

# CortlandNEWS

"The Good News Newspaper"

Vol. 18 No. 13

July 2, 2022

Serving the Lakeshore Communities

## Independence Day



### Our Flag

By Heather Sensabaugh

The American Flag is our country's beloved symbol of freedom. We have been taught

to revere it since Kindergarten, while learning the Pledge of Allegiance. Like our country, the flag has an interesting history.

The American flag was created in 1776. It was created initially for the practical purpose of helping American Navy ships to recognize other American Navy ships. There is controversy regarding who the designer of the flag was, however. Betsy Ross was credited with its design for many years, because her grandson said she designed it, but the flag's designer is listed in the journals from the Continental Congress as Francis Hopkinson, a Founding Father. Upon presenting his design to Congress, he requested no money for it, but 33 gallons of wine, as his payment.

The first flag had 13 stars and 13 stripes, representing the 13 original colonies. The colors have meaning; red symbolizing the hardiness of

valor, white symbolizing purity and innocence, and blue representing vigilance, perseverance and justice. In 1792, Congress declared that each new state added to the union have its own star and stripe, bringing the total to 15. But after the war of 1812, the number of stripes was returned to 13, and new states only received a star, which is fortunate, because otherwise it would have 50 stripes now! Did you know that Ohio was the 17th star added to the blue field (called a canton)?

The flag that inspired Francis Scott Key to write our National Anthem in 1814 is still around, with a swatch of it having sold in 2011 for \$38,000 - the remainder is in a chamber hidden from view and examined regularly. Our flag's nickname, "Old Glory" came from a sea captain who was proud of the flag on his ship for having withstood so many attempts at destruction during

the Civil War. The original Old Glory was flown over the Tennessee State House when the Civil War ended (and now dwells at the Smithsonian).

A high school senior named Robert Heft created the design of the flag we have today, whom, having earned a B- on the project from his teacher, decided nevertheless to enter it into a flag design contest given by President Eisenhower, and out of 1500 submissions, won! He was from Lancaster, Ohio! The flag we have now has been the same since August 21, 1960. So even though the flag originated in Pennsylvania, the current (and longest held) design came from Ohio! Happy Independence Day!



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[TheCortlandNews.com](http://TheCortlandNews.com)

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## CORTLAND CITY

CITYOFCORTLAND.ORG

Mayor ..... 330-637-4003	<b>POLICE/FIRE EMERGENCY ..... 911</b>
City Hall ..... 330-637-3916	Dispatch ..... 330-675-2730
Fax ..... 330-637-4778	Police - Business ..... 330-638-1000
Clerk of Council ..... 330-638-0142	Fire - Business ..... 330-637-2891
Service Director ..... 330-637-4637	

### MEETINGS

<b>CITY COUNCIL</b> First and Third Monday of each month <u>TUESDAY</u> , July 5 at 7 p.m. Monday, July 18 at 7 p.m.	<b>PARKS AND RECREATION</b> Second Monday of each month Monday, July 11, 5:30 p.m. at Willow Park
<b>CORTLAND CITY COUNCIL</b> Read the minutes from Cortland City Council meetings at <a href="http://www.cityofcortland.org">www.cityofcortland.org</a> under City Council Minutes.	<b>PLANNING &amp; ZONING</b> Second Monday of each month Monday, July 11, 7 p.m.  <i>Meetings and agenda of Council and Planning meetings area available at <a href="http://www.cityofcortland.org">www.cityofcortland.org</a></i>

## BAZETTA TOWNSHIP

BAZETTATWP.ORG

<b>Admin Building</b> ..... 330-637-8816 3372 State Route 5 ...fax: 330-637-4588	<b>FIRE - POLICE - RESCUE ..... 911</b>
<b>Trustees, Clerk, Zoning Inspector and Cemetery Sexton</b> ..... 330-637-8816	<b>Police Department</b> ..... 330-638-5503
<b>Road Department</b> ..... 330-637-8311	<b>Fire Station #11</b> ..... 330-637-4136 3000 Warren Meadville Rd <b>Non Emergency Calls</b> ... 330-675-2730

### BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second Tuesday of each month,  
unless otherwise noted.

Tuesday, July 12, 7 p.m.

A 60 minute caucus with department heads preceding.

Meetings held via ZOOM. Visit [www.bazettatwp.org](http://www.bazettatwp.org)

### LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m.  
in the Lakeview High School Media Center, unless otherwise noted.

Monday, July 11, 6 p.m.

### Area Service Clubs

<b>Bazetta Cortland Optimist Club</b> Steve Rock ..... 330-240-1634	<b>Four Seasons Garden Club</b> Elaine LaRocca ..... 330-637-0345
<b>Cortland Bazetta Historical Society &amp; Museum</b> Sally Lane ..... 330-638-2330	<b>Johnston Senior Center</b> Diana Shimko ..... 330-924-0412
<b>Cortland Lions Club</b> Bill Lowther ..... 330-719-4545	<b>Warren City Federation of Women's Clubs</b> Terri Crabbs ..... 330-637-3845
<b>Cortland Masonic Lodge</b> Chuck Chagnot ..... 330-307-3405	<b>American Assoc of University Women</b> Ruth Bradshaw ..... 330-307-1151
<b>Cortland Moose Lodge</b> Bill Bartholomew ..... 330-637-9957	<b>League of Woman Voters</b> Peggy Boyd ..... 330-856-5398
<b>Cortland Rotary Club</b> Garland Bradshaw ..... 330-307-2371	<b>Cortland Area Cares</b> Donna Kittle ..... 330-637-0821
<b>Cortland SCOPE</b> Diane Jordan ..... 330-637-3010	<b>Friends of the Cortland Library</b> (Cheryl Bush or Karen Murphy) .. 330-637-2717
<b>Cortland Opal CH 181, O.E.S</b> Carla Kahler ..... 330-856-2356	<b>Lakeview Outreach and Fellowship</b> (LOAF) ..... 330-720-9136
<b>The Opera House (Event Rentals)</b> Maribeth Albu ..... 330-219-1488	

Please contact the Cortland News if you would like your organization listed here.

### Our Next Issue ... July 23, 2022

Our theme will be *Summer Fun*

Article Deadline by July 8 • Display Advertising Deadline is July 13  
Email articles to [editor@cortlandnews.net](mailto:editor@cortlandnews.net)

The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

### Cortland News SELF SERVE Paper Box Locations

Cortland Bank      4 Star Diner      Vasilios  
Lakeside Sport Shop      Top Notch Diner

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We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

Article submissions to:  
[editor@cortlandnews.net](mailto:editor@cortlandnews.net)

Display and classified advertising and photographs to:  
[sales@cortlandnews.net](mailto:sales@cortlandnews.net)

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.



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While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or omissions.



## Community Events

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. See pg. 2

Lakeview Local School activities and sports schedules visit [www.lakeviewlocal.org](http://www.lakeviewlocal.org). American Red Cross blood donations, various dates. [www.redcrossblood.org](http://www.redcrossblood.org) or 1-800-733-2767.

Youngstown Nighthawks Soccer League, Cortland League schedule, visit [www.facebook.com/ytownnighthawks](http://www.facebook.com/ytownnighthawks)

Cortland Senior Center - Open Monday thru Friday 9 a.m. to 3 p.m. at Cortland Christian Church.

### JULY

- 3 Journey Christian Church monthly Evening Journey at Center Brook Manor / North Bloomfield / 5 pm
- 4 4th of July
- 9 Masonic Lodge Charity Breakfast / 9 am - Noon benefitting Scout Troop and Crew #4025
- 14 Teachers' 36th Annual Spelling Bee / 1 pm / Trumbull County Fair
- 16 Outdoor Praise Service / Mecca Community Church / 6:30 pm
- 18, 19, 20 Trinity Lutheran Church VBS 4:30 - 7:30

## Trumbull County Democratic Party Elects Alberini

The Trumbull County Democratic Party reorganizational meeting was held on June 7. The Central Committee elected to the office of Chairman - Mark Alberini, Vice Chair- Kathy DiCristofaro, Secretary- Karen Zehr and Treasurer - Tom Shay. Judge Andrew Logan administered the oath of office to the new officers.

Alberini appointed Attorney Gil Blair to the position of Party Parliamentarian. Attorney Blair has practiced law for 27 years, served as the State Representative for the 63rd District and is a former prosecutor and township trustee. In addition to practicing law he serves on the Eastern Gateway Community College Board of Trustees. Chairman Alberini is also developing a committee to revise by-laws language for compliance and alignment with the Ohio Democratic Party and DNC statutes and Constitution.



JULY 4TH  
INDEPENDENCE DAY



## Looking for Community Volunteer Writers & Reporters

By Thom Foley

The Cortland News is looking for a few more volunteer writers to help bring all the GOOD NEWS to our community. Do you have that burning desire to write? Are you looking to get more involved in our community? Perhaps you are a budding writer or looking for an opportunity to share your thoughts. Maybe you have a 'nose for news'?

You could help by covering area events and programs or writing about your favorite interests. Do you like to interview people? There are lots of possibilities and you can pick your own times to help. If you are interested drop me a line at [Editor@thecortlandnews.com](mailto:Editor@thecortlandnews.com)

We look forward to having you be part of our volunteer team that helps to share ALL THE GOOD NEWS in our community.

## 3rd Annual Citywide Garage Sale Huge Success

The 3rd annual Cortland citywide garage sale was held June 9-12 and, by all accounts, was a huge success. Organizer Jodi Clark told us that several people reported having great sales.

The next garage sale is the Fall Garage Sale, the second weekend in September, the 8th - 11th. Registration will start August 1. Watch The Cortland News and Facebook for more information.

This was truly a citywide effort and special thanks go out to many. Businesses like Cortland Mower, Centerra, Lakeside Drive Thru, Auntie V's Pizza, Music 101, Country Porch Winery, Mr. Hero and Vasilio's who passed out maps and list of where the sales were held.

Mayor Dee Dee Petrosky, The Cortland Police and Fire Departments all helped with the process and kept everyone safe. Dorraine at City Hall wrote out over 100 garage sale permits.

The 2023 spring garage sale will be the second weekend in June, the 8th thru 11th. Registration will begin May 1, 2023.



### Republic Services

Your garbage pickup will be delayed by one day because of the July 4th holiday.

### Splash Pad

The Pearl Park Splash Pad is open from 11:00 to 7:00 daily. We do not take reservations for the pavilions at our public parks, these are free to Cortland residents. Please be respectful and put your trash in the cans provided.

### Mosquito Spraying

Mosquito spraying is performed to control and reduce the number of mosquitoes that can spread viruses. The schedule has been set for every other Wednesday, 7:00 p.m. to midnight, weather permitting. If the proper conditions are not present, the spraying will be cancelled and a make-up date will be for the following evening. The next scheduled spray is July 6. Please see the city website and the eNews for the complete schedule.

### Curbside Brush Chipping

The City of Cortland Service Department will conduct branch and limb pick up service along city streets starting in April and continuing

through October. Pick-up for the entire city is the week of the 4th Monday of each month. There will be one pick-up per month per household. The service day may vary during the collection week due to weather and workload. Branches should be placed at the curb no later than the Sunday prior to collection to ensure removal. One pass will be made on each street. You can see our city website and the eNews for the pick-up schedule and rules. The week of July 25th will be the next curbside chipping.

### Zoning Permits

'Tis the season to install pools, sheds, fences, etc. Remember to first obtain a permit. This ensures that you are in compliance with the city's zoning regulations. You can find a permit application, rules and regulations at [cityofcortland.org](http://cityofcortland.org)

### Dates to Remember

- July 5 - City Council meeting - 7 p.m.
- July 11 - Parks Board - 5:30 p.m.
- July 11 - Planning & Zoning Commission meeting - 7 p.m.
- July 18 - City Council meeting - 7 p.m.



## Trumbull Treasure Hunters Metal Detecting Group

Trumbull Treasure Hunters, metal detecting group, held their inaugural monthly meeting at the Trumbull AG Center in Cortland recently. Due to the growing popularity of the hobby, the group has found it necessary to supplement their weekly meetings at the Johnston Senior Center with the addition of an evening meeting to better accommodate everyone. According to Bob Woofter, Chairman of the group, the hobby, while traditionally attractive to retirees, is experiencing new growth in all age groups including families. For additional information contact Bob Woofter at 330.442.9669.



## Charity Breakfast Scheduled For Saturday, July 9th

The Cortland Masonic Lodge has scheduled their next Saturday morning Charity Family Breakfast on Saturday, July 9th, at their location at 3263 Everett-Hull Road (E. Main St.) from 9 to Noon. This breakfast will benefit Scout Troop and Crew #4025 and their many service projects and camping trips.

The "all you can eat" Charity Family Breakfasts are held each month by the Cortland Masonic Lodge, and 100% of the proceeds are donated to a local charity or a needy individual.

The breakfast cost is \$8.00 for adults, and \$6.00 for youth age 6 to 10, and FREE for any children age 5 and under. Included are pancakes, eggs, sausage, juice, and coffee. Bring the whole family and enjoy breakfast together. Anyone interested in more information about Scouting, are welcome to attend and meet with the leaders of Troop/Crew #4025.





## Business is going "B.O.O.M." on Main St.

There is a new organization and a lot of excitement on W Main St in Downtown Cortland. Several of the retail businesses have organized to create a revitalization group named B.O.O.M. - Business Owners On Main.

They held their first event during the citywide garage sale by joining in and having a garage sale of their own. The businesses that participated were Just Pizzelles, Cortland Main Street Coffee, Special Edition Sports Cards, Totally Dog, Day Break Music, Papa's Books and Wendy's Cozy Clips.

They are holding a month-long Christmas Toy Drive in July. During the month of July, B.O.O.M businesses will be collecting unwrapped, new toys to be given away during the Christmas season from Margie Petrunia's Angel Tree of Cortland. To donate stop in at any participating B.O.O.M. business, drop off the new, unwrapped toy and



receive a gift from that business. 10% off of your purchase from Just Pizzelle's, \$5.00 gift certificate to use at Dead Dales Comics, \$1.00 off one beverage or any size coffee from Cortland Main Street Coffee and 10% off of purchase from Totally Dog just to name a few. Restrictions apply: Multiple toys dropped off at one location will only count towards the issuance of one discount or gift certificate.

But they aren't stopping there. B.O.O.M. held a good truck event on Main St June 29 from 5 until 8 with entertainment by The McCabes. Aug 13th they will be holding "Making Memories on Main: An End of Summer Bash".

As of now there will be an Art Show/Exhibit for local artists with food vendors, some children's activities and live music. They are hoping to run this all day from 11 to 7.

*Continued on page 16*

**Trumbull County Fair**  
July 12 TH - 17 TH

899 Everett Hull Road.  
Cortland, Ohio 44410  
330-637-6010  
330-637-9812 ( Fax)  
www.trumbullcountyfair.com

### Admission Prices

Tuesday July 12th..... \$2.00  
(Rides passes available for \$10.00 for those that want to ride mechanical ride (excludes mechanical bull))

Wednesday - Sunday July 13th- 17th...  
\$12.00(includes rides and grandstands)

Wednesday July 13th.....Veterans & first Responder Day  
(Free Admission With Proper Identification)

\*\*\*Free mechanical rides with purchase of Daily Admission Ticket \*\*\* (excluding the mechanical bull)

Junior Fair  
Cheese Basket Auction  
& Overall awards  
July 17th at 2pm at  
Dairy Show ring

Junior Fair  
Livestock Auction  
July 16th at 10:30 am at  
Sale Barn\ Small animal  
building

## It matters how your day starts! Cortland Main Street Coffee Lets It Start Great!

New businesses open all the time. But once in a while there is a business that just makes you happy when you go there and happier as you leave to go about your day. Such a business opened at 204 W. Main St. a few weeks ago. Cortland Main Street Coffee held a ribbon cutting to welcome the community into their business - and to help you start your day off great!

Manager Mary Toepfer says "It matters how your day starts! We at Cortland Main Street Coffee want to send you on your way with a great cup of coffee or a refreshing drink as well as with a smile!" The bubbly, happy competent Toepfer manages the business for Jeff Rinck, a local businessman who has always had a dream to open a coffee shop. He operates a sheltered workshop in Kinsman as well as owns apartment buildings.

*Continued on page 5*



From left to right: Sherry Rinck, Owner  
Ellie Rinck, Barista, Ben Schmidt, Barista  
Mary Toepfer, Manager

## GRANDSTAND ENTERTAINMENT

Date	Time	GrandStand Event	
July 12th	12:30pm 5:30pm	Harness Racing (no betting)	
July 13th	7pm	Tuff Truck Show	
July 14th	5:30pm - 8:30pm	Rush Sportsmen & BRP Modified Tour	
July 15th	4:30 pm - 10 pm	OSTPA Truck & tractor Pulls	
July 16th	11:00 am - 7:00pm 6:00pm - 9:30pm	Motorcycle Show High Steel Rodeo (Bulls, Barrels, And more)	
July 17th	5:00pm - 8:00pm 9:00pm	Demolition Derby Fire Work and Closing of 2022 Fair	



## Cortland Main Street Coffee

...continued from page 4

"We hope to be a pillar of the community with great drinks and friendly service. And we hope that our opening on Main Street will be the start of many other new businesses coming in to revitalize the downtown. We are part of BOOM (Business Owners on Main) who are working together to provide events for the community to draw them downtown" said Toepfer.

They are open daily and Saturdays from 7 AM-Noon. Closed Sundays. You can reach them on Facebook or Instagram at Cortland Main Street Coffee.

They are planning to have a Cup of Love program where one day a month, a dollar per cup of coffee sold goes to a local charity or need. And they look to the community to give them more suggestions. "We want to give back to our community and provide a ray of sunshine each day!"

After having tasted lots of coffee from around the Valley, they are proud to serve coffee produced by local roasters, including Cortland's Joe Ezzo from Third Day Coffee.

In addition to coffee, cold brew, lattes, cappuccinos, frappes, espressos, Americanos, cortados, and flat whites, they also offer flavored lemonades, unsweetened iced tea, hot tea, Chai tea lattes, muffins, small bites, biscotti, and protein bars as well as stickers, mugs, and t-shirts with their logo. There is outdoor seating, reasonable prices, fun specialty drinks, and quality service for whatever cup you desire.

So start your day off GREAT with a cup of coffee. It matters how you start your day!

## Evelyn's Hair Salon Closes Tracy Wilson moves to Jeannie's

After over 50 years of serving the area, Evelyn's Hair Salon has closed. Evelyn Duncan and most of her crew retired and the building sold to a construction company. The remaining Hair Stylist, Tracy Wilson has moved down Rt 46 to Jeannie's Salon and Day Spa at 1762 Niles Cortland Rd, near King Graves Rd. She is welcoming current and new clients to make an appointment by calling 330-718-6159. Tracy is open Monday, Thursday, Friday and Saturday.

Evelyn's has closed. I am now  
**WELCOMING CURRENT & NEW CLIENTS**  
at Jeannie's Salon and Day Spa  
1762 Niles Cortland Rd  
(near Kings Grave Rd)

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**“Celebrate!”**

It is time to celebrate! Happy Fourth of July! Some might be looking at recent news reports and gasoline prices and wonder, “What is there to celebrate?” King Jesus still reigns. That is enough to celebrate.

Nothing that has, is, or will happen on this earth surprises God. Let us celebrate the freedom over sin that Christ gave us through His sacrifice at the cross. And, though times are rough in our land we are still living in the Land of the Free and the Home of the Brave. Your life is as free as you allow it to be. Maybe it is time to turn off our televisions and take a walk in the park. Take a stroll down Main Street and remember this old, great town of Cortland. Look! The kids are still at play. I see them all the time running behind the church to the creek to cool off.

Maybe you need to develop the mind of a child. They do not worry about the same things that grown-ups do. They are out and about having fun in their own worlds. The Bible teaches us that we need to be like children. We

need to have the same, unshakeable trust in God that all will be okay that a child has when their crush breaks their heart or when they skin their knee and run crying to their father or mother and that parent says, “Don’t cry... It will all be okay.”

The things that you are worrying, even fearing, right now - run to God with them like a child. Tell God what worries you and listen to His voice. Remember in Matthew 6:26 Jesus said, “Look at the birds of the sky: They don’t sow or reap or gather into barns, yet your Heavenly Father feeds them. Aren’t you worth more than they?... So don’t worry, saying, ‘What will we eat? or ‘What will we drink?’... your Heavenly Father knows that you need them. But seek first the Kingdom of God and His righteousness, and all these things will be provided for you. Therefore don’t worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own,” (HCSB). So take time to celebrate freedom, to celebrate God your Provider. Happy Fourth of July!

It was a glorious July 4th evening. The ocean breeze was soft and warm, as we gathered on the balcony of our vacation rental to watch the fireworks that exploded over the waters of the Outer Banks. As much as I have always liked fireworks displays, it was even more enjoyable to share the experience with our granddaughter. With wide-eyed wonder, Piper took in the bursts of movement that lit up the sky by twirling, spinning and spiraling with brilliant colors of red, orange, purple and green.

Fireworks are a traditional part of our Independence Day as we celebrate the birth of our nation and our cherished freedom. On this Independence Day, let us give thanks for our freedom. May we also remember, those things for which we have been made free. We are free to love God. We are also free to love one another. For it is for love, we have been

made free through Jesus our Lord.

As the Apostle Paul wrote. “For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery... For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, “You shall love your neighbor as yourself” (Galatians 5:1, 13, 14).

When we live in the freedom offered to us through Jesus, we are to live a life of loving others. As followers of Jesus, as we celebrate Independence Day, may we remember that we have been set free through the sacrificial love of our Lord Jesus Christ to love one another.

May you and your family have a joyous and safe Independence Day celebration!

**Mecca Community Church July Events**


The Mecca Community Church will be having an Outdoor Praise Service with Food & Fellowship at 630 PM on Saturday July 16th. On July 23rd at 9 AM we will be having our Annual 25 Cent Sale. Friday July 29th starting at 9 AM we will be having our Clothing Giveaway. And on July 30th we will celebrate the Mecca Township Family Day at the Mecca Township Park on Rt 46 from 11 am till 7pm.

**News from Journey Christian Church**

Journey Christian Church will be having our monthly Evening Journey on Sunday July 3 at Center Brook Manor in North Bloomfield at 5 pm. Bring a dish to share and enjoy a devotional and fellowship. Please call Journey Christian for more information and directions 234-244-4199.

On Saturday July 30th at 8am we will be having a Men’s Breakfast at Perkins on Elm Rd. Our church will participate

in a free event - “Clear the Confusion Outreach.” It will be held Aug 13 from noon until 3 pm in Jefferson at God’s Country ATV Tours which is located near the intersection of Rt 11 and Rt 6. There will be Christian Bands, Praise Teams, Scripture readings, activities for kids and a pig roast. Questions and to RSVP call or text 330-984-9678. Email contact cleartheconfusionoutreach@gmail.com.



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 7211 North Park Ave.  
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 Pastor Darlene Robinson / wildarehl@gmail.com  
**SERVICES:** 9:00am & 11:00am  
 Men’s Bible Study: Tuesdays at 8:00am  
 Bible Study: Wednesdays at 6:30pm

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 PH#330-638-3710 www.mycalvarybiblechurch.org


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 Rev. Robert Wacker, Pastor  
 Sunday Service - 10:15am  
 Pastor Cell: (330) 647-6402  
 Pastor Email: pastortrinitywarren@gmail.com  
 (330) 372-1897  
 trinitylutheranwarren@gmail.com  
 2742 North Rd NE Warren, OH 44483  
 www.trinitylutheranwarren.org




**PRINCE OF PEACE LUTHERAN CHURCH**  
**Sunday Service 9:30 am**  
 Prince of Peace Lutheran Church - Cortland OH  
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 Reverend David Vensel, Presiding



**Our Lady of Walsingham Anglican Church**  
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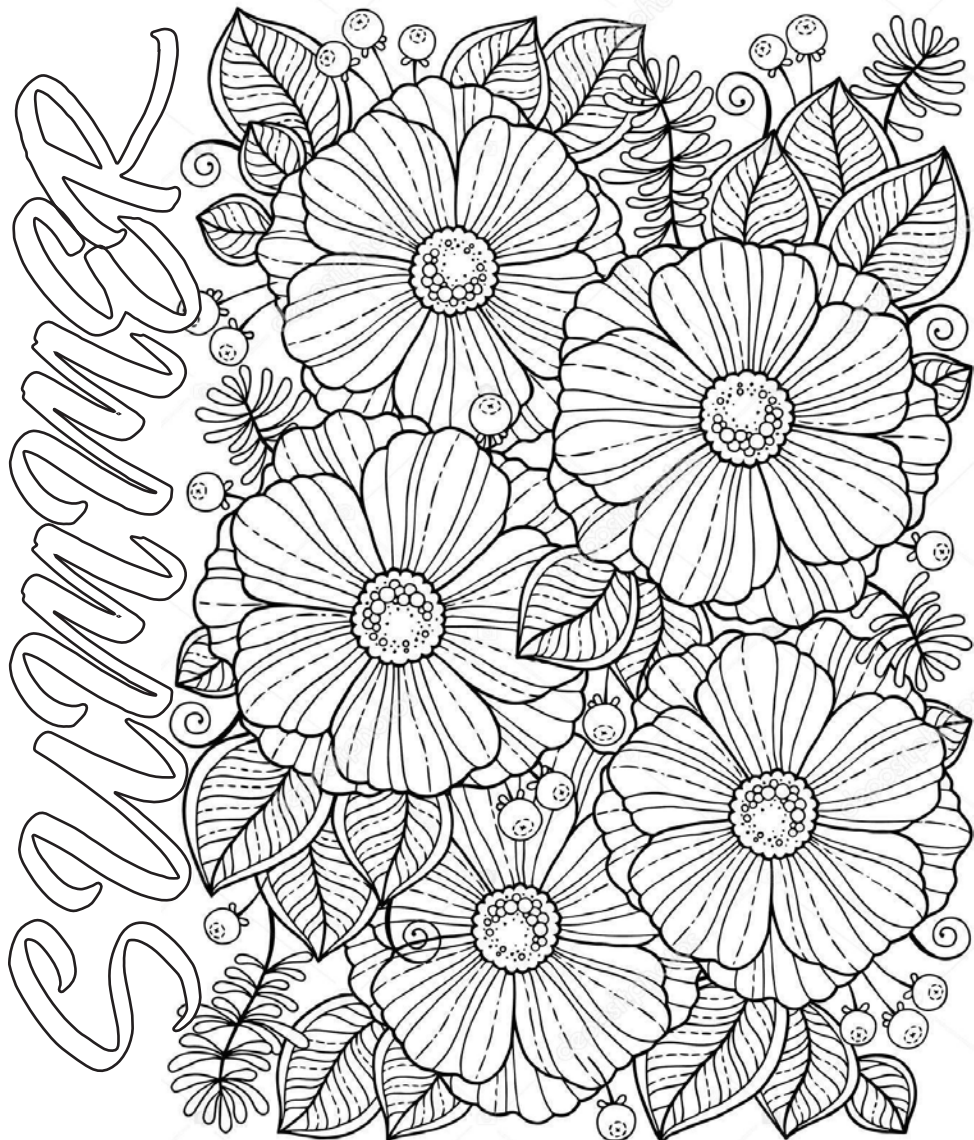


**Journey Christian Church**  
 Living Life... God’s Way  
 Sunday Service 10 a.m.  
 Wednesday Bible Study 6 p.m.  
 2878 Warren Meadville Rd.  
 234-244-4199 www.journeycc.today



**Cortland United Methodist Church**  
 155 N High St  
 Cortland OH 44410  
 330-637-2571  
 CortlandUMC1880@gmail.com  
 Rev. Joan Purnell, Pastor  
**Services 9:30am Sunday**





## Cortland United Methodist Church Red Bird Project



The recent Kentucky Mountain Dinner fundraisers at Cortland United Methodist Church support Red Bird, a United Methodist mission work camp in Beverly, Kentucky. September 2021, a team from Cortland UMC went to the work camp. While we were there, our main project was to build the ramp for a resident of the area. The ramp in the

picture is the finished project. Over the years, Cortland UMC has done roofing, remodeled bathrooms to make them handicap accessible and built a deck for other residents of the Kentucky area served by Red Bird. UMC wishes to thank all that have supported this worthy cause. We will be doing another trip in late September.

### The Upton Association announces summer events

The Upton Association will offer free tours of the Harriet Taylor Upton House Sunday July 10 from 2:00 - 4:00. There will also be a display of vintage postcards.

Their annual Summer Sale will be Thursday July 14 from 4:00 - 7:00, Friday July 15 from 9:00 a.m. - 4:00 p.m., and Saturday July 16 from 9:00 a.m. - 1:00 p.m. Profit from the sale is used for maintenance of The Upton House.

On August 7, docents will be available for free tours from 2:00 - 4:00 and we will feature a display of over 30 years of posters from the Trumbull County Women's History Celebration.

The Upton House is located at 380 Mahoning Avenue NW in Warren. For more information visit [www.uptonhouse.org](http://www.uptonhouse.org).

### News from Trinity Lutheran Church

Our VBS will be on July 18, 19 and 20 from 4:30 - 7:30. The whole family is welcomed to join in the fun. Our theme is "Cruise to Salvation Island". Each Night of VBS will be followed by a prayer service at 7:35.

On July 30 we will have a Salvation Island Community Day from 3:30-7:30 with prayer service to follow at 7:35.

On July 31 we will have a Community and Friend Sunday at our 10:15 Worship Service.

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## Happy Independence Day

Wishing you and your family a safe and festive July Fourth holiday.

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# Lakeview School News

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## LMS Student Finishes 32nd in National Spelling Bee

By Anna Rider

Lakeview Middle School's own Joey Constantine made the Lakeview community proud in early June, placing 32nd in the nation at the Scripps National Spelling Bee.

One of only 17 Ohio students who competed, the sixth grader traveled to Washington, D.C. to contend with the best spellers in the nation. This wasn't Joey's first Spelling Bee success. He has advanced to the school-wide spelling bee five times and to the regionals three times. This year is the furthest he's made it yet!

Joey's secret weapon? Determination! "It's like a sport for me," he explained. "A competition. I try to surpass the others."

And "surpass the others" is exactly what Joey did.

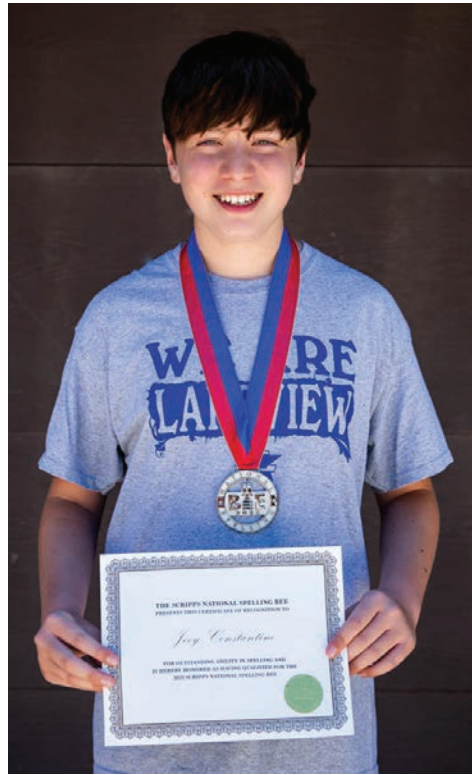
All students participate in classroom spelling bees, the highest ranked spellers advancing to compete by grade-level. The process repeats with winners of each stage: school-wide, regionals and finally national.

For the regional spelling bee, contestants are provided an extensive list of possible words. Determined not to be out done, Joey memorized all 4,000 words on the list.

"Sometimes it was torture," Joey said. While still somehow managing to balance schoolwork, sports, and time with his friends, Joey dedicated hour after hour to cementing the order of letters into his brain.

As if memorizing 4,000 words wasn't enough, advancing to the third round and beyond of the national spelling bee meant that the list of possible spelling words widened to include every word in the dictionary, no matter how obscure.

Advancing to the National Spelling Bee is an achievement in itself, and Joey stood his ground for a total of four rigorous rounds of challenging words. He was one of four Ohio contestants who advanced to the semifinals and the third ranking Ohio Contestant overall. After correctly defining the word bruschetta and spelling the words maillot, ordination, and finca, Joey missed his final word, escharotic (meaning forming an eschar, which is



a scab) in the fifth round by one letter. And yes, I had to ask him how to spell all of these words in order to write this article.

Throughout his journey, Joey was shown great community support from friends, teachers, and strangers alike.

"It was fun to see how excited people were, even people in the community we didn't know" said Joey's mom, Kathy Constantine.

When Joey's friends realized how determined he was to win they began helping him study. His teachers provided encouragement along the way as well.

"Lakeview is so proud of Joey's accomplishments representing our school and our community," Superintendent Velina Jo Taylor told us, "He competed exceptionally well and showed everyone he has the heart and soul of a true champion."

Joey is eager to impart his wisdom on future spelling bee contestants—"Stay focused and you can accomplish anything," he says.

And focus is certainly what earned Joey his amazing success. His spelling journey is certainly another classic but timeless tale of hard work paying off.

## Melissa Kmetz Named Teacher of the Year Finalist

Congratulations to Lakeview Elementary School third grade teacher, Melissa Kmetz - she has been selected as the 2023 Ohio Teacher of the Year Candidate for the State Board of Education's District 7! Kmetz is one of 11 candidates who will now try to become the next Ohio Teacher of the Year!

"Lakeview Schools is thrilled to learn that Melissa Kmetz has been recognized as Ohio's Region 7 Teacher of the Year," says Superintendent Velina Jo Taylor. "Her ability to inspire children to be avid learners is remarkable, and her commitment to them is unfailing. We wish her all the best as she competes for the Ohio Teacher of the Year recognition. We are beyond proud of her accomplishments."

Since its inception in 1964, the Ohio Teacher of the Year program annually identifies exceptional teachers statewide celebrating their effective work in and outside the classroom. The mission of the program is to provide opportunities for professional learning to exemplary teachers as leaders and advocates for public education. Anyone may nominate a teacher for the award.

Selected teachers move through two levels of recognition: (1) the State Board District Teacher of the Year as a regional recognition and (2) the Ohio Teacher of the Year as the state-level recognition. The Ohio Teacher of the Year program is a two-year opportunity. The first year is dedicated to recognition, celebration, and professional development. The second year is dedicated to service to Ohio as a Teacher Fellow at the Department of Education.

A candidate for the Ohio Teacher of the Year (OTOY) is eligible for the distinction if they hold a valid Ohio Professional Teaching License or a Career Technical Teaching License; have taught a minimum of nine years, currently working in their tenth year of teaching; working a minimum of 120 days in the current school year; employed full-time in a state-approved public school, community school or career-technical center. Candidates also must work directly with students at least 50 percent of the time, have received no previous Ohio Teacher of the Year recognition and plan to continue in



active teaching status.

Kmetz is going into her 17th year of teaching third grade at Lakeview Elementary School, and her 19th year of teaching overall. She graduated from Campbell Memorial High School in 1999 and obtained a full academic scholarship to Youngstown State University. She graduated in May 2003 with a Bachelor of Science in Early Childhood Education and in 2007, obtained a Master of Science in Education with a specialty in Reading from Youngstown State University.

Kmetz began her teaching career in the Salem City School district where she taught kindergarten for one year and first grade for two years. She then accepted a teaching position in Lakeview in the fall of 2006 and has been with the district ever since.

Kmetz says, "I strive to provide a safe and nurturing learning environment for all students while sparking their interest and enthusiasm in learning. It is my goal to teach all students how to learn, not just what to learn. The most important lessons learned in our classroom won't always be academic ones. It is incredibly important to me that students embrace kindness and compassion and strive to make the world a better place. I want them to learn they are never too young to make a difference in the lives of others."

*Congratulations  
Miss Kmetz!*

# CONGRATULATIONS JOEY!!



## Summer Fun at the Cortland Playroom



The Cortland Playroom's Summer camp is in full swing already! "Fun in the sun!" Having some water play, Kona ice treats, sand art and Hula hoop races were just some of the week's fun! Our summer theme is "Caring and Sharing" we still have some openings in some camps. Call if interested 330-637-2296





## Incoming Kindergarten Students Get First Taste of School

We were so excited to meet some of our newest Bulldogs recently! The Class of 2035 came to LES for Kindergarten screening and they all did a great job! Parents, if you still need to register your child for Kindergarten for the upcoming school year, you may do so anytime online at lakeviewlocal.org.registration. Those enrolling in

Kindergarten must be 5 years of age by August 1, 2022.

Thank you to the Lakeview Bulldogs PTO and Trumbull Career & Technical Center students Carmela Moore and Kaden Petty for making the Bulldog Puppy photo prop! It was the perfect backdrop! We can't wait to welcome our newest Bulldogs in August!



Incoming Kindergarten student Anderson has his photo taken during Kindergarten screening activities in June. Welcome Class of 2035!



## LHS Fair Barrel

If you happen to be out at the Trumbull County Fair, keep your eyes open for our Fair Barrel! All schools in Trumbull County were invited to design and create a barrel that shows their school spirit. Mr. Jeff Piper created the design for our barrel and sophomore Isabella Howard completed it before the school year was done. We think it turned out pretty good! Let us know if you see it out at the Fair!



LHS student Isabella Howard painted a 55 gallon barrel drum that will be on display at the Trumbull County Fair.



## LMS Student Creates Book Box

A Little Library has taken up post outside of LMS thanks to 8th grader Sophie I. She came up with the idea to create the library as part of her problem solvers project in English class. Sophie wanted kids who may not have access to books in the summer to be able to get some. In May, she pitched her idea to the Board of Education, who fully supported her efforts. She and her dad built the box, and now it's up outside the LMS Gym doors. Soon, Sophie hopes it will be filled with books for kids to enjoy! She also plans to register her post with the Little Free Libraries organization to add it to their nationwide database!



LMS 8th grader Sophie I. pitches her idea for a Little Free Library box at LMS to the Board of Education.

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38% of current smokers in the military began smoking after joining.

Active-duty Army members who smoke have more lost days of work per year compared with nonsmokers, which could be putting combat units at risk.

Among nonsmoking military members, the odds of starting to smoke are 60% higher for those who are deployed.

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## Lakeview Local Schools Statement

As a result of the failed operating levy on Tuesday, May 3, 2022 the district has moved to RIF or not fill the following positions for the 2022-2023 school year:

- 1 Guidance Counselor currently assigned to Lakeview High School & Lakeview Middle School
- 1 Instrumental Music teacher currently assigned to Lakeview Middle School
- 1 Health & Physical Education teacher currently assigned to Lakeview High School
- 1 English teacher currently assigned to Lakeview High School
- 2 Academic Support teachers currently assigned to Lakeview Elementary School
- 1 Academic Support teacher currently assigned to Lakeview Middle School
- 1 Administrator position currently assigned to Transportation
- 1 Supervisor position currently assigned to Cafeteria
- 1 Secretary currently assigned to Lakeview High School

- 1 Educational Aide currently assigned to Lakeview Middle School
- 1 Custodian currently assigned to Lakeview High School
- 1 Maintenance Employee currently assigned to district
- 1 Shared Service position currently assigned to district for PR

**Note:** Originally, the district had slated to reduce our School Resource Officer program from two officers to one. Thanks to Mayor Petrosky and the Cortland City Council for negotiating a cost savings on the program, the district is able to have a one-year reprieve and savings on price increases from the Cortland Police Department allowing us to keep 2 School Resource Officers.

**Fee Schedule:**

- Instructional & Technology Fees
- Technology/Filtering 5-12 \$60
- Elementary Tech & Instruction \$35
- Athletic Fees
- 1st Sport \$225
- 2nd Sport \$175
- Max per Athlete \$400
- Max per Family \$800
- Junior High Sports Flat Fee \$150

- Band, Choir, Clubs, Activities
- High School Band \$50
- High School Choir \$35
- Clubs/Activities \$25
- Max \$50 for clubs & activities

**Transportation Reduction**

With the exception of students on an Individualized Education Plan, students in grades K-12 living on the following streets will not be transported for the 2022-2023 school year:

- Amy Place, Argali Place, Aspen Place, Beechwood Drive, Brent Place, Cedar Drive, Cheviot Place, Corriedale Drive, Cricklewood Street, Debra Place, Deer Creek Trail, Diamond Way, Emerald Circle, Evon Circle, Fawn Lane, Gemwae Drive, Greenbriar Drive, Hillman Drive, Huntington Trail, Karakal, Lakeview Drive, Laura Lane, Leckrone Way, Maplewood Drive, Myrtle Avenue, Natale Drive, Oakdale Place, Onyx Place, Portal Drive, Robbies Run, Ruby Lane, Sawmill Drive, Southdale Blvd, Stonewood Drive, Terre Hill Drive, Thornhill Drive, Topaz Trail, Troy Place, Turquoise Drive, Vine Tree Place, Wae Trail, Wakefield Drive, Wendy Place, Whitetail Run

## Kent State Trumbull Welcomes New Assistant Dean



Following a national search, Adil M. Wadia, Ph.D., F.G.S., of Orrville, Ohio, has been selected as the new assistant dean of Kent State University at Trumbull. Wadia most recently served as a senior lecturer of Geosciences at the University of Akron's Wayne Campus. He joined Kent State Trumbull on Monday, June 13, 2022.

"I am coming to this new position with plenty of experience at a regional campus, so I am familiar with common challenges as well as the opportunities," Wadia said. "This is a great team in Trumbull, and I look forward to doing my part to help the campus evolve and meet the needs of this community."

Wadia joins the campus management team led by Bill Ayres, Ph.D., dean and chief administrative officer, who, this spring, completed his first semester at the campus.

"As a long-time faculty member of a regional campus, he understands our mission's importance and role within the larger university," Ayres said. "He brings a wide range of experience in curriculum development, course scheduling, assessment, and faculty development. Given his background and passion for our work, I believe he will be an excellent asset to our team."

Wadia has worked at the University of Akron's Wayne Campus since 2005. He served as an area coordinator and an associate professor before becoming a senior lecturer in 2021. He is a member of the Geological Society of America and an elected Fellow of the Geological Society of London (U.K.).

He was born in Bombay, India and there earned master's and bachelor's degrees in Geology from St. Xavier's College, University of Bombay. At 21, he moved to the United States and earned a Doctor of Philosophy, Physical Geography, and a Master of Arts, Geology, both from Indiana State University.

Dr. Wadia has some experience in the Kent State Regional Campus System, teaching as adjunct faculty at Kent State University at Stark between 2009-2012. Wadia succeeds Josna Neuman, who has been serving as interim assistant dean since July 1, 2019.

## From the desk of the Superintendent

By Velina J. Taylor

This message is written to inform our community of the cost saving measures put in place for the 2022-2023 school year. These reductions help to balance the district's annual budget, as required. Please know in making these changes we have made every attempt to avoid affecting academic programs for our children.

In total, the district has reduced thirteen (13) positions. These reductions were achieved largely through attrition, but sometimes did result in employees losing their jobs with Lakeview Local. A few additional reductions are pending but have not been included in the total because they are not yet finalized. The loss of these positions must not be perceived as our having had too many employees. Instead, we will be asking those who remain to do more, accept additional responsibilities, and work even harder to meet the needs of our children. We hope everyone understands the strain on those who labor to support the district as they try their hardest to continue to deliver nothing but the best for our children.

Other actions taken to help stabilize the district budget include a revised fee schedule and a reduction in busing.

We realize the changes outlined have a direct impact on our school family and recognize the struggle ahead of us. The Board of Education is carefully weighing possible future funding options and monitoring the district's financial situation regularly.

To say we regret this situation is an understatement. Unfortunately, the state of Ohio's funding system for public schools places the burden of educating the children in a district squarely on the shoulders of its residents. While we tried our best to educate our voters prior to the May election, the voices were clear that the district needed to find other ways to make ends meet financially rather than through additional operating funds.

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## Cortland Street Fair Returns Bigger and Better than Ever!

The annual Cortland Lions Club Street Fair will be held on July 21, 22, 23. There is a lot of the old and a lot of new this year. The pandemic caused havoc for everyone and the Street Fair is no different. But due to the dedication and persistence of the Cortland Lions Club, the Street Fair has survived and continues to grow!

The theme this year is "Through the Decades." A schedule is below and more details are available in the ad on the back page of this issue.

This is truly a community event and so many individuals and groups help to put it on.

Corporate sponsors like 7-17 Credit Union, who are sponsoring the Saturday Night Fireworks, make this event happen. The IBEW 573 [International Brotherhood of Electrical Workers] provide all of the complicated Electrical Hookups. These are both major contributions that help the Lions Club bring the Street Fair to you.

Here is this year's schedule as of press time:

### Thursday July 21, 6 PM Opening Ceremonies

- MC Lindsay McCoy, WFMJ-TV 21
- National Anthem By Lakeview High School Choir
- Presentation of Colors Cub Scout Pack 4050
- Welcome by:
  - Cortland Mayor Dee Dee

Petrosky  
- Lions Club President Bill

Lowther  
- Lions Club Street Fair Chairman

Basil Jarrett

- Queens Contest & Little Miss Cortland Pageant, Lisa Marsco
- Entertainment:
  - Main Stage - 8 PM - 11 PM Denise Starr
  - Beer Tent - 8 PM - 11 PM J-Byrd
  - 8:30 PM Hot Dog Eating Contest Community Tent on N Bank St.
  - 6-8 PM Brookfield HS Drone Racing Team

### Friday, July 22 Starting 8 PM

- Main Stage - Broken Reins 8-11 PM brought to you by Apostolakis Honda
- Beer Tent - Speed Limit 8-11 PM
- Community Tent

- 6-8 PM Trumbull County Schools Robotics Teams
- Birds in Flight
- 7:00 PM at Just Pizzelles - Ice Cream Sandwich Contest, Deadline to register is Thursday, July 21 by 7 pm. To register, please call Just Pizzelles at 330-638-8707. Lots of prizes. Not responsible for "brain freeze!" The \$5 Entry fee benefits the Lakeview Schools Food Pantry. Come and join the fun - cheer on your friends.

### Saturday, July 23

- 1 - 4 PM Matinee
  - 1-4 PM Niles PD Swat Truck
  - 1-2 PM Mecca Search & Rescue Canine Demo
  - 1-3 PM Tracy Cooper Kangoo Jump
  - 3:00 - 5:30 PM Trumbull County Schools Robotics Teams
- 6 PM Annual Cortland Street Fair Parade
  - MC Derek Steyer, WFMJ TV 21
  - Grand Marshall Cortland Mayor Dee Dee Petrosky
- Main Stage - Northern Whiskey 8-11 PM
- Beer Tent - Hair Supply 8-11 PM
- 10 PM Lions Club 50/50 Raffle Drawing
- 11 PM Fireworks brought to you by 7-17 Credit Union

A Special Thank You goes to Insurance Navigators, Maxill Toy Storage, Farmers Bank, Sunburst Environmental Services, Growlin' Howland Browns Backers, Parade Committee: Daynelle Sanner, Abby Cyphert, Kris Vadas, Kim Fuchilla, Rick Hutton, Theresa Hutton. Also to WFMJ TV 21 Lindsay McCoy & Derek Steyer. The Cortland Roller Rink, Pizza Joes, Lakeview Football Coaches and Players.

100% of the proceeds raised by the Cortland Lions Club Street Fair go to charitable causes and organizations. Over 80% of those contributions are right here in our own community. You can help by purchasing a 50/50 raffle ticket from any Lions Club member or at the French Fry stand during the Street Fair. See you at the Street Fair!!

# SEE YOU AT THE FAIR!

**CORTLAND LIONS CLUB presents**  
**PARADE OF THE DECADES**  
**LOVE PEACE JOY**

All float entries will be judged on Overall Presentation, Creativity and Enthusiasm!

**Saturday, July 23<sup>rd</sup>, 2022**  
**Main Street, Cortland - 6:00 PM**

Cash prizes will given to the 1st, 2nd and 3rd place winners.  
All participants must pre-register to participate in the 2022 Cortland Parade. Registration will close Thursday, July 7, 2022. Late entries may not be accepted. For additional questions, please email: Cortlandstreetfairparade@gmail.com

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## Free Tour of The Upton House



The Upton Association will offer free tours of the Harriet Taylor Upton House Sunday July 10 from 2:00 - 4:00. There will also be a display of vintage postcards. The Upton House is located at 380 Mahoning Avenue NW in Warren. For more information visit [www.uptonhouse.org](http://www.uptonhouse.org).

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## Pierce and Pawlosky Break Records

Lakeview High School saw two track and field athletes break school or conference records this past season!

Senior Teagan Pierce broke the NE-8 conference meet record in the

discus, throwing 117 feet, 3 inches. She broke her own record, beating her previous mark by 13 feet! Teagan plans to continue her throwing career at Thiel College. She signed her Letter of Intent

to the Tomcats' Track and Field team in April. Congratulations Teagan!

Charles Pawlosky also had a record-breaking track season. He broke the school record three times this year,

finally setting the bar at 59 feet, 10 inches. That mark came at the Regional Championship back in May. He won that meet, which then qualified him to participate in the OHSAA State Track and Field Meet in Columbus in June. Charles placed third in the state meet with a throw of 58 feet, 6.5 inches. Congratulations Charles!



Teagan Pierce: Lakeview High School Senior Teagan Pierce competes at a local track meet this past spring. Pierce broke the school record in discus, setting the new mark at 117'3".



Pawlosky State Podium: Lakeview High School Senior Charles Pawlosky (third from right) finishes third at the OHSAA State Track and Field Meet in June.

## CONGRATULATIONS



### Coloring Contest Winners



Lake Vista offered a coloring contest to be judged by their residents. Our winners were 3rd Grade students: Halle L. and Sloane V. and 1st grade student, Aubrey P.



### Cortland Masonic Lodge awards 3 Scholarships

The Cortland Masonic Lodge #529 has awarded three \$1000 scholarships for 2022, under their Hubert Darrow Scholarship Program. The recipients are Raegan Schick, a Lakeview graduate who will be attending YSU, Carter Burnett, a Badger graduate who will be attending YSU, and Hannah Gaylog, a Maplewood graduate who will be attending the University of Findlay.

The scholarship program was originally created by a lodge member, Brother Hubert (Hub) Darrow. Applications are received from seniors at Lakeview, Badger, and Maplewood who plan to enter any form of higher education.



Nate Schick (father), Raegan Schick of L.H.S., and Shannon Schick (mother)

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## Trumbull Regional Medical Center Reverified as a Level III Trauma Center

The Trauma Center at Trumbull Regional Medical Center has been reverified as a Level III Trauma Center by the Verification Review Committee (VRC), an ad hoc committee of the Committee on Trauma (COT) of the American College of Surgeons (ACS). This achievement recognizes the trauma center's dedication to providing optimal care for injured patients.

Established by the American College of Surgeons in 1987, the COT's Consultation/Verification Program for Hospitals promotes the development of trauma care, but also the entire spectrum of care to address the needs of all injured patients. This spectrum encompasses the prehospital phase through the rehabilitation process.

Verified trauma centers must meet the essential criteria that ensures trauma care capability and institutional performance. The ACS Committee on Trauma's verification program provides confirmation that a trauma center has demonstrated its commitment to providing the highest quality of trauma care for all injured patients. During the reverification process the hospital underwent a rigorous on-site review by a team of experienced site reviewers, who use the current Resources for the Optimal Care of the Injured Patient manual as a guideline in conducting the survey.

"Being reverified as a Level III Trauma Center demonstrates our commitment to always providing the highest quality of emergency and trauma care to the community" said Dr. Penelope Mashburn, General Surgeon, Trauma Medical Director. "Everyone on our trauma team plays a vital role in our reverification, including nursing and clinical staff, general surgeons, emergency medicine physicians, orthopedic surgeons, critical care physicians, and our quality team. We also have partnerships with area EMS providers and paramedics to ensure we are providing quick and efficient, streamlined trauma care." said Mashburn.

Trumbull Regional Medical Center's Level III Trauma Center has the expertise to provide rapid assessment, resuscitation, emergency operations, intensive care, and stabilization of injured patients. The hospital has 24-hour coverage by emergency doctors and prompted access to general and orthopedic surgeons, and anesthesiologists. Trumbull's Emergency Department combines world class medical expertise with first-

in-class safety protocols, to provide the right treatment and care at the right time. The Emergency Department features:

- Multi-functional treatment rooms for patients with a wide variety of conditions.

- A dynamic ER design focused on providing a better experience for patients and visitors.

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- A 30-minutes-or-less ER service pledge.



L to R: J. Kyle Phillips, MD, General Surgeon; Penelope Mashburn, DO, General Surgeon, Trauma Medical Director at Trumbull Regional; Thomas Jones, MD, Orthopedic Surgeon, Chief of Surgery and President of the Medical Staff; and Peggy Higgins, RN, BSN, Trauma Quality Coordinator.

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## Mercy Health adds 54 doctors as New Residents Locally

On Friday, July 1, Mercy Health - Youngstown's Graduate Medical Education Program will welcome 54 incoming residents across 9 residency programs and 1 fellowship program. This new class includes residents in the specialties of internal medicine, family medicine, general surgery, orthopedic surgery, general dentistry, emergency medicine, otolaryngology, transitional year and pharmacy, as well as fellows in hospice and palliative medicine.

"Mercy Health - Youngstown is committed to providing access to quality health care to all in our community and the Graduate Medical residency programs help by bringing the next generation of physicians into our community," said Dr. Jim Kravec, Chief Clinical Officer for Mercy Health - Youngstown. "By continuing its focus on the GME program, Mercy Health - Youngstown does so with the intent of both being on the forefront of medical education and ensuring quality health care for our area residents. We are excited to welcome these new physicians to the Youngstown community and grow the number of doctors we have to treat our patients."

These residents were paired with the various Mercy Health - Youngstown programs in March on Match Day, which is well known in the graduate medical education community as the day when graduating medical students get placed into residency and fellowship programs. It is also the day Mercy Health - Youngstown learned

who will become our next class of physician residents.

Mercy Health - Youngstown has had a surgical residency program in place for 100 years and an internal medicine residency for nearly as long. The most recent program being the newly accredited Addiction Medicine Fellowship Program that will soon train fellows to treat patients with substance abuse and behavioral disorders.



"Mercy Health - Youngstown is proud to train nearly 150 physicians in our residency and fellowship programs. These physicians care for our community both now and, for some, the remainder of their medical careers," said Dr. Ron Rhodes, Chief Academic Officer for Mercy Health - Youngstown.

Earlier this year, Mercy Health - Youngstown announced plans to renovate the former VA clinic on Belmont Avenue to be the new home of a variety of services, including our expanded Family Medicine Residency Program and the new Addiction Medicine Fellowship. Mercy Health - Belmont Medical Center will also house an obstetrics and gynecology clinic and our Centering Pregnancy Program. Residents and fellows will have the opportunity to work collaboratively with each of these closely related services.

## United Way of Trumbull County Announces Senior Leadership Succession Plan

The United Way of Trumbull County (UWTC) Board of Directors unanimously approved the recommendation of President and CEO Ginny Pasha and the Executive Committee to name Christine Cope as its new President and CEO, effective on July 1, 2022.

Previously, Pasha shared her desire to focus exclusively on programs and community partnerships and endorsed Cope for the leadership role. Lisa Taddei, Board Chair for UWTC, said, "Pasha's decision led the board to execute its succession plan to promote Cope who has been with UWTC since 2016 as the Director of Development and Marketing."

Pasha has been asked to continue to oversee programming and agency relations with the organization. She began serving United Way of Trumbull in 2013, she has developed and implemented Reading Great by 8, a literacy initiative consisting of three programs designed to help kids read at grade level by grade 3. Also, she has worked with partner agencies to foster greater collaboration and executed a process to prioritize funding to best meet the community's needs. Her vision and expertise have been an asset to the organization.

"We see this as a win-win situation with Cope expanding her leadership at UWTC and the opportunity to retain Pasha's talents by creating a new role as Director of Programming. The organization will be well-positioned under Cope to revitalize our role in Trumbull County," said Taddei.

Cope has more than 25 years of proven strategic business leadership. She has extensive experience in corporate strategy, organization planning, budget administration, and proven leadership capabilities. Before joining the United Way team,

Christine had worked in the banking industry in various leadership positions. She most recently served in the role of Vice President of Strategic Initiatives at First National Bank where she led initiatives focused on organization-wide innovation and driving revenue and growth. Cope is a lifelong resident of Trumbull County and a graduate of Hiram College.

Cope added "Next year, we will celebrate 100 years of serving Trumbull County. "We have a strong legacy we need to honor. As we look to the future, I'm excited to lead us in a new direction while aiding in solutions to complex issues facing our community."



*Christine Cope, new President and CEO*



## Fire up the 4th with tasty backyard recipes

(Family Features) Fireworks, family and food are what the Fourth of July is all about. This year, add some spark to backyard staples like grilled chicken and potato salad with a little help from tangy condiments, smoky rubs and your cast-iron skillet.

For a main dish that's sure to be a crowd pleaser, smother grilled chicken with a white barbecue sauce - the South's tangy little secret. It's made with simple pantry ingredients like mayonnaise, cider vinegar and mustard.

Make a one-pan side dish next to

the cooking chicken by placing your cast-iron skillet directly on the grates. Smash whole potatoes in the pan then top with bacon, cheese and a chipotle seasoning. Let it all melt together and then top with sour cream for a smoking side.

Round out the meal with a festive cake that looks as impressive as it tastes. Dye white cake mix batter red and blue using food color then assemble in a flag shape with whipped cream and berries.

Find more recipes and ideas to fire up your Fourth of July at McCormick.com.

### WHITE BARBECUE SAUCE WITH SMOKY CHICKEN

Prep time: 15 minutes

Cook time: 45 minutes

Servings: 6

White Barbecue Sauce:

- 1 cup mayonnaise
- ½ cup cider vinegar
- 2 tablespoons Zatarain's Creole Mustard
- 1 teaspoon prepared horseradish
- ½ teaspoon McCormick Coarse Ground Black Pepper
- ½ teaspoon McCormick Garlic Powder
- ¼ teaspoon salt

Smoky Chicken:

- 1 cup hickory wood chips
- 2 pounds bone-in chicken parts
- 2 tablespoons McCormick Grill Mates Applewood Rub

To make sauce: In medium bowl, mix mayonnaise, vinegar, creole mustard, horseradish, black pepper, garlic and salt until well blended. Cover. Refrigerate at least 2 hours before serving to blend flavors.

Push bacon mixture to one side of skillet. Add potatoes to other side of skillet. Smash each potato with heavy spatula, bottom of small sturdy bowl or meat pounder. Sprinkle potatoes with remaining seasoning. Spoon bacon mixture over potatoes. Sprinkle with cheese.

Cover pan or close grill. Cook 3-5 minutes, or until cheese is melted. To serve, sprinkle with green onions and dollops of sour cream.

Test Kitchen Tip: Cooking potatoes before grilling reduces overall grill time.

### RED, WHITE AND BLUE CAKE

Prep time: 25 minutes

Cook time: 30 minutes

Servings: 12

- 1 package (2-layer size) white cake mix
- 2 teaspoons McCormick Pure Vanilla Extract
- ½ teaspoon Blue McCormick Assorted Neon Food Colors & Egg Dye
- 2 tablespoons unsweetened cocoa powder
- 2 teaspoons McCormick Red Food Color
- nonstick spray
- 1 container (16 ounces) white frosting
- 1 cup raspberries
- ½ cup blueberries

Heat oven to 350 F.

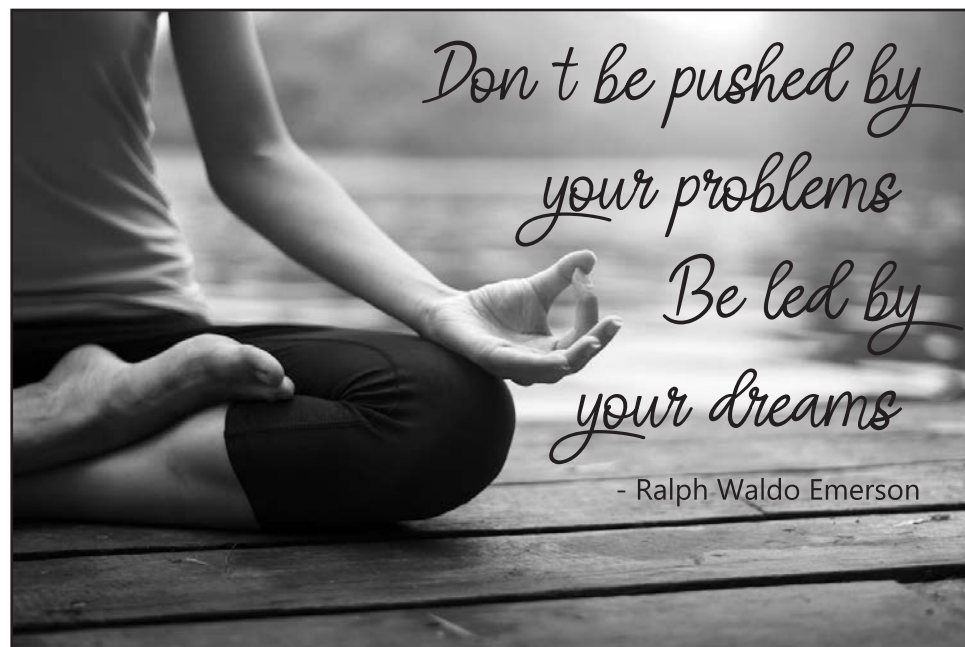
Prepare cake mix as directed on package, adding vanilla. Transfer 1 ½ cups batter to small bowl and tint with neon blue food color. Tint remaining batter red by adding cocoa powder and red food color. Pour each color batter into separate 9-by-5-inch loaf pans sprayed with nonstick cooking spray.

Bake blue-tinted cake 20-25 minutes; red-tinted cake 30-35 minutes. Cool cakes in pans 10 minutes. Remove from pans; cool completely.

Trim cakes to remove rounded tops and edges. Slice red cake in half horizontally to form two thin layers. Place one layer on platter. Slice remaining red cake layer in half lengthwise. Slice blue cake in half lengthwise. (Blue and red cakes should be same dimensions.)

Frost red cake layer on platter with 1/3 frosting. Top with lengthwise slices of red and blue cake side-by-side. Frost with 1/3 frosting. Repeat cake layer and frosting. Garnish with raspberries and blueberries to resemble flag.

## Tips for managing summer stress



(BPT) - Each summer we look forward to the sunny weather, schools closing and the vacations. However, managing your or your family's play, travel and work schedules can be stressful.

According to United Health Foundation's 2016 America's Health Rankings, the average number of days per month adults unfavorably assess their mental health ranged from 2.4 days in South Dakota to as high as 4.7 days in Arkansas and West Virginia. The national average is 3.7 days.

Poor mental health days can affect every aspect of one's day, from your drive to work to running errands before your child's soccer practice. So what can be done about managing stress and preventing tough days ahead?

First, we must understand that stress is here to stay - a modest amount of stress, offset by periods of relative calm and security, is normal. But high levels of stress can be dangerous to your health, leading to headaches, back pain, fatigue, upset stomach, anxiety, depression and heart problems.

Recognizing stress

Stress is a physical and psychological response to a demand, threat or problem. It stimulates and increases your level of awareness, also known as the "fight or flight" response. The response occurs whether the stress is positive or negative. Positive stress provides the means to express talents and abilities. But continued exposure to negative stress may lower the body's ability to cope, which may lead to prolonged health issues.

Your signs of stress may be different from someone else's. Some people get angry. Others have trouble concentrating

or making decisions, and still others will develop health problems. The good news is that stress can be managed, according to Ann Marie O'Brien, R.N., National Director of Health Strategies at UnitedHealthcare.

O'Brien offers these five tips to help manage stress:

Take care of yourself - Eat healthier, engage in moderate exercise and get enough sleep - all of which can improve your health.

Figure out the source - Monitor your mental state throughout the day. Keep a list of the things that create stress. Then develop a plan for dealing with these common stressors.

Do things you enjoy - Go to a movie, meet a friend for dinner or participate in an activity that provides relief. Give yourself a break and take time to care about yourself.

Learn relaxation techniques - Deep breathing is helpful. Meditation as well as "mindfulness techniques" are becoming increasingly popular at home and in the workplace. You can practice mindfulness while sitting in a quiet place or walking. The key is to focus on your breathing or your steps. The technique may be simple, but achieving the desired result takes practice.

Welcome support - Let close friends or relatives know you're dealing with stress. They may be able to offer help or support that may make a difference.

Remember, stress is your body's natural defense mechanism, but being under stress for too long can have a serious negative effect on your health. If you notice stress is becoming an issue for you, talk with your doctor.

For more health and wellness tips, visit UHC.com.



Diana G. Karnavas, D.P.M., FACFAS, C.W.S.  
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 ...continued from page 4



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**Rotary Howl At The Moon Color Run**

The Rotary Club of Cortland is proud to announce their Howl At The Moon Color Run and Family Festival to be held Saturday August 13 at Lakeview High School beginning at 5:00 P.M. This community event features a non-competitive 2-mile color run, the "SPEED LIMIT" band, food





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trucks, basket raffles and prizes for participants. Everyone is invited to come out and have FUN, and run, walk, skip, or dance the 2-mile route while getting showered with colored chalk throughout.

The Rotary Club of Cortland wishes to thank our special high-level sponsors, Farmers Bank and Western Reserve Veterinary for their significant support. Proceeds from the event will be used to fund Cortland Rotary's numerous community service projects. See our Facebook page for registration




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## Mosquito Lake Nature Play Area

I'm embarrassed to say my first visit to the Nature Play Area at 3620 Hoagland Blackstub Rd (near the park campground) was for this column. I heard about it, and then I was sad to hear it had been vandalized. Since then, when I searched for it online, I read that it was, "Temporarily Closed," so I never ventured over, but I'm glad I finally did!

The public is welcomed to park in the ample campground office parking lot and walk the short distance to the Nature Play Area from dawn to dusk. There are some great structures for children and adults alike to enjoy.

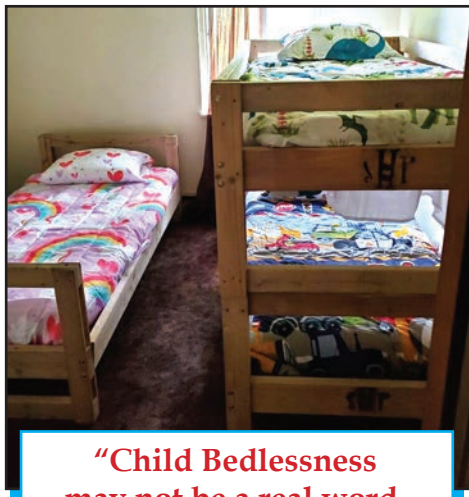
There's a really fun hand painted canoe swing that can fit 3-4 people, a child friendly ropes course and a real teepee! The creek winds through the area, allowing for water exploration - kids might want to bring along a little goldfish net!

The area is maintained by Camp Host John Thatcher, who helped create it. John and the park Naturalist have plans to enhance and expand the play area. John said he hopes to add something new each year! It is a beautiful area! When you go, wear bug spray, and be sure to take only pictures and leave only footprints!



Gage and Aurora Sensabaugh enjoy some of the challenges at the Mosquito Lake Nature Play Area.

## Sleep in Heavenly Peace



**"Child Bedlessness may not be a real word, but it's a REAL PROBLEM."**

The Trumbull County Chapter of Sleep in Heavenly Peace is going to have another "Build Day" on July 30 @ 9 AM. The event will be at 2541 Larchmont Ave in Warren. ALL volunteers are welcome! No experience necessary! Bring a friend! For more information, please contact Chelsea at [Chelsea.munroe@shpbeds.org](mailto:Chelsea.munroe@shpbeds.org)

Sleep In Heavenly Peace - Trumbull Co. is a 100% volunteer non-profit organization that builds twin sized beds from raw wood and then delivers those beds to children in need of a safe, warm place to sleep. During build day, volunteers will help at stations such as sanding, drilling, assembling and staining the handmade beds!

Make a difference in child's life - help build them a bed.



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## Worried About the Stock Market? Here's How to Reduce Your Investment Risk

During times of market volatility like we've seen since the start of 2022, it's natural to feel a bit skittish about the stock market. It's a potent reminder that there are risks to stock ownership. Individual stocks are not guaranteed to grow and may lose value. The good news is that the stock market has historically delivered a higher rate of return than other forms of investment in the same timeframe. With this in mind, there are strategies you can deploy to help insulate your portfolio from the natural up-and-down swings of the market, while staying invested for the long term.

**Buy and hold.** There will always be day-to-day fluctuations in the stock market. Plunging stocks can cause panic selling. Rising stocks can inspire overly optimistic purchasing. A buy-and-hold investment strategy takes a long-term view to investing. It discourages buying or selling stocks in response to market dips and surges. Over time, portfolios governed by this strategy tend to deliver more robust long-term results than ones guided by emotional decisions.

**Asset allocation.** This strategy involves holding investments across different asset classes to meet your investment objectives. Asset classes include stocks, bonds, cash and alternatives. Each asset class has a different risk profile and upside potential. How much you assign to each asset class will depend on individual circumstances such as your time horizon, tolerance for risk, need for liquidity, tax situation and your financial goals. Investors with a longer time horizon usually can tolerate more risk, so will hold a larger percentage of stocks within their portfolio. Investors

with a shorter time horizon may hold more bonds or similar instruments that offer greater security, with lower yields.

**Portfolio diversification.** Portfolio diversification is another strategy designed to help you spread risk across your portfolio. It involves selecting a variety of investments within each asset class to help minimize risk. For example, by putting your "growth stock" money into several companies that meet growth criteria, you are protected in the event one of those companies fails.

**Dollar-cost averaging.** This investment strategy takes a disciplined approach to purchasing investments. The idea is to purchase more shares of stocks, bonds and/or mutual funds when prices are low and purchase fewer shares when prices are high. The principal here is to be systematic in your purchasing. Dollar-cost averaging over time usually results in lower average cost of shares in your portfolio, creating greater opportunity for profit as share values rise.

**Find an ally for smart investing.** Talk with your financial advisor to learn how to implement these and other investment strategies to help grow your investment portfolio. As with all investments, past performance does not guarantee future results. No investment strategy is guaranteed to be profitable or help you avoid losses. Common sense and a balanced approach tend to win the day.

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## Business or Hobby? The Tax Rules Have Changed

If you generate income from a passion such as cooking, woodworking, raising animals – or anything else – beware of the tax implications. They'll vary depending on whether the activity is treated as a hobby or a business.

The bottom line: The income generated by your activity is taxable. But different rules apply to how income and related expenses are reported.

### Factors to consider

The IRS has identified several factors that should be considered when making the hobby vs. business distinction. The greater the extent to which these factors apply, the more likely your activity will be deemed a business.

For starters, in the event of an audit, the IRS will examine the time and effort you devote to the activity and whether you depend on income from the activity for your livelihood. Also, the IRS will likely view it as a business if any losses you've incurred are because of circumstances beyond your control, or they took place in what could be defined as the start-up phase of a company.

Profitability – past, present and future – is also important. If you change your operational methods to improve profitability, and you can expect future profits from the appreciation of assets used in the activity, the IRS is more likely to view it as a business. The agency may also consider whether you've previously made a profit in similar activities. Also, the intent to

make a profit is a key factor.

The IRS always stresses that the final determination will be based on all the relevant facts and circumstances related to your activity. Business vs hobby: The tax rules have changed

### Changes under the TCJA

Under previous tax law, if the activity was deemed a hobby, you could still generally deduct ordinary and necessary expenses associated with it. But you had to deduct hobby expenses as miscellaneous itemized deduction items, so they could be written off only to the extent they exceeded 2% of adjusted gross income (AGI).

All of this has changed under the Tax Cuts and Jobs Act (TCJA). Beginning with the 2018 tax year and running through 2025, the TCJA eliminates write-offs for miscellaneous itemized deduction items previously subject to the 2% of AGI threshold.

Thus, if the activity is a hobby, you won't be able to deduct expenses associated with it. However, you must still report all income from it. If, instead, the activity is considered a business, you can deduct the expenses associated with it. If the business activity results in a loss, you can deduct the loss from your other income in the same tax year, within certain limits.

### An issue to address

Worried the IRS might recharacterize your business as a hobby? Contact our firm. We can help you address this issue on your tax return or assist you in perhaps filing an amended return, if appropriate.

*Jennifer J. Slywczak, CPA, is the owner of Integrated Accounting and Tax Solutions LLC, located at 3378 state Route 5, Cortland. You can reach her at 330-638-2727 or by email at [jennifer@jenjslycpa.com](mailto:jennifer@jenjslycpa.com). To sign up for monthly newsletters you can visit her website at [www.jenjslycpa.com](http://www.jenjslycpa.com).*



## Spruce Up for Summer

*Make your backyard the perfect outdoor space*



(Family Features) To make the transition to summer season effortless, there may be some backyard upgrades and prep to be done to ensure your outdoor space is in tip-top shape. From your pool and patio to the grill,

these tips can help get your backyard summer-ready.

### Overhaul the Patio

Patios and decks are often considered the hub of the backyard, so consider sprucing yours up by power-washing the stone to remove any winter buildup or use stain for a complete refresh. Adding a pergola or umbrellas can help protect you from the elements and, for added comfort, consider installing an outdoor ceiling fan for humid days and a fire pit or patio heater for cooler nights.

### Upgrade Outdoor Furniture

To ensure your backyard furniture lasts, invest in materials such as teak wood, redwood, cedar or stainless steel, which are typically durable and low-maintenance. If you want to add a personal touch, consider colorful cushions, throw pillows or an area rug made of weatherproof fabric.

### Smarten Up Your Pool and Backyard

With smart homes on the rise,

today's tech-savvy homeowners are not only looking to automate appliances and gadgets inside the home, but now want smart controls in their outdoor spaces, as well. For example, Hayward's OmniHub smart pool control offers pool owners the convenience and customization of complete pool, spa and backyard lighting automation from smart devices.

### Prep Your Grill

Get ahead of barbecue season by building in ample time to prep your grill. Scrub or season your grill grates to avoid rust, stock up on charcoal and wood chips, check gas grills for leaks and fill up your propane tank. For safety, make sure your grill is at least 10 feet away from your home, outdoor structures and any trees or bushes.

### Convert Your Pool to Salt Water

For the ultimate in pool luxury, consider switching your traditional chlorine pool to salt water. It's a surprisingly simple project that can

transform your pool experience. Salt pools offer owners soft, clean and clear water that won't irritate eyes, dry out skin and hair, give off harsh odors or cause bathing suits to fade. Designed to be a convenient alternative to conventional chlorine, Hayward's AquaRite system gently dissolves salt into the perfect amount of chlorine to sanitize your pool without harsh chemicals while creating velvety-smooth water.

### Keep the Bugs at Bay

Mosquitos and other bugs can put a damper on outdoor entertaining, so be sure to stock up on repellents to ensure a bug-free backyard. Keep citronella or eucalyptus candles and torches on hand to maintain a pest-free space.

Whether you're planning a family barbecue or pool party, or just want a space that offers the ultimate in tranquility, visit [hayward.com](http://hayward.com) for more tips to help jumpstart your home improvement project.



# ON COURSE

Navigating your Insurance Needs

Presented by Jill Freeman,  
Ann M Wiley Insurance Services



## Medicare Insurance for Self Employed Individuals and Small Businesses

If you are self-employed or an employee of a small business, it is important to understand your options with Medicare Insurance when you turn 65. If you are utilizing the Affordable Care Act (Obamacare) and receiving a premium subsidy, have an individual insurance plan or are part of a small group plan with an employer that has less than 20 employees you will need to sign up for Medicare when you turn 65 to avoid possible penalties for late enrollment later. In addition, if you continue in a plan with your employer that is considered credible coverage but has less than 20 employee members, Medicare Insurance becomes the primary payer of claims and the group insurance is secondary. If you do not enroll in Medicare, you may be responsible for paying medical costs yourself as the employer plan will process and pay claims as if you are enrolled in Medicare Insurance.

For those who have insurance through the Affordable Care Act Marketplace or other short term individual plans, Medicare does not consider these plans "credible coverage". Therefore, if you delay signing up for Medicare Parts A, B and D, you may incur monthly penalties on the premiums owed when you do sign up. There may also be tax consequences for premium subsidies received through the marketplace after turning 65 and becoming eligible for Medicare Insurance.

If you or your spouse continue to work past age 65 and are covered by an employer group insurance plan with 20 or more employees, the group insurance remains the primary payer, and it is not necessary to sign up for Medicare until you lose that coverage. However, most beneficiaries will qualify for premium free Part A, hospital coverage. Signing up for Part A does not cost anything and starts the Medicare process. When you lose employer coverage, whether through loss of employment, retirement, or other circumstances, you would then sign up for Part B coverage and provide proof of credible cover through the employer to avoid premium penalties.

However, if you contribute to a Health Savings Account on a high deductible plan, you will want to stop contributing to the HSA plan at least 6 months before applying for either Part A or Part B of Medicare to avoid possible income tax consequences.

In any case, it is a good idea to look at all your options when turning 65. It may be helpful to talk to a licensed insurance agent familiar specifically with Medicare Insurance and the different rules and regulations. It is also a good idea to consider employer insurance costs compared to Medicare Insurance costs. Many times, Medicare Insurance when added to a Medicare Supplement or Medicare Advantage plan will have lower overall costs when you consider premiums, deductibles, copays, and maximum out of pockets costs compared to individual and group insurance plans.

Jill Freeman is a licensed insurance agent with Ann M Wiley Insurance Services, located at 3470 Warren Meadville Rd, Cortland. She can be reached at 234-244-4014 or JFreeman.WileyInsurance@gmail.com

## 7 pet safety tips for Fourth of July

(Family Features) With crowds of unfamiliar people and loud, scary noises, the Fourth of July can make even the most laid-back, four-legged family members apprehensive and unpredictable.

"Research shows that more pets are lost on the Fourth of July than any other day of the year and animal shelters are most crowded after the holiday, filled with lost dogs and cats," said Aimee Gilbreath, executive director, Michelson Found Animals Foundation. "Taking steps to protect your pet can help ensure a safe and enjoyable holiday for the whole family."

These tips can help keep your pet comfortable and secure:

- 1. Get identification tags.** A collar and external ID tags are quick and easy ways to identify your pet if lost, and they make him or her instantly recognizable as someone's pet. What information you provide on the tags may vary depending on your personal security concerns, but at the very least, include a phone number. If you're concerned about noisy dangling tags, or the tags snagging and pulling loose, choose a flat style that affixes to the fabric of the collar.
- 2. Get your pet a microchip and register it.** A registered microchip is one of the best ways to identify a lost pet who has slipped out of his or her collar. However, pet owners may falsely assume that just because their pet has a microchip, they've taken the necessary steps. It's critical your pet's microchip is registered with your current contact information, and Found Animals recommends updating



your contact info anytime you move or change phone numbers. If you've adopted your pet from a rescue or other organization, it's important to transfer the chip registration. Register your pet's microchip for free at found.org.

**3. Avoid the crowds.** Avoid bringing your pooch to crowded events, parades and other gatherings with a lot of commotion or people. A combination of heat, loud noises, packed spaces and scorching blacktops can be stressful and harmful to your pet's health. It's especially wise to avoid bringing your pets to fireworks events, as they could panic and run.

**4. Gear up with a leash and harness.** Even leash-trained pets can get spooked by Fourth of July festivities. Secure pets with a well-fitting leash and collar or harness. Remember an anxious pet may slip out of a collar or repeatedly tug against a leash, so it may be necessary to take extra precautions.

**5. Fit in a workout.** Be sure to give your pets lots of exercise during

Continued on page 20

## Trumbull County Fair Spelling Bee

The Trumbull County Fair is happening this summer and so is the Trumbull Retired Teachers' 36th Annual Spelling Bee! The Bee will be held on Thursday, July 14, at 1 p.m. on the historical stage of the fairgrounds. The bee is for Trumbull County students just finishing grades 1-8. Pre-registered spellers will receive free admission (rides not included). Pre-registration runs through July 1st. Call Garry at 216-262-3194 to pre-register. Registration will also take place on the day of the Bee from noon to 12:45 p.m. on the historical stage.

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Photo by Aaron Burden, unsplash.com



## 7 pet safety tips ...continued from page 19

the day so they'll be a little worn out before the scary noises start at night. A long run or play session during the day may help with your pet's overall stress and anxiety levels.

**6. Create a safe space inside and away from fireworks.** Confining movement in dogs and cats actually has a calming effect on them. Provide your pet with a safe space, such as a cozy bed, room or crate. Also close windows and doors to minimize sound and escape routes. Another option is an anti-anxiety wrap or coat. In a pinch, if you're away from home, you can even create one from a scarf.

**7. Try a calming aid.** If you're worried about a pet that stresses easily, talk to your vet in advance about CBD and anti-anxiety treats, chews, drops or other remedies that can help your pet relax. There are plenty of prescription and homeopathic solutions out there that can help your pet get the extra dose of relaxation he or she needs.

Find more summertime tips for your pets at [foundanimals.org](http://foundanimals.org).



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## 2022 ASAP Summer Track Meet is July 9th at WGH Track and Field Complex

The Alliance for Substance Abuse Prevention (ASAP), a program of the Trumbull County Mental Health and Recovery Board (TCMHRB), is sponsoring the "2022 ASAP Summer Track Meet" on Saturday, July 9th from 9 a.m. - 2 p.m. at the Warren G. Harding Track and Field Complex, 860 Elm Road NE in Warren, Ohio. Children and families from Trumbull County and the surrounding area are encouraged to participate.

The cost is \$10 per child. Registration is available online at [www.Eventbrite.com](http://www.Eventbrite.com). Must register by July 1st. There will be no same-day registration.

The event will feature a track and field meet for children and youth ages 4-14. "We want this to be a fun and educational day for families. There will be a full track meet, games and activities for children, and information for parents on how to provide a healthy, drug free lifestyle for their kids," said Laura Domitrovich, director of youth programs for TCMHRB.

Track and Field teams from McDonald High School and Warren G. Harding High School are assisting with the event. Sponsors include: Trumbull County Mental Health and Recovery Board, Warren City School District, Compass Family and Community Services, RISE Recovery, One Health Ohio, McDonalds John Perdue Inc., Trumbull County Children Services, Mercy Health, and BrightView.

For additional information, call 330-675-2765 x 111.

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# LES Pawsitive Students

Congratulations to the following LES students who were selected as Pawsitive Students of the Week for the month of May!



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May 16-20: Brady N., Connor P., Blake B., Henry K., Allie R., and Adalena W.



May 2-6: Mason L., Owen G., Lily C., Wyatt M., Bear B., Logan B., Blake I., Zoe R., and Makenna S.



May 23-26: Jakob T., Parker B., James H., and Mya E.



May 9-13: Alena C., Evan S., and Donovan R.



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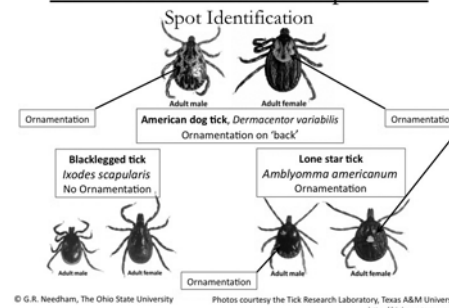
## GFWC Ohio Junior Cyberlinks Club Recognize

GFWC Ohio Junior Cyberlinks Club was recognized at the 2021-2022 GFWC OHIO State Convention as the top club for the completion of programs and projects during the 2021-2022 club reporting year. They are the recipients of the Jessie June McGee Achievement Cup Award as well as the Junior Scorecard Trophy for programs and projects completed during that time. To find out more on all the wonderful work Cyberlinks members do in their community and how you can be a member, follow them on Facebook.



L to R: Sharon Drummond, Mary Witkowski, Cyberlinks Club President Pam Vines, and OFWC First Vice President Esther Gartland. Standing left to right are Sandra Saluga, Barb Savarin, Renee Maiorca, Dawn Burns, and Deidra Devore.

### Three Ixodid Ticks of Importance



Blacklegged ticks are active throughout the year in Ohio. The adults are active in the spring, fall and winter. The nymphs are active in the spring and summer and the larvae are active late summer. The onset of human Lyme disease cases occurs year-round in Ohio but peaks in summer following the emergence of nymphs. (Source: ODH, Zoonotic Disease Program).



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## Keep the fun afloat

5 tips to make watersport adventures safe this summer

(Family Features) For those who enjoy outdoor and active summer lifestyles, water entertainment may be the way to go. Racing the waves with the wind flowing through your hair can be a fun and exhilarating way to enjoy fresh air; a dip in a cool lake can also help keep the heat at bay on hot summer days.

Despite world events over the past year, the watersports lifestyle is thriving – potentially due to the nature of personal watercraft riding and ability to practice social distancing. In fact, powerboat sales reached record highs, and while that momentum has slowed some in 2021, personal watercraft sales are still surging – up 77% over 2020, according to the National Marine Manufacturers Association. This growth means there are lots of new riders on the water, and that can affect the safety of riders both experienced and new.

Respecting riding etiquette, wearing protective gear and being conscious of the environment can help ensure riders have fun and continue to enjoy access to watersports. The team at Sea-Doo, a global leader in personal watercrafts, shares this advice to help keep everyone safe while having fun on the water:

**Know the rules.** Rules can vary from one state or location to the next, so be sure you know what the expectations are before you head out on the water. You can find more about licensing requirements and other regulations in your area through the Boat U.S. Foundation.

**Dress for success.** Ensure you have a life jacket or personal flotation device that fits snugly but comfortably. Remember to connect the tether cord from the ignition of your watercraft to your life jacket to cut power to the engine should you end up in the water. Additionally, neoprene shorts can help prevent injuries and give you a comfortable layer between your

body and the saddle. Gloves and boots provide protection and improve your grip, and sunglasses can help protect your eyes from the wind and water. It's also a good idea to keep a windbreaker in a storage compartment in case weather blows in unexpectedly.

**Gear up.** Once you're dressed for the occasion, you won't need much other gear, but there are a few items that can help protect you. Always keep an anchor on board, along with a radio to call for help if you have trouble. A water bottle can help ensure you stay well hydrated on the water, where you typically sweat a lot due to the wind and sun.

**Play nice.** On gorgeous, sunny days, you can expect your local lake to be busy. Being respectful of others on the water helps ensure everyone can enjoy their water adventures safely. If you haven't already, take a watercraft or boat safety course and brush up on the basics. Beyond that, pay attention to signs, especially ones that note restricted areas and no-wake zones, and keep a safe 200-foot distance between yourself and other watercrafts.

**Be earth aware.** Part of being responsible on the water is respecting the environment. You can do your part by committing to green habits like refueling on land and doing maintenance work well away from the shoreline. When you're riding, getting too close to the shore can tear up your watercraft, but it can also be harmful to the fish and birds that feed on the sediment in the shallows, as well as the vegetation. Be aware noise and movement of boats may disturb bird populations. Stay clear of posted bird nesting areas. Nesting birds may fly from their nests, exposing unprotected eggs and hatchlings to the sun's heat or predators. Keeping to channels and deeper water also helps protect the wildlife and prevent shoreline erosion.



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2022 ANNUAL CORTLAND COMMUNITY

# STREET FAIR

JULY 21. 22. 23

THROUGH THE  
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**THURSDAY - JULY 21, BEGINS 6 PM**

### OPENING CEREMONIES

- MC Lindsay McCoy, WFMJ-TV 21
- National Anthem By Lakeview High School Choir
- Presentation of Colors Cub Scout Pack 4050
- Welcome
- Cortland Mayor Dee Dee Petrosky
- Lions Club President Bill Lowther
- Lions Club Street Fair Chairman Basil Jarrett
- Queens Contest & Little Miss Cortland Pageant, Lisa Marsco

### TONIGHT'S ENTERTAINMENT

- Main Stage – Denise Starr
- Beer Tent – J-Byrd
- Hot Dog Eating Contest (*Community Tent on N Bank St*)
- 6-8 PM Brookfield HS Drone Racing Team

**FRIDAY - JULY 22, BEGINS 8 PM**

Entertainment brought to you by



- Main Stage – Broken Reins
- Beer Tent – Speed Limit
- COMMUNITY TENT / Birds in Flight
- 6-8 PM Trumbull Co. Schools Robotics Teams
- 7 PM at Just Pizzelles – Ice Cream Sandwich Contest

**SATURDAY, JULY 23**

**MC DEREK STEYER, WFMJ TV 21**

- 1 – 4 PM Matinee: 1-4 PM Niles PD Swat Truck
- 1-2 PM Mecca Search & Rescue Canine Demo
- 1-3 PM Tracy Cooper Kangoo Jump
- 3-5:30 PM 6-8 PM Trumbull Co. Schools Robotics Teams
- 6 PM Annual Cortland Street Fair Parade
- Grand Marshall Cortland Mayor Dee Dee Petrosky
- Main Stage – Northern Whiskey
- Beer Tent - Hair Supply
- Niles PD Swat Truck [after the parade (*Opposite end of Main St.*)
- Mecca Search & Rescue Canine Demo

### SPECIAL THANK YOU

Parade Committee: Daynelle Sanner, Abby Cyphert, Kris Vadas, Kim Fuchilla, Rick Hutton, Theresa Hutton

Sunburst Environmental Services  
Cortland Fire Department  
Lindsay McCoy  
Derek Steyer  
Cortland Roller Rink  
Pizza Joes  
Lakeview High School Choir  
Lakeview Football Coaches and Players

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