safe and confident handling them. Your enrollment is safe, secure and confidential. Call me for more information or enrollment. Bob Woofter, 330.442.9669.



Believe it or not, spring is rapidly approaching and spring blooming trees will once again make our yards, neighborhoods and cities beautiful. All living plants give off the oxygen we breathe, and a large amount is given to us by trees, and that is a most important benefit we gain from trees. A tree planted on the south or west side of our house can help cool our home in the summer. This same tree, by dropping its leaves in the fall can help warm is said to be tougher than the dogwood, our home by allowing the warmth the bloom more dependable than the of the sun's rays to enter through the windows during the cold winter months. And trees remove carbon dioxide and other greenhouse gasses, which helps cool the earth. A mature canopy tree absorbs enough carbon and releases enough oxygen to sustain two fragrant creamy white or pale yellow of us humans.

and provide more than a canopy of foliage. Here is my list of trees that offer something extra; some have flowers before their leaves emerge, others display their blooms against a foliage backdrop, and some will provide flowers plus showy fruit and even a strong fragrance. Without a doubt the loveliest of our spring-flowering trees Magnolia, my favorite! I think every are native to North America!

The much loved flowering dogwood (*Cornus florida*) is native to forest edges from Maine to Florida and west to Kansas, blooming in April. The Pagoda dogwood (*C. alternifolia*) is an east coast native and bears fragrant lacy white flowers in late spring. There is an Asian species that starts blooming a month later and brings color to the summer garden, Kousa dogwood (C. kousa). Dogwoods produce red berries in the shaped flowers in shades of white, pink fall along with good leaf color. The Kousa's berries resembles strawberries.

Eastern redbud (Cercis canadensis) blooms mid spring and is often multistemmed with heart-shaped leaves and purplish/pink blooms on bare gray branches. Blooming redbuds are a glorious spring sight and real attention is my wish list of ornamental trees for getters when compared to the subtle the home landscape. Just in time for white, cream or pink blooms of other Arbor Day, April 28! small native trees. An easy to grow small tree.

second fiddle to the better known a Cortland resident.

dogwoods, magnolias, flowering cherry and Bradford pear, it is considered "the best native tree not grown" by Michael Dirr, the notable American horticulturalist. Honey scented white blooms appear for two weeks before the leaves on the fringe tree (Chionanthus *virginicus*) and in such quantity it looks like a blooming cloud. It is native to Eastern United States from New Jersey to Florida west to Texas, and magnolia, longer lived than the cherry and more fragrant than the pear.

The American linden tree (*Tilia americana*) is a medium to large tree desirable as a landscape tree for its large stature, shade canopy and the flowers. The bloom time is late June to Ornamental trees can do all that mid-July and the flowers are noticeably inconspicuous for an ornamental tree, but they don't have to be, their spicy scented flowers are sweet and farreaching. There is also a Silver linden (T. tomentosa), which is a great street tree along with being a good landscape tree, and also very fragrant.

Last, but not least, the Sweet Bay yard should have a magnolia. Sweet Bay (Magnolia virginiana) is a small patio or specimen tree blooming in June. The flowers are never threatened by frost and are very, very fragrant. You will know when it is in bloom! The flowers are creamy white and look and smell like gardenias. Later there is great red seed color. My other favorite magnolia is the deciduous saucer magnolia (M. soulangeana), with the beautiful cupor purple surrounding a yellow center. They bloom early with the daffodils and the early rhododendrons and are often frost killed. But, one spring with a full bloom should make you forget the disappointment of lost bloom in years past. One beautiful tree! So there

Happy gardening!

Kathleen Ferris is a Trumbull County The American "fringe tree" plays Ohio State Extension Master Gardener and





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## **TNR** SPAY/NEUTER CLINIC

TNR of Warren will hold a low cost spay neuter clinic for 110 cats on March 25 and 26 at Pets are People, Too, North Park Avenue, Warren. It is open to all low income residents with pets and stray, feral and barn cats. The cost is \$45, for low income households, which includes a rabies shot and \$25 for any outside cat – no income restriction. A rabies vaccination is also included.

Come to Panera Bread on Elm Road in Warren, Wednesday, March 1 from 4 to 6 p.m. to register and pay. You can also download and print the registration form at throfwarren.org on the Rascal Unit Clinics tab and mail to TNR of Warren, P.O. Box 2477, Warren, OH. There is one form per cat. Any question call 330-330-8166.





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By Chief Tom Andrews, Cortland Police Department

After a few years doing police work, we start to develop an inner alarm when people tell us certain things. This isn't some magical cop sense only bestowed on police, rather the same trigger effect most occupations have when they begin to see patterns in behavior. Some examples:

Officers get a call about four young people walking in the roadway and causing damage to a mailbox. It is 2 a.m. on a Saturday night and as the officers arrive, the group scatters. Eventually the officers round up the juveniles and, as their stories don't make sense, start to call parents. Here's where the alarm goes off. It is not infrequent that the parent was asked and gave permission for their child to go to a certain home for a sleepover only to find out it never happened. In fact usually we find that all of the juveniles claimed each other as the sleepover location, thus allowing them all to roam. Sometimes this is a non-criminal event such as when the boy uses this ploy to end up with the girlfriend but it usually does not end well for him either way.

Having been involved in this as both the "offender" as well as the enforcer, I can attest that sometimes the parental punishment exceeds that imposed by the court. Parents- trust your kids but verify. Your kids are not that different from you so think about some of the things you got away with (or didn't) when you were that age and



don't assume times have changed all that much.

Another example. An elderly woman calls us and tells a long story about a subject she began to correspond with but now she needs help as she already sent him \$5,000 and thinks it is a scam. It is- and happens in so many ways. We see more and more theft by deception via computer, mail and phone today than we have in the past. You can educate yourself on the newest scams that come out each year but there are usually some common threads that run through all of them.

If a person/business wants money for something you did not intend to buy, donate or give, - this should sound the alarm. This is especially true if your original involvement had nothing to do with money. The request may also take the form of needing help with a plane ticket to come and visit, freeing up your winnings by sending a small amount of money to cover paperwork or shipping costs, had an accident and now need hospital funds, and so on. If a person wants you to send them money via Western Union or by obtaining a money card from a local convenience store- an alarm should sound. This is usually coupled with detailed instructions on where you can go locally to buy this card. We have even seen maps directing people to the Walmart on Elm Road to use Western Union services.

Unfortunately these problems often effect our elderly population so please speak with your older loved ones about the possibility of scams. This problem has secondary effects on the family as we see some elderly adults continue to respond and send more money even after both the police and children have proved that it is a scam. Loneliness or empathy by our elderly population is also what makes them so vulnerable. We encourage anyone to call us and ask about a suspicious situation. Usually, we can tell them how the story ends before they finish. As a side note, with tax return season on us the IRS scam will increase. If you get a call from someone claiming to be an agent with the IRS it is 99.9% a scam. Eventually they will threaten arrest unless you send money. Just hang up and they will move on. Authorship of this column alternates between the Corfland and Bazetta Police Departments.



Mark your calendars – Rotary Golf Classic to be held in July

It's not too early to mark your calendar for the 28<sup>th</sup> Annual Rotary Club of Cortland Golf Classic. The date has been set for Wednesday, July 19. There will be a noon shotgun start and will be held at Tamer Win Golf Club in Cortland. More details to come.

#### **EXPANDED FREE TAX PREPARATION AVAILABLE** IN TRUMBULL COUNTY

Why pay to get your taxes prepared walk-in. and filed when you can have it done for free? The members of the Trumbull County Partnership for Financial Empowerment have joined together with Trumbull Business College, the Emmanuel Community Care Center and Trumbull Community Action Program (TCAP) to expand the availability of free tax preparation by trained tax preparers.

Free tax preparation through the Partnership for Financial Empowerment will be available at those three new locations at convenient dates and times. Both the Trumbull Business College and TCAP sites will conclude by March 4 with a "last chance" scheduled for Saturday, April 8 at the Emmanuel Community Care Center in Girard. All sites require an appointment. Walk-in filers may be accepted but will be on a first-come, first-serve basis after filers with appointments. Because it may take up to one hour to complete the tax forms, the last appointments will be made one hour prior to the closing time of the tax site. These new sites are designed for filers under the age of 59 and for those whose annual income is \$50,000 or below. SCOPE/AARP Tax Aide sites continue to serve those 60 and above.

According to the IRS, each filer who uses a free tax program will save an average of \$200. Not only do filers save the fee of a professional tax preparer, they can also avoid a charge, plus interest, to cash their check in exchange for a loan. The service is totally free and there is no charge for transmission.

Filers must bring a valid photo ID, Social Security cards for themselves and all dependents, a copy of last year's federal and state returns, bank account information for direct deposit, all wage and earning forms (W2, 1099, etc.); interest and dividend statements from banks, Affordable Health Care statements (Forms 1095-A, B, or C) and any other tax-related forms such as child care expense, education, etc. at the time of their scheduled appointment or

Sites in Trumbull County include: Community Emmanuel Care

Center, 2 N. State Street, Girard Sat., Apr. 8, 9:30 a.m.-1:30 p.m.

Appointments preferred. 330-545-4301

Howland Twp. Building-AARP Tax Aide Site, 205 Niles-Cortland Road SE, Warren

By appointment: 330-399-2492 or 330-306-9577

Tuesdays: 9:30 a.m.-12:30 p.m.

Lordstown SCOPE-AARP Tax Aide Site, 1776 Salt Springs Road, Lordstown

By appointment: 330-399-2492 or 330-306-9577

Thursdays: 9:30 a.m.-12:30 p.m. Niles SCOPE-AARP Tax Aide Site,

14 East State St., Niles By appointment: 330-544-3676 Fridays: 9 a.m.-2 p.m.

Trumbull Business College, 3200 Ridge Road, Warren

Appointments preferred, 330-369-3200

Through March 4; Mon.-Thurs. 3-5 p.m. and Fri. 9 a.m.-4 p.m.

Trumbull Community Action Program, 1230 Palmyra Road SW, Warren

Through March 4

Appointments preferred, call Vanessa at 330-393-2507, ext. 275.

Park in the west end of lot

Mon.-Thurs. 4:30-7:30 p.m. and Fri. 12:30-6:30 p.m.

Warren SCOPE-AARP Tax Aide Site, 220 W. Market St., Warren

By appointment: 330-399-2492 or 330-306-9577

Mondays - Fridays 9 a.m.-noon, Tuesdays: 4-7 p.m.

Please bring a valid photo ID, Social Security cards for yourself and all dependents, copies of last year's federal and state tax returns, income information and W2s, taxes paid, and your 1095-A, B or C if Affordable Care Health Insurance was purchased through the Marketplace and bank account

## MISSING - FOUR SEASONS GARDEN CLUB COOKBOOK

#### By Debbie Williams

Garden Club held a fundraiser

Many years ago the Four Seasons celebration will be the sale of a new cookbook, which is in part, why we selling cookbooks throughout the are looking for the older cookbooks.





Cupcake is a 5-year-old Labrador Retriever/Pit Bull Terrier mix. Cupcake and her litter of puppies were surrendered by their previous owner. Cupcake's puppies have all found new homes! Cupcake is a very sweet and friendly girl that gets along great with other animals. She was selected to be part of the Caring Companions Program and is spending nine weeks learning basic obedience and commands like sit, down, stay and many more. She entered the program

on Jan. 25. When Cupcake comes back from CCP, she will also be housebroken, crate trained and will walk well on a leash. She is available for pre-adoption. Cupcake's adoption fee is \$200 and includes her training as well as her spay, vaccinations, heartworm testing, microchip and more.

Rupert is an 8-year-old domestic longhair. Rupert was found in the same area as his friend, Rooney, but Rooney has been already been adopted. He was found as a stray and brought to AWL to find a new family. Kupert is very loving and loves to get affection. He is outgoing and sweet to everyone he meets.. Rupert's adoption fee is \$20.17 and includes his neuter, vaccinations, FeLV and FIV testing and a microchip with registration.



Shelter hours are Tuesday through Saturday from noon to 6 p.m. Adoptions close at 5:30 p.m. The shelter is closed on Sundays and Mondays. AWL shelter is located at 812 Youngstown Kingsville Road SE in Vienna, across the street from Avalon at Squaw Creek. For more information call, 330-539-5300 or visit www. awlrescueme.com.

#### "AWL Adopt A Pet" Brought to you by





city. The club is now looking for some of these older cookbooks. Were you, your mother or grandmother a member of the Garden Club at one time and saved this cookbook? Or, were you fortunate enough to purchase one of these books and still have it? If so, we would like to hear from you.

Not familiar with us? We've been here for years! In fact, the Four Seasons Garden Club of Cortland is excited to announce this year we will be celebrating our 50<sup>th</sup> anniversary. It's hard to believe that our first meeting was held in October 1967 and is still going strong 50 years later. Planning is underway for a year-long celebration with multiple activities, many of which the community will be invited to participate. Part of this

As a non-profit organization, our members gather monthly to plan activities that generally revolve around some aspect of gardening, in some way enhance the beauty of our community or help our neighbors. Some areas that have been enhanced by the organization that you may have noticed include the flags on the Kings-Graves Road bridge over state Route 11, the flags that fly throughout the city in the summer, regular cleanup at Willow Park, adding to the landscape at Lake Vista, and donating to charities in Cortland and the area.

you would like more If information about us, would like to attend a meeting or have one of the older cookbooks please cortlandfourseasons@gmail. email com or call 330-637-7489.





PAGE 12

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## **OUR FOOD IS ALWAYS FRESH AND MADE TO ORDER!**



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Try our NEW WRAPS!

**Roasted Pepper • Tomato** Curry • Wheat • Spinach

Our award winning, never frozen Burgers!



Ground Fresh, hand packed with Certified Angus Beef

February Burger of the Month Wild Wild Wes Burger!

## **Sunday Pasta Specials** at the Tavern

Spaghetti/Meatballs Chicken Parm Pink Sauce Marinara Add Chicken or Shrimp Other Pasta Specials Come check them out!

# NMING BA

Feb 24 Jeff

Mar 10 Andy Timko

## WARREN REPUBLICAN WOMEN MEMBERS ATTEND INAUGURATION

Members of the Warren Republican Women's Club attended the inauguration of Donald Čathy Lukasko, Regina Trump. McManus, Barbara Rosier-Tryon, Bobbie Shields, Judie Shortreed, Cathy Stocz, JoAnn Szczyglowski and Mary Theis traveled as representatives of the Warren Republican Women's Club to Washington for the event. Also on hand was the club's Girl's State Representative Hannah Emerson.

Warren Republican Women's Club is a member of the Ohio Federation of Republican Women's Club and the National Federation of Republican Women. Membership information can be obtained by contacting Barbara Rosier-Tryon at 330-550-1215.

Pictured are Barb Rosier-Tryon, Cathy Stocz, and Jo Anne Szczyglowski.



## New commander of 910<sup>th</sup> Airlift Wing **ASSUMES DUTIES**



The 910th Airlift Wing welcomed back Col. Daniel J. Sarachene as he returned to become the next commander of the wing and the installation commander of YARS. Col. Sarachene assumed his duties during an Assumption of Command Ceremony on Feb. 4. The ceremony was presided over by Maj. Ĝen. John P. Stokes, Commander of 22nd Air

Force, Dobbins Air Reserve Base, Georgia.

Col. Sarachene returns to YARS after his most recent assignment as Vice Commander of the 914th Airlift Wing, Niagara Falls Air Reserve Station, New York. Prior to his assignment at Niagara Falls ARS, Col. Sarachene was assigned to YARS from 1992 to 2014. During that time, he served as a pilot, instructor and evaluator pilot, chief pilot and commander of the 910th Operations Support Squadron, 773rd Airlift Squadron and 757th Airlift Squadron respectively.

Col. Sarachene, a long-time resident of Austintown, is the first Mahoning Valley resident to take command of YARS since at least 1981 when the 910th Tactical Airlift Group (later the 910th Airlift Group then the 910th Airlift Wing) began flying the C-130 "B" model cargo aircraft.



asking motorists to help keep their fellow drivers and law enforcement officers safe by following Ohio's Move Over law. From 2012-2016, Ohio State Highway Patrol cruisers were involved in 73 crashes that appear to be related to the Move Over law. These crashes resulted in deaths of two civilians, 24 injured officers and 32 injured civilians. According to the FBI, from 2006 to 2015, 93 law enforcement officers across the United States were struck by vehicles and killed while working. Ohio law requires all drivers to move over to an adjacent lane when approaching any vehicle with flashing or rotating lights parked on the roadside. If moving over is not possible due to traffic or weather conditions, or because a second lane does not exist, motorists should slow down and proceed with caution. The Move Over law now exists in all 50 states.

The Ohio State Highway Patrol is Alcohol and/or drugs played a role in 19 percent of move over crashes, and wet roads or those covered in snow or ice accounted for 59 percent of these crashes. The vast majority of crashes, 82 percent, occurred on interstate, U.S. and state routes. Troopers wrote 12,179 citations for violations of the move over law from 2012 - 2016. "By moving over, motorists are helping to protect the lives of everyone who works on or uses our roadways," said Lt. Brian Holt, Warren Post Commander. "It's not just the law; it's the right thing to do." To view the statistical analysis regarding our safe driving awareness month visit http://statepatrol.ohio.gov/ doc/MoveOver\_Bulletin\_2017.pdf As always, the Patrol asks drivers to call #677 to report impaired drivers or drug activity.

Prick Clark Store and a					
Feb 25	Free Jukebox	Mar 11	Free Jukebox		
Mar 3	Jeff	Mar 17	St Patrick's Day		
Mar 4	Free Jukebox	Mar 18	Gary Pirrung		
Visit o	our website at	www.thelak	etavern.net		
JOIN	US FOR TH	ESE UPCO	MING EVENTS		
Feb 28	Fat Tuesday -	Jambalaya			
13. Mar 19. Mar	St. Patrick's I		oke		
	Corned Beef & Cabbage, Reuben Sandwich,				
	Reuben Rolls				
CERTIFIED ANGUS BEEF	Visit us on Facebook	www.thel	aketavem.net		

CORTLAND NEWS - FEBRUARY 25, 2017 - FAITH

#### PASTOR'S PEN February 2017

By Pastor Don Barnes

#### My soul is consumed with longing for your laws at all times. Psalm 119: 20

Bought an IQ Nutri Ninja Blender That's code for: healthy System. diet. The Nutri Ninja is a "Cadillac" blending system that turns fruits and vegetables into delicious smoothies and scrumptious salads. It required a significant financial outlay, but we anticipate a significant return on our dollar. Lorra and I are determined to lead a healthier lifestyle and that begins by addressing what we put into our bodies. Apples, green peppers, strawberries, mangos, celery, tomatoes and avocados - here we come. Work your magic. Convert these "dry bones" into healthy, physical specimens.

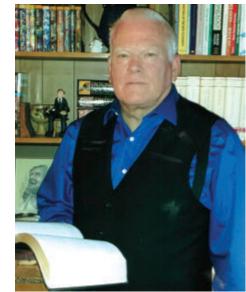
Psalm 119 is an alphabetical acrostic, each chapter begins with a letter from the Hebrew alphabet (to put it in modern parlance: A is for all the love I can offer; B is for the beauty of your smile; C is for constant thoughts about you; etc., etc.). In Psalm 119, the psalmist waxes eloquent in regards to the deep love he has for the word of God - his deep yearning to understand and live out its precepts. He longs to be spiritually "lean and mean" - in tip-top spiritual condition. The call to be Christ in this world is born out of a spirit of longing – a longing to grow in our faith and knowledge of the Divine. Spiritual longing and religious piety walk hand in hand. Study and discipline provide the required nutrition. My question: Are you feeding your spirit with a healthy diet of God's word?

According to John H. Morgan:

"Our life in Christ can be compared to an aqueduct, the stone waterways that brought water from nearby mountains into parched cities in Italy and Spain, and that are still used in some countries today. The objective foundation of our spiritual lives, the Word of God, is like the huge stone aqueduct itself. The subjective elements, our daily experience of Christ, are like the fresh water flowing through it. Some Christians neglect the Word and seek only the subjective experience. But without the solid Word of God to contain and channel that experience, the experience itself drains away into error and is lost."

I have little doubt that Lorra and I will reach our goals. We will make

CORTLAND CHRISTIAN CHURCH SOUP AND



adjustments to realize a healthy new day. Diet and a solid exercise regimen will work together to enliven these "dry bones." I also intend that my spiritual life will follow a similar course: discipline and exercise. "The Greeks had a race in their Olympic games that was unique. The winner was not the runner who finished first. It was the runner who finished with his torch still lit. I want to run all the way with the flame of my torch still lit for Him." (Joseph Stowell) Spiritual longing and religious piety walk hand in hand. Study and discipline provide the required nutrition. My question: Are you feeding your spirit with a healthy diet of God's word?

## 31st Women's History Celebration features 'High Tea'



Committee members of the Trumbull County Women's History Celebration met recently to go over plans for the March 18 "High Tea" brunch at the National Packard Museum. This year's national theme is "Honoring Trailblazing Women in Labor and Business." Those attending are invited to wear their favorite hat to listen to guest speaker Patty Carver who will present "This Old Hat – Women of American History," a onewoman musical performance bringing to life women in history who shaped the country.

She will portray four American women who all were the "first" to do something: Dolly Madison, who saved the Declaration of Independence during the War of 1812; Elizabeth Blackwell, the first American woman to become a doctor; Nellie Bly, the first under cover reporter; and Belva Lockwood, who in 1884, was the first woman to run for president.

Proceeds from the event go towards a scholarship to a nontraditional female college student. There will be 50/50 raffle and a basket raffle. Doors open at 11 a.m. with the program starting at noon. Tickets are \$30 and are available by contacting E. Carol Maxwell at 330-360-0901.

Pictured are committee members (seated) Chairman Esther Gartland and reservations E. Carol Maxwell. Standing are Donna Beatty, Edwina Wolcott, Peggy Boyd, Sandy Mahaffey and Sue Smith. Members not pictured are: Madonna Chism-Pinkard, Beky Davis, Martha Ellers, Stephanie Furano, Heather Keeling, Renee Maiorca, Theresa Salcone and Julie Vugrinovich.



## SANDWICH LUNCH

Cortland Christian's popular Soup and Sandwich Lunch is the third Thursday of every month through March, and consists of sloppy joe or chicken salad sandwiches for \$3 and homemade soups – chicken noodle, ham and bean and vegetable beef. A bowl is \$2.50; pint, \$4; quart, \$6. A wide variety of pies are available at \$2.50 per slice. Lunch is served in the Fellowship Hall from 11 a.m. to 1 p.m., dine in or carry out. Delivery is also available to businesses and homebound by calling 330-637-4611; Fax, 866-200-2708. Place delivery orders Monday to Wednesday, 8:30 a.m. to noon or by 11 a.m. Thursday. This month's luncheon is March 16. The church is located at 153 Grove St., Cortland.

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## **'BEAUTIFUL BIRDS OF THE DIVERSE** MOSQUITO LAKE AREA' PRESENTATION AT BRISTOL LIBRARY

hosting "Beautiful Birds of the Diverse Mosquito Lake Area" on Wednesday, March 8 at 4 p.m. and 6:30 p.m. Larry Richardson will be presenting a slide



The Bristol Public Library will be show featuring the images of world class photographer Brian Zwiebel.

Mosquito Lake, Mosquito Creek and the Grand River Wildlife Areas provide the setting for over 250 species of birds. This reflects the biodiversity of the region and the strategic importance for migration in spring and fall. Selected species, both common and special, will showcase the majesty of life in just a 15 mile radius.

Registration has begun and is required due to very limited space. Reserve your spot today by contacting the circulation desk at 330-889-3651 or visiting the Bristol Public Library.









THE WHOLE TOWN'S TALKING

By Fannie Flagg

This is a brand new book (November 2016) by the author of the ever popular "Fried Green Tomatoes at the Whistle Stop Café." The venue for the book is a small town called Elmwood Spring, Mo., settled by Swedish immigrants in the late 19<sup>th</sup> century.

The author traces the development of the town from its original settler, Lordor Nordstrom, who had found just the right place for a dairy farm-good rich land, plenty of natural springs, and room to grow. He advertised in Swedish-American newspapers for young farmers to come and join him and called the area Swede Town "in spite of the fact that two Germans and one Norwegian (who was suspected of being Finnish) lived there as well."

The Southern humor of Fannie Flagg is displayed here with the Swedes. In short chapters she follows the settlers, their neighbors, and their descendants as the live, love, die, and even carry on after that. It is a delightful book and an easy read although one that impresses you with the vitality and love of ordinary people.

## **CORTLAND BRANCH LIBRARY EVENTS IN MARCH**

The following programs take place at the Cortland Branch Library, 578 Lakeview Dr., Cortland. All library events are free and open to the public. No reservations are required unless noted.

#### Time for Tots

Wednesdays at 11 a.m.: March 1 -March 29

A developmentally appropriate storytime program for children ages 2 to  $3\frac{1}{2}$  with a parent or caregiver. Registration is required; call 330-638-6335.

**Preschool Storytime** 

Mondays, every week at 6 p.m.; Tuesdays, every week at 11 a.m.

Preschool Storytime features stories and a craft related to a weekly theme and reinforces the development of early literacy skills. For children ages 3 to 5.

#### Teen Midweek

Every Wednesday at 3 p.m. Teens in grades 7 to 12 can stop by every Wednesday after school. Different activities each week! Games, yoga, DIY, crafts, and lip sync battles!

#### Live Action Lorax

Thursday, March 2 at 3 p.m. Celebrate Dr. Seuss' birthday and National Reading Day all in one day! Create your own Truffula Tree pencils and build an interactive environment with friends while acting out the story of "The Lorax." For teens in grades 7 to 12.

**LEGO Lovers Unite!** 

Saturday, March 4 drop-in any time between 1 – 2 p.m. Do you enjoy creating with LEGO bricks? Join us for LLU, a monthly program where you can have fun with other kids creating LEGO masterpieces. For children in kindergarten to grade 6.

Teens Who Geek Tuesday, March 7 at 3 p.m. Think you have what it takes to be

and immigration records, and how to refine their searches. Those taking the class should be familiar with navigating a computer using a mouse. To register for a class call 330-399-8807 ext. 202.

#### Be Our Guest!

Thursday, March 16 at 6 p.m. Join us as we celebrate the movie premiere of the live-action "Beauty & the Beast." For teens in grades 7 to 12. Registration is required; call 330-638-6335.

#### **Origami For Beginners** Tuesday, March 21 at 5:30 p.m.

Have you ever wanted to try origami? This is your chance to experiment with the art of paper folding. Have fun with friends while learning some basic techniques. For kids in grades 2 to 6. Registration is required as space is limited; call 330-638-6335.

The World of Butterflies Thursday, March 23 at 10 a.m.

Bob Coggeshall will show slides of some of his own photographs as he describes many colorful and unique butterflies.

#### Friends-Of-Fiction "Fan-Tuesdays" Tuesday, March 28 at 4 p.m.

Do you write fanfiction or create fan art? Join us once a month for a time to share your artwork and get feedback to expand your craft! For teens in grades 7 to 12.

#### One Book/One Community Events **Book Discussion**

Wednesday, March 22 at 6:30 p.m. The 2017 One Book/One Community book is "All the Light We Cannot See" by Anthony Doerr. Read the book and then join in a discussion to share your opinions, questions, and insights. Live Music at the Library: The 1940s Era

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the geekiest geek of them all? Bring your group of friends for snacks, prizes, and trivia on pop culture, television, movies, music, books, and more. For teens in grades 7 to 12.

Ancestry: Library Edition Class Wednesday, March 8 at 6 p.m. Participants will learn how to use the library's subscription database to find census, marriage, death, birth, military

Thursday, March 16 at 6:30 p.m. Guitarist Tyler Guerrieri, a student at the Dana School of Music at Youngstown State University, will play a selection of music popular during the 1940s. Free admission.



### WEAN FOUNDATION NAMES CORRIE ADAMS AS NEW PROGRAM OFFICER

Corrie Adams has recently been named program officer for the The Raymond John Wean Foundation.

"Across our community, residents, neighborhood groups and nonprofits are engaged in meaningful, impactful work that inspires and motivates me," said Adams. "My role is to listen to and learn from those who are doing the work, and to serve as a resource, connector, catalyst and adviser as they lead initiatives that align with the Foundation's strategic priorities."

Adams will direct the strategy and implementation of the Foundation's Community Investment and Neighborhood SUCCESS Grant programs. With a strong background in organizational leadership, she

will also manage its Emerging Leaders program. She will focus on strengthening and coordinating communication between those utilizing the programs to continue cultivating strong, sustainable leadership in the Mahoning Valley.

Adams has served in several roles with the Foundation, most recently as emerging leader liaison. Her responsibilities included providing leadership development for alumni of the Emerging Leaders program and working with individuals to attain their leadership goals. Adams, who began her new role Feb. 1, also worked for the Foundation as program associate, and was responsible for grassroots grant administration and technical assistance to residents and community partners. Prior to that, she worked for several years with various nonprofit organizations in the Mahoning Valley. Her focus was on youth leadership, work force development, civic engagement and fund development.

Adams holds a bachelor's degree in sociology from Hiram College and a master's degree in organizational leadership from Geneva College.

Other staff changes, effective March 1 include:

Jessica King, former administrative and capacity building assistant will be promoted to administrative and facilities manager. As the first point of contact, she is responsible for coordinating daily operations including facilities, website, social media and vendor services. King holds a bachelor's degree in communication studies from Youngstown State University.

In an expanded role, Nan Wilkoff, former business and grants assistant, will now serve as program associate. In addition to communicating with grantseekers and grantees regarding Foundation programs, Nan will monitor the progress of existing grantee partners and provide opportunities for engagement and learning. Wilkoff holds a bachelor's degree in tourism and hospitality from Rajamangala University of Technology.

## THINK AGAIN: ARE YOU INSURANCE READY FOR 2017?

The first quarter of the year is a great time to reevaluate your insurance policies. Changing life circumstances may lead to different insurance needs. Did you get married? Add a child to your family? Purchase a new home or car? Are you downsizing? It's a good move to check whether you have appropriate insurance protection.

Lieutenant Governor Mary Taylor, as part of her Think Again initiative, is urging Ohioans to review if insurance adjustments are in order.

"Talk with your family, think about shopping around and also get in touch with your agent," said Taylor, also director of the Ohio Department of Insurance. "Consumers should be proactive to ensure they have the best coverage for their life situation. Maybe more coverage is needed, maybe it can be reduced."

Taylor shared these insurance tips:

#### Homeowners/Renters Insurance

• Conduct a home inventory and make sure your homeowners or renters policy is up-to-date. Take photos or video of your possessions. Remember to note prized items and their value so you can discuss proper coverage.

discuss proper coverage. • Use the free smartphone app myHOME Scr.APP.book to simplify the inventory process. You can download a paper inventory checklist at www.insurance.ohio.gov.

Auto Insurance

• Review your liability insurance. If it's too low you could be sued for any damages above your liability limits.

Assess your liability limits.
 Assess your deductibles for comprehensive and collision coverage. You'll pay those amounts if your car is damaged or totaled without fault of another driver. Adjustments can affect your premium.

• Keep a copy of your insurance card and your agent and/or insurer's

contact information in your vehicle. Health Insurance

• Maybe recently you enrolled or changed health insurance through your employer, Medicare or the federal exchange. Make sure you have a new insurance card. Verify that your paperwork is in order before seeing a doctor.

• Check your provider lists to be certain your doctor and any specialists are still covered by your policy. In-network or preferred provider lists change yearly.

• Know your copays for in-network and out-of-network providers to avoid surprises.

• Before traveling check with your insurer to identify urgent care centers and hospitals that accept your insurance coverage. Understand applicable co-pays and deductibles.

#### Life Insurance

• Life changes should trigger a life insurance review. You might consider increasing your death benefit when adding a child or getting married.

• Events like paying off your mortgage, retirement or children finishing college might mean lowering your coverage and premiums.

• Learn about "conversion privileges" from your current term life insurance policy to a new whole life insurance policy. You might also be able to expand your death benefits to use them while you're still living.

When shopping for insurance Taylor said people should be careful to avoid being a victim of fraud. Don't give out personal information like your social security number or bank account data until verifying the legitimacy of the insurer and agent with the Ohio Department of Insurance.

Call the department at 1-800-686-1526 with your insurance questions and visit www.insurance.ohio.gov for insurance information.









## A Place to Call Home

Ohio Living Lake Vista's 32-acre campus connects with Turkey Run Trail in Mosquito Lake State Park. The walking trail provides our residents with fresh air, exercise and beautiful scenery. Customized on-site amenities, features and services provide freedom from chores, opportunities for growth, and the security of knowing quality care and services are close at hand.

#### Call 330.638.2420 to learn more about our life plan community or to schedule your visit today!







SEPARATING THE WHEAT FROM THE CHAFF

Dear Mark: A few weeks back you had mentioned both the math and rules for the table game Let-it-Ride. You also recommended not playing the game. But there are other table games that seem interesting, for instance, Three Card Poker and Caribbean Stud. Compared to Let-it-Ride, which would you recommend between these two other games? Nicolas C.

Personally, Nicolas, I would recommend Three Card Poker, both for the fun factor and because the casino advantage is lower on selected bets among the three games (Let-it-Ride, Caribbean Stud and Three Card Poker) your question mentioned.

With Caribbean Stud, the best you can hope for is a casino edge of about 5.2% based on the player's ante wager, or, 2.6% based on the ante and call bet. As for the progressive wager, the average house edge is over 26%, depending, of course, on the size of the jackpot.

As for Let-it-Ride, even if you played the game flawlessly, the casino's edge on Let-It-Ride is 3.51%. As for those Let-It-Ride side bets where for \$1 you are offered an additional payoff with certain paying hands you really get snookered; these bets carry a double-digit casino advantage so definitely scratch this offer.

With regard to Three Card poker, it depends on your cards. Allow me to rephrase that: on whether you should play your cards. The house edge is 3.37% against the Ante alone, but only 2.01% against your Queen-6-4, that is if you decide to make the Play bet. With a Pair Plus wager, the casino advantage is slightly higher at 2.32%.

So, Nicolas, among these choices, Three Card Poker is the way to go as it offers better wagers for the player. Although the casino advantage is above my suggested "never make a wager that has higher than a 2% house edge," of the three it has the best return, is easy to learn; and plenty of players find it fun to play.

My true suggestion here would be to give Mini-Baccarat a try. Not only is Mini-Baccarat one of the easiest casino games to play, but you don't even have to know the rules because the correct hitting sequence is predetermined. Additionally, stakes can be relatively low when you play on a Mini-Baccarat table. With Mini-Baccarat the house advantage is either 1.17% when betting the Bank hand or 1.36% with a Player hand wager.

Dear Mark: I disagree with one of your assessment/strategies that you should always hit a 16 against a dealer with a 7-10. Sorry, but I am from the school that you should always let the dealer bust instead. What is the basis of your recommendation? Alex A.

You give me credit I don't deserve, Alex. Hitting a 16 against a dealer with a 7, 8, 9, 10/face showing isn't my personal assessment of how to play the hand correctly. I don't own the math on this play or trust my back of the envelope figuring. The correct strategy for this particular hand comes from a set of computer-derived rules for playing every hand against every possible dealer up-card.

Here's the arithmetic based on a kazillion computer calculations. If you hit this lousy hand, you are going to bust over 60 percent of the time. By giving the dealer a chance to bust out instead, you will lose approximately 70 percent of the time.

The dealer's chances of having a 17 or more when he or she shows a 7, 8, 9, 10 or Ace is between 74% and 83%. It is for this reason that the correct basic strategy

dictates that you should always hit your lousy 16. Gambling Wisdom of the Week: "Eat your betting money but don't bet you're eating money." - Horseracing Proverb

SUTLIFF MUSEUM PRESENTS 'THE LANGUAGE OF FLOWERS'

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The Sutliff Museum is pleased to announce its newest exhibit: "The Language of Flowers" is now open to the public through July 2017. This temporary exhibit explores how flowers were used as the language of courtship throughout the Victorian Era. The Victorian Era, especially in England, was a time of proper etiquette and behaviors like direct conversations and professions of love were prohibited. The language of flowers, or floriography, aided in discrete communication between a lady and her suitor. Each flower had a different message as did the way they were presented. Highlights of the exhibit includes paintings, postcards, clothing and teacups, all of which show how flowers were used during the late 1800s.

The Sutliff Museum, operated by The Warren Library Association, is located on the second floor of the Warren-Trumbull County Public Library at 444 Mahoning Ave., Warren. Admission is free and it is open from 2 to 4 p.m., Wednesday through Saturday.

### **PRACTICAL MONEY SKILLS**

Take control of your electronic entertainment budget

#### By Nathaniel Sillin

It seems like every few weeks there's a new "must-watch" movie or show. Competition between traditional and new production companies is driving the wave of high-quality content. I can't complain, but it's also hard to keep up. I have an ever-growing list of binge-able things to watch, read and listen to, and in the meantime, I'm paying bills for multiple bills month.

As long as my family's necessary expenses are covered, spending money on entertainment can be worth it. However, I've also noticed that left unmonitored, expenses can slowly grow out of control. I'd rather look for ways to save money and make more meaningful purchases.

Periodically reviewing how much you spend on entertainment, especially electronic entertainment, could be a good place to start.

Take stock of where you currently stand. Find your starting point by making a list of expenses that fall into the category of electronic entertainment. If you don't have a budget where you can easily look up this information, you can review previous bank statements or connect your accounts to a budgeting app that can automatically pull in your spending history. This might also be a good time to try several budgeting apps and begin using the one you enjoy the most.

Give traditional cable or satellite TV expenses a second look. If you haven't "cut the cord" – canceled your cable or satellite TV service – now might be time to give the idea some thought. Many alternative, and often cheaper, options have become mainstream, including free and a la carte sports programming. Even premium networks are sold on their own or as inexpensive add-ons to other services.

You may not want to cancel your entire service but after reviewing what you pay for and regularly watch, you might discover that you could be just as happy with a less expensive package.

In either case, regularly calling your service provider and negotiating your rate could save you money. This same tactic could also work with internet service providers.

Consider splitting the cost with someone else. Some subscription entertainment services can be shared with friends or family. A few even offer several tiers of service, or family packages, that let you create profiles and stream from multiple devices at once. Although the price might be higher for a multi-user account, you'll still save on a per-person basis. Choose the person or people you share your account with carefully. In some cases, sharing an account with a non-family or household member could be a violation of the terms and conditions, and with some types of accounts, you could be giving the other person access to your debit or credit card number. Make a list of free resources you can use. Knowing where you can turn to (legally) watch shows and movies, including recent releases, could put you at ease if you're worried about canceling a service.

shows. While there are commercial breaks throughout the videos, the services are completely free, and some have mobile apps that you can use to start or resume a video while you're away from home.

As I'm sure you're aware, there are plenty of free books, CDs and magazines at many libraries. But the library systems are also keeping up with the times. Some let you "check out" audiobooks, movies and shows without having to visit a branch.

**Bottom line:** Having access to a wide variety of shows, movies and other types of electronic entertainment can be well worth the cost, but don't let your monthly expenses go unchecked.

Between monthly subscription services, Internet and cable you could be paying several thousand dollars a year.

Find a happy medium by canceling services you don't want anymore and finding ways to save on those you do. You could then use the savings for something more meaningful. Perhaps that means going to a sports game with friends or family rather than paying for a television service, or putting the money towards a non-entertainment goal, such as a college or retirement fund.

Nathaniel Sillin directs Visa's financial education programs. To follow Practical Money Skills on Twitter: www.twitter. com/PracticalMoney.



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CORTLAND NEWS - FEBRUARY 25, 2017 - FINANCE



## We would like to introduce April Mulvain, RN, CPNP

April is just one of the many women at Vlad Pediatrics who help make us the most experienced local practice.

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FINANCIAL CONSIDERATIONS FOR FOSTER CARE AND EXCHANGE STUDENTS

Many families have a desire to extend the warmth of their home to foster children and foreign exchange students. For many, welcoming a new child or student into their family can be rewarding – for both the child and your family – however the arrangement does require some planning. As you consider becoming a foster or host parent, make sure you also anticipate the potential financial impacts.

First, think about the lifestyle you want to provide for the student. What experiences, family traditions or activities do you want to share with the child? How do you envision everyday life with the new addition? The answers to these questions will help you prepare for the impact to your budget.

#### Foster parenting

If you already have experience raising children, you know how expensive it can be. The situation can be different when caring for foster children. Most families will be reimbursed for at least some of the costs that they incur including medical and dental care, which is normally paid for by the state. Although it is important to note that the level of reimbursement can vary depending on your state of residence, the age of the child, the number of foster children in your home and other factors. Be sure to consult with the appropriate agency in your state to find out the level of financial support available if you are considering a foster parent role.

Regardless of the reimbursement you may receive, the reality for many foster families is that costs of care will likely exceed that amount. Accounting for this in your financial plan will go a long way in making certain you are in a strong position to meet your responsibilities as a foster parent.

#### Hosting a foreign exchange student

Hosting an exchange student is a different level of commitment, but it is not without financial impact. Exchange students tend to stay for the length of their program, which is likely a semester or a school year. These students are generally older and able to manage daily responsibilities on their own.

In most cases, the student's program

will provide for the cost of health insurance, school fees and extracurricular activities. Additionally, many students will have their own spending money to pay for souvenirs, school lunches, entertainment and other typical expenses for a school-aged child.

for a school-aged child. Nevertheless, you'll want to be in a financially sound position to provide the right environment for exchange students. They may be reliant on you for things like transportation to events, as well as living space. If you include them in family activities, that may also add to your expenses. Host families may qualify for a modest tax deduction to help offset some of the costs related to housing a foreign exchange student. Be sure to consult with your tax advisor for more information.

#### Having your financial house in order

Before you commit to becoming a foster parent or host family, you want to be prepared from a financial perspective. Some of the steps to consider include:

be prepared from a financial perspective.
Some of the steps to consider include:

Expanding your emergency

fund: The conventional wisdom is that you should have three-to-six months' worth of living expenses set aside in your cash reserve. Having additional children in your care may mean additional unexpected expenses, so consider having extra funds available beyond this standard.

Keeping up with your other financial priorities: As you update your budget to reflect your new addition, make sure you continue to fund your own financial goals, such as saving for education costs, paying off your home mortgage or your retirement.
 Understanding the child's program or financial situation: Know what costs are covered by the state (for

• Understanding the child's program or financial situation: Know what costs are covered by the state (for foster care) or the program (for exchange students) and update your budget accordingly.

Having your financial house in order before taking on a foster child or exchange student will help you create a more positive experience. If your home and family are ready, make sure your finances are as well.

Column provided by Tom Shortreed, Financial planning services and investments offered through Ameriprise Financial Services, Inc. Member FINRA & SIPC.

### LT. GOVERNOR TAYLOR ANNOUNCES



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## 'WELCOME TO MEDICARE' ONLINE WEBINARS

Ohio Lieutenant Governor Mary Taylor announced "Welcome to Medicare" online webinars are available for Ohioans newly eligible for Medicare in 2017. "Welcome to Medicare" webinars are sponsored monthly by the Ohio Department of Insurance and are designed to help the more than 100,000 soon-to-be Medicare recipients learn more about health insurance coverage options.

"We want those new to Medicare and those nearing eligibility to have confidence that they are selecting plans that best suit their budget and health care needs," said Lt. Governor Taylor, also Director of the Ohio Department of Insurance. Medicare experts from the department will cover topics such as Medicare Part A and B benefits, the Part D prescription drug benefit, Medicare Supplement plans, Medicare Advantage plans, financial assistance and key deadlines. During the webinar attendees can use their personal computer to enter questions for the moderators to answer.

To register for one that is convenient for you, please visit www.insurance. ohio.gov; click on the Medicare Services tab; then click on the calendar link at the bottom of the page.

For additional information please contact the department's Medicare experts at 1-800-686-1568, Monday through Friday, 8 a.m. to 5 p.m.

#### CORTLAND NEWS - FEBRUARY 25, 2017 - FINANCE



#### CHECK OUT THESE TAX BENEFITS FOR PARENTS

Taxpayers with children may qualify for certain tax benefits. Parents should consider child-related tax benefits when filing their federal tax return:

#### Dependent.

Most of the time, taxpayers can claim their child as a dependent. Use the Interactive Tax Assistant (www. IRS.gov) to help determine who can be claimed as a dependent. Taxpayers can generally deduct \$4,050 for each qualified dependent. If the taxpayer's income is above a certain limit, this amount may be reduced. For more on these rules, see Publication 501, Exemptions, Standard Deduction and Filing Information.

#### Child Tax Credit.

Generally, taxpayers can claim the Child Tax Credit for each qualifying child under the age of 17. The maximum credit is \$1,000 per child. Taxpayers who get less than the full amount of the credit may qualify for the Additional Child Tax Credit. Use the Interactive Tax Assistant to determine if a child qualifies for the Child Tax Credit. For more information, see Schedule 8812 and Publication 972, Child Tax Credit.

## Child and Dependent Care Credit.

Taxpayers may be able to claim this credit if they paid for the care of one or more qualifying persons. Dependent children under age 13 are among those who qualify. Taxpayers must have paid for care so that they could work or look for work. Use the Interactive Tax Assistant to determine if a child qualifies for the Child Tax Credit. See Publication 503, Child and Dependent Care Expenses, for more on this credit.

#### Earned Income Tax Credit.

Taxpayers who worked but earned less than \$53,505 last year should look into the EITC. They can get up to \$6,269 in EITC. Taxpayers may qualify with or without children. Use the 2016 EITC Assistant tool at IRS.gov or see Publication 596, Earned Income Tax Credit, to learn more.

#### EITC and ACTC Refunds.

Because of new tax-law change, the IRS cannot issue refunds before Feb. 15 returns that claim the Earned Income Tax Credit (EITC) or the Additional Child Tax Credit (ACTC). This applies to the entire refund, even the portion not associated with these credits. The IRS will begin to release EITC/ACTC refunds starting Feb. 15. However, the IRS expects the earliest of these refunds to be available in bank accounts or debit cards during the week of Feb. 27, as long as there are no processing issues with the tax return and the taxpayer chose direct deposit. Read more about refund timing for early EITC/ACTC filers.

#### Adoption Credit.

It is possible to claim a tax credit for certain costs paid to adopt a child. For details, see Form 8839, Qualified Adoption Expenses.

#### **Education Tax Credits.**

An education credit can help with the cost of higher education. Two credits are available: the American Opportunity Tax Credit and the Lifetime Learning Credit. These credits may reduce the amount of tax owed. If the credit cuts a taxpayer's tax to less than zero, it could mean a refund. Taxpayers may qualify even if they owe no tax. Complete Form 8863, Education Credits, and file a return to claim these credits. Taxpayers can use the Interactive Tax Assistant tool on IRS.gov to see if they can claim them. Visit the IRS's Education Credits web page to learn more on this topic. Also, see Publication 970, Tax Benefits for Education.

#### **Student Loan Interest.**

Taxpayers may be able to deduct interest paid on a qualified student loan. They can claim this benefit even if they do not itemize deductions. Use the Interactive Tax Assistant to determine if interest paid on a student or educational loan is deductible. For more information, see Publication 970.

## Self-employed Health Insurance Deduction.

Taxpayers who were selfemployed and paid for health insurance may be able to deduct premiums paid during the year. See Publication 535, Business Expenses, for details.

For help with these tax benefits and others, please visit us at Integrated Accounting and Tax Solutions in Cortland at 3378 state Route 5. We are a full-service, full-year office available to help you with personal and business taxes.

## POLISH CARNIVAL CELEBRATION PLANNED FOR FEB. 25

If you're looking for a unique Mardi Gras experience, join Polish Youngstown to mark the season with an experience you will be sure to enjoy.

enjoy. "Ostatki: A Polish Carnival Celebration" has risen to a whole new level of elegance over its eight years as the group is hosted by the Youngstown Country Club on Saturday, Feb. 25 at 6:30 p.m. Ticket are \$40 per person. Guests will enjoy guided tastings of imported Polish vodka, beers and liquors complimented by an

elegant buffet dinner. Radek Fizek, former international performer with Mazowsze, will entertain with his amazing violin, vocals and DJ music. His great music sets the tone for the evening as guests enjoy trivia meetand-greets, bead contests, elegant basket raffles and other games. The evening will climax with the presentation of the celebratory paczki with a hidden surprise for one lucky winner.

For more information or to buy tickets call 330-333-9724.



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Opal Chapter

## SPAGHETTI DINNER

A spaghetti dinner sponsored by Opal Chapter #181 Order of the Eastern Star will be held Saturday, March 18 from 4 to 6:30 p.m. at the Cortland Masonic Hall, 3263 Everett Hull Road. Tickets are \$8 for adults, \$3 for children under 12 and those under 5, free. Salad bar, dessert and drinks are included. Carry outs are available by calling 330-638-3110 before 4 p.m. that day.



#### SHOWING YOU CARE

#### By Sarah Waldron, Reporter, Lakeview High School



Whether a loved one, a close friend, or even you have experienced the disease cancer, many are aware that the treatment can be just as devastating as the disease. One common side-effect of treatment is hair loss.

Surprisingly, there is a very simple way that many can help. By donating only eight to ten inches of your hair, you can allow someone else to feel beautiful and confident within their own body. Freshman, Libby Roche cut off fourteen inches of her hair.

On a normal day, we as humans do not realize as we wake up to prepare for school and or work that there is someone who wakes up having to start radiation or continue their treatments in chemo. Realizing the privilege you are given of good health and sharing a sign of that health – strong, shiny hair – can mean a world of happiness to someone who is not as fortunate as you.

Freshman, Kelly Lam, states "I didn't really feel like I was doing a good deed at the time, but now that I think of it more often, it's crazy to know my hair is going to be given to another child who currently doesn't have any." This proves that doing good deeds are not always acknowledged by you yourself, but will be by another.

When allowing someone to share a piece of your beauty, it not only changes the patient's life but your life as well. Emily Rebel says, "I think donating my hair was one of the most morally rewarding things I have done." This makes you realize the meaning of helping another, and allowing you be part of the reason they are happy during a hardship in their lifetime. But freshman Bianca Naples states, "You can give motivation to a cancer patient to keep on fighting, and in my opinion, I would like to know who my hair goes to." Although these girls may never know who their hair goes to, the action of donating your hair is so important

Donating your hair not only makes a cancer patient feel beautiful, but it also allows them to know that they are recognized and not forgotten. Sophomore, Meara Jones, states, "I was kind of sad at first because I had grown attached to my hair, but in the end it felt good because it was helping other people." Donating a piece of yourself allows some acknowledgement in the lives of people who feel alone in fighting this dreaded disease. Make a brighter life for someone who needs it the most. Change a life and share your beauty.

Lakeview mathematics teacher Heidi Monroe brought this donation idea to students to encourage them to see the brighter side to life. Monroe quotes, "It is an easy, painless and temporary act of kindness that can positively and permanently impact someone's life." Whether it is making a difference in the lives of another or passing along your beauty, it is the compassion that counts.

În society today, individuals are sometimes blinded to the misfortunes of others but they are clear to recognize their own. Donating a part of yourself – your hair – allows you to recognize another's story and to become a part of bettering someone else's life. While they are wearing your hair, you will always be a part of their healing.

This is your chance to make a difference, donate your hair. The American Cancer Society recommends two organizations for donating your hair: Pantene Beautiful Lengths and Wigs for Kids. You can visit the organization's website for more information about your donation.

Ralph Waldo Émerson states, "The purpose of life is it to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well." The purpose of life is to be happy and to live it to the fullest, but not everyone can. Being useful and compassionate about helping another allows your life not to just be lived, but lived to the fullest. Being happy does not always come from within, but it comes from the sharing of another.

When sharing a part of yourself, it is allowing that part of you to be altered into something that someone else can use and make their own. Being selfless is an act of kindness to not only to yourself but also to someone else. Give someone else a reason to be happy, and share your beauty. Pictured are LHS teacher Heidi Monroe, students Alexis Inman, Libby Roach, Emily Reebel, Kelly Lam, Meara Jones, Bianca Naples and Emma Churley. They are holding signs bearing the names of family and friends touched by cancer they are honoring by cutting and donating their hair. This article was written for the Bulldog Bulletin, Lakeview's student newspaper, and shared with The Cortland News as a way of showcasing the writing of Lakeview's student reporters to the community. We are proud to partner with them.

# Armstrong Memory Care Assisted Living





Trumbull County's only memory care assisted living, Windsor House at Armstrong Memory Care Assisted Living, is Now Open. Located off Mahoning Ave. and Champion Ave., residents will enjoy the privacy of their own apartment, daily recreational and social activities, 3 fresh meals, assistance with activities of daily living, companionship of staff members and other residents, a secured outdoor courtyard and much more.







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www.ArmstrongMemoryCareAL.com

## LAKEVIEW HIGH SCHOOL PRESENTS "THE WIZARD OF OZ" MARCH 18 & 19

By Marty Young



The drama department of Lakeview High School will present the Royal Shakespeare Company's version of "The Wizard of OZ" in Raidel Auditorium on Saturday, March 18 at 7:30 p.m. and Sunday, March 19 at 3 p.m. This version is the stage adaptation of the beloved 1939 MGM classic movie that starred Judy Garland as Dorothy. It features all your favorite songs by Harold Arlen and E.Y. Harburg. It is being performed by permission of Tams-Witmark Music Library, Inc. of New York.

Library, Inc. of New York. The production features Natalie Gottfried as Dorothy. She is accompanied down the yellow brick road by Sean Galela (Scarecrow), Troy Gregory (Tinman) and Tim Gregory (Lion). They are helped by Glinda the Good Witch of the North (double cast with Reagen Stack and Olivia Hall). They are thwarted by the Wicked Witch of the West (double cast with Casey McKay and Jennie Gresley). They eventually get to The Emerald City where the Guard (Doug Gurdak) takes them to meet the powerful Wizard of Oz (Adam Ruiter). Other cast members include Brittany Arcuri, Madyson Barnard, Jacob Batchelor, Colin Beebe, Maggie Bork, Mallory Bridgeman, Alonna Burney, Katie Dean, Cameron Edie, Anna Garvin, Rachel Gorman, Stephen Gorman, Mary Grzelewski, Ben Herrholtz, Mikaila Hunter, Emily Kirchens, Lauren Laws, Reagen Lew, Kevin Longstreth, Tarryn Mansfield, Rachel Mark, Drew McLennan, Aja McGill, Saige Muresan, Bishop Peeples-Gagne, Ashleigh Pistorius, Emily Reebel, Anna Rider, Jessie Roach, Abby Seman, Braden Smith, Kylie Tracy, Donald VanHorn and Chloe Wagner. The cast has 44 members total, including 11 middle school students.

Behind the scenes everyone is the auditorium lobby. Tickets are \$10 f working hard to give the community adults and \$7 for students and seniors.

the most professional show possible. Ken Young, auditorium manager, has been an immense help to his wife, Drama Director Marty Young, with set construction and technical help. Vocal Coach, Katie Fowler, worked with all the soloists. Choreographer Ashley Olejnik prepared and taught the large group dances and the Tinman's dance. Music Director Laurie Jones will lead the orchestra consisting of Alan Purdum, Andrew Cappuzello, Bonnie Hood, and Andy Planitz as she provides piano accompaniment. Lakeview teacher Heidi Monroe and her team will create artistry as make-up specialists. The Lakeview Art Club under the advisement of art teacher Jeff Piper is creating Munchkinland foliage. Many parents are helping with costumes. Students fill the roles of stage managers, lighting, sound effects, props, tickets, publicity, video, projector, set painters, make-up and costume assistants. They include Brynn Anstadt, Lauren Barnovsky, Kellie Barry, Noelle Baumgardner, Leigha Carlson, Chuck Gidden, Zach Hudson, Haylee Huffman, Megan Johnson, Hunter Kirkpatrick, Sarah Kloboves, Katryn Lendvay, Leah Manns, Mikaela McKenzie, Addison Paul, Elizabeth Smith, Jared Snyder, Jake Streets, Madison Wrobel, Max Boivin and Joshua Miller. Sound is provided by Michael Thomas.

We hope you can spend a portion of your St. Patrick's Day weekend with us and travel to the Emerald City! The two lower middle sections of auditorium seating will be reserved, advanced sale tickets only. They are available at Daybreak Music on Main Street in Cortland. General admission for lower side sections and upper seats are available one hour before the show in the auditorium lobby. Tickets are \$10 for adults and \$7 for students and seniors.

#### LAKEVIEW SIGNING DAY



Lakeview High School athletes recently signed letters of intent to continue their education. They include: Jatise Garrison, University of Charlotte WV, football; Rich Titus, Mercyhurst University, Cross Country; and Hayden Lazzari, Coast Guard Academy, football.

### LAKEVIEW BAND UNIFORM FUNDRAISER



A spaghetti dinner with entertainment raised over \$4,100 for new uniforms for the Lakeview Band on Feb. 10. "It was an amazing success," said Michelle Murray. The band and the Lakeview Band Boosters have held fundraisers and projects all year with a goal of the \$100,000 needed for the new uniforms. Members of the concert and symphonic bands, quartets and ensembles, the two high school jazz bands and an alumni jazz band provided entertainment for the dinner event in the school cafeteria. Pictured is the Alumni Jazz Band that formed just recently for this event, directed by LHS director Nathan Sensabaugh.



Optimist Club to hold fund raiser for Bazetta Twp. Park

The Optimist Club of Bazetta Cortland is holding a benefit for Bazetta Twp. Park on Wednesday, March 1 from 5 to 10 p.m. at Quaker Steak & Lube in Cortland. Funds raised will help the park and Imagination Station open for the 2017 season and keep the park maintained.

season and keep the park maintained. Tickets are \$20 per person, which includes a buffet and soft drinks. For tickets call Steve Belcher at 330-406-8616 or parks@bazettatwp.org or contact any Park Board member. Advance ticket sales are preferred, but walk-ins are welcome.

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May 15 ..... AA, GG

#### PAGE 22

#### CORTLAND NEWS - FEBRUARY 25, 2017 - SCHOOL







## FULL SERVICE PRO SHOP

# KINDERGARTEN REGISTRATION OPEN FOR 2017-2018 SCHOOL YEAR

Lakeview Elementary began registration on Feb. 13. The district enrollment process, including kindergarten registration, is now done electronically and online. A child must be 5 by Aug. 1, 2017 to enroll.

If you currently have a student enrolled in Lakeview Schools, login to your OneView account and simply select "Enroll New Student."

If you do not have a child enrolled in Lakeview Schools, you will need to start your registration from home, using a PC or other device connected to the Internet. You will start by going to www.lakeviewlocal.org and clicking on forms and links. Then click on electronic registration (under the enrollment heading).

There will be open labs on Tuesday, March 14 and Wednesday, April 12 from 9 a.m. to noon and from 1 to 2 p.m., where you may use the school district's computer lab to register a child, if you do not have access to a device connected to the Internet to complete the enrollment forms. All parents/guardians should plan to bring required documentation on any of the two days. Regardless of where the enrollment forms are completed, you must bring in the required documentation on the dates listed above.

The following items are required to process a child's registration:

- Proof of residency two forms are required (mortgage statement, lease contract, pay stub, utility bill, etc. It must list your residential address.
- Birth certificate
- Social Security card
- Immunization record
- Custody documentation with court seal and judge's signature (if not living with both parents) or a statement from an attorney documenting process of a divorce.
- Parent/guardian photo identification

The legal custodial parent/guardian must enroll the student. If you do not have all of the above documentation submitted on one of the above dates, your registration will not be processed. For more information contact 330-638-2145.

## WILLIAM C. HORTON MEMORIAL SCHOLARSHIP ESTABLISHED AT KSU TRUMBULL

The William (Bill) C. Horton Memorial Scholarship was recently endowed at Kent State University at Trumbull thanks to more than \$25,000 in gifts from friends, family and local community organizations. The scholarship will support residents of Trumbull County who are pursuing a degree in business while attending Kent State Trumbull. Special consideration will be given to students who are involved in volunteer activities within the local community.

Horton was born July 23, 1933, in Warren. Before retiring in 1997, he owned and operated Horton Electrical Contracting Inc. He was a member of Southington United Methodist Church, IBEW, Trumbull 100, Boy Scouts of America, past president of the Builders Association, SCOPE, past master of West Farmington Masonic Lodge 57, past president of Children's Rehabilitation Board, Southington Township Water Board, Warren Rotary (Paul Harris Fellow), Salvation Army Board, Trumbull Shrine Club, Buckeye Club, Buckeye Investors and Air Force Community Council. He passed away August 28, 2013.

Dave Smith, director of advancement at Kent State Trumbull acknowledged the many contributions that made the scholarship possible.

"The community support that we received to establish this scholarship speaks volumes on how many lives that Bill touched during his lifetime." Smith continued, "By endowing the scholarship, Bill's legacy will remain in perpetuity at the Trumbull Campus, recognizing his long standing support for the local community while assisting future students pursuing a college degree."

For this current academic year, Kent State Trumbull awarded more than \$500,000 in scholarships. The deadline to apply for a 2017-18 academic year scholarship is May 1, 2017. For more information about Kent State Trumbull scholarship opportunities, visit www. kent.edu/trumbull/explore-scholarshipopportunities or contact the Office of Enrollment Management and Student Services at 330-675-8860.



#### COMMUNITY AFTER SCHOOL PROGRAM

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#### TAKING REGISTRATIONS

The Community After School Program, sponsored by the Christian United Methodist Church, will offer the second part of its program starting Wednesday, March 8 from 3 p.m. (close of school) and ending at 5 p.m. The program is held at the Lakeview Middle School.

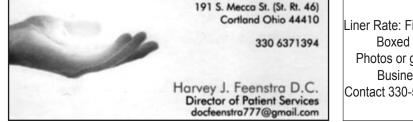
The fall program was very successful with 17 participants. Students from grades 4, 5 and 6 received and participated in a very active and creative program. Sessions start with an exercise program full of fun and excitement, snack time, a creative craft project and either a drama or puppet interpretation by participants in one of the Bible stories. The program will end with a presentation by the children on Sunday, April 23. Two other summer sessions will be held at the church; a Fly a Kite Day and a Craft Day, where children will be sharing with community elderly residents.

The program is staffed by men and women from the Cortland United Methodist Church, St. Robert Bellarmine Church and the community. Volunteers are always welcome.

Enrollment forms will be sent home from the church at the school, however, you can call the church office at 330-637-2571 for information or enrollment. Coordinators of the program are Camille Hunter, Rev. David Vensel and Shirley Barbe-DiVencenzo.

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