April 8, 2017 SERVING THE LAKESHORE COMMUNITIES Vol. 13 No. 9



Spring Fever

By Sally Lane

spring" to full-blown spring fever. The teaser days, warm

CORTLAND, OHIO 44410 POSTAL CUSTOMER

transitioned from "signs of days, have turned into mostly nice days in our diets. Bright sunny days inspire as well as fishermen. Imagination with only a few cold, drizzly days in foods that give us more energy. Light between. The mental and physical lift is as amazing as the season. It is the perfect time for our annual Home and Garden issue. We have gathered ideas and information on everything from lawn care to indoor spring cleaning. Be sure to check out our ads for local and nearby companies.

> Our businesses and organizations are having spring events, while our schools are into spring sports: baseball, softball, tennis and track. The Four Seasons Garden Club, and others are selling flowers and plants for gardens and window boxes. The chicks have arrived at Centerra (formerly Western Reserve Country Store). We can look forward to the city's Spring Clean-up April 27, and curbside brush pick up the fourth Monday of the month, starting

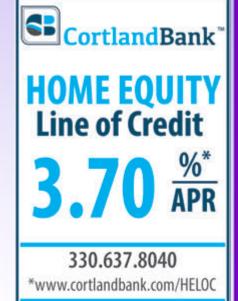
While we are sprucing up our yards

n the blink of an eye we have days sandwiched between cold snowy and homes, most of us enjoy a change migrating ducks and water birds salads, fresh vegetables are "in," while heavy casseroles, thick creamy soups, so appealing for an evening wrapped in an afghan, lose their appeal until fall. Fresh asparagus and early produce are now available in produce stores.

It feels good to just move without heavy coats. Spring has to be the happiest, most optimistic time of year. Just listen to the laughter as walkers, joggers, bicyclists and children enjoy the outdoors in our neighborhoods. Daffodils and tulips, forsythia are some of the first - and favorite - flowers, while redbud and dogwood trees ad pastel brightness to our landscapes.

We are fortunate to live in Cortland and Bazetta with Mosquito Lake and park nearby. The park trails offer many wildflowers and a chance for birdwatchers to view some less common songbirds, while the lake attracts

See Easter on page 23





Cortland

234-244-4560



Mon - Sat 7am-9pm • Sunday 7am-4pm

## CORTLAND MOWER MAKES THE CUT...EASIER

By Sally Lane



It is time to switch things around in your garage or shed. The snow thrower can be moved to the back (hopefully, this IS Ohio, you know) and the mower moved to an accessible spot. It's time to apply pre-emergent and fertilizer for the start of the lawn care season. If you are one of the more organized people in Cortland, all you need to do now is buy some gas and crank up the mower when the grass gets to be about five inches high. The rest of us look at the mower and realize that we need to sweep off last fall's grass clippings, pray the oil hasn't coagulated, and hope it starts. Thank goodness for Cortland Mower!

For over 50 years this company has been an integral business in Cortland. It has sold and maintained lawn and garden power equipment, riding mowers, blowers, grass catchers, trimmers, chainsaws and accessories - everything you need to get those outdoor jobs done fast - for quite a large part our northeast area. They pick up and deliver lawn and garden equipment, sharpen blades, change oil and make sure everything is ready for yardwork.

Cortland Mower had its beginning on the northeast corner of High and Main streets, when Shorty Rupe owned the business in the 1950s. Across the street was Wollam and Petrak's Ashland gas station owned by Lou and Bob Wollam. Mike Wollam, Bob's son, and now owner of Cortland Mower, got his start at that station. "I was about 14 years old, and I was doing oil changes, and a year later I was doing brake jobs and more difficult maintenance on cars," said Mike. In the early 1960s, Lou

went on to purchase Knight's Motor Sales, which became Lou Wollam Chevrolet, and Bob purchased Cortland Mower from Rupe and obtained the Cub Cadet dealership.

At that time, Rudy Laurich owned Rudy's Auto Service in a building on Walnut Street. The building had also been the DeSoto dealership in the 1950s. Long story short - Bob Wollam needed more room, so in 1976, he bought the building from Laurich, and Cortland Mower had a new home. After Bob passed away, his son Mike became the owner and in 1992, his childhood friend and classmate at Lakeview High School, Frank Daugherty, became his partner. "We had always talked about owning a business together even when we were in high school," said Mike. Deb Jones, assistant manager, joined in

"The only problem is that the store isn't as visible as when it was on High Street to those who don't live in Cortland," said Frank. Most residents know that at Point Park (where the town clock and gazebo are), you go straight instead of bearing left.

Customers can count on good, fast service, whether it is purchasing lawn equipment or having their equipment repaired even if they didn't buy it there. "We repair all makes," said Mike. They recently purchased an adjoining property, the former Mahoning Bank lot, to provide more room for their delivery trucks. Their phone number is 330-637-4976.

Pictured are Mike Wollam, owner and employee, Sam Boyd, at the store, 118 Walnut St., Cortland.

## Top sources for legal solutions.

(Right here in Cortland.)



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EASTER SUNDAY

April 9 @ 6:30pm Check our Facebook Page for example Cost is \$20.00 with \$10 deposit

Sip-N-Paint

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Authentic Irish Breakfast

M-F 8-11am • Sat & Sun 8-Noon Weekday \$5.00 Breakfast Menu

## NORTHWOOD REALTY HONORS TOP PRODUCERS

Northwood Realty associates at their annual awards ceremony. There were more than 500 Northwood Realty Services sales associates in attendance at the luncheon held at the DoubleTree by Hilton Hotel Pittsburgh Cranberry in Mars, PA.

Many individual sales associates were honored for their excellent work performance. Receiving the highest level of recognition was Orus Mast, Jody Sova, Kate Oesch, Andrea Hovance and Bobbi Seguin with the President Club Award. Kathy Ludt, Linda Kiraly, Jody Kapadia, Nerissa Maris, Jim Wilmoth, Kelly Alesi and Chris Roman received the Executive Club Award.

The Board of Governors Award was presented to Lucille Ambrosia, Linda Crider, Lesli Bowlin, Mary Ann Drabek, Cindy Sneltzer, Chris McCann, Breanna Fitzgerald, Evie Crawford, Georgia

Services Evich, Nancy and Bob Hinchliffe, honored its top producing sales John Horvath, Kim Webber, Celeste Kasten, Jeanette Franks, Bernie and Dom Marino, Kathy Hendricks, Tom Pauley, Kay Kalmer, Karen Bates, Terri Goldner, Pam Politsky, Jill Herock, Vickie Wooden, Jennifer Mayo, Janet Zangara, Rick Fritz and Brittany Fusillo.

Receiving the Honor Circle Award were Adele Applegate, Mary Ann McEowen, Chris Hanrahan, Marty Campana, Sheri Rago, Adrienne Handel, Ron Smail, Fran Litch, Bett Clebone, Jan Boose, Andrea Partridge, Kathy Carroll, Ashley Pirko, Čheri Secre, Lena Pilgrim, Doug Stillwagon, Lisa Winch, Lisa Jacon, Dee Brintzenhofe, Jaci Kadilak, Audrey Geskey, Joe Toto, Barb Stamp, Sandy MacDougal, Jill Pursifull, Jerri Florio, Bruce Jones, Jeanne Brown, Gina Musleh, Ron Black, Janet White, Mike Davis and Cindy Young.



## Pepe joins Lou Wollam Chevrolet



Lou Wollam Chevrolet is proud to announce the addition of Thomas Pepe to their service department. He is a member of the National Guard and pursuing a masters in Criminal Justice at YSU. Thomas is from Mineral Ridge where he was captain of the football team in high school. Lou Wollam is proud to add him to their growing family of qualified individuals to serve our community.



## **BUSINESS NEWS & NOTES**

By Thom Foley

Ameriprise & Thomas Shortreed & Associates remind you that it is never too late to start tax planning or planning for retirement.

Auntie V's Pizza is closed Easter - but has some great deals other days - give them a call.

The patios at Beef'O'Brady's are now open AND they will be open on Easter Sunday so bring the family in and enjoy.

Brookside Greenhouse is opening soon. Get high quality plants at VERY COMPETITIVE prices. Don't get fooled by those big box stores. Shop local, save and get better quality and service

**Buckeye Bulk** is now open. They have all of your landscape material needs.

Cody's Lawn Service is offering a great deal – they will do a spring cleanup of your yard, clean out the flower beds, pick up the sticks, etc., all for one low price. They also offer many other great home and garden services. They are cleaning my yard - let them clean yours.

**Cortland Lanes** will be starting their 9 pin no tap league April 26. Register now to ensure your spot - they fill up fast!

Furniture Décor & More is now accepting summer assignments.

**Progressive Landscape LLC** offers affordable, yet very creative landscaping projects. They offer many other lawn and garden services, too.

Reese Services is sealing my drive again this year. Protect your investment and have them seal yours, too.

Have you bought "pre-need" insurance yet? Have questions about Medicare? Ask **Royce Vandervort of TLC Insurance** for answers.

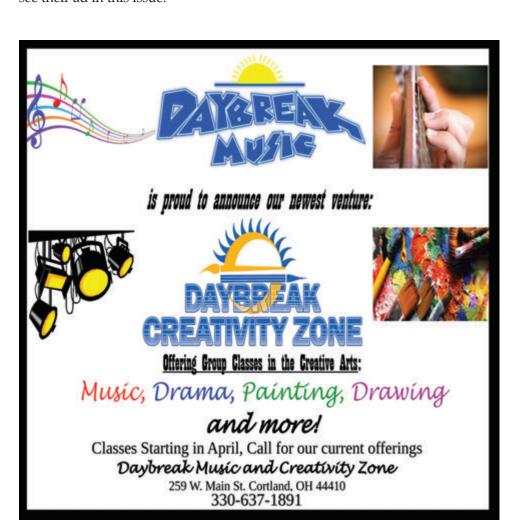
Want to share **Vasilio's** great sauce with friends elsewhere in the country? Go to their website and ship it from there. www.vasiliosdining.com

As soon as the Doc takes my cast off I'm headed to Action Physical Therapy for therapy on my broken wrist. Consider using them when you have a need.

**Cortland Playroom** is taking summer and fall registration. HURRY as they fill up fast and there are limited openings.

Lakeside Sports Shop has all of your fishing needs including one of the largest selections of beer and wine around. You can drive right thru, too!

Looking for an ERIE INSURANCE dealer? Try **Noble Reynolds Insurance** – see their ad in this issue.





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Jeff Apr 14

Danny G Apr 15

Apr 22 Free Jukebox

Apr 28 Jeff

**Cool Cats** Apr 29

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## **Sunday Pasta Specials** at the Tavern

Spaghetti/Meatballs Chicken Parm Pink Sauce Marinara Add Chicken or Shrimp Other Pasta Specials Come check them out!

## Come join us, Tuesday is Date Night at The Lake Tavern

Three Course Dinner for Two

Choice of Appetizer

Choice of Entree

Choice of Dessert

## Friday Leten Specials

Fish Fry • Peel & Eat Shrimp • Portabella Seafood Nachos • Calamari • Mussels





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## CORTLAND MASONIC LODGE #529 ANNOUNCES PLANS FOR VETERAN'S MEMORIAL PROJECT



Cortland Masonic Lodge #529 has announced their project to raise public donations and build a Veteran's Memorial at the Point Park location in Cortland. To successfully accomplish this special project, they are working to enlist financial support from a broad spectrum of the community including service clubs, veterans associations, businesses and individuals.

The lodge formed a project committee last November, consisting of Ian McAleer, chairman; Jim McNeilly; Craig Camens; and Dick McClain. They have worked with Gilmore Designs of Cortland to develop preliminary designs, reviewed several possible locations, and then presented the project to the Parks Board and to City Council.

Parks Board and to City Council.

With the approval from the city officials, the work will now begin to determine the actual cost for the design components and the construction. Included in the design are flagpoles, benches, lighting, plantings, monument stones, engraved pavers honoring veterans and recognizing contributors, a soldier's cross, a water feature, and new trees – with the clock tower and the existing monuments being included. The

actual construction is targeted for early 2018 with the possibility that the project might be in a position to be started in the fall 2017.

In the coming weeks, the lodge will be scheduling presentations and begin accepting donations from anyone who would like to honor a veteran by having an engraved paver in the memorial design. All donations and contributions will be made to the Community Foundation, which is a 501(c) 3 organization, meaning that all donations are tax deductible.

A community breakfast, which will mark the official kick-off for the fund raising, is planned for May 20, which is Armed Forces Day. It will be held at the Masonic Lodge

Point Park was previously dedicated as a veteran's memorial, in December 1999. The new veteran's memorial will be considered as an enhancement and rededication of Point Park.

This Cortland Masonic Lodge community project, to redesign Point Park into a very attractive and very impressive community site that honors those who have served, will exhibit the community's pride and appreciation and will stand out among veteran's memorials in the local area.

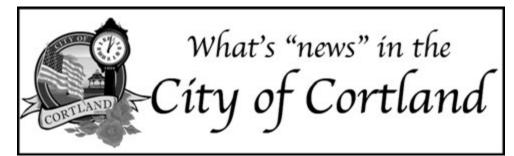


Call Amy at 330.638.2420 by April 22 to RSVP!



303 N. Mecca Street | Cortland, Ohio 44410 ohioliving.org





By Terry Barnovsky, administrative assistant

2017 Curbside Brush Chipping - Changes in Schedule

Curbside Brush Chipping for city residents will resume in April. There are changes to the schedule for this year. Pick-up for the entire city will now be the week of the fourth Monday. See the full policy on the city website or in the last edition.

#### 2017 Brush Chipping Schedule

- Week of April 24
- Week of May 22
- Week of June 26
- Week of July 24
- Week of Aug. 28
- Week of Sept. 25
- Week of Oct. 23

Spring Clean-Up

Spring Clean-Up has been scheduled for April 27 and April 28. This service is provided for residential customers of Republic Services within the city of Cortland. Items will be picked up with your regular trash.

**Scrap Tire Program** 

The city of Cortland has received a grant from the Geauga Trumbull Solid Waste Management District and will provide a scrap tire collection program this year. Please note that the district will not be providing a collection date at its facility.

The city will accept tires at the City Service Garage, 184 Willow Drive, on weekdays from April 10 to May 5 during the hours of 8 a.m. to 3 p.m. There will be a limit of eight passenger tires per vehicle on or off the rim. Truck or tractor tires will not be accepted. Please drop in the designated location.

If you have any questions, please call the Administration Building at 330-637-3011.

#### Welcome Packets

Forty-three businesses/organizations donated items to our City Welcome Packets. The bags are full of goodies such as pens, pencils, note pads, magnets, clips, lip balm, candy, compact mirrors, letter openers, coffee, dog treats, tape measures, flashlights, hand sanitizer, key rings, brochures, pamphlets, and coupons. The packets also contain a letter from the Mayor, a map of the city and a list of important city phone numbers. It's a very nice gift for new residential property owners moving into the city of Cortland. We appreciate all the support from the community!

### **Dates to Remember**

April 10 – Parks Board – 5 p.m.

April 10 - Planning & Zoning Commission - 7 p.m.

April 17 - City Council - 7 p.m.

April 14 - City offices will be closed.



## STAY FIT, RELAX & HAVE FUN AT THE JOHNSTON SENIOR CENTER



The Johnston Senior Center offers a variety of exercise classes throughout the week. Senior exercise class is offered on Wednesdays at 1 p.m. Other classes include chair yoga at 10 a.m. on Mondays Senior Pilates and class on Fridays at 1:30 p.m. (bring yoga mat). All classes are led by trained and experienced instructors. You can also wind down and relax on Tuesday afternoons

when 10-minute chair massages by a licensed massotherapist are available.

The center also offers a variety of other activities including crafts, bingo, coffee bar, daily newspaper, and more. The center provides lunches Monday-Friday at noon with a two day in advance reservation needed by calling us at 330-924-0412. The meal program is offered through the Trumbull County Office of Elderly Affairs. The center is open Monday-Friday from 10 a.m. to 3 p.m. and is located at 5922 Warren Road, Cortland. The center can be reached at 330-924-0412. It is funded by the Trumbull County Senior Levy.

Pictured are seniors participating in Wednesday's Senior Exercise Program. LuAnn Osborne, Darlene Juillerat, instructor Michelle, Nancy Vickers, Gary Webb and Maurice Brookes.

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## Look Inside

Advertiser Index	6
Business	2
Calendar	7
Classifieds	20
Directory	6
Finance	17
Home & Garden	HG1
Library	21
School	14

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Advertiser Index				
3C's - Affordable Storage10				
4 Star Diner2 Action Physical Therapy				
Advanced Podiatry17				
Amerprise Financial21 Andrews Lawn				
Attorney Bill Brooker9				
Attorney Martin Nosich				
Beef 'O'Brady's2				
Belleria Pizza				
Buckeye Bulk7				
Burkey Burkey & Scher14 Campbell Carpet14				
CenterraHG3				
Champion Estates Assisted Living23 Chop House				
Clearview Lantern Suites22				
Cody's Lawn Service HG7 Cope Farm Equipment				
Cortland Bank1				
Cortland Christian Church8				
Cortland Lanes				
Cortland PavingHG4				
Cortland Playroom14 Country Side Veterinary / AWL11				
Custom Counter TopsHG3				
Daffron Auto Body				
Dr. Lynn Johnson17				
Drs Davenport & Rhorabaugh19 Drs Najem & Lehky Orthodontics22				
Eddie's Lawn CareHG6				
Edward Jones				
Enzo's Restaurant11				
Foley's Fotos11 Franks Lawn Service				
Furniture Décor` & More9				
Gardenbrook				
Gillette Nursing Home4				
Gilmore Design				
Harrington Hoppe & Mitchel2				
High Street Fitness19 Jody Sova, Northwood Realty				
King BrothersHG2				
King Sanitary HG2 Lake Tavern3				
Lou Wollam Chevrolet24				
MacKenzie Catering				
Mayflower-Wollam Insurance22				
Menards21				
Midway Garage Door				
Oak Meadow Cremation21				
Ohio Living / Lake Vista4 Petrosky Brothers11				
Pizza Joe's15				
Progressive Landscape LLC HG4 Redline Defense8				
Reese ServicesHG7				
Rienzi's Quality Car Care7 Rite Aid				
Royce Vandervort TLC Insurance7				
Shafer Winans				
Sparkle12				
Sweeper Man				
Tried & True Cleaning				
Trumbull Senior Prod. Co4 Vasilio's				
Vlad Pediatrics 19				
See Business Cards on Page 20				

## CORTLAND CITY

## www.cityofcortland.org

Mayor	330-637-4003	Police/Fire	
City Hall	330-637-3916	Emergency	911
Fax	330-637-4778	Dispatch	330-675-2730
Clerk of Council	330-638-0142	Police - Business	330-638-1000
Service Director	330-637-4637	Fire - Business	330-637-2891

### **M**EETINGS

City Council - first and third Monday of each month Monday, April 17, 7 p.m. Monday, May 1, 7 p.m.

**Cortland City Council meeting minutes** Read the minutes from Cortland City Council meetings at http://www. cityofcortland.org/ under City Council Minutes.

Parks and Recreation - second Monday of each month Monday, April 10, 5 p.m.

Planning & Zoning - second Monday of each month

Monday, April 10, 7 p.m.

Meetings and agenda of Council and Planning meetings area available at www.cityofcortland.org

All meetings are held at City Hall and are open to the public

### Cortland City Council Meetings are now on TV

Cortland City Council Meetings are now posted on YouTube. The videos are usually posted no later than the next day after the meeting and can be accessed via a link on the city website or by visiting www.youtube.com and searching "City of Cortland, Ohio"

## **BAZETTA TOWNSHIP**

## www.bazettatwp.org

		1 0	
Admin Building	330-637-8816	Fire - Police - Rescue	911
3372 State Route 5 fax		Fire Station #11 -	
Trustees, Clerk, Zoning	Inspector	Everett-Hull Road	330-637-4136
and Cemetery Sexton	330-637-8816	Fire Station #13 -	
Road Department	330-637-8311	McCleary-Jacoby Rd	330-637-2872
Police Department	330-638-5503	Non Emergency calls	330-675-2730

## BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second and fourth Monday of each month at 7 p.m., unless otherwise noted.

Monday, April 10, 6 p.m. - A 60 minute caucus with department heads preceding. Monday, April 24, 6 p.m. - A 60 minute caucus with department heads preceding.

Meetings are held at the Township Administration Building unless noted

## Lakeview Board of Education Meetings

Regular meetings the second Monday of each month at 6 p.m. in the Lakeview High School Media Center, unless otherwise noted.

Monday, April 10, 6 p.m. - Lakeview High School Media Center

## Area Service Clubs

Cortland-Bazetta Historical Society and Museum Bazetta-Cortland Optimist Club Sally Lane 330-638-2330

The Opera House Kathy Fleischer 330-219-4884 Cortland Beautification Association Mary Kachurik 330-637-3098

**Cortland Lions Club** Mike Hummell 330-372-7951 Moose Lodge #1012 330-637-9957

Warren-Trumbull Branch of AAUW Jennifer Soloman 330-637-3483 Cortland Masonic Lodge #529 330-638-3110

Charlie Harper 330-847-0114 Cortland Rotary Club Lori Harris 330-847-6217 Four Seasons Garden Club Becky Bucco 330-637-9115

Friends of the Cortland Library Di Matiejevic 330-637-2717 League of Women Voters of Trumbull County Terri Crabbs 330-637-3845

Darlene Fry / Diane Jordan 330-637-3010

Please contact the Cortland News if you would like your organization listed here.

## Our Next Issue....April 29, 2017 Our theme will be Mother's Day

Article Deadline by April 14 • Display Advertising Deadline is April 19 Email articles to editor@cortlandnews.net

The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or ommisions

## CORTLAND NEWS SELF SERVE PAPER BOX LOCATIONS Cortland Banks

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Windows R Us

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Fox Run Publishing, L.L.C. Jim Woofter Publisher/Owner 330-565-2637 info@cortlandnews.net

> **Editor** Jean Corliss

Graphic Designer Pam Haake

**Photographers** Jim Woofter Sally Lane

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Jim Woofter 330-565-2637 Thom Foley 330-727-5688

Featured Journalist Sally Lane

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Rev. Donald P. Barnes Terri Barnovsky Jean Bolinger Jean A. Corliss Kathleen Ferris Thom Foley Kayley Frost Louise List Gerri Moll Mark Pilarski Tom Shortreed Jennifer J. Slywczak

Contributors This Issue Detective David Morris Nathaniel Sillin

#### CONTACT Information

Please direct correspondence to: Cortland News P.O. Box 56 Cortland, OH 44410 (330) 565-2637

www.cortlandnews.net

We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

> Article submissions to: editor@cortlandnews.net

Display and classified advertising and photographs to: sales @cortlandnews.net

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.

SCAN TO VISIT CORTLAND NEWS





## **COMMUNITY** EVENTS

EVENT CALENDAR APRIL 9 TO APRIL 29

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. See pg. 5 and 6

**Lakeview Local School activities and sports schedules** visit www. lakeviewlocal.org.

Cortland Branch Library events. See pg. 21

**American Red Cross blood donations**, various dates. www. redcrossblood.org or 1-800-733-2767.

**American Red Cross** Swim lessons, various dates, www. warrenschools.k12.oh.us or 330-392-2552.

American Sewing Guild meetings, various dates. See pg. 9

**Annual pond stocking sale** sponsored by the Trumbull Soil and Water Conservation District. Orders until April 21, 330-637-2056, ext.111.

**Johnston Senior Center offers hot meals** Monday through Friday at noon.

Lakeview Kindergarten Registration open. See pg. 14 Ohio Star Quilters events, various dates. See pg. 22

Sutliff Museum exhibit: "The Language of Flowers" through July 2017.

The National Packard Museum's 17<sup>th</sup> Annual Antique Motorcycle Exhibit, "British Invasion," runs through May 27.

Trumbull Soil and Water Conservation District annual spring bulb and tree seedling sale, orders through March 31, 330-637-2056, ext. 111.

Youngstown Nighthawks Soccer League, Cortland League schedule, visit

https://www.facebook.com/ytownnigthhawks

#### **APRIL**

- **8** Annual craft show at Mecca Community Church, 5920 Phillips-Rice Road, 9 a.m.-3 p.m.
- 8 "The Little Mermaid Jr." presentation in American Sign Language, Hubbard High School Auditorium. 7 p.m. See pg. 14
- **10-5/5 Scrap tire program**, Cortland City Service Garage, 184 Willow Drive, weekdays, 8 a.m.-3 p.m. *See pg.*5
- 14 Cortland City offices closed
- **15 Blood Drive at Cortland Masonic Lodge**, East Main St., 9 a.m.-2 p.m.
- **18** The Trumbull County Travel Club Spring Wine Crawl, 330-856-5398 for cost and details. *See pg. 23*
- **18-20 Spring Break Series** to find out what Girl Scouts do. The series is for girls grades K-4, Cortland Elks Lodge, 9 Groton Ave., 6-7:30 p.m. *See pg. 11*
- **20** Lakeview Middle School PTO a skating party, 6-8 p.m., Cortland Roller Rink.
- **20** "Trader Day" gun show and swap meet, Trumbull County Rod & Gun Club, 6565 Phillips-Rice Road, 9 a.m.-3 p.m., free admission.
- **20** "Composting: Getting the Most from your Garbage," presented by Trumbull County Master Gardeners, Ag Center, 10 a.m.-noon, 330-638-6783 to register. See pg. 12
- **22 Second Annual Lakeview Elementary PTO Walk-A-Thon,** Lakeview High School all-weather track, 10 a.m.-2 p.m. *See pg. 14*
- **22** The Autism Society of Mahoning Valley 4<sup>th</sup> annual Valley Autism 5K and Family Fun Walk, Austintown Twp. Park, 600 Kirk Road. See pg. 11
- **22** Trumbull County Rod & Gun Youth Fishing Derby, 6565 Phillips-Rice Road, 10 a.m.-2 p.m., *See pg.* 15
- **22,23** Trumbull Senior Production Company annual musical revue, Champion High School, Saturday, 7 p.m.; Sunday, 2 p.m. See pg. 9
- **24-26** Kent State Trumbull Theatre presents "The Increased Difficulty of Concentration," Friday and Saturday performances. 8 p.m.; Sunday, 3 p.m., 330-675-8887.
- 26 Trumbull County Master Gardeners Wednesdays in the Garden, "Cold Frames and Their Uses," 6 p.m., held in the gardens at the OSU Extension Office. Please bring a lawn chair.
- **26,27 Southington UMC Rummage sale/Bake Sale,** April 26, 9 a.m.-4 p.m. Bag Day April 27, 9-11 a.m., state Routes 305 and 534, Southington. *See pg. 16*
- 27,28 City of Cortland Spring Clean-up. See pg. 5
- **28 Free public seminar about the probate process in estates,** Trumbull County Probate Court, 10 a.m.-noon. *See pg. HG2*
- **28,29** Cortland UMC rummage and bake sale, April 28. 9 a.m.-5 p.m.; April 29, 9 a.m.-3 p.m., 155 North High St., Cortland. *See pg. 21*
- **29 Fundraiser for Breast Cancer,** hosted by Cooper Cycle & Fitness, 134 N. High St., Cortland, 10:15 a.m. *See pg. 15*



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## CORTLAND RESIDENT ONE OF 85 GRADUATES FROM HIGHWAY PATROL ACADEMY

Recently, Cortland resident Scott C. Boyle, was one of the 85 graduates from the Ohio State Highways Patrol's 161st Academy Class. Each graduated after 23 weeks of intense training. The keynote address was provided by the Governor of Ohio, John Kasich. Additional remarks were provided by Director John Born, Ohio Department of Public Safety, Colonel Paul A. Pride, Patrol Superintendent and Captain Arthur J. Combest, Academy Commandant. The Oath of Office was issued by Judge Peter B. Abele, Fourth Appellate District, Ohio Court of Appeals.

Courses completed by the 161st class included, crash investigation, criminal and traffic law, detection of impaired drivers, firearms, physical fitness, self-defense and emergency vehicle operations.

Each of the graduates reported to their posts on March 27. The graduates first 60 working days will be a field-training period under the guidance of a veteran officer. The new graduates are assigned to 24 of the Patrol's 58 posts.

Boyle has been assigned to the Warren District, Chardon Post.



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By Detective David Morris, Cortland Police Department

Traffic safety, or the lack thereof, is a topic we hear about constantly. If we're lucky, the only effect traffic safety has on our families is the time it takes to listen to a segment on the evening news talk about someone who was involved in a crash, arrested or killed because a traffic safety law was violated. For too many although, the violation of these principles of driving safety we learn in driver's education at 16, cost a loved one their life or they themselves now have to live with a disabling injury. Those that violated these rules may have lost their freedom and/or driver's license or paid thousands of dollars in fines, fees and costs. One of those violations is speeding.

Every driver has violated the speed limit laws at one time or another during their driving career and most people get irritated when they are ticketed for such a "minor" violation. Drivers have told officers on stops that they need to worry about looking for "real" criminals like murderers and rapists, and not "harass" them for such pettiness. According to the National Highway Traffic Safety Administration (NHTSA), 9,262 people died in traffic crashes in 2014 in the United States because of speeding. During that same time period in the United States, the FBI Uniform Crime Report states there were 14,249 murders. That is 2.9 people for every 100,000 people killed because of speeding compared with 4.5 people for every 100,000 people killed as a result

By slowing people down, hopefully speed related crashes and fatalities can be reduced, if not eliminated. We all know of towns that have a reputation for being a "speed trap" and ridicule the "Mayberry" department for not having anything better to do. But, we can all agree when we drive through

those towns, cars are driving the speed limits... not daring to go a mile an hour over.

The officers from the Cortland Police Department regularly conduct speed enforcement as part of their regular patrol duties. Officers also participate in the Trumbull County OVI Task Force, where the state of Ohio pays for overtime for officers to increase enforcement of traffic laws, to include speed. The CPD uses front and rear RADAR, handheld RADAR and LIDAR (laser) to enforce speed limit laws within the city. Officers are fair in their enforcement of the speed limit laws and give motorists a reasonable "buffer" before initiating a traffic stop. The penalties for speeding can vary depending on how fast you are over the limit, whether or not an accident was involved and if you are in a school zone.

Keep in mind when CPD officers enforce traffic laws, their intent is to provide a safe community for residents to live and work in. We want you to be able to walk your dogs or ride your bikes without the fear of a speeding car causing you alarm or harm. Please do your part to obey our traffic laws and follow the posted speed limits.

As always, we want to hear from you and keep you informed of what is going on. You can follow the CPD on Facebook or Twitter and can read the latest police blotter at www. cityofcortland.org. Emergencies can be reported to 9-1-1 and non-emergency calls can be reported to dispatch at 330-675-2730. Should you require a copy of a report already filed or need to speak with Chief Andrews or a specific officer, call 330-638-1000. I can be reached by e-mail at dmorris@cityofcortland.org.

Authorship of this column alternates between the Cortland and Bazetta Police Departments.



## JOIN MY NEXT CLASS

When you or your loved ones are confronted by an intruder, a robber, carjacker...or worse, will you be prepared to protect them?

As a lifelong Cortland resident and an NRA, State of Ohio certified intructor I have been teaching firearm competency to your friends and neighbors for years. You do not need to be "a gun nut" or even a gun owner to take this class. Neither do you need to obtain a Concealed Carry Permit upon completion although you will be eligible to do so and many do. I will teach you all about handguns including how to feel safe and confident handling them. Your enrollment is safe, secure and confidential. Call me for more information or enrollment. Bob Woofter, 330.442.9669.

### ———

## Lt. Governor Taylor urges Ohioans to attend 'Welcome to Medicare' events

Lieutenant Governor Mary Taylor is urging Ohioans newly eligible for Medicare to attend free "Welcome to Medicare" events sponsored by the Ohio Department of Insurance. The statewide events are intended to help more than 100,000 soon-to-be Medicare recipients understand their health insurance coverage options.

"We want those new to Medicare and those nearing eligibility to have confidence that they are selecting plans that best suit their budget and health care needs," said Taylor, also director of the Ohio Department of Insurance.

Department Medicare experts will cover topics such as Medicare Part A and B benefits, Part D prescription drug coverage, Medicare Supplement plans, Medicare Advantage plans, financial assistance and key deadlines. The events

run from now to June 21.

In 2016 the department helped more than 340,000 Ohioans with Medicare save \$28.8 million by assisting people in comparing and selecting appropriate plans and connecting individuals with financial assistance programs.

People who have enrollment questions can also contact the department at 1-800-686-1578 or call 1-800-MEDICARE. Coverage enrollment can be completed at www. medicare.gov.

The department will also host "Welcome to Medicare" Facebook Live events at www.facebook. com/OSHIIP and public webinars viewable via www.insurance.ohio. gov. For an events listing visit the Ohio Department of Insurance website.

## SENIOR PERFORMANCE GROUP PLANS MUSICAL SHOW



Trumbull Senior Company Production (TSPC), a company of singers and dancers age 50 and over, will present their annual musical revue on Saturday, April 22 and Sunday, April 23 at Champion High School. The 2017 show, which features over 50 singers and dancers, is titled "Downtown Rhythm." Tickets are \$12 and will be available at the door or by calling 330-841-4066.

Five women from Cortland will perform in this annual follies. They

include Karen Combs, Donna Blascak, Lupe Cohen, Leslie Wilkinson and Jean

The Saturday performance starts at 7 p.m. and curtain time for the Sunday show is 2 p.m. Proceeds from the show help provide a scholarship each year for a Trumbull County high school graduate who plans to attend college to major in the performing arts.

The show is written, choreographed and directed by Jason Burgermyer. TSPC was formed in 2009 as a non-profit corporation with the express purpose of providing an opportunity for senior singers and dancers to display their talent.

Pictured are top row: Karen Combs, Donna Blascak and Lupe Cohen. Bottom row: Leslie Wilkinson and Jean Bolinger

## AMERICAN SEWING GUILD APRIL SCHEDULE

Sewing Guild's April schedule for Neighborhood Group meetings. Guests are always welcome.

Evening Cut Ups meet at Grace Church of Nazarene, 5253 W. Webb, Austintown, on April 10 at 7 p.m. Complete plans for extravaganza. For information call Kim at 330-545-6520.

Fancy Cutters meet at Lake Vista, 303 North Mecca St. (Rt. 46), Cortland, on April 10 at 10 a.m. Virginia will demo a reversible table runner. For information call Virginia at 330-847-7549.

Material Girls meet at Prince of Peace Lutheran Church, 490 N. High (Rt. 5), Cortland on April 13 at 6 p.m. Neighborhood Group 12th

The Niles Chapter of the American instruction sheets for everyone. For information call Barb at 330-550-1215.

Designing Women machine embroidery group meet at Domestic Sewing, 2011 Youngstown Road, Warren on April 14 at 10 a.m. Rita is doing a tutorial of her Alaska Trip. For information call Shirley at 330-969-

Howland Happy Stitchers meet at Living Lord Lutheran Church, 851 Niles-Cortland Road (Rt. 46), Howland, on April 18 at 10 a.m. Peggy will demo "that perfect star." For information call Carol at 330-856-4827.

Southington So-Sews meet at Southington Christian Church, state Route 534, Southington on April 24 at 10 a.m. Yo-yo coin purse demo by Dot anniversary. Bring small handmade Porter. Bring hand sewing needle. For item or technique to demo, along with information call Jennie at 330-847-7386.

## Lakeview class of '67 looking for classmates FOR REUNION

The Lakeview High School class of 1967 is holding its 50<sup>th</sup> reunion on June 16 at Garden Brook Banquet Center in Cortland. Anyone with contact information for the following classmates should contact Larry Sanfrey at 330-372-6825:

Jim Barnes, Fred Brinker, Janatte Chapman, Sandy Craig, Kathy

Cramer, Linda Crawford, Cristo, Kathy Davis, Bill Downing, Eva Holod, Darlene Kassan, Elaine Kish, Paula Krieg, Joseph Mars, Donald McKelvey, Barbara Mease, James Mink, Susan McCombs, Patricia Rechedy, Jean Shaw, Janet Siekkinen, Thomas Sines, Thomas Smorra, Kirk Sterling, and Thomas Williams.



## BILL GORE OF CORTLAND 'COMMUNITY STAR'

By Jean Bolinger

Bill Gore of Cortland was recently honored as one of 10 area citizens designated "Community Stars" for their extraordinary efforts to make things happen in Trumbull County.

A Vietnam War veteran, Bill has been active in the American Legion Post 540 in Cortland for many years. Now that he is retired, he spends much of his time volunteering as an honor guard at veterans' funerals, helping to send them off "with the honor and respect they deserve." Bill also assists other veterans wade through the process of disability claims, skills that he learned in his attempt to get disability benefits for his own health issues that were war related.

In addition to his honor guard dedication, Bill is also president of the congregation of Prince of Peace Lutheran Church and assists in sending local young men to Boy's State each year at Miami University.

## HOW TO SPRUCE UP YOUR GARDEN WITH **BIRD SAFETY IN MIND**

(StatePoint) You may not realize it, but the average residential property can be hazardous to local wildlife without proper precautions taken.

An estimated 98 million birds are killed annually in the U.S. when colliding with windows, according to Western Ecosystems Technology, making your home a potential death trap during migratory season. However, there are steps you can take to not only protect the birds whose flight path traverses your yard and garden, but also offer them a safe place to rest and feed - adding natural beauty for your garden.

Start by making glass visible to birds by applying safety decals to window exteriors every few feet. Remember sliding glass doors as well.

To maintain the look of your home and your own view out the window, use decals that are unobtrusive to the human eye, but contain a component that reflects ultraviolet sunlight. Those from WindowAlert have proven in studies to be an effective visual barrier that only birds can see, particularly when combined with WindowAlert UV Liquid, a gel which can be applied between decals for greater protection.

"Everyone can help contribute toward making migration safer for birds," says Spencer Schock, founder of Window Alert.

Because the UV reflectivity may fade over time based on exposure, replace the decals every four months and reapply the liquid every three

Schock also points out that if you want migratory birds to stay awhile, you may want to consider avoiding the use of pesticides that kill insects, which are their natural food source. A strategically placed bird feeder -- either within three feet of a window or over 30 feet away in order to prevent bird strikes -- can provide nourishment and energy to hungry birds. Ideally, bird feeders will be placed well away from where prey may be lurking, such as bushes and trees.

If you own cats, you should also be mindful of their danger to birds and monitor your cats' time spent outdoors to ensure they are not hunting feathered

More tips for turning your yard into a safe haven for birds can be found at windowalert.com.

"Birds play a valuable role in our ecosystem," says Schock. "Protecting them from the hazards humans have created will not only save lives, but will improve your local environment, too."





## Fran Moyer retires

CORTLAND CITY FINANCE DIRECTOR

By Sally Lane

It all adds up. Twenty-four years as the city of Cortland's finance director, plus 11 years working for the village of Orwell before that, and earlier years in banking, totals about 40 years of working with balance sheets, budgets and number crunching. Fran Moyer figured it was time to retire and enjoy adding up memories with her five grandchildren ages five months to 10 years old. Her three children are spread from nearby to Indiana and Texas, so travel is also on the agenda.

In Moyer's tenure as finance director in Cortland, she worked with five mayors. Robert Moyers appointed her after she applied in 1993. "There was a little rumble when I was first appointed by Mayor Robert Moyers. People thought we were related, but we

aren't. His name is Moyers and mine is Moyer. Different family." After Moyers, she worked with Melissa Long, Dennis Linville, Curt Moll and now Jim Woofter. The finance director takes care of the budget for the city and payroll for all the local government departments, which include the Fire, Police and Service Departments.

"The best part of my job has been the people I've worked with," she said. The most challenging part of her job is "not the bookkeeping, but compliance," said Moyer. Rules of compliance change, and are the most important part for good audits, in addition to the bookkeeping. When she began her job, she took classes for three years offered by the State Auditor. The city has always had good audits, she added, and she is proud of that record.

Moyer received a certificate of appreciation from Mayor Woofter and congratulations from co-workers after the last City Council meeting. "Cortland has been a wonderful community. I'm

so grateful for the opportunity I've had to serve

When you have enjoyed your job, good-byes are sweet as one counts and recounts special memories. We wish her a happy retirement.



## GEAUGA-TRUMBULL SOLID WASTE DISTRICT SPONSORS 'OUR BEAUTIFUL EARTH' PHOTO CONTEST

The Solid Waste District of Trumbull and Geauga counties invites middle school students in grades 6, 7 and 8 to submit an original photo of something beautiful in nature. It can be a picture of a local landscape, wildlife, flowers, waterscape, etc. Electronic photos along with a description of how the photo

captures the beauty of nature in our area will be accepted until April 22. Cash prizes and recycled products will be this year's awards.

Students visit can startrecycling.com for rules, eligibility and submittal guidelines or call the district at 330-675-2673 or 1-800-707-2673.





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ONE COIN IS FINE ON A MULTI-COIN/MULTI-LINE

multi-coin video slot machine, how many coins do you recommend per line? Also, on a slot machine where you can push a button to stop the reels when I do decide to stop them, chances of winning? Susan L.

On multi-line/multi-coin slots, I would recommend playing one coin per line. The reason, Susan, is that more than likely you are playing on what is called a Straight Multiplier or an "equal distribution" machine. The payouts on additional coins per line are just straight multiples of the one-coin payout on most of these machines. Hence, there is no advantage to playing more than one coin per line.

choice of intervals, Susan, has no effect on your chances of winning, or losing for that matter. What pressing the 'Stop Spin" button does do is cut out the "round and round she

Dear Mark: We are offering a Las Vegas Night this year for our charity. There will be two blackjack games, both single deck. Chips will be valued at \$1 with winnings that can be turned in for prizes, not cash. Although we will be using standard blackjack rules, I am questioning burning a card after the shuffle. Should we, and what is the reasoning behind it? Henry P.

With blackjack, Henry, the top card or cards are typically discarded rules with respect to coffeehousing after the shuffle. When these card or cards are discarded from the top of the deck, they are called burn card(s). The reasoning for this security information about future cards.

There is a good chance that as Elbert Hubbard

Dear Mark: On a multi-line/ you swap out dealers at your charity event most will forget to burn a card every time. Even newbie dealers in a casino sometimes forget, added Yours Truly to that list when I broke in.

Worry not, Henry, as this security does it make any difference as to my measure is certainly not imperative with casual play, especially if your top prize is a gigantic stuffed teddy

> Dear Mark: I have two questions regarding home-play poker ethics. First, what are your thoughts on a player who "chip dumps?" Some of my poker buddies find it acceptable to do, but I don't. I find it unethical. What are your thoughts? Also, is it okay to talk about your poker hand while playing? Pete J.

To clarify for readers who don't Pressing the stop button at your know, chip dumping is when a player makes large bets and raises, only to fold later to a much smaller wager, a bet that any legitimate player would typically call.

Another example of chip dumping goes..." fun factor that many players is two players who are collaborating; one making large wagers with an inferior hand and expecting to lose to the accomplice, which gives the coconspirator more chips.

Players who chip dump think it's ethical. I believe it's out-and-out cheating.

Talking about your hand, especially with the disingenuous intent of deceiving other players, is called coffeehousing. Again, is it ethical? Personally, Pete, I don't think it is. My suggestion here is that house and chip dumping should be established at the outset of kitchen table play.

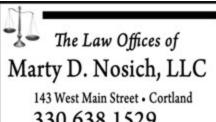
Gambling Wisdom of the measure is to reduce the chances of Week: "The only man who makes a player or players getting advance money following the races is one who does it with a broom and shovel." -



## New hours at the Sutliff Museum

The Sutliff Museum is now open on Wednesdays and Thursdays from 3 to 6 p.m. and Fridays and Saturdays 1 to 4 p.m. This change is to better serve the community and reach visitors that were not able to visit the museum at its previous hours. Tours may be arranged at other times by calling the museum.

The Sutliff Museum, operated by The Warren Library Association, is located on the second floor of the Warren-Trumbull County Public Library, 444 Mahoning Ave., Warren, and is free and fully handicapped accessible. For further information visit www.sutliffmuseum.org or call 330-395-6575.



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## New floors at the Opera House



New floors have been installed at the Opera House, 152 Park Ave., by the Cortland-Bazetta Historical Society. Pro-One Flooring of Cortland did the refinishing of the main floor, while Tondo Flooring replaced carpeting on the lower level. Larry Placer of Pro-One, pictured, said that the oak floor they refinished is probably the one that was installed in 1882 when the old building became the Opera House. Before that the building was the original Methodist Church in Cortland. The Opera House can be rented through the historical society. See their ad in the business card section.

## AUTISM SOCIETY TO HOLD ANNUAL VALLEY AUTISM 5K & WALK

Annual fundraising event expanded to include special needs resource fair

The Autism Society of Mahoning Valley (ASMV) will hold its 4th annual Valley Autism 5K and Family Fun Walk on April 22 at Austintown Twp. Park, 600 Kirk Road. Registration starts at 8 a.m. and the first run event starts at 9 a.m. Race registration and additional event information are available at ValleyAutism5K.org or by calling 330-

"We have dedicated ourselves to growing this already successful run into an event with broad appeal to help raise the funds needed to support families affected by autism in the region," says Robin Suzelis, ASMV board president. Suzelis explained the organization's role in the community is to improve the quality of life for families with broad support, activities, information and referral. Its secondary roles are to act as an advocate on their behalf by raising awareness, bringing about community change and creating opportunities for individuals working through life with to run, walk or can help spread the Bounce.

word about our event to their friends and family in order to make this event a success.'

The event will include a 5K run, 5K timed walk, kid's fun run, one-mile family fun walk, special needs resource fair and family-friendly carnival. The 5K event is a combination of trails and roads to create a unique running experience. Participants can register for the events at www.ValleyAutism5K.org. Prizes will be awarded to the top runners in each age category, top overall male and female in the 5K walk category, as well as prizes for top fundraising teams.

"We are excited to not only provide a great 5K run and walk experience, but also a great community event for our families affected by autism. There will be a DJ, bounce house, petting zoo, pony rides, Gymsters, balloon artist and more," said Suzelis.

Event sponsors include: the John Kufleitner Auto Group, Shannan Jursa - State Farm Insurance, Ohio this disability. "We need the help of Naturopathic Wellness Center, Valley everyone in the Valley that can register Awning and Tent and Austintown

## GIRL SCOUTS: WHAT'S IT ALL ABOUT?

and find out what Girl Scouts do! The to cover that cost. Girls will become series is for girls in grades K-4 and will be held April 18-20 from 6 to 7:30 p.m. at the Cortland Elks Lodge, 9 Groton Ave. (use side banquet door).

Learn a new song, try a craft, play a game, make a new friend! Parents welcome to attend, too. Cost to attend will include Girl Scout membership

Come to the Spring Break Series fee, with financial assistance available individually registered members. If you wish to join a troop after attending, you will be connected with a local troop in your community.

> Please call 315-698-9400, ext 2312 to register and reserve your spot no later than April 12. There is a minimum of 15 girls required to run these programs.



## Adopt A Pet



London is an 8-year-old Border Collie mix. London was surrendered by his previous owners because they could not continue to care for him. London has been chosen to attend our CCP program and he will be spending nine weeks learning basic obedience and commands like sit, down, stay and many more. London will entered the program on March 29. When London comes back from CCP, he will also be housebroken, crate-trained and will walk well on a leash. London is available for pre-adoption. His adoption fee has been sponsored by the Logan Fund and includes his training as well as his neuter, vaccinations, heartworm

testing, microchip and more.

Sis is a 9-year-old domestic shorthair mix. She was found as a stray and brought to AWL. Sis is a friendly cat that would love to be a part of your family! She is great with people but she will need to be the only cat in her new home as she doesn't always get along well with the others. Her adoption fee is \$20.16 and includes her spay, vaccinations, FeLV and FIV testing and a microchip.

Shelter hours are Tuesday through Saturday from noon to 6 p.m. Adoptions close at 5:30 p.m. The shelter is closed on Sundays and Mondays. AWL shelter is located at 812 Youngstown Kingsville Road SE in Vienna, across

the street from Avalon at Squaw Creek. For more information call, 330-539-5300 or visit www.awlrescueme.com.



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## A BEAUTIFUL LAWN IN LESS TIME

(StatePoint) For homeowners looking to create a more inviting outdoor living space, it all starts with a beautiful lawn. But without the right routines and tools, achieving and maintaining a topquality yard can be time consuming.

One of the best ways to save time and get the lawn you want is to invest in better lawn care tools. Now is a great time to take stock of the tools in your

garage.
"If you're spending more time than you'd like maintaining your lawn, you might consider some key equipment upgrades," says Jamie Briggs, product manager at Exmark, a leading manufacturer of mowers and other lawn care equipment.

"Choosing the right mower is more than just an investment to beautify your property," Briggs said. "A newer, faster mower will give you more free time to enjoy the outdoor living space you've worked so hard to create.

With that principle in mind, here are some insights about what to look for when replacing an older mower with a newer, more efficient model.

• Maneuverability: The ability to easily maneuver between flowerbeds, trees and other landscape features

allows you to mow closer to these features. As a result, you'll spend less time with a string trimmer.

• Cut quality: Some mowers deliver a better quality of cut than others. It's one factor to consider when upgrading your mower, especially with respect to the type of grass of your lawn.

• Durability: Look for features with increased durability, such as welded, fabricated cutting decks, commercial engines, hydro drive systems and heavy-duty welded, tubular steel unibody frames.

Briggs recommends homeowners take a look at the equipment used by the professionals.

"Landscape professionals earn their living efficiently maintaining beautiful properties. It's safe to say the zero-turn riding mower has become their tool of choice," he says.

Zero-turn riding mowers are offered at a variety of price points and provide solid productivity, performance and durability.

This season, give yourself more time and energy to enjoy the outdoor living space you've created, with an upgrade to newer, faster tools.



By Kathleen Ferris, Master Gardener

I love a plant that does what it is supposed to do, and ground covers are a group of plants that by definition cover the ground, grass included. But there are areas where grass cannot grow or is not wanted in the landscape.

A low growing ground cover can add beauty and provide a substitute for mulch or stones. Great problem solvers, ground covers thrive in those tough areas under trees where grass won't grow and control erosion on hillsides. They can frame the base of trees and shrubs, fill crevices between pavers and stepping stones and cover large areas with low maintenance plants. Low growing ground covers can be used to soften hard edges and are useful around boulders, fences and walls where lawn grass would be tough to

The ideal ground cover plant spreads quickly but is not overly aggressive, can look stunning with little care and withstand some foot traffic. There are evergreen ground covers and ground covers that die back in the winter and emerge in the spring. Creeping juniper is a great ground cover plant for the front of your home landscape. They like sun, most soils and have great needle color, but they do need good drainage.

The three most commonly used ground covers are English ivy (Hedera helix), Pachysandra and Periwinkle (Vinca minor) in our area. English ivy has been cultivated for hundreds of years and is a tough, durable ground cover. The dark green, lobed evergreen leaves grow on stems 20 to 30 feet long and can be aggressive. There are many cultivars and it is excellent on slopes, tolerates heavy shade and difficult city conditions better than most plants. There are also ivy cultivars with variegated leaves.

Pachysandra is a most useful ground cover for shade to sun growing 6 to 10 inches tall and spreads by underground runners to form a dense mat. A good ground cover for slopes and under trees, do not plant pachysandra in a bed or border with bulbs or perennials; it will overwhelm them. The plants have green saw toothed edged leaves clustered around the stems, white flowers in spring are inconsequential.

Like English ivy and Pachysandra, Common periwinkle is another useful evergreen ground cover and is hardy in Zone 5. Periwinkle is handsome and easy to grow, and while there are two species suitable for the garden, Vinca minor is hardy in zone 5. Also known as Myrtle, this ground cover is known for its lovely blue or white flowers. Plant common periwinkle in medium shade to full sun; not fussy about soil type, it likes well drained soil with average fertility. Prune the long trailing stems to promote denser growth. Not to worry, this is one ground cover that makes a good companion to spring

This next groundcover plant is not common to most homeowners. Known as Chameleon Plant (Houttuynia cordata), it has beautiful tri-colored leaves and grows anywhere, and grows and grows. It is a deciduous vine, and will grow in any type of soil in sun to part shade. If you have an area where NOTHING will grow, maybe this plant is for you. It is invasive with beautiful leaves. Many different groundcovers will be for sale at the Master Gardeners Plant Sale on May 20, along with perennials, herbs and vegetable plants. There will be more information about the plant sale in my next column and more on groundcovers for your gardens and landscapes. Next up, sedums, thymes and other perennials.

Lee Beers, Trumbull County Extension educator, will discuss proper composting techniques in his program "Composting: Getting the Most from your Garbage." A portion of the class will be outside. There is a fee; for more information call the extension at 330-638-6783. The date is April 20 from 10 a.m. to noon.

Happy gardening! *Kathleen Ferris is a Trumbull County* Ohio State Extension Master Gardener and a Cortland resident.

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## BAZETTA FIRE & EMS TRAINING TEACHES LOCAL SCOUTS CPR



The Bazetta Fire and EMS Training Division recently provided cardiopulmonary resuscitation (CPR) training to Boy Scouts and Cub

Scouts from local troops. The scouts learned how to perform lifesaving treatments on a victim in cardiac arrest.

## LAW YOU CAN USE CONSUMER INFORMATION COLUMN

## OHIO TACKLES OPIOID EPIDEMIC

and getting worse. Increases in the number of foster-care children in agency custody, the number of poisonings and overdose deaths, and the rising use of the opioid reversal drug naloxone all speak to this ongoing tragedy.

opioid epidemic?

**A:** Ohio is tackling the problem in a variety of ways that include tracking prescription pill purchases through a statewide database, advising doctors on proper dosage limits, initiating a youth drug prevention program, providing access to medicationassisted treatment and behavioral health treatment to participants in drug courts and other specialized dockets, and seeking solutions on a regional level.

**Q:** How are Ohio's drug courts using their treatment-focused, holistic approach to help offenders?

A: The drug courts establish written clinical and legal criteria that identify which types of health conditions and offenses or charges exclude an offender or make an offender eligible for help. Judges order professional assessments to determine which of these offenders should participate in the drug court docket. The assessments identify those who have the greatest need for treatment and whose treatment is most likely eliminate future criminal behavior. They also establish each participant's treatment plan requirements. The judge oversees a treatment team that includes probation officers, community treatment providers and other relevant parties. The team monitors each participant's compliance with the treatment plan and other court requirements. Treatment often involves medication, but medication alone can't fully rehabilitate persons suffering from an opioid use disorder. A holistic approach includes "Recoveryrecovery. Drug courts provide the monitoring, encouragement and accountability—including the potential for incarceration – needed to keep persistent, repeat offenders engaged in treatment.

**Q:** *Is this approach working?* 

**A:** A preliminary report about the effectiveness of the first phase of a pilot program was released at the end of 2015 with promising results. After six months in the program, participants showed a significant decrease in heroin use and criminal justice involvement and a significant increase in stable housing situations. Also, twice as many were employed. The state is currently studying whether participants are benefitting from the intensive treatment they

Opioid abuse in Ohio is bad are getting through certified drug courts in the 22 counties that have received additional funding for medication-assisted treatment of opioid-addicted offenders.

**Q:** What must a court do to add a drug court docket to its services?

**A:** Ohio courts that operate Q: How is Ohio combatting the specialized dockets such as drug courts must apply to the Supreme Court of Ohio's Specialized Docket Section. The Supreme Court has adopted 12 standards to create a minimum level of uniform practices, but local courts are still allowed to innovate and tailor their specialized dockets so they can respond to local needs and resources. The standards spell out the certification procedure. They require courts to engage in a planning process for their specialized docket programs, use a non-adversarial approach, hold regular treatment team meetings, and conduct regular status review hearings for individuals placed in the programs. The Supreme Court does not decide which specialized dockets to certify, however. Rather, a 22-member Commission on Specialized Dockets – composed of judges and court personnel who operate specialized dockets around the state—applies the certification requirements and determines which programs will be certified.

**Q**: What is the Regional Judicial Opioid Initiative?

A: In August 2016, the Supreme Court of Ohio hosted delegations from nine states, the federal government, and other criminal justice partners to engage on a regional level about ways to combat the opioid epidemic. During a meeting in Cincinnati, the partners discussed and created state and regional action plans to more effectively rehabilitate offenders who enter the criminal justice system because of an opioid use disorder. The nine states have pledged to make the region a blueprint for policy and practice for others to follow. The initiative is the first in the nation to Oriented Systems of Care," such bring together state judicial leaders, as counseling and other behavioral treatment providers and medical therapies that promote long-term experts to explore regional solutions to a problem that knows no borders. The opening summit began a yearlong program of regional policy planning and development across state criminal justice, public health, family support, and child protection systems. Meetings, strategy sessions, and opportunities to challenge the status quo will continue.

This "Law You Can Use" consumer legal information column was provided by the Ohio State Bar Association. It was prepared by the Supreme Court of Ohio's Specialized Dockets Section. Articles appearing in this column are intended to provide broad, general information about the law. It is not intended as legal advice. Before applying this information to a specific legal problem, readers are urged to seek advice from an attorney.

## LEAGUE OF WOMEN VOTERS PLAN ACTIVITIES



The League of Women Voters of Trumbull County met to announce a fundraiser to help the general fund for educational purposes. There are only 100 tickets being sold with the drawing on May 20, with the grand prize of \$250. Tickets are available for \$5 per ticket and can be purchased by 330-766-0837. Winners do not have to be present.

Members of the league will be actively visible in the support of the Women's History Luncheon at the Packard Museum in Warren. The league is also in the process of planning the annual "Women's Equality Day" held at the Women's Park in Warren. This event will be on Aug. 26.

For information on the league, visit www.orgsites.com/oh/lwvtc or call 330-

Pictured seated: Kirsten Burkey, Sue Smith, Janice Hardman; standing: Peggy Boyd and Sandy Mahaffey.





## LAKEVIEW U15 GIRLS SOCCER TEAM COMPLETES SUCCESSFUL OFF SEASON



The Lakeview U15 Girls Soccer team has finished its off season indoor play with a 9-5 record in the High School Division One group at the NC Soccer Ĉlub facility in Hudson, Ohio. The girls also took first place in the Ohio Indoor Travel Cup tournament on March 4 winning against Olmstead Falls. Players are: (standing) Alexa Dorma, Callia Paolucci, Emma Kubic, Hanna Mathews and Sydney Dobler, (kneeling) Melaine Wolff, Caitlyn Kachurik and Alison Augustine.



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## SECOND ANNUAL LAKEVIEW ELEMENTARY PTO WALK-A-THON

Last year's Lakeview Elementary PTO Walk-A-Thon was so successful in raising money for the school that the PTO could purchase a cart of 25 Chromebooks for the school. This parent organization also aids in field trips, helps purchase classroom supplies, sponsors the annual Art Festival and COSI on Wheels. They

also recently sponsored a bullying prevention musical-comedy.

This year the Second Annual Lakeview Elementary PTO Walk-A-Thon will be held April 22 from 10 a.m. to 2 p.m. at the high school all-weather track. PTO President Amy Newton said, "The kids will seek per lap sponsors or flat rate sponsors." Students then walk quarter-mile laps around the track. "You can walk at any time during the event; you do not need to be there all four hours." Family members are invited to walk, too, although only LES students

are eligible for prizes. Every student who walks will get a coupon for free refreshments. The PTO will also be selling refreshments. The Cortland Lions Club French Fry Trailer and Kona Ice Trailer will also be there.

There will be prizes including a bicycle to the top money raiser in each grade level. For each \$25 raised, each student will have their name entered in a drawing for a second bike to be given away in each grade level. Prizes are given to the top lap walkers in each grade, and additional school-wide raffles will be held. Local vendors will be on hand to showcase their businesses along with raffle baskets and a 50/50 drawing. Carnival fun includes a bounce house, games and face painting. Students must be accompanied by an adult. No pets, please. For more information please call/ text Amy Newton at 330-256-3364.



## KINDERGARTEN REGISTRATION OPEN FOR 2017-2018 SCHOOL YEAR

Lakeview Elementary has begun registration. The district enrollment process, including kindergarten registration, is now done electronically and online. A child

must be 5 by Aug. 1, 2017 to enroll.

If you currently have a student enrolled in Lakeview Schools, login to your OneView account and simply select "Enroll New Student."

If you do not have a child enrolled in Lakeview Schools, you will need to start your registration from home, using a PC or other device connected to the Internet. You will start by going to www.lakeviewlocal.org and clicking on forms and links. Then click on electronic registration (under the enrollment heading).

There will be an open lab on Wednesday, April 12 from 9 a.m. to noon and from 1 to 2 p.m., where you may use the school district's computer lab to register a child, if you do not have access to a device connected to the Internet to complete the enrollment forms. All parents/guardians should plan to bring required documentation on any of the two days. Regardless of where the enrollment forms are completed, you must bring in the required documentation on the dates listed

- The following items are required to process a child's registration:
  Proof of residency—two forms are required (mortgage statement, lease contract, pay stub, utility bill, etc. It must list your residential address.
- Birth certificate
- Social Security card
- Immunization record
- Custody documentation with court seal and judge's signature (if not living with both parents) or a statement from an attorney documenting process of

• Parent/guardian photo identification

The legal custodial parent/guardian must enroll the student. If you do not have all of the above documentation submitted on one of the above dates, your registration will not be processed. For more information contact 330-638-2145.



## KENT TRUMBULL STUDENT BRINGS THEATRE TO **DEAF COMMUNITY**

Kent State University at Trumbull sophomore, Jessie Narkum, is codirecting performances of "The Little Mermaid Jr." on Friday and Saturday, April 7 and 8, at Hubbard High School Auditorium. This isn't your typical play. Narkum, an American Sign Language (ASL) major, and Hubbard High School ASL teacher, Richard Magazzine, are producing the play entirely in ASL with audio translations available for the hearing audience.

Connecting her passion to her education is important to Narkum.

"I have friends who are deaf so bridging communication has become my purpose," said Narkum. "I have been learning ASL since I was a junior in high

Last year along with Magazzine, she co-directed "Beauty and the Beast Jr." in ASL. Narkum minors in Education. Last fall, she was chosen for the first-ever Kent State Trumbull homecoming court and is involved in student government.

'Narkum is a great example of who we want our students to strive to be," said Dr. Lance Grahn, dean and chief administrative officer. "We believe all of our students are full of great potential, and we want to help them develop the exceptional capacity to achieve amazing things."

Performances each night begin at 7 p.m. Tickets will be sold at the door: adults are \$7, and students and seniors

## PREVENT BLINDNESS DECLARES APRIL AS WOMEN'S EYE HEALTH AND SAFETY AWARENESS MONTH

More women than men have eye disease. Just in Ohio, 879,397 women have age-related macular degeneration, cataracts, or glaucoma, compared to 591,297 men with these eye diseases. According to the Prevent Blindness study, "The Future of Vision: Forecasting the Prevalence and Costs of Vision Problems," these numbers will only continue to increase in the years to come.

Prevent Blindness has designated April as Women's Eye Health and Safety Awareness Month in an effort to educate women about the steps they can take

today to help preserve vision in the future.

See Jane See: Women's Healthy Eyes Now, provides free education and resources on everything from eye disease to cosmetic safety to vision changes during pregnancy. Valuable information and new data on a range of topics related to women's vision health at every life stage can be found at SeeJaneSee.org. In addition, the site also features a section written by leading experts on a range of topics from the importance of eye exams to effects of smoking on vision.

According to the Centers for Disease Control and Prevention (CDC), African American women are the group with the second highest rate of new HIV infections. In fact, the rate of new HIV infections among African American women in 2010 was 20 times that of white women and nearly five times that of Hispanic women. In response to this, new elements to the See Jane See resource include an expert entry from Sherrol A. Reynolds, OD, FAAO, associate professor at Nova Southeastern University College of Optometry, entitled "HIV and Your Eyes," and a free downloadable fact sheet, "HIV/AIDS and The Eye," explaining the effects that HIV may have on vision and eye health.

To help save sight, Prevent Blindness recommends:

quitting smoking

• taking supplements (as approved by a medical professional)

• learning of any family history of eye disease

• expectant mothers should be aware of possible vision changes during pregnancy

 all women who are pregnant or who are planning to become pregnant and have been diagnosed with diabetes should get a full, dilated eye exam

wearing UV-blocking sunglasses and a brimmed hat outdoors

• using cosmetics safely

using contact lenses safely

For the second straight year, OCuSOFT Inc., a privately-held eye and skin care company dedicated to innovation in eyelid hygiene and ocular health, has agreed to donate 10 percent of all online sales during April's Women's Eye Health and Safety Awareness Month. "By making vision a priority today, we can help protect our sight in the years to come," said Sherry Williams, president & CEO of Prevent Blindness, Ohio Affiliate. "We encourage both men and women to seek regular eye care, not just when they notice a change in vision, but to check for signs of eye disease." For more information on women's eye health, including fact sheets on eye diseases, eye protection, as well as financial assistance, please

visit www.preventblindness.org, www. SeeJaneSee.org, or contact Prevent Blindness, Ohio Affiliate 800-301-2020 or visit www.pbohio.org

# TRUMBULL COUNTY ROD & GUN CLUB ANNOUNCES FREE YOUTH FISHING DERBY

Trumbull County Rod & Gun Club is planning to have a special Youth Trout Fishing Derby at the club property located at 6565 Phillips-Rice Road, north of Cortland on Saturday, April 22 from 10 a.m. to 2 p.m. for youth up to 16. The event is free and open to the public, and co-sponsored by the Ohio Dept. of Natural Resources, the U.S. Fish and Wildlife Service and the U.S. Sport Fish & Wildlife Restoration program.

Participants may bring their own rod and reel -- or use the equipment furnished by the club. There will be free door prizes, free lunches and free bait. Pre-registration is required by calling Dan Java at 216-469-3472. Youth must be accompanied by an adult. For more details, visit www.tcrg.us.

Trumbull County Rod & Gun Club meets on the first Thursday of every month, at 8 p.m. and guests are always welcome.

## How digital technologies can help students learn

(StatePoint) Did you know that advanced digital technologies can help grade school and high school students become better prepared for college and careers?

From interactive platforms and applications to high-tech hardware, digital learning is empowering educators and helping prepare students for their futures. Here are a few new learning tools that are transforming education today.

Do the Math

Graphing calculators are getting an enhanced look and feel, enabling students to solve the most challenging equations and enhance their understanding of math. For example, cutting edge calculators, such as fx-CG50, the newest model in Casio's calculator portfolio, offer a three-dimensional graphing function that allows students to view their graph from various angles to better analyze their shape. Other new capabilities include cross-section and zoom functions for greater analysis. Students can also plot graphs over pictures of real-life scenes on a full color textbook-style display, making math education a more visual experience.

#### Go the Distance

These days, classroom style learning doesn't always have to take place within the four walls of a physical classroom. Distance learning offers a greater number

of people access to the same educational opportunities, and is made possible by new technologies.

Educators and schools are embracing platforms like Blackboard and Schoology to help connect students with educational content 24 hours a day. These platforms also enhance traditional classroom learning. Known as blended learning, students still attend class, but can hone their skills and knowledge during off-hours at a personalized pace with technology-mediated instruction.

Music to One's Ears

Music education isn't what it used to be, thanks to new technology and gear. For example, Chordana Play, a new app, can be linked with several Casio electronic keyboards as a learning tool for beginners and advanced musicians. The app displays notes graphically in real time, along with the correct keyboard positions for both hands. Users are welcome to import song data into the app and expand their repertoire over time. To learn more, visit CasioMusicGear.com.

As technology evolves, enhanced tools and processes are changing the way educators teach and students absorb content. And these changes also are making teachers more efficient, enabling greater freedom for students to benefit from a more personalized approach to learning.

## **//**-

## COOPERS CYCLE AND FITNESS HOSTS FUNDRAISER

Coopers Cycle and Fitness, 134 N. High St., Cortland, will be hosting a fundraiser for Breast Cancer Prevention and Awareness on Saturday, April 29 beginning at 10:15 a.m. This fun-filled day

will include a Paint and Sip, only \$20, at 1 p.m. Fitness classes and a spin-a-thon will begin at 10 a.m. and end at noon. Please call 330-637-0274 to prepay for the Paint and Sip. There are only 15 spots available.





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## Fun, festive ideas to sweeten Easter Celebrations

means it's time for throwing memorable celebrations for friends and family. Whether you are hosting an Easter brunch or attending a spring picnic, you can make these occasions unforgettable with a few fun and festive additions.

Egg Hunt

No Easter celebration is complete without an egg decorating station for children and the young at heart. Stock up on a variety of paints, glitter, dye, stencils, and textured fabric, and let imaginations run wild.

Plan for your Easter egg hunt to take place outdoors, but have an indoor back-up in case the weather does not cooperate. Make sure to take all the ages of participants into account when deciding where to hide eggs!

#### **Sweet Treats**

Anyone with a sweet tooth knows that Easter and delicious treats go hand in hand, so pay extra attention to this essential element of your party. A candy buffet invites guests to try an assortment of treats. To satisfy everyone's taste buds, offer milk and dark chocolates, lollypops, springtime truffles and sour bunnies.

Stick with go-to candy makers like See's Candies, which uses high-quality

(StatePoint) Spring is here, which ingredients and is one of the few remaining candy makers that ages its chocolate -- a process that imparts a smoother, mellower flavor and elevates the overall taste experience, making it a great option for Easter entertaining.

Spruce Up

Take an opportunity to spring clean your home before your gathering. A new season and knowing guests will be coming over can be great motivators for sprucing up your home.

For décor, gather flowers to create colorful centerpieces, including tulips and Easter lilies. Use brightly colored tablecloths and runners, scattering confetti and small sweet treats on tables for a special touch.

#### **Easter Basket**

Whether crafting Easter baskets or looking for a gift to take to your host, candy is always a great choice. No matter what your basket or gift budget is, treats can be found in a variety of sizes and price ranges -- from hand-decorated Rocky Road Eggs to chocolate bunnies and Strawberry Cream Lollypops.

With a few sweet twists, you can spring into Easter with flair this year.

## **ODA** SEEKS TO RECOGNIZE FARM FAMILIES LEADING IN CONSERVATION AND PRODUCTIVITY

The Ohio Department of Agriculture (ODA) is accepting nominations to honor Ohio farm families who are leaders in conservation for the 2017 Conservation Farm Family Awards. The Conservation Farm Family Award program has recognized Ohio farm families since 1984 for their efforts in managing natural and human resources while meeting both production and conservation goals.

"Conservation practices paramount to Ohio farmers in preserving our resources for future generations," said ODA Director David T. Daniels. "With these awards, we are able to recognize farmers who have taken extra steps toward protecting the land using conservation practices they have implemented on their own farms."

Five area finalists will be selected from across the state and will be recognized at the annual Farm Science Review in September. They will also receive a \$400 award, courtesy of the Ohio Farm Bureau Federation, and be featured in the September issue of Ohio Farmer magazine. The following photograph is from the 2016 ceremony.

Individual farmers, partnerships or family farm corporations are eligible for nomination, provided a substantial portion of their income is derived from farming. The judging is based on the nominee's use of new and traditional conservation techniques, comprehensive management, individual initiative in applying conservation measures and the nominee's willingness to share conservation information, experiences and philosophy with others.

Nomination forms can be obtained from local county soil and water conservation districts or by visiting ODA's website at www.agri.ohio.gov. The forms can be submitted by email to dswc@agri.ohio.gov or by mail to Conservation Farm Family Award, c/o Ohio Department of Agriculture, 8995 E. Main St., Reynoldsburg, Ohio 43608. The forms must be returned by

Wednesday, May 17.

The awards program is sponsored by the ODA Division of Soil and Water Conservation, Ohio Farmer magazine, Ohio Farm Bureau Federation, Ohio Federation of Soil and Water Conservation Districts and the United States Department of Agriculture's Resources Conservation Natural Service.

## HOWLAND MEDICAL CENTER OPENS

A ribbon cutting was held recently for the new Mercy Health - Youngstown, Howland Medical Center, a \$14.5 million, 50,000-squarefoot, state-of-the-art facility that brings together physicians, surgeons, rehabilitation and diagnostic,

imaging and lab services in a single location located at 1932 Niles Cortland Road, Howland. The center delivers on a vision of enhanced patient experience, as well as improved coordination of care, communication and convenience.

## SOUTHINGTON UNITED METHODIST CHURCH PLANS RUMMAGE AND BAKE SALE

Southington UMC, state Routes 305 and 534, Southington, will hold a Rummage sale/Bake Sale, on Wednesday, April 26 from 9 a.m. to 4 p.m. Bag Day Thursday is April 27,

9 to 11 a.m. There will be homemade soup, sandwiches, dessert and beverage available for purchase on the April 26 only. Carry outs available. Call 330-898-2156 for orders and information.









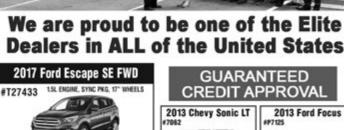
















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#### 5 REASONS TO PLAN FOR THE UNKNOWN

When you plan for the future, you may think about positive events such as marriage, starting a family, retirement or grandchildren. Yet there are other life changes such as job loss, illness, disability, or needed to care for a family member, that can take an emotional and financial toll. While it's natural to avoid thinking about these difficult events, it's short-sighted to ignore the possibilities. Here are five compelling reasons why it's better to prepare your finances for the unexpected rather than simply cross your fingers.

Challenging life events are hard enough to manage. Financial decisions made in a moment of crisis may not Imagine the burden to family members be the soundest ones and could have consequences for years to come. If you have financial contingency plans in place, you may have less to worry about or distract you from the issue at hand. You can be free to focus on pressing personal situations when it matters

You'll have more choices. Planning when things are going well will give you more options for protecting your finances. Certain options that guard against financial loss may not be available when tragedy strikes. For example, it's too late to buy insurance after a kitchen fire or a family member becomes ill. Planning ahead can give you peace of mind that you'll be ready for these types of events.

Careful planning takes time. When you face an unexpected situation, you may not have the time or energy to consider your options carefully. With time on your side, you

can be more deliberate, thorough and informed. For example, you can make multiple appointments to meet with tax, medical, financial planning and legal professionals to get advice and recommendations. These professionals can help you with a variety of tasks to prepare for the unexpected, such as updating your will, researching and comparing prices on financial products or insurance, establishing a trust or completing a healthcare directive. All of these arrangements can be complex, requiring a certain amount of your time and attention to get them in order.

It's the considerate thing to do. if you're incapacitated and your finances are in disarray. Having your financial dealings in order makes it easier for a loved one to step in and help, as needed. Make sure a trusted family member knows where key financial documents are and how to contact the professionals who help with your finances.

Action beats fear. Conventional wisdom urges us to 'hope for the best and prepare for the worst.' It's good advice, and having a plan in place is empowering. You may not be able to prevent every unpleasant occurrence in life, but you can soften the blow of a personal hardship by putting safety nets in place. A financial advisor can help you identify options to prepare for life's uncertainties.

Column provided by Tom Shortreed, Financial planning services and investments offered through Ameriprise Financial Services, Inc. Member FINRA & SIPC.

## WHAT CAN WE LEARN FROM THE TINY HOUSE PHENOMENON?

By Nathaniel Sillin

You may not have seen one in your neighborhood yet, but the tiny house phenomenon has spread across the country. For some, the move is driven by a desire to downsize and live a minimalistic lifestyle. Others see it as a way to decrease their impact on the environment.

Economics are often a large part of the equation. Buying and maintaining a tiny home is relatively inexpensive, and the savings can help many people on their path towards financial freedom.

Tiny-home living (often shortened to tiny living) isn't for everyone. However, tiny living requires ingenuity and resourcefulness and we can all learn something from those who choose tiny.

Freedom from debt is priceless. Living within one's means is a foundational belief to many within the tiny living community. Between labor and materials, a tiny home could cost about \$20,000 to \$60,000 to build. By contrast, the U.S. Census Bureau found the median sale price for a new home in December 2016 was \$322,500.

The relatively low price gives you a chance to own a tiny home without having a mortgage that'll take three decades to pay off. The ongoing savings in the form of lower utility, tax and maintenance bills also make it easier to pay off non-housing debts, such as student loans, and live a debt-free life.

That being said, you can live in a larger home and still look for ways to lower your monthly expenses and fight lifestyle inflation (spending more as you make more money). A common tip is to allocate half of your next raise or bonus to your savings or use it to pay down debts. But why not challenge yourself and use your entire raise or bonus to build your net worth?

Make room for things that are important. Moving into a tiny home can require major downsizing, but some view that as a feature rather than a disadvantage. It's not about getting rid of things that aren't absolutely necessary, after all sometimes "unnecessary" decorations turn a house into a home. Rather, from furniture to clothing, you have to decide what's important to you and leave the rest behind.

It's easy to fill a large home with clutter and then attempt to clean every spring. Perhaps a better approach would be to take a tiny-home mindset to the store with you. Don't get bogged down by asking yourself if you can live without something - you can live without many things - instead, try to only spend money on things that add meaning and joy to your life.

You have more space than meets the eye. Watch a tour of a tiny home, and you'll see that great organization skills and original storage ideas are a must. Tables turn into benches and chairs double as shelves - everything seems to have at least two purposes.

How could a little imagination transform your home? Might a new shelving system and selling items that aren't important to you anymore give you more room? Inventiveness and thinking outside the box are keys to making the most of what you have.

High-quality products are worth the investment. Many tiny-home owners are keenly aware of the waste they're putting back into the world. Some even choose to live in a tiny home because it'll reduce their ecological footprint. The savings that come from tiny living and this approach to life often lead to investments in longlasting products rather than cheaper alternatives.

Quality over quantity is certainly a worthwhile mentality to adopt. Put it into practice by looking for companies that offer lifetime warranties on their products. You might be surprised to find that from socks to power tools there are dozens of manufacturers that uphold this promise.

How will you make use of these lessons? Simple living and conscious buying aren't exclusive traits of tinyhome owners. Regardless of the size of your home, you may find that incorporating these principles and practices save you time and money. Two valuable resources that should never be wasted.

Nathanel Sillin directs Visa's financial education programs. To follow Practical Money Skills on Twitter: www.twitter.com/ Practical Money.

## CRAPPIE TOURNAMENT SCHEDULED FOR APRIL 30

The 2017 Crappie Tournament, hosted by the Pymatuning Lake Association, will be held April 30. First place is \$500 (five fish total weight); first place single fish is \$200, with 10 total prizes. Weigh-in and late registration from 6 to 8 a.m., is at the Espyville boat launch (south east side of causeway).

Entry fee per team is \$45. Forms

should be mailed by April 21. There is a \$5 late fee. Weigh-in ends at 3:30 p.m. Registration forms and rules can found at www.pymatuninglake. and at area tackle shops email pymalakeassoc@gmail. com or by calling 724-418-1501. All proceeds will benefit the fish habitat







## 5 SMART STEPS TO PRESERVING BRAIN HEALTH

(BPT) - Everyone knows aerobic exercise gets the heart pumping and lifting weights keeps muscles strong. But when it comes to keeping the brain healthy, most people are unsure what to do.

As you age, brain health and maintaining memory functions becomes a top concern. Turns out, these issues may begin sooner than you think.

"We tend to think about memory decline as an older person's issue, but that's not the case at all," says Dr. Aimee Gould Shunney, a licensed naturopathic doctor specializing in women's health and family medicine. "There was a study published in 2012 in the British Medical Journal that examined cognitive function in people age 45 to 70. The researchers did not expect it, but they found evidence of cognitive decline in the 45-yearold participants as well as the older participants."

She notes there are two basic pathological processes that cause degeneration of the brain: oxidative stress and inflammation. Basically, the standard American diet and lifestyle contribute to those processes. No matter your age, you can take charge of your brain health by following these five smart steps from Dr. Shunney:

Healthy eating

"A Mediterranean-type diet that focuses on whole foods, good fats and foods high in antioxidants is a great place to start," says Dr. Shunney.

She encourages her patients to focus on getting omega-3 fats from fish and monounsaturated fats from olives, olive oil, nuts and seeds. She also recommends increasing fruits

(especially berries) and beans (they're packed with antioxidants). What's more, research shows a little cocoa, coffee and red wine can act as antioxidants and are beneficial in low to moderate amounts.

Supplements

Inaddition to a quality multivitamin, Dr. Shunney recommends an omega-3 supplement. "Getting enough omega-3s is one of the most important measures we can take," she says. "DHA is the dominant omega-3 in the brain.'

She suggests Omega Memory by Nordic Naturals. Learn more at www. nordicnaturals.com.

Regular sleep

Poor sleep is a risk factor for cognitive decline. "Studies show both sleep deprivation and sleeping too much impact cognitive performance," Dr. Shunney says. "A good goal is to go to bed around the same time each night, sleep for 7-8 hours, and get up around the same time every morning.

Thinking activities

"I recommend anything that keeps your mind working," says Dr. Shunney.
"Activities that require things to be arranged or puzzles that have to be put together. Crossword puzzles, word games and board games are all great."

Socialize

"Social isolation has been linked with cognitive decline," says Dr. Shunney. "In one study, people who were lonely experienced cognitive decline at a 20 percent faster rate than people who were not lonely."

Make time to take a foreign language class, join a Toastmaster's Club, take a watercolor class - anything that connects you regularly to other people.



## So you just filed your taxes - could an audit be next?

Like many people, you probably feel a great sense of relief wash over you after your tax return is completed Unfortunately, filed. professionally prepared and accurate returns may sometimes be subject to an IRS audit.

The good news? Chances are slim that it will actually happen. Only a small percentage of returns go through the full audit process. Still, you're better off informed than taken completely by surprise should your number come up.

Red flags

A variety of red flags can trigger an audit. Your return may be selected because the IRS received information from a third party - say, the W-2 submitted by your employer – that differs from the information reported on your return. This is often the employer's mistake or occurs following a merger or acquisition.

In addition, the IRS scores all returns through its Discriminant Inventory Function System (DIF). A higher DIF score may increase your audit chances. While the formula for determining a DIF score is a well-guarded IRS secret, it's generally understood that certain things may increase the likelihood of an audit, such as:

- Running a traditionally cashoriented business,
- Having a relatively high adjusted gross income,
- Using valid but complex tax shelters, or
- Claiming certain tax breaks, such as the home office deduction.

Bear in mind, though, that no single item will cause an audit. And, as mentioned, a relatively low percentage of returns are examined. This is particularly true as the IRS grapples with its own budget issues.

Finally, some returns are randomly chosen as part of the IRS's National Research Program. Through this program, the agency studies returns to improve and update its audit selection techniques.

Careful reading

If you receive an audit notice,

the first rule is: Don't panic! Most are correspondence audits completed via mail. The IRS may ask for documentation on, for instance, your income or your purchase or sale of a piece of real estate.

Read the notice through carefully. The pages should indicate the items to be examined, as well as a deadline for responding. A timely response is important because it conveys that you're organized and, thus, less likely to overlook important details. It also indicates that you didn't need to spend extra time pulling together a story.

Your response (and ours)

Should an IRS notice appear in your mail, please contact our office. We can fully explain what the agency is looking for and help you prepare your response. If the IRS requests an inperson interview regarding the audit, we can accompany you – or even appear in your place if you provide authorization.

Or Perhaps You Just Won't Be Ready To File by April 18... What

**Individuals** 

Need more time to file your federal tax return? An Application for Automatic Extension of Time to File U.S. Individual Income Tax Return can be filed for an extension of time to file. By applying for the extension you get 6 more months to file Form 1040, 1040A, 1040EZ, 1040NR, 1040NR-EZ, 1040PR or 1040-SS. Please be aware that an extension of time to file your return does not grant you any extension of time to pay your taxes. April 18 is the deadline for most to pay taxes owed and avoid penalty and interest charges.

Please contact our office if you'd like assistance with preparing an extension, with or without a tax payment and we'll be happy to help you with that and the filing of the returns.

Jennifer J. Slywczak, CPA, is the owner of Integrated Accounting and Tax Solutions LLC, located at 3378 State Route 5, Cortland. You can reach her at 330-638-2727 or by email at jennifer@jenjslycpa.com To sign up for monthly newsletters you can visit her website at www.jenjslycpa.com.

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## Master Gardener ANNUAL PLANT SALE

The Trumbull County Master Gardeners will be holding a plant sale on May 20 from 9 a.m. to 2 p.m. at the Ag Center on West Main Street in Cortland. This popular event is returning after many requests. There will be a lot of flower and vegetable plants from the personal gardens of the Master Gardener members.

Master Gardeners will be available to answer questions about your own flower and vegetable gardens. The public is invited to come early and share in this welcome to spring event -- and learn more about the Master Gardener program.



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## NEW OHIO EXPERIENCES PROVIDE EXCITEMENT, WONDER AND RELAXATION IN 2017

From the wonder of nature and blood-pumping excitement of thrill rides to the anticipation of new craft brews and joy of 50-year-old music and memories, there is no better place than Ohio to connect with the people who mean the most to you in 2017.

For more travel ideas and inspiration, visit Ohio.org. Download the free "Official Ohio Travel Guide by Tourism Ohio" app for easy access to everything you need to explore Ohio.

Legends of our Galaxy and Beyond! Star Wars<sup>TM</sup> and the Power of Costume at the Cincinnati Museum Center, Cincinnati (May 25-Oct. 1, 2017)

Let your imagination run wild, and embrace your inner Jedi at the Smithsonian "Star Wars and the Power of Costume" exhibit. Check out more than 60 costumes worn by your favorite characters including the menacing black mask of Darth Vader, the gilded suit of C-3PO, the yak and mohair costume of Chewbacca, lavish royal gowns of Queen Amidala and more. Immerse yourself in George Lucas's fantastical world and get to know the designers who brought the Star Wars characters to life.

John Glenn Astronomy Park, Hocking Hills State Park (Opening Late

Follow in the footsteps of an American hero who touched the stars at the John Glenn Astronomy Park. The park will feature awe-inspiring views of the night sky in a natural setting far from city lights. Just north in New Concord, visitors can stop at the John & Annie Glenn Museum to tour Glenn's boyhood home during this year's 55th anniversary of his mission as the first American to orbit the Earth.

Rock & Roll Hall of Fame "50 Years After the Summer of Love," Cleveland (Opening May 31, 2017)

Relive the memories of 1967 with "50 Years After the Summer of Love" at the Rock & Roll Hall of Fame. Discover how artists like Janis Joplin, the Grateful Dead, the Doors and the Jimi Hendrix Experience emerged during this time and continue to influence music today.

**Thrill Seekers Paradise** Mystic Timbers at Kings Island, Mason (Spring 2017)

The anticipation will build as you make your way to Kings Island where a new roller coaster, Mystic Timbers is lurking in the woods! Reaching a height of 109 feet, the wooden coaster has 3,265 feet of track that will take riders spiraling through the forest, plunging down ravines and rocketing over water at speeds up to 53 mph.

Cedar Point Shores, Sandusky (Spring 2017)

Thrill seekers will enjoy an exhilarating day at the all-new Cedar Point Shores waterpark. The 18-acre park features your favorite water slides and pools from the past as well as four brand new attractions, including Point Plummet, a six-story, near-vertical aquadrop body slide. Prepare to plummet when the floor drops out from beneath

Akron Zoo Curious Creatures Exhibit, Akron (Opening June 2017)

Embrace the bizarre and celebrate the strange at the Akron Zoo's new Curious Creatures exhibit. Here you can meet weird and unusual species like naked mole rats, red-eye tree frogs, walking batfish, flashlight fish and Venus flytraps. Twenty exhibits will plunge visitors into the realm of biodiversity and animal adaptation.

**Explore the Outdoors** 

Lake Erie Canopy Tours at Geneva Park, Geneva-on-the-Lake Lodge (Summer 2017) Get your heart racing as you soar through the treetops at the Lodge at Geneva-on-the-Lake's Lake Erie Canopy Tours. This zip line and aerial bridge adventure will provide unique views of nature and Lake Erie from the treetops of Geneva State Park. Take a guided zipline canopy tour or the self-guided challenge course, and there is even a challenge course of kids.

BLINK Cincinnati, Cincinnati (Oct. 12-15, 2017)

Take in awe-inspiring displays at the inaugural BLINK art and light festival. Bring the whole family to experience this large-scale light festival featuring light displays, sculptures, interactive exhibits and murals spanning 20 city

Bicentennial of Historic Zoar Village, Zoar (2017)

Delve into the culture, art and architecture of the Zoarites as Zoar Village celebrates its bicentennial and recent designation as a National Historic Landmark. Experience village life as it was lived by 200 German Separatists who left their homeland in 1817 to create one of America's most successful communal settlements. Today, about 75 families live in the village that come to life through living history demonstrations, beautiful gardens, 19thcentury buildings and traditional crafts to try for yourself. Special events will be held throughout the year to celebrate the Village's 200th anniversary.

Beer and Spirits Brewery Openings and Expansions, Statewide (2017)

Ohio continues to add to its more than 190 craft breweries across the state, and currently ranks No. 4 among states in craft beer production with many more breweries scheduled to open in 2017. HiHo Brewery Co. in Cuyahoga Falls, and Masthead Brewing Co., in Cleveland, are just two of Ohio's newest

Distilleries Expand with New Restaurants and Production, Columbus

Looking for dinner with your cocktail? A revision to Ohio law allows distilleries to serve food and drinks so you can now sample your favorites at Middle West Spirits on-site or pair a tasty dish with a beverage at Watershed Distillery following their respective

Cincinnati Brewing Heritage Trail, Cincinnati (Throughout 2017) Summit Brew Path, Akron

Cincinnati will showcase its storied history of brewing with the Cincinnati Brewing Heritage Trail. Take a tour through the historic Over-the-Rhine neighborhood to visit the area's iconic breweries from today and years past.

The Summit Brew Path in Akron leads visitors on a journey of the area's current and soon-to-be open breweries, highlighting the growing Northeast Ohio craft beer scene.

About TourismOhio

TourismOhio, operating within the state of Ohio's Development Services Agency, works to ensure Ohio is positioned as a destination of choice, enriching lives through authentic travel experiences. The branding "Ohio. Find It Here." supports Ohio's \$42 billion tourism industry. For more, visit Ohio.

## 'THE BEST OF THE BEST' COSTUME EXHIBIT AT GEAUGA COUNTY HISTORICAL SOCIETY

Society invites the public to attend the grand opening of its 2017 costume exhibition, "The Best of the Best." Each costume to be exhibited has been selected from the Society's extensive collection of antique and vintage The featured items will consist of articles of clothing made as early as the 1830s and as recently as the

The grand opening will take place on Saturday, May 20 from noon until Advance reservations are required. The program will take place in the Society's exhibit space in the Law House and in the Church on the Green, both buildings located on the grounds of Century Village Museum in Burton. information, call Century Village The speaker for the day will be Dixie Museum at 440-834-1492.

The Geauga County Historical Lee Davis. She will speak on "Fashion Trends through the Years." The talk will be given at noon, followed by a luncheon at 1 p.m., and a tour of the exhibit at 2 p.m.

The exhibit and grand opening have been created by the Textile Committee of the Society. The cost of the program is \$30 per person, with the proceeds benefiting the Committee in its preservation activities and its educational efforts. Seating is limited so early reservations are advised.

The exhibit will continue to be available for public viewing throughout the summer and early fall of 2017 on Friday afternoons.

To place a reservation, or for more

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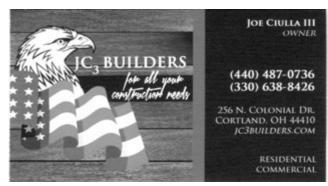
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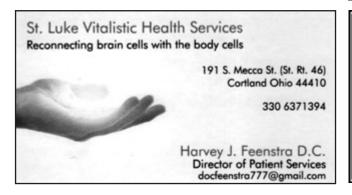


















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# CORTLAND BRANCH LIBRARY EVENTS IN APRIL

The following programs take place at the Cortland Branch Library, 578 Lakeview Dr., Cortland. All library events are free and open to the public. No reservations are required unless noted.

### Teen Midweek

Every Wednesday at 3 p.m.

Teens in grades 7 to 12 can stop by every Wednesday after school. Different activities each week! Games, yoga, DIY, crafts, and lip sync battles!

#### Preschool Storytime

Mondays, April 17, 24 at 6 p.m.; Tuesdays, April 18, 25 at 11 a.m.

Preschool Storytime features stories and a craft related to a weekly theme and reinforces the development of early literacy skills.

National Library Week Open House

Wednesday, April 12 from 3-5 p.m. Help us celebrate National Library

Week with punch and cookies courtesy of the Friends of the Cortland Library, plus basket raffles.

### **LEGO Lovers Unite!**

Saturday, April 15 drop-in any time between 1–2 p.m.

Do you enjoy creating with LEGO bricks? Join us for LLU, a monthly program where you can have fun with other kids creating LEGO masterpieces. For children in kindergarten to grade 6.

### Time for Tots

Wednesday, April 19 at 11 a.m.

A developmentally appropriate storytime program for children ages 2 to 3 ½ with a parent or caregiver. Registration is required; call 330-638-6335.

### **Creek Critter Clues**

Thursday, April 20 at 5:30 p.m.

Just in time for Earth Day! Join Miss Amy from the Trumbull County Soil and Water Conservation District and learn about what small critters live in our local streams and rivers. You're on your way to becoming a citizen scientist as you decipher clues to discover just how healthy our local streams really are. There will be a story, a craft, and an activity to play. For kids in kindergarten to grade 6. Registration is required; call 330-638-6335.

### Friends-Of-Fiction "Fan-Tuesdays" Tuesday, April 25 at 4 p.m.

Do you write fanfiction or create fan art? Join us once a month for a time to share your artwork and get feedback to expand your craft! For teens in grades 7 to 12.



# CORTLAND UMC HOLDING RUMMAGE AND BAKE SALE

A rummage and bake sale will be held Friday, April 28 from 9 a.m. to 5 p.m. and Saturday, April 29 from 9 a.m. to 3 p.m. at the Cortland United Methodist Church, 155 North High St., Cortland. Many miscellaneous household items will be available as well as delicious homemade baked goods. Saturday will be \$2 a bag day with items too large for the bag half price. Proceeds from the sale will benefit mission projects of the Cortland United Methodist Women.





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## OHIO STAR QUILTERS NEWS

Ohio Star Quilters have planned a busy spring and invite all interested quilters to come and see what the club is all about. The Ohio Star Quilters meet at Howland SCOPE on the first and third Wednesday of the month at 9:30 a.m. Members of Ohio Star Quilters are actively working on their major fund raiser, the "Quilter's Day Out" to be held on Wednesday, May 3. There will be a luncheon held at DeVieste Banquet Rooms, 754 North River Road, Warren. This year's gala will feature Karen



Conley as the speaker and The Gallery, Quilter Fancy and Megan's Quilt Parlor as vendors for the afternoon. For ticket information call Lynn at 330-847-5377.

The club donated a book, "Connecting Art to Stitches" to the Warren Trumbull County Public Library in honor of Norma Cape. Kids Quilting, an educational project of the club will be held on Aug. 19 and 20. Details on how a child might participate in this free learning experience will follow in upcoming meetings. Upcoming sewing projects will be a book cover taught by Jan Metlock and a diva wallet class. The Quilt Club has also arranged for a scissor sharpener to visit and sharpen scissors for all members and potential members. The annual picnic is scheduled for August 2. For membership information, call President Sandy O'Malley at 330-898-3151.

## WEAN FOUNDATION SELECTED FOR DYNAMIC EQUITY BUILDING TRAINING

The Raymond John Wean Foundation, one of 12 organizations selected from across the county, will participate in The Annie E. Casey Foundation's Investing for Results, a leadership development program dedicated to closing racial disparities by giving funders the framework needed to guide their grantmaking, grantees and partners toward results-oriented and highly collaborative strategies.

Jennifer Roller, president; Corrie Adams, program officer; and Lori Wiebe, administrative and capacity building officer, will attend three two-day sessions, focusing on key competencies including data-driven decision making; advancing racial equity and opportunity; developing adaptive leadership

The Raymond John Wean skills; and working in collaborative indation, one of 12 organizations partnerships.

"The racial equity component of this program will complement our 2017 partnership with Cleveland Neighborhood Progress to provide community stakeholders with Race, Equity and Inclusion (REI) training opportunities designed to increase a shared understanding of inequality through a fact-based introduction historical, institutional and systemic racism," shared Wiebe. "These sessions and the learning from the Annie E. Casey program, important steps towards creating a more equitable society in northeastern Ohio." For those interested in upcoming REI trainings in our area, visit www.rjweanfdn.

Over the past 20 years, the Annie E. Casey Foundation has helped hundreds of leaders in the public and nonprofit sectors accelerate results for children and families through its signature results-based leadership development approach. This work develops the strongest, most diverse talent and equips leaders to achieve better results so kids, families and communities thrive.



# Clearview Lantern Suites A Life Fulfilling Senior Community Clearview Lantern Suites is here to support seniors who can no longer live slope or simply went to subsect their appropriate to the support seniors who can no longer live slope or simply went to subsect their appropriate to the support seniors who can no longer live slope or simply went to subsect their appropriate to the support senior support senior support seniors who can no longer live slope or simply went to subsect their appropriate to support seniors who can no longer live slope or simply went to subsect their appropriate to support seniors who can no longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors who can not longer live slope or simply went to subsect their appropriate to support seniors.

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## Perfect 300 game



Travis Kotanichek threw a perfect 300 game on Monday, March 13 at Cortland Lanes. He has been bowling there since his childhood. Congratulations Travis!

# TRAVEL CLUB SPRING WINE CRAWL WILL VISIT THREE WINERIES

The Trumbull County Travel Club announces plans for its annual Spring Wine Crawl, which will be held on Tuesday, April 18. Open to the public, members and nonmembers must over the age of 21 to participate in this outing. The group will depart at 9 a.m. for Volant, Pa. Browsing time will be given to explore the historic downtown before visiting the Knockin-Noggin Winery and Cider Mill. Lunch will be included at the Timbercreek Brewery before visiting the Wendall August Forge. The second winery will be the Fractured Grape with the third winery a surprise stop for all. There are only 10 seats remaining on this trip. Please call 330-856-5398 for cost and details.

May 23 will see the members doing a Lucy Kind of Day in Jamestown, N.Y., with June 6 featuring a historic trip into Pittsburgh. A three-day trip to Noah's Ark in Kentucky is planned for September. This Ark Encounter took three years to build and is one of the sought after destinations for the year. A six-day trip to Branson will be in November.



## Easter from page 1

Station lets the children play off some of their excess energy

of their excess energy.

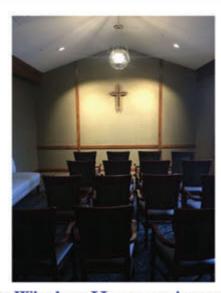
Walnut Run is flowing full throttle under the High and Main Street bridges. Without this creek providing water power so early settlers in the 1820s could grind their wheat and corn, or operate saw mills, Cortland might never have become a town. Soon our Point Park (with the creek behind it) will become a veterans' park. See the story on page 4.

Be sure to read through this issue, and let the Cortland News put a "spring" in your step!



## Armstrong Memory Care Assisted Living





Trumbull County's only memory care assisted living, Windsor House at Armstrong Memory Care Assisted Living, is Now Open. Located off Mahoning Ave. and Champion Ave., residents will enjoy the privacy of their own apartment, daily recreational and social activities, 3 fresh meals, assistance with activities of daily living, companionship of staff members and other residents, a secured outdoor courtyard and much more.

## Tours Available Daily







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  - · We accept all insurances

We exceed ALL GM Standards. WE WILL BE HERE!

## We feature 11 Major Brands of Tires! 30 Day Price Match Guarantee

**Purchase Four Tires and Front End Alignment** 



## RECEIVE:

- Free Tire Rotation every 7500 miles
- · Annual Rebalancing
- Annual Front End Alignment (\$180 value FREE only at Lou Wollam Chevrolet)

### Manufacturer Endorsed Tires -

we sell the tires that the manufacturers recommend for your vehicle!

· Very Competitive Pricing · Lowest Price Guarantee · Certified Service

FREE LIFETIME - BALANCE & ROTATION