

CortlandNEWS

"The Good News Newspaper"

Vol. 17 No. 15

September 4, 2021

Serving the Lakeshore Communities



a day to
Celebrate the
Achievements

of our **American**
Workforce

Labor Day/high school sports

By Sally Lane

Labor Day has been the exclamation point at the end of summer for over 100 years. Of course, that was not the real purpose of the holiday. The real purpose of Labor Day was - and is - to recognize and honor the work and

contributions of laborers to the industrial growth of United States. By the time President Grover Cleveland declared Labor Day a national holiday in 1894, 30 states were already celebrating the holiday with picnics and parades.

Historical accounts tell us that two dates were considered for Labor Day. One was on May 1, which would commemorate the adoption of the eight-hour workday on May 1, 1886, but Democratic President Cleveland chose the first Monday in September for the celebration. That has turned out well for our country. While a somber Memorial Day marks the beginning of summer at the end of May, Labor Day is the sentinel at the end of summer, providing the perfect transitional pause between seasons.

The three summer months in between those dates can be thought of "recess" - not only for school kids, but time for family vacations, graduations, class reunions, picnics, baseball games, swimming and just plain relaxing. There needed to be time for county fairs, amusement park visits, and there needed

to be an end point, a time to get back to work and prepare for the busy months ahead. Welcome Labor Day! Speaking of class reunions, Lakeview's classes from 1964-1965 and 1966 met recently. See photos on page 9.

Perhaps a little off the subject, but interesting information - the saying that you shouldn't wear white after Labor Day was created to separate the old money elitists from the new money group... it was a snobby way those who had money, and could leave the city during warmer months, and those who could needed to stay and work. White was considered vacation attire. Labor Day became a checkpoint for the elite to put away their white clothing and look down on those who weren't "in the know." Now, however, it just doesn't matter!

Right now is the time to look through a very busy and exciting September calendar. It is time for fall sports: high school football, soccer, golf, volleyball cross country, tennis, band nights and more. See our "High School Sports" schedules for Lakeview in this issue. We

are cheering for you all! Go Bulldogs!

September is full of activities for all ages. The Cortland Community Band is looking forward to starting regular rehearsals on Wednesday evenings in September. Usually, they are held in the K-8 building on Wakefield Drive, during the school year, but they may decide to rehearse in the Opera House as they did this summer. Rehearsals are 7-9 p.m. The band and a community choir are looking forward to their annual community Christmas concert at the high school auditorium on Dec. 6.

Ohio Living Lake Vista is hosting a Chautauqua September 24 and 25 at its Lake Vista campus to honor the 100th anniversary of Ohio Living. See page 12 for more details.

We look forward to a beautiful fall. When I was in seventh grade, my class had to memorize a poem by Helen Hunt Jackson. I still remember part of it: "September days are here, with summer's best of weather, and autumn's best of cheer." Enjoy this special season!

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TheCortlandNews.com

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CORTLAND CITY

CITYOFCORTLAND.ORG

Mayor	330-637-4003	POLICE/FIRE EMERGENCY	911
City Hall	330-637-3916	Dispatch	330-675-2730
Fax	330-637-4778	Police - Business	330-638-1000
Clerk of Council	330-638-0142	Fire - Business	330-637-2891
Service Director	330-637-4637		

MEETINGS

CITY COUNCIL First and Third Monday of each month Monday, September 6, 7 p.m.. Monday, September 20, 7 p.m.	PARKS AND RECREATION Second Monday of each month Monday, September 13, 5:30 p.m.
CORTLAND CITY COUNCIL Read the minutes from Cortland City Council meetings at www.cityofcortland.org under City Council Minutes.	PLANNING & ZONING Second Monday of each month Monday, September 13, 7 p.m. Meetings and agenda of Council and Planning meetings area available at www.cityofcortland.org

CORTLAND CITY COUNCIL MEETINGS ARE NOW ON ZOOM

A link to each meeting will be posted on the city website www.cityofcortland.org

BAZETTA TOWNSHIP

BAZETTATWP.ORG

Admin Building	330-637-8816	FIRE - POLICE - RESCUE	911
3372 State Route 5 fax:	330- 637-4588	Police Department	330-638-5503
Trustees, Clerk, Zoning Inspector and Cemetery Sexton	330-637-8816	Fire Station #11	330-637-4136
Road Department	330-637-8311	3000 Warren Meadville Rd Non Emergency Calls	330-675-2730

BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second Tuesday of each month,
unless otherwise noted.

Tuesday, September 14, 7 p.m.

A 60 minute caucus with department heads preceding.

Meetings held via ZOOM. Visit www.bazettatwp.org

LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m.
in the Lakeview High School Media Center, unless otherwise noted.

Monday, September 13, 6 p.m.

Area Service Clubs

Bazetta-Cortland Optimist Club Charlie Harper	330-847-0114	Friends of the Cortland Library Di Matijejevic	330-637-2717
Cortland-Bazetta Historical Society and Museum Sally Lane	330-638-2330	Johnston Senior Center Diana Shimko	330-924-0412
Cortland Lions Club Frank Danso	330-637-3621	Lakeview Outreach and Fellowship (LOAF)	330-720-9136
Cortland Masonic Lodge #529 Chuck Chagnot	330-307-3405	League of Women Voters of Trumbull County Terri Crabbs	330-637-3845
Cortland Opal Chapter #181, O.E.S. Carla Kahler	330-856-2356	Moose Lodge #1012	330-637-9957
Cortland Rotary Club Dr. Lance Grahn	234-244-4282	The Opera House Maribeth Albu	330-219-1488
Four Seasons Garden Club Becky Bucco	330-637-9115	SCOPE Darlene Fry/Diane Jordan ...	330-637-3010
		Warren-Trumbull Branch of AAUW Jennifer Soloman	330-637-3483

Please contact the Cortland News if you would like your organization listed here.

Our Next Issue ... September 25, 2021

Our theme will be Fall

Article Deadline by Sept. 10 • Display Advertising Deadline is Sept. 15
Email articles to editor@cortlandnews.net

The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

Cortland News SELF SERVE Paper Box Locations

Cortland Bank 4 Star Diner Vasilios
Lakeside Sport Shop Top Notch Diner

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www.cortlandnews.net

We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

Article submissions to:
editor@cortlandnews.net

Display and classified advertising and photographs to:
sales@cortlandnews.net

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.



While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or omissions.

Community Events Event Calendar Sept. 4 – Sept. 25

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. *See pg. 2 & 13*

Lakeview Local School activities and sports schedules visit www.lakeviewlocal.org.
American Red Cross blood donations, various dates. www.redcrossblood.org or 1-800-733-2767.

Cortland Library events, various dates. *See pg. 18*

Johnston Senior Center events, various dates. *See pg. 5, 16*

Youngstown Nighthawks Soccer League, Cortland League schedule, visit www.facebook.com/ytownnighthawks

SEPTEMBER

- 4 **Charity Pancake Breakfast to benefit TNR**, 9 a.m.-noon, Cortland Masonic Lodge, 3263 Everett-Hull Road (E. Main Street). *See pg. 15*
- 4 **Greene Alumni Banquet**, Mecca Community Church, 5920 Phillips Rice Rd, Mecca.
- 6 **Labor Day**
- 6 **City offices closed.**
- 10 **Noon in the Park, The Richie Wilkins Trio**, noon-2 p.m., Courthouse Square, Warren, free.
- 12 **Lions French Fry sale at Green Eagle Winery Car Show**
- 14 **Lounging by the Lake Lobster Fest & Clambake**, tickets required.
- 16,17 **Cortland-Bazetta Historical Society Program on Mosquito Lake History**, Cortland Opera House.
- 17 **Noon in the Park, Night Breeze (Jazz)**, noon-2 p.m., Courthouse Square, Warren, free.
- 18 **"Rise Against Hunger," food packaging event**, 9 a.m.-12 noon, Lakeview High School, Carole Wiley, 330-720-9136 or cwiley9@yahoo.com. *See pg. 8*
- 18 **The Alliance for Substance Abuse Prevention (ASAP) 9th Annual Rally for Recovery**, 11 a.m.-2 p.m., Eastwood Field, Niles. *See pg. 18*
- 19 **Lions Club Cruise-in on Main Street**, 8 a.m.-3 p.m.
- 24 **Noon in the Park, Take 2**, noon-2 p.m., Courthouse Square, Warren, free.
- 24,25 **War Against Breast Cancer Raffle-Auction & Vendor Show to raise money for cancer patient Rachel Elliot**, Trumbull County Fairgrounds, various times. *See pg. 11*
- 24,25 **Chautauqua event at Ohio Living Lake Vista campus**, N. Mecca Street, Cortland, various times. *See pg. 12*
- 25 **Charity Pancake Breakfast to benefit the recovery of Pam Vanditti**, a.m.-noon, Cortland Masonic Lodge, 3263 Everett-Hull Road (E. Main Street). *See pg. 15*

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Business News & Notes

By Thom Foley

Brookside Greenhouse is back open for the fall season. Check out the hundreds of mums they have! ALL OF THEM ARE HOMEGROWN!

Centerra has a great deal on Lignetic Wood Pellets. Only \$240 a ton! But hurry as there is a limited supply. No rain checks.

Elite K9 Training & Doggy Daycare can help your dog to behave better than your kids. And they can take care of Fido during the day.

Belleria Pizza has a back to school special – regular pepperoni rolls only \$4.

Cortland Lanes are forming the fall leagues now. There are leagues for men, women, mixed, students, daytime, evenings and seniors. You don't need a team – they will find one for you. Kid's signup is Sept. 11 from 10 a.m. to 5 p.m. And they can choose which day they want to bowl Thursday or Friday at 4:30 p.m. or Saturday at 10 a.m.

Among the wonderful private music lesson instructors at **Girt's Music 101**, they are excited to welcome a new specialist qualified in exceptional and special needs students! They now have three special needs private instructors. The newest team member is Mrs. Cheryl Dickson, Symphonic Violinist, and Bachelor of Music from Northwestern University with a specialty in Music Theory. She holds teaching certification in special needs (including high functioning Autism, Asperger's and more). Cheryl is now accepting new private students at

Music101Ohio.com for in-person and online private instruction (violin, viola, cello, beginner and adult beginner piano, youth percussion, general music theory), including exceptional learners and special needs students.

JoMarie's School of Dance & Gymnastics tells us it is not too late to sign up for fall classes. Ask about the Ninja Warrior room. Your child will have fun and not even know he is exercising!

Auntie V's Pizzeria will be closed on Labor Day.

Mr. Hero is opening soon! It will be worth the wait! Watch this space for more information.

Jody Sova, Realtor, tells us that now is the best time in years to list your home for sale. Get the most for your home – Call Jody!

The Dance Space is taking registration for the 2021-2022 year. They have been changing our children's lives for over 30 years for the better. Learn about all that dance can do for your child.

Totally Dog reminds us that summer is done and our pets will be spending more time inside. Help them smell and look good with 20% off all grooming products for the month of September!

It may not feel like it, but cooler weather is just around the corner. Time to call **MD Denna Heating & Cooling**. Don't get caught by surprise this year. Have the professionals check out your furnace.



I'm ready to go back to school because I saw Dr. Johnson for a physical.



Lynn M. Johnson
Board Certified Pediatrician MD

HOURS


MON / WED
THURS / FRI
9 am - 5 pm

TUES
9 am - 6:30 pm

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Jo Marie's

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80 Erie Street - Downtown Cortland

Greenwood Insurance receives Erie's Founders award

Logan Feronti, Erie Insurance Ohio district manager (right), presents Donna Bilek of Greenwood Insurance with the Erie's Founders award. Superior customer service plus finding the best coverage at the best price is what Donna has been doing at Greenwood Insurance for the past 20 years. Being above in all service is why Greenwood Insurance has won the prestigious award for 15 consecutive years.



WAR AGAINST BREAST CANCER

Raffle-Auction & Vendor Show

Free Parking & Admission!

- 150+ item Raffle-Auction
- Dozens of vendors selling: Home décor, outdoor gear, personalized gifts & more
- Mobile Mammography Van
- Food trucks and live music
- Fat Axxes' ax throwing trailer
- Archery and 50/50 contests
- Superhero and princess characters from Castle On A Cloud Entertainment
- Sponsored by Curtis Layer Design/Build
- And more!

Sept. 25-26
Trumbull County Fairgrounds

Proceeds benefit Cortland resident and 2002 Lakeview HS graduate
Rachel Elliott

Diagnosed with Stage 3 breast cancer

More information at: WarAgainstBreastCancer.webs.com • 330-647-5600

Ohio Tobacco Program

Electronic Cigarette Use in Ohio Youth

Since 2011, electronic cigarettes, also known as "electronic nicotine delivery systems (ENDS)" or "e-cigarettes" have surpassed traditional cigarettes as the most popular tobacco product among youth and young adults in Ohio and nationwide.^{1,2} Furthermore, the rates of e-cigarette use among middle and high school students is greater than that of young adults and adults.³ Due to the rise in e-cigarette use, since 2011, there has no longer been a decline in overall youth tobacco use.³

Definition

Electronic cigarettes create an aerosol by using a battery to heat up liquid that usually contains nicotine, flavorings, and other additives. Users inhale this aerosol into their lungs. Electronic cigarettes can also be used to deliver cannabinoids such as marijuana, and other drugs.⁴

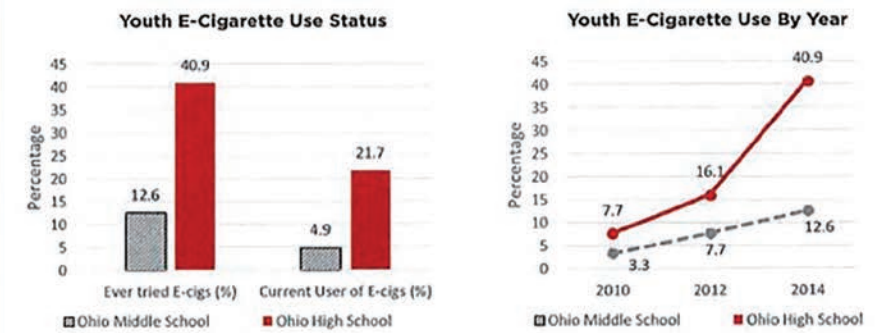
Health Concerns

Almost all electronic cigarettes contain nicotine⁵. The use of nicotine products, in any form, poses dangers to youth^{6,7,8} including:

- Nicotine is a highly addictive chemical^{2,7}
- Nicotine can disrupt the growth of brain circuits that control attention, learning, and susceptibility to addiction^{2,8}
- Nicotine can prime young brains for addiction to tobacco and other drugs, such as cocaine and methamphetamine^{2,9}

Trends

Electronic cigarette use in the United States increased 900% among high school students from 2011 to 2015.² E-cigarette use among Ohio youth has increased rapidly as well, as illustrated below. Data shows that 77.8% of electronic cigarette users in Ohio are white. This is significantly higher than any other racial group that currently uses electronic cigarettes.¹⁰



The status of e-cigarette use among Ohio high school and middle school students. Ohio Youth Tobacco Survey, 2014¹⁰.

The percentage of Ohio youth that have ever used e-cigarettes by year. Ohio Youth Tobacco Survey 2010⁹, 2012⁹, 2014⁹.

**"Current user" defined as user of e-cigarettes on one or more of the past 30 days.

Ohio Department of Health Tobacco Program

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Lakeview Elementary School open house

Lakeview Elementary School staff were excited to welcome students and



Lakeview Elementary School fourth grade teacher Mrs. Kristina Denman meets a new student during the LES Open House event Aug. 11.

their parents during the annual open house event on Aug. 11. Families had an opportunity to see the building, find their classrooms, drop off supplies and most importantly - meet their teachers for the upcoming year. During a brief parent meeting, new staff was introduced and information was given from building principals Mr. Taylor and Mr. Stowell about assessments, expectations for the coming year and a new leadership program being implemented called "The Leader in Me." The first day of school for the 2021-2022 school year was Aug. 16.

2 DAY

Activity Funfest

FOOD FUN FELLOWSHIP

Join us for two days of activities galore!

Friday, September 24 and Saturday, September 25
 9:00 a.m. to 3:00 p.m.

- Food Trucks
- Musicians
- Entertainment and More!

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We Created History present George Washington

We Made History present The Roosevelts Theodore and Edith

Ohio Living Lake Vista

Please RSVP Nicole at 330-883-7123

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From the desk of the superintendent

By Velina J. Taylor

As the school year opened on Aug. 16 for our students, one thing was certain. It was great to have everyone together again in our buildings. Classrooms were abuzz with the voices of students and teachers as we all got down to the business of learning. While we are not quite back to "normal," we know we are far ahead of the situation we faced at the start of the last school year.

Not everyone is thrilled with how school looks right now, but our goal is and will continue to be to have all children in school all day and every day of the week. One thing is crystal clear to us —our families value their children's education and value their time in school. They know the world our children face is highly competitive and expects graduates to be ready to extend their education, to be workforce ready, or to be headed for military service. We will continue to do all we can to meet the goal of having all children in school for full

school days and for full school weeks.

This school year, our theme is one of appreciation. Our motto, "We are Lakeview," has been extended to better reflect our current reality. It reads, "Together...We are Lakeview" because without everyone working together and supporting each other to reach mutual goals, we may falter and could fail in our ultimate mission to be the best source of public education.

The saying goes, "It takes a village to raise a child." The Lakeview School community has always recognized that and comes together to keep expectations and standards high for their schools and for their children. For all that this community does in support of this mission, it is greatly appreciated. As we continue our journey through the 2020-2021 school year, we hope everyone supports our efforts and knows that support is valued.

Together...We are Lakeview

Incoming kindergarten students have a staggered start to the year

Kindergarten students got their first taste of school during the week of Aug. 16 as well. Because there are so many new things to learn, the kindergarten class is always broken out into small groups and they stagger the start of their school year over the course of a few days. During their staggered start day, the kindergarten students are dropped off by parents and then go to classrooms with their respective teachers.

While there, they find their desk and cubbies, learn classroom rules and complete various assessments with their teachers. Students also have an opportunity to eat lunch in the cafeteria, go to a specials class, have recess and learn bus safety rules by taking a ride on the school bus. It is a busy day for the incoming students, but an important one in getting them ready to come to school all together as a class. The first official day for kindergarten students was Aug. 23.



Incoming kindergarten students wave goodbye to their parents as they follow teachers to their classroom during their stagger start day on Aug. 20.



Kindergarten teacher Mrs. Abbie Haynie goes over bus safety rules with incoming kindergarten students on their stagger start day.

Lakeview students the first to return to classrooms this year

On Aug. 16, Lakeview schools opened its doors to students for the start of the 2021-2022 school year. The district was the first to return to the classrooms after summer break. Students and staff were all excited to be back and together again. The district is looking forward to a more normal and fun learning environment this year with the return of group work, specials and in-person learning. The district hired 14 new employees to start the year and

they include a new middle school math teacher, high school math, science, and social studies teachers, a middle school/high school choir teacher, elementary counselor, elementary STEM/technology teacher, second grade teacher, district nurse, a paraprofessional at the K-8 building, and four tutors to assist students in the elementary and middle schools. Welcome back to school Bulldogs, here's to a great year! Together... we are Lakeview!

Photos on page 17



Incoming kindergarten students work on drawing a portrait of themselves on the first day of school during their stagger start day.

JOHNSTON SENIOR CENTER SEPTEMBER EVENTS



NEWSPAPER, COFFEE, PUZZLES, & BOOKS AVAILABLE DAILY!

WEEKLY EVENTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Yoga 10:30-11:30 AM or at 1:30-2:30 PM 9/6 CLOSED Labor Day	Starting 9/14 Water Bottle Exercise 10-11 AM Cards 1-2 PM 9/7 & 9/21 Crafts 1 PM	9/15 Medicare Speaker at 10 AM Jill Freeman with Wiley Insurance Agency Woodcraft 10-12 PM Needlecraft 10:30-12 PM Cards 10-12 PM Moving for Better Balance 1-2 PM Bingo 1-3 PM	Starting 9/16 - Senior Exercise 10-11 AM Cards 11-12 PM Bingo 1-3 PM Flexibility & Senior Dance 4PM	Cards 10-11:30 AM Ukulele 11:30-12:30 PM Tai Ji Quan 1-2 PM

SPECIAL EVENTS	SEPT. 8 @ 12 PM	SEPT. 10 @ 5 PM	SEPT. 13 @ 3 PM	SEPT. 18 @ 6 PM	SEPT. 24 @ 6 PM
	LUNCH & LEARN Join us for lunch provided by Dominic Marrari and get all of your questions answered regarding health care & Social Security! There is no cost to attend this event and lunch is complimentary.	FRIDAY NIGHT AT THE MOVIES Enjoy pizza, snacks, and themed give-aways as we enjoy James Cameron's 1997 "Titanic". Starring Leonardo DiCaprio & Kate Winslet, it's a fan favorite!	WHAT'S COOKIN'? Join us for a "Taste of Fall" cooking class with Chef Nate Barker of West & Main restaurant. You'll have the opportunity to watch him prepare & then taste his famous dishes!	THE SOUNDS OF SINATRA Join Don DeSantis & his musicians as they perform Frank Sinatra's greatest hits! It is an evening to sing-a-long, as you enjoy tunes from America's beloved songbook while you enjoy appetizers and refreshments.	FALL SIP & PAINT WITH GIANNA JONES Paint a beautiful fall piece of art guided by Miss Gianna Jones, an accomplished artist whose work has been featured throughout Northeast Ohio. Refreshments will be provided & you may bring whatever you would like to "sip!"

SPECIAL EVENT SPACE IS LIMITED, PLEASE SIGN UP @ THE SENIOR CENTER OR RSVP AT (330) 924-0412

ALL EVENTS ARE COMPLIMENTARY | 5922 WARREN RD, CORTLAND OH 44410 | FUNDED BY THE TRUMBULL COUNTY SENIOR LEVY.

AWL Adopt A Pet

ANIMAL WELFARE LEAGUE

Meet Parsley!

Parsley is AWL's lovable wild child! This girl is always up for playtime and is full of curiosity. Parsley is a young kitty around 4 years old, and she arrived at the AWL in May with her five adorable kittens. Now that her responsibilities of motherhood are complete, Parsley is ready for a fun new adventure! Contact the Animal Welfare League Tuesday-Saturday at 330-539-5300 for more information.



Meet Rosie!

Rosie is one smart pup that knows lots of tricks and loves to show them off. Tennis balls and treats are great motivators for Rosie, but she also adores the admiration and praise from her people. When she's done playing fetch, Rosie will happily roll over for belly rubs and cuddles. Come out to meet Rosie and all of her adoptable friends at the Animal Welfare League on Tuesdays and Thursdays from 3-6 p.m. or Saturdays from noon to 4 p.m.

"AWL Adopt A Pet" Brought to you by



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Lakeview HS Fall Varsity Sports Schedules

FOOTBALL (BEGAN AUG. 20)

9/10	Niles McKinley High School	Home	7 p.m.
9/17	Girard Jr/Sr HS	Away	7 p.m.
9/24	Struthers High School	Home	7 p.m.
10/01	Hubbard High School	Home	7 p.m.
10/08	Poland Seminary High School	Away	7 p.m.
10/15	South Range High School	Home	7 p.m.
10/22	Jefferson Area Jr/Sr HS	Away	7 p.m.

SOCCER GIRLS VARSITY (BEGAN AUG. 23)

9/07	Struthers High School	Away	7 p.m.
9/08	South Range High School	Away	7 p.m.
9/11	Girard Jr/Sr HS	Home	10 a.m.
9/15	Hubbard High School	Home	7 p.m.
9/20	Jefferson Area Jr/Sr HS	Home	7 p.m.
9/22	Poland Seminary High School	Away	7 p.m.
9/27	Struthers High School	Home	7 p.m.
9/29	Niles McKinley High School	Away	7 p.m.
10/04	South Range High School	Home	7 p.m.
10/06	Girard Jr/Sr HS	Away	7 p.m.
10/11	Hubbard High School	Away	7 p.m.
10/13	Jefferson Area Jr/Sr HS	Away	7 p.m.
10/14	Leetonia High School	Away	5 p.m.

TENNIS GIRLS VARSITY (BEGAN AUG. 23)

9/08	Poland Seminary High School	Home	4 p.m.
9/13	Niles McKinley High School	Away	4 p.m.
9/15	Jefferson Area Jr/Sr HS	Away	4 p.m.
9/20	Austintown Fitch HS	Home	4 p.m.
9/22	Struthers High School	Home	4 p.m.
9/27	Warren John F. Kennedy Catholic School	Away	5 p.m.

GOLF GIRLS VARSITY (BEGAN AUG. 19)

9/07	Poland Seminary High School	Home	4 p.m.
9/15	OPEN (NE8 Golf Championship)	Away	8 p.m.

SOCCER BOYS VARSITY (BEGAN AUG. 21)

9/09	South Range High School	Home	7 p.m.
9/11	Howland High School	Home	2 p.m.
9/14	Girard Jr/Sr HS	Home	7 p.m.
9/16	Hubbard High School	Away	7 p.m.
9/18	Niles McKinley High School	Home	2 p.m.
9/21	Jefferson Area Jr/Sr HS	Away	7 p.m.
9/23	Poland Seminary High School	Home	7 p.m.
9/30	Niles McKinley High School	Away	7 p.m.
10/05	South Range High School	Away	7 p.m.
10/07	Girard Jr/Sr HS	Away	7 p.m.
10/09	Badger High School	Home	12 p.m.
10/12	Hubbard High School	Home	7 p.m.
10/14	Jefferson Area Jr/Sr HS	Home	7 p.m.

GOLF BOYS VARSITY (BEGAN AUG. 19)

9/07	Struthers High School	Away	4 p.m.
9/15	OPEN (NE8 Golf Championship)	Away	8 p.m.

VOLLEYBALL GIRLS VARSITY (BEGAN AUG. 21)

9/07	Struthers High School	Home	7 p.m.
9/08	Cardinal Mooney High School	Home	7 p.m.
9/09	Jefferson Area Jr/Sr HS	Home	7 p.m.
9/14	Hubbard High School	Home	7 p.m.
9/16	Girard Jr/Sr HS	Home	7 p.m.
9/20	Canfield High School	Home	7 p.m.
9/21	Poland Seminary High School	Away	7 p.m.
9/23	South Range High School	Home	7 p.m.
9/25	Perry HS (Perry) (Perry Tournament 3 games)	Away	9 a.m.
9/28	Niles McKinley High School	Home	7 p.m.
9/30	Struthers High School	Away	7 p.m.
10/05	Jefferson Area Jr/Sr HS	Away	7 p.m.
10/07	Hubbard High School	Away	7 p.m.
10/13	Mineral Ridge High School	Away	7 p.m.

CROSS COUNTRY BOYS/GIRLS VARSITY (BEGAN AUG. 23)

9/07	Girard Jr/Sr HS	Away	4:30 p.m.
9/11	Walsh Jesuit High School	Away	12:30 p.m.
9/14	South Range High School	Away	4:30 p.m.
9/18	Boardman High School (Spartan Invitational)	Away	3:30 p.m.
9/28	Niles McKinley High School (Trumbull County Championships)	Away	4:45 p.m.
10/09	OPEN (Legends Meet)	Away	2:30 p.m.



Lakeview High School Launch Day kicks off new year



Lakeview High School students and staff kicked off the start of a new school year with their annual Launch Day. The event was held on Aug. 13. Launch day gives students a chance to get their schedules, walk the building, find their classrooms (and other important areas), meet their teachers, pick up their Chromebooks, pay fees, have their yearbook picture taken and finalize any necessary paperwork.

School clubs, organizations and athletic teams also set up booths in the old gym explaining what their particular

group is about and inviting students to sign up to join any one that interests them. Local businesses, organizations, military branches and area colleges and universities also set up tables in the hall to pass out information and handouts. It's a great way to get students and staff excited for the start of school. Thank you to all of the area entities that participated and provided information and handouts for the students and families.

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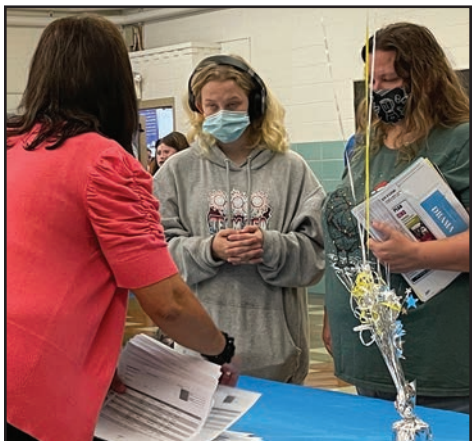
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An incoming Lakeview High School student picks up her class schedule during the LHS Launch Day kick-off on Aug. 13.



Lakeview High School teacher Mrs. Jamie Miller greets an incoming student during the LHS Launch Day kick-off on Aug. 13.



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Rise Against Hunger

By Carole Wiley

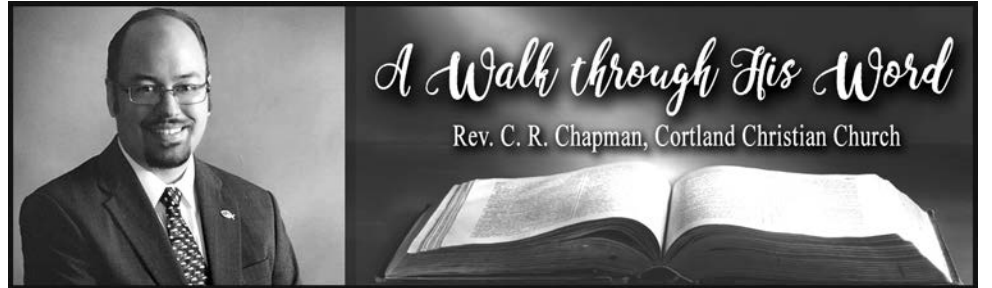
A final note about Rise Against Hunger. The event will take place on Saturday morning, Sept. 18 from 9 a.m. to noon. The location is the cafeteria of Lakeview High School (masks are required in Lakeview Schools!). About 50 people, students and community members will be present. Be prepared for some great fun while fighting hard against world hunger. A large amount of grain-like material is provided.

The workers follow a synchronized routine during which the grain is placed in small plastic bags, sealed, and readied to be sent to hungry people in faraway counties. The people receiving the food will add their preferred liquids and spices. The food prepared by the workers will nutritiously feed 47 people for one year. For questions or comments, contact Carole Wiley at 330-720-9136 or cwiley9@yahoo.com.



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'Sports Training'

With school back in swing so comes high school sports. Parents, family, and friends are cheering their loved ones on to victory. The band can be heard playing the fight song after every score. The cheerleaders are firing up the crowds to cheer for the Bulldogs. Student athletes are preparing persistently for the upcoming season and for the next game. Many have brought their bodies under "self-control" so that they can make their desired weight class or so that they can be even more athletic and improve their performance at the next event.

This is the perfect moment to remember that you CAN do it! Even more importantly, know that if you can do it in this physical world then you can also develop the discipline of self-control in the spiritual world, too. The Apostle Paul wrote this important teaching in the New Testament book of 1st Corinthians, chapter 9:24-27:

Don't you know that the runners in a stadium all race, but only one receives the prize? Run in such a way to win the prize. Now everyone who competes exercises self-control in everything. However, they do it to receive a crown that will fade away, but we receive a crown that will never fade away. Therefore I do not run like one who runs aimlessly or box like one beating the air. Instead, I discipline my body and bring it under strict control, so that after preaching to others, I myself will not be disqualified, (HCSB).

As you commit yourself to discipline in every earthly thing, also devote yourself with the same tenacity to spiritual victory. We are all running a race, whether student or elder. The race that we run is a life-long, spiritual marathon, and to all who finish it the prize of eternal life will be their reward. Therefore, I urge you to train by reading the Bible. Race by living the Bible. Win by fulfilling the Bible till the last day when you cross that finish line.

Sandy Bailey retires from St. Robert

The community of St. Robert Bellarmine Church joined together on Aug. 29 with appreciation and gratitude upon the retirement of Sandy Bailey, director of Religious Education. During her 27 years at St. Robert she was a leader and friend to the youth and senior members of the parish. Among her many



leadership roles were the coordination and instruction of the Confraternity of Christian Doctrine (CCD), youth ministry, Rights of Christian Initiation (RCIA), bible studies and various other parish/community activities.

Mrs. Bailey was a graduate of Kent Roosevelt High School, followed by a Bachelor's Degree in Education from Kent State University. She furthered her education by earning a Master's Degree in Religious Education from Loyola University. Mrs. Bailey's professional career included auditor for bankruptcy files with the United States District Court in Akron and later as a 4th, 5th and junior high teacher at Immaculate Conception Church in Ravenna. There she was promoted as Director of Religious Education before arriving to St. Robert in 1994 as the Director of Religious Education.

Mrs. Bailey is the mother to four children, six grandchildren and two great grandchildren. Although she will continue to share her many talents within the community of St. Robert, she will do so in conjunction with the joys that come with retirement. As expressed by St. Robert's pastor, Rev. Carl Kish, "Sandy Bailey has dedicated her life to the Catholic community. She has promoted the love of Christ and the modern theologies, which looks at ways to promote the mystery of God. Sandy is a generous woman who has a great love for children and a true spirit for social justice."

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Something to Think About

By Rev. Donald P. Barnes

And over all these virtues put on love, which binds them all together in perfect unity.
Colossians 3:14

"I love you." The words roll easily off our tongues. They feel natural, good - imbued with deeper meaning and purpose than when we were just "going steady." Tested and tried over fifty years of "life together," our love has been tempered in the "furnace" of challenges and trials. Fifty years! Hard to believe it's been that long. Love is the "glue" that binds us together.

The Apostle understands such matters. Relationships can be tedious, even in the church. Paul understands that when "push comes to shove" it is the depth of our love for one another that carries us through. Interesting, it is not limited to life in the church, but rather to every aspect of our living. The strength of that love-relationship empowered the Savior as he walked in the shadow of the cross. The words of the hymn capture the essence: "Amazing love! How can it be, That Thou, my God, shouldst die for me?"

Years ago, Jean Scott (95 y.o.), a parishioner at Cortland Christian, shared a short story with this pastor that continues to echo in my spirit. "Pastor, the minister at the last church I attended preached on love every week. Finally, after Sunday service, I had to



ask: 'Pastor, why do you preach on love every week?' His response: 'Because people still don't get it.' I can't disagree. How 'bout you? I mean, I'm no expert, but fifty years of marriage have been a good teacher. Love, at its heart, is not sensual or selfish. Love is an action verb and its intentions are geared towards what is best for the other. Serious subject so I thought I'd wrap thing up with a light-hearted story.

A young man said to his father at breakfast one morning, "Dad, I'm going to get married."

"How do you know you're ready to get married?" asked the father. "Are you in love?"

"I sure am," said the son.

"How do you know you're in love?" asked the father.

"Last night as I was kissing my girlfriend good-night, her dog bit me and I didn't feel the pain until I got home."

¹Source Unknown

Cortland High Class of 1961 celebrates its 60th class reunion

The Cortland High School Class of 1961 celebrated its 60th class reunion with a two-day event. The first day event on Friday, Aug. 6, was a casual

gathering at the Lake Tavern in Mecca Township. The following day there was a formal dinner at Leo's Restaurant with entertainment by Take Two.



Front row from left: Charles (Gus) Manning, Joan Saska Mendik, Joyce Graham Field, Helen Fike Bassin, Erma Hopkins Flanagan, Glee Mazey Douglas and James Ruddy. Second row: Gary Everitt, Bonnie Conley Dunbar, Roger (Bud) Pease, Kathy Barber Kalmar, Earl Parthemer, Michael Piro, Patricia Szabo Piro, Joy Leckrone Daffron, Linda Weckbacher Totten, Daniel Johnson, Judy Campbell Dunn, Beverly Roush Hoagland.

Lakeview class reunions

On Saturday, Aug. 7, Lakeview High School classes of 1964, 1965 and 1966 held a joint class reunion dinner at Enzo's. Two teachers were able to attend the reunion as well. The teachers are seated. Left is Shirley Kiser who taught mathematics and on the right

is Catherine Streets who taught home economics. Photos by Tracy Lewis





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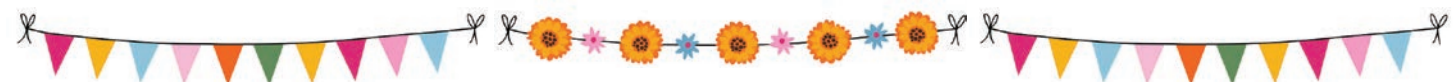
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Braelyn Cotton, 10, participant at Little Miss Cortland 2021.

Warren Junior Women's League holds Provisional Tea

GFWC Ohio Warren Junior Women's League held its annual Provisional Tea to welcome new members at the Warren Women's Club in downtown Warren on Sunday, Aug. 15. The afternoon featured guests Fran Cunningham, founding member; Esther Gartland, second vice president of the Ohio Federation of Women's Clubs; Karen Margala, assistant director of Junior Clubs along with Warren Junior Women's League President, Sue Smith. Each shared the history of General Federation of Women's Clubs and GFWC Ohio Warren Junior Women's League.

For membership in the Warren Junior Women's League for the 2021-2022 year contact Membership Chairman, Maurine Bevan at Mbevanx3@gmail.com.



Front row from left, Fran Cunningham and Esther Gartland. Back row, Sue Smith, Karen Margala, Jen Phillips, Donna Alfen and Katie Hanks.

Vendor show, 100+ item auction to help Cortland mom battle breast cancer

The inaugural War Against Breast Cancer Raffle-Auction & Vendor Show will be held on Sept. 25-26 at the Trumbull County Fairgrounds to raise money for Rachel Elliott, a Cortland mother of three who was diagnosed in October with Stage III Triple Negative breast cancer. Admission and parking to the family friendly event is free.

Rachel, a 2002 Lakeview High School graduate, missed six months of work as a dental hygienist due to her chemotherapy treatments, multiple surgeries and multiple rounds of radiation. Her husband, Shannon, also was earning a lower salary during that time so he could work from home to be with Rachel and their three children - Colton, 10, Luke, 9 and Mya, 7. The family recently learned that Shannon's job was eliminated due to the company's downsizing and is now reaching a financial breaking point. They know more medical bills are on the way as Rachel, 37, is due for at least one more surgery later this year.



Rachel Elliott and family.

The Raffle-Auction, formerly known as a Chinese Auction, will be held from 10 a.m. to 6 p.m. Sept. 25. It will offer more than 100 quality items up for bid including Kings Island and Splash Lagoon passes, a flat-screen TV, scratch-off lottery ticket tree, a free 22-foot Party Launchers water slide rental, as well as gift certificates to more family fun parks, sporting events and restaurants. General item tickets are two for \$1. Tickets for items valued at \$100 or more are \$1 each and tickets for items valued at \$300 or more are \$5 each. Winners do not need to be present for the 6:15 p.m. drawing, which will be streamed live online.

The Vendor Show will be held from 10 a.m. to 6 p.m. Sept. 25 and 10 a.m. to 4 p.m. Sept. 26. It will feature a variety of local businesses and independent sellers offering everything from outdoorsman gear to jewelry, home decor and personalized creations.

The event, which is sponsored by Curtis Layer Design/Build, also will feature Fat Axxes' ax throwing trailer, the Little Red Food Truck, a mobile mammography van and entertainment throughout the day.

The fundraiser is being organized by This Means War Against Breast Cancer Inc., a 501(c)(3) nonprofit organization formed in April 2012 to help breast cancer survivors pay their medical expenses not covered by insurance. The all-volunteer group has raised \$97,500 for Trumbull County breast cancer survivors since its inaugural fundraiser in 2011.

For more information, visit WarAgainstBreastCancer.webs.com or email This Means War Against Breast Cancer at WarAgainstBreastCancer@hotmail.com.

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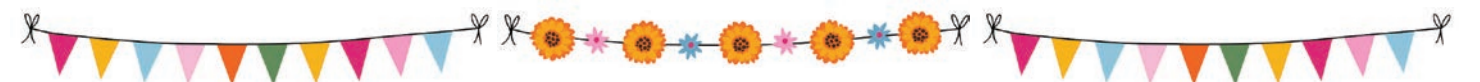
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Volunteers needed for AARP Foundation Tax-Aide

AARP Foundation is looking to expand its team of local volunteers for the upcoming tax season. Tax-Aide offers free in person preparation and assistance to anyone, especially to those

over 50 and older, who can't afford a tax service. Volunteers make a difference in their communities by assisting many older, low income taxpayers, and their families, who might otherwise miss out on the tax credits and deductions they're earned.

Again this year SCOPE Senior Services will partner with AARP to host free tax preparation and assistance at its centers. Please visit aarpvolunteer.org if you are interested in becoming a volunteer for any of the Trumbull County locations during tax season.

To learn about volunteer opportunities visit aarpvolunteer.org or call 1-888-OUR-AARP (1-888-687-2277), or locally call SCOPE at 330-399-8846. AARP Foundation Tax-Aide is offered in coordination with the IRS.



Retirement and taxes: Understanding IRAs

Individual Retirement Arrangements, or IRAs, provide tax incentives for people to make investments that can provide financial security for their retirement. These accounts can be set up with a bank or other financial institution, a life insurance company, mutual fund or stockbroker.

Here's basic overview to help people better understand this type of retirement savings account.

- **Contribution.** The money that someone puts into their IRA. There are annual limits to contributions depending on their age and the type of IRA. Generally, a taxpayer or their spouse must have earned income to contribute to an IRA.

- **Distribution.** The amount that someone withdraws from their IRA.

- **Withdrawals.** Taxpayers may face a 10% penalty and a tax bill if they withdraw money before age 59 1/2, unless they qualify for an exception.

- **Required distribution.** There are requirements for withdrawing from an IRA:

- o Someone generally must start taking withdrawals from their IRA when they reach age 70 1/2.

- o Per the 2019 SECURE Act, if a person's 70th birthday is on or after July 1, 2019, they do not have to take withdrawals until age 72.

- o Special distribution rules apply for IRA beneficiaries.

- **Traditional IRA.** An IRA where contributions may be tax-deductible. Generally, the amounts in a traditional IRA are not taxed until they are withdrawn.

- **Roth IRA.** This type of IRA that is subject to the same rules as a traditional IRA but with certain exceptions:

- o A taxpayer cannot deduct

contributions to a Roth IRA.

- o Qualified distributions are tax-free.

- o Roth IRAs do not require withdrawals until after the death of the owner.

- **Savings Incentive Match Plan for Employees.** This is commonly known as a SIMPLE IRA. Employees and employers may contribute to traditional IRAs set up for employees. It may work well as a start-up retirement savings plan for small employers.

- **Simplified Employee Pension.** This is known as a SEP-IRA. An employer can make contributions toward their own retirement and their employees' retirement. The employee owns and controls a SEP.

- **Rollover IRA.** This is when the IRA owner receives a payment from their retirement plan and deposits it into a different IRA within 60 days.

More Information: Publication 590-A, Contributions to Individual Retirement Arrangements Publication 590-B, Distributions from Individual Retirement Arrangements Topic No. 557, Additional Tax on Early Distributions from Traditional and Roth IRAs Topic No. 413, Rollovers from Retirement Plans Topic No. 451, Individual Retirement Arrangements

"The best day to start saving for retirement is your first day of work, no matter your age. The time value of money is something you can't recover."

Jennifer J. Slywczak, CPA, is the owner of Integrated Accounting and Tax Solutions LLC, located at 3378 State Route 5, Cortland. You can reach her at 330-638-2727 or by email at jennifer@jenjslycpa.com. To sign up for monthly newsletters you can visit her website at www.jenjslycpa.com.

Chautauqua event is Ohio Living 100th anniversary celebration

September 24 & 25

By Sally Lane

A sunset view over Mosquito Lake from the Ohio Living Lake Vista campus on N. Mecca Street inspired representatives from Ohio Living facilities around the state to decide on our Cortland location for the company's 100th anniversary celebration.

"It was just a gorgeous sunset, and we decided that this was the right place to hold the anniversary event," said Brian Kolenich, executive director at Ohio Living Lake Vista, 303 N. Mecca St., Cortland.

Founded in 1922, Ohio Living is one of the nation's largest not-for-profit, multi-site senior aging service organizations, operating 12 life plan communities around the state.

The "Chautauqua" is an old-fashioned event named for its popularity in Chautauqua, N.Y., since the 1800s. It is community event open to the public, and will be held Sept. 24 and 25 at the Ohio Living Lake Vista campus, 303 N. Mecca St., Cortland. Entry is a donation of \$5 for adults and children ages 6 and up.

A large tent that holds 100 people will be on the lawn by the pond, and will feature historical character reenactments. Several musical groups will entertain on both days. Food Trucks are available in the morning and at lunch.

Please note the following schedule:

Sept. 24: Hours 9 a.m. to 3 p.m.

9-10:30 Donut and Coffee Food Truck

10-11 "We Created History" presents "George Washington"

11:15-12:15 Tea with the First Ladies presented by Women in History

12:15-1 Lunch with Food Trucks and Stilt Walking by Brittany Marie and Mr. Joe Balloon Man

1-2 "Women in History" presents Molly Brown from the Titanic

2:15-3 Musical entertainment - The Millennial Theatre Company will perform "Showtunes of Broadway"

Sept. 25: Hours 9 a.m. to 3 p.m.

9-10:30 Food Truck with Donuts and Coffee

10-11 Music by Mahoning Valley Flutes

11:15-12:15 "We Made History" presents "The Roosevelts, Theodore and Edith"

12:15-1 Lunch with Food trucks and Strolling music by String Duo

1-2 Hula hoop show by Brittany Marie and Lon G Music of the '50 and '60s

**Please note that in case of inclement weather, the Chautauqua will be held in the Opera House in Cortland. Parking is at the rear of that building.

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Are you financially prepared to raise an athlete?

Organized sports are a great way for kids to stay active, make friends and develop character. But there's no denying that the cost of childhood athletics is expensive. And while you may not be raising an Olympic-caliber athlete, if your child is one of the 45 million kids between ages 5 and 18 who play an organized sport in the U.S.1, you know about the financial commitment all too well. Expenses can add up quickly, and it can be easy to lose track of the cost for your child to be on the team.

What can you do to feel in control of athletic costs? First and foremost, create a budget for each sport and season your child plays with these five expenses in mind:

1. Athletic training. Typically, the largest sports-related expense is skills training and team building activities. You can anticipate these costs by adding up the price of each sport camp, specialty class and clinic your rising star may attend next season. If your child has an opportunity for private coaching or to attend a workshop with friends, consider whether or not it makes sense financially for him or her to participate.

2. Equipment. Trends in the sporting goods industry are constantly changing. So how often do you need to replace your child's equipment, practice clothes and warm-ups? While you don't have to follow every trend, keep in mind that the right equipment - meaning it fits properly and meets safety standards - can prevent injury. If you're unsure about whether you should replace the softball bat or football pads, get a recommendation from your child's coach or an expert at your local sporting goods store.

3. Travel. Whether it's a weekend game in a nearby town or an out-of-state tournament, travel is becoming more frequent in youth sports. Make sure to find out what travel is expected so you can plan transportation, hotel rooms, meals and time off work into your budget.

4. Participation fees. In addition to team or school fees, there's often pressure to purchase items commemorating the season. Custom t-shirts, embroidered equipment bags, team pictures and post-game celebrations can add up. Keep an open dialogue with your child so they know what items you're comfortable purchasing.

5. Health care. While you never want your son or daughter to come home injured, it can happen at any time. And it becomes more common as athletes move into more competitive levels. Prepare for these events by making sure you understand how your health care coverage applies to walk-in treatment, emergency care and preventive costs. Broken bones, sprained ankles and repetitive stress injuries happen, and you'll want to be ready for any out-of-pocket expenses.

It's challenging to put a price on supporting your child's athletic talent and interests, but it's important to put the cost of athletics into perspective. If you know the true financial commitment of your child's athletic season, you can feel confident that your level of investment makes sense for your child, as well as your budget.

1 Open Access Journalism of Sports Medicine
Column provided by Guidelight Financial Group offered through Ameriprise Financial Services, Inc. Member FINRA & SIPC.



By Christine Dorma, Administrative Assistant

Fall Cleanup

Dates for Fall Cleanup have been set for Oct. 7 and 8. This service is provided for residential customers of Republic Services within the city of Cortland. Items will be picked up with your regular trash.

Curbside Brush Pickup

We have been experiencing issues with brush chipping, so I believe a review of the procedures is warranted. I also realize that most of you reading this news are fully compliant; however, please share this information with others.

The brush pile **MUST** be out on Sunday evening. If the pile is out Sunday evening, then it will be picked up sometime during the next week. This **DOES NOT** mean you can put brush out during the week. Please do not call the city to say your brush has not been picked up. If it is put out on Sunday night and not added during the week, the piles are visible to the men driving by and will be picked up. Please remember this is a free service offered as a courtesy to our residents. Please be courteous to those who are providing this service to you. If we continue to experience issues, this service may be discontinued.

For the complete brush chipping policy, please refer to Brush Chipping on the City Bulletin Board at cityofcortland.org

- Week of Sept. 27
- Week of Oct. 25

Mosquito Spraying

The last application of the year will be on Wednesday, Sept. 15 between 7 p.m. and midnight.

Frequently Asked Questions

We receive many calls at City Hall regarding some of these questions. These answers, as well as others can be found on the city website.

Q: My streetlight is out, will you fix it?

A: Our Service Department does not repair streetlights, the electric company does. The streetlights are maintained by Ohio Edison (with the exception of the decorative light posts on Main Street). Outages can be reported by calling 1-888-LIGHTSS or by using their website www.firstenergycorp.com.

Q: Can I get another recycling bin/garbage tote?

A: The city does not have these items. Republic Services 330-793-7676 is the company with whom we have a contract.

Dates to Remember

Sept. 7 and 20 - Council Meeting - 7 p.m.
Sept. 13 - Parks Board meeting - 5:30 p.m.

Sept. 13 - Planning & Zoning - 7 p.m.

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Have news you would like to share?

The Cortland News is always looking for news about happenings in our area. Whether it's about an event, a budding college student, club news or business news, we want to hear from you. Simply send it to us at editor@cortlandnews.com and we'll take it from there. The Cortland News... "The Good News Newspaper."

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2. All staff and patients are then moved to a triage area where temperatures are taken.
3. All staff and patients must wash hands before treatment begins. Proper hand washing techniques are posted in every location.
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2021 Cortland Street Fair highlights



The Dance Space dancers participated in the Street Fair Parade.



Girls Music 101's float won third place at the Street Fair.



David and Sheriann Griffith of Liberty visited Mosquito Park Ranger Kyle Lambert with their grandchildren Bowen and Bristol from Macedonia.



JoMarie School of Dance & Gymnastics participated in the Street Fair by inviting people to register for the 2021-2022 Season. Madison Clayton brought her daughter Ruby, age 2, in to register for the Tiny Tots and the Mommy & Me gymnastics programs. From left are, Madison, Ruby, Owner JoMarie Ferrandino and Studio Manager Jessica Buchans. To have your child learn the benefits of dance and gymnastics stop in today. Be sure to ask about the unique NINJA WARRIOR Exercise program.



Cortland residents Anna and Dontae Dawson and their son DJ and daughter Naomi attended the Street Fair.



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ON COURSE

Navigating your Insurance Needs

Presented by Jill Freeman,
Ann M Wiley Insurance Services



I want to retire before I'm eligible for Medicare. What are my insurance options?

Depending on the specific situation there are a few options for health insurance if you retire or otherwise lose employer coverage. One option is the healthcare marketplace or exchange that was created through the Affordable Care Act. These are commonly referred to as the Obamacare Insurance Plans. Insurance companies that offer these plans are required to follow guidelines set by the government. They are "guaranteed issue" and "guaranteed renewable" to anyone that applies during the Open Enrollment Period that runs Nov. 1-Dec. 15 each year. There are also Special Enrollment Periods available to anyone who experiences specific changes in their personal circumstances throughout the year, such as losing employer coverage or getting married or divorced. While rates, deductibles, out of pocket costs and benefits are set by the insurance company and vary from plan to plan as well as company to company, there is no underwriting, and you cannot be denied coverage or charged a higher premium for a pre-existing condition. The only factors that are allowed to be considered to determine the premium are age, gender and tobacco use. Plans are also specific to geographical area. They should not be issued if you are eligible for Medicare, Medicaid or other State Assistance programs/insurance that can provide coverage for less costs.

ACA Marketplace plans are categorized into different levels of coverage Bronze, Silver, Gold and Platinum. For the most part, bronze plans will have higher deductibles and out-of-pocket costs with a lower premium while the platinum plans will have lower deductible and out-of-pocket costs but a higher premium. The silver and gold plans fall in between. There are also "Catastrophe" plans however they are only available to someone under age 30 or individuals 30 and over who qualify for a hardship or affordability exemption.

Part of the ACA legislation provided for a Premium Tax Credit to

help individuals pay for a portion of the premium cost. This credit is based on your annual income as filed on your income tax return at the end of the year. It is important to estimate income as closely as possible to avoid having to repay part of the credit. For example: marketplace plans that start in 2022, will have premium tax credits based on the income you estimate you will make in 2022. When you file your 2022 tax return in 2023 there will be a form that will need to be completed showing the cost of the insurance and the credit towards that premium throughout the year. If income is underestimated, you will be responsible for returning a portion of the premium credit as part of your tax return and possibly subject to a penalty depending on the amount of the difference. Likewise, if income is overestimated and you should have received more of a credit towards your premium those funds will be credited to you on the tax return. Information on these plans can be found at healthcare.gov or through a local insurance agent that is familiar with these types of plans and has completed the training required to assist with the enrollment process.

Short term plans are another option that is available. These plans typically range between 182 and 364 days in length. They can usually be cancelled at any time, therefore if you are looking for coverage for only a couple months it may be a good option. The premiums, deductibles, copays, and other out-of-pocket expenses will vary depending on the plan and the individual insurance company. Depending on the coverage you are looking for and your specific situation in regards to income and health, they may have lower premiums. These plans are subject to underwriting and are not guaranteed to renew. At the end of the policy period a new application needs to be submitted and approved to continue coverage.

Jill Freeman is a licensed insurance agent with Ann M Wiley Insurance Services, located at 3470 Warren Meadville Road, Cortland and can be reached at 234-244-4014.

Junior Women's League's workshop plans for upcoming year

The 2021/2022 Officers and Chairman of GFWC Ohio Warren Junior Women's League recently held its annual workshop to plan out the upcoming

club year. Members will continue annual events such as the Champagne Luncheon and Style Show as well as new community service projects.



Front row from left, Dodie Baritell, treasurer; Maureen Bevan, second vice president/membership; Sue Smith, president; Molly Halliday, first vice president; and Dorothy Siderpolis. Back row, Pam Vines, Karen Margala, OFWC assistant Junior director; Julianne Kesler, Becky Bucco, Jennifer Wyndham and Mary Lou Jarrett, past president.

Three charity breakfasts scheduled at Cortland Masonic Lodge

The Cortland Masonic Lodge has scheduled three Saturday morning Charity Family Breakfasts during September and October at its location at 3263 Everett-Hull Road (E. Main Street) from 9 a.m. to noon.

Starting on Saturday, Sept. 4, the breakfast will benefit the TNR organization, which works to trap, neuter and release stray cats in Trumbull County. Then on Saturday, Sept. 25, the full proceeds will be donated to Pam Vanditti, who recently had cancer surgery and now faces chemotherapy treatments. On Saturday, Oct. 2, the DeMolay Chapter in Warren will be the designated charity.

The "all you can eat" Charity Family Breakfasts are held by the Cortland Masonic Lodge and 100 percent of the

proceeds are donated to a local charity or a needy individual. Over the past 16 months, the lodge has donated over \$10,000 as a direct result of the community attending and supporting their charity breakfasts.

The breakfast cost is \$7 for adults, and \$6 for youth age 6 to 10, and free for children age 5 and under. You may elect to have a "take out" breakfast or you can use the indoor seating. Included in the breakfast are pancakes, eggs, sausage, juice and coffee. At the breakfast, the benefiting organization usually offers a 50/50, basket raffles, and other fund raising activities, for the breakfast guests to enjoy.

Please mark your calendar and bring the whole family for an enjoyable start to your weekend.



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September events at the Johnston Senior Center

The following events are planned during September at the Johnstown Senior Center, 5922 Warren Road, Cortland. For more information call 330-924-0412.

Mondays

- 10:30 - 11:30 a.m.: Yoga
- 12-1 p.m.: Lunch
- 1:30-2:30 p.m.: Yoga
- Sept. 13, "What's Cooking?"

with guest Nate Barker of West & Main at 3 p.m.

Tuesdays

- 12-1 p.m.: Lunch
- 1-2 p.m.: Cards
- 1-3 p.m.: Chair Massage
- Starting Sept. 14, Water Bottle Exercise at 10-11a.m.

Sept. 14, 10 a.m.: guest speaker Jill Freeman with Wiley Insurance Agency

Wednesdays

- 10 a.m.-12 p.m.: Woodcraft
- 10:30 a.m.-12 p.m.: Needlecraft
- 10 a.m. - 12 p.m.: Cards
- 1-2 p.m.: Moving for Better Balance

- 1-3 p.m.: Bingo
- Sept. 8, 10 a.m.: Lunch & Learn

with Dominic Marrari "All About Healthcare" and Questions on Social Severity & Healthcare

Thursdays

- 11 a.m.-12 p.m.: Cards
- 12- 1 p.m.: Lunch
- 1-3 p.m.: Bingo
- 4 p.m.: Flexibility & Senior Dance

Sept. 23, 11:30 a.m.: Peter Allen Inn "A Road to Destiny" presentation featuring author Emily Love

Fridays

- 10-11:30 a.m.: Line Dancing Instructions
- 10-11:30 a.m.: Cards
- 11:30 a.m.-12:30 p.m.: Learn Ukulele

- 12-1 p.m.: Lunch
- 1-2 p.m.: Tai Ji Quan
- Sept. 10, 6 p.m.: Friday Night Movie "Titanic"

Sept. 24, 6 p.m.: Sip and Paint with Gigi Jones

Saturday, Sept.18, 6 p.m.: "Sounds of Sinatra" with an Italian dinner

Saturday, Sept. 25, 6 p.m.: Learn about the History of the Northern Trumbull County



Trumbull County Combined Health District

By Teresa Merrick, R.N., PHN
Trumbull County Combined Health District



Electronic cigarettes are evolving

Electronic nicotine delivery systems are commonly called ENDS, E-cigarette, E-cigs, vapes, vape pens, mods and tanks. JUUL is a brand of e-cigarette. E-cigarettes are devices that operate by heating a liquid solution to a high enough temperature so that it produces an aerosol that is inhaled. Solutions, sometimes called e-liquids, almost always include nicotine, flavoring and a humectant, such as propylene glycol, to retain moisture and create the aerosol when heated. Higher nicotine e-cigarettes have driven the surge in e-cigarette sales containing at least 4 percent nicotine comprising nearly three-quarters of the e-cigarette market in 2018. Unlike in Europe, where e-cigarette nicotine concentrations cannot exceed 2 percent, there are no nicotine concentration restrictions in the United States.

While using an e-cigarette is called "vaping," the devices produce an aerosol, not a vapor. Unlike vapor, which is simply a substance in gas form, the aerosol from an e-cigarette contains tiny chemical particles from both the liquid solution and the device.

Some researchers have classified e-cigarettes as first, second, third or fourth generation devices. A first generation e-cigarette is one that closely resembles a cigarette and is disposable. No cartridge, tank or pod. A second generation e-cigarette is larger, usually pen-shaped device, that can be recharged, and a third generation e-cigarette refers to devices that do not resemble a combustible cigarette and often have very large and sometimes customizable batteries. A fourth generation pod mods are pre-filled or refillable. Some parts may be replaceable, which is why they are sometimes called "mods."

Puff Bars copy the JUUL brand but are designed for one-time use. They have many flavors, but are not subject to the new federal policy regulating flavored e-cigarettes, because they are disposable. This is a loophole in the new policy. Puff Bars are small enough to fit in a pocket, resembles a USB flash drive and heats up a cartridge containing e-liquid to create a vapor. Each pod device is pre-charged and pre-filled. It is a one-time use device once the vapor runs out. Each Puff Bar uses nicotine salts, a formula that allows for much higher levels and efficient delivery of nicotine with less irritation compared to earlier generations of e-cigarettes. Puff Bars come in flavors like sour apple, menthol, O.M.G. (Orange, Mango, Guava), mango and lemonade, to name a few. Puff Bars give you more bang for your buck. They are not cheaper but

they last longer. You can get 300 puffs to use whenever you choose versus a cigarette stick which is only good for a single use. One puff bar is equal to a pack of cigarettes. There are three types of Puff Bar products, (Puff Bar, Puff Glow and Puff Plus). The Puff Bar Glow has a LED light bulb attached to it and glows when you draw a puff. With the Puff Plus, the amount of e-juice is almost twice that of Puff Bar, 3.2ml, versus 50 grams of nicotine and battery capacity, which means you can get 800 puffs.




A company called White Cloud offers disposables called the Fling Wide, the Fling Wide Mini and the Fling Originals. All are available for purchase as singles or in multi-packs of 5, 10, 25 or 100. Nicotine strengths are available by 5.4 percent nicotine by volume, 3.6 percent nicotine by volume and 1.4 percent nicotine by volume. You have choices with this brand.

E-cigarette use has increased among youth and young adults more than any other age group. In 2019, 27.5 percent of high school students had used e-cigarettes in the past month but decreased to 19.6 percent in 2020. In 2020, 82.9 percent of youth e-cigarette users used flavored e-cigarettes, including 84.7 percent of high school users (2.53 million) and 73.9 percent of middle school users (400,000).

Everyone needs to do their part to keep up to date with new products that are evolving in order to hook this generation on nicotine. The products and marketing are very clever and appeal to our youth. Colorful packaging, lower pricing and placing products by snacks and candies in stores attract youngsters to try them and think that they are harmless like the treats they are placed nearby. Parents and caregivers need to be aware of what our youth are doing in their spare time and look for products in their lockers, backpacks, pockets, bedrooms and cars. More education is needed for our children to understand the health risk of these products and how they are being tricked into trying them, then getting hooked.

If you are a teenager, or you want to help your teenager quit, the My Life, My Quit program is a free and confidential service developed by National Jewish Health and can be reached by online enrollment at the website mylifemyquit.com or calling toll free 1-855-891-9989 for real-time coaching. They offer five coaching sessions by phone, live texting or chat with a coach who will listen and help navigate social situations while finding healthy ways to cope with stress. Additional text messages for support to quit smoking, vaping or chewing tobacco.

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Lakeview students the first to return

...continued from page 5



Lakeview Elementary School students walk into the building for the first day of school on Monday, Aug. 16.



Mrs. Kristina Denman's 4th grade class gives a thumbs up to start the new school year. Specials like music, art, technology, and library will be integral parts of the student day again this school year.



Lakeview High School math teacher Mr. Dean Shanower goes over the class syllabus on the first day of school.



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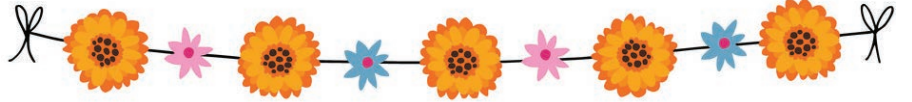
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TC Tourism announces county-wide scavenger hunt

Bureau expands "Where's Wally?" Facebook campaign with a new mobile pass

The newly announced "Where's Wally?" mobile pass is a fun and engaging way to learn more about a few of the many sites Trumbull County has to offer. Trumbull Tourism has "Where's Wally?" plush toys for the first 200 people who complete the hunt.

Registration and participation are free. "We want to encourage visitors and residents to get outdoors safely and actively; to enjoy the charm and vibrancy of Trumbull County," said Beth Kotwis Carmichael, executive director of Trumbull County Tourism.

The mobile pass is now available via smartphone or computer sign-up and provides a customized tour around the county. The GPS-driven pass indicates Wally's location, information about the site, and other area attractions. Building a Scavenger Hunt and adding a mobile pass component is a great and safe way for friends, families, and co-workers of all ages to explore Trumbull County this fall.

Join the fun with Wally the Beagle!

In 2020, in response to Covid-19, Trumbull County Tourism launched the "Where's Wally" Facebook Campaign with Wally, the lovable beagle of one of our staff members. For the last 18 months, Wally has traveled

around Trumbull County, visiting and highlighting TCTB members and locations of interest. Every Wednesday, the tourism staff posts a "Where's Wally" with a picture and encourages people to guess his location. Each Thursday, his location is revealed.

Carmichael continues, "This mobile pass is an extension to our Where's Wally campaign. Because of the uncertainty of the virus, we felt a virtual Scavenger Hunt was the perfect way to keep spirits up and connect with visitors and residents in a different way."

In this expansion of "Where's Wally?" let Wally guide your family and friends around Trumbull County, check-in at eight different locations, and answer fun questions along the way. While traveling through the County, participants will also find "Other points of interest" near each site. You make the call! Complete it in a day, weekend, or check-in at just a few of the sites. Once you have completed the scavenger hunt, participants can claim their prize at a secret location that is only revealed after checking into all eight areas. Go to www.exploretrumbullcounty.com/passes and click on "Where's Wally" to get started.



Cortland Library News for September

September is Library Card Signup Month, the perfect time to register for a Warren-Trumbull County Public Library (W-TCPL) card. There is no charge for Ohio residents to sign up for a W-TCPL card, which can then be used to borrow items at the Cortland Library or any other W-TCPL location.

Your library card also provides you free access to online technology tutorials and career skill trainings, eBooks, and other digital materials available 24/7 through the library website at www.wtcpl.org.

Stop by the Cortland Library, located at 578 Lakeview Drive, to sign up for a library card! For more information, call the library at 330-638-6335 or visit the library website at www.wtcpl.org to borrow eBooks and digital downloadables.

Hours at the Cortland Library are: 9 a.m. to 7 p.m. on Monday and Wednesday; 9 a.m. to 5 p.m. on Tuesday, Thursday, Friday, Saturday; closed on Sunday.

Preschool Storytime

Tuesdays at 11 a.m.: Sept. 7, 14, 21, 28; Oct. 5; Oct. 19; Oct. 26

At the Cortland Library

Preschool Storytime features stories, songs, and movement and reinforces the development of early literacy skills. Early literacy is what children know about reading and writing before they can actually read and write, and mastering these skills now helps children grow up to be good readers! For children ages 3 to 5. Storytime will be held outside the library, weather permitting. No registration necessary. Free.

'Christmas in Cortland' returns!

By Carole Wiley

On Aug. 7, a breakfast meeting of the Cortland Community Band leaders and choir director, Michelle Robbins Jones, took place. Because there was no concert in 2020, the meeting took on a special joy as plans for this year's concert were made. The concert will be held on Monday, Dec. 6 at 7 p.m. at Lakeview High School. Possible music selections were discussed.

Michelle has scheduled six choir rehearsals this year. There will be four Saturday morning practices, all starting at 10 a.m. The dates are Oct. 9, Oct. 23, Nov. 6 and Nov. 20. An evening rehearsal will take place on Nov. 9 at 7 p.m. All of those practices will be held at St. Robert's Catholic Church. The final rehearsal will be with the band on Wednesday, Dec. 1 at 7 p.m. at the high school.

All singers are urged to again join this group! And bring a friend! New singers are very much welcomed. There are no professionals, just folks who like to sing! (Although many times the group sounds professional!) And rest

assured, most of the singers have to miss a rehearsal now and then due to other events.

This concert, supported by Lakeview Outreach and Fellowship (LOAF), is very important for many reasons. Most importantly it is a celebration of the birth of Jesus! Also it is a stress free event at which the greater community can be together in peace and joy! Also at this free concert, donations are collected for a local entity to be able to purchase something for which there is no funding available. Three years ago, the money collected was given to the LHS Marching Band, which resulted in it finally being able to buy all new uniforms, replacing ones over 20 years old. In 2019, generous donations were given to the Bazetta and Cortland Fire departments. They were able to equip all EMS workers with protective vests in the event of a major shooting with those funds. This year a life -saving item for the police is the target. Details to come. For any questions, contact Carole Wiley at 330-720-9136 or cwiley9@yahoo.com. Merry Christmas!

ASAP Rally for Recovery Sept. 18 at Eastwood Field

The Alliance for Substance Abuse Prevention (ASAP) 9th Annual Rally for Recovery will take place from 11 a.m. to 2 p.m. on Saturday, Sept 18 at Eastwood Field in Niles. It will be a fun day for the entire family with games, prizes, a scavenger hunt and much more. A Recovery Walk is scheduled at 1 p.m. Walker registration opens at 11 a.m. Awards will be presented to the largest family, agency and recovery house walk teams. Free t-shirts for everyone registered on Eventbrite before Sept. 3. The Trumbull County Combined Health District will provide a \$100 gift card to everyone who gets a free COVID-19 vaccination at the event.

"Families are encouraged to come out to Eastwood Field to celebrate National Recovery Month," said Lauren Thorp, project director of ASAP. "This is a completely free event thanks to

our sponsors and the support of the Trumbull County Mental Health and Recovery Board."

The event will feature Rock & Recovery music from the Summit FM, educational materials about recovery from drug and alcohol abuse, corn hole and other games, a Selfie Booth, Chinese auction, an "Addiction Memorial," and free lunch. "We will be following CDC protocols for social distancing and mask wearing," said Thorp.

ASAP, a project of the Trumbull County Mental Health and Recovery Board, is a coalition that engages in strategic partnerships to solve our community's substance abuse problems. ASAP membership is free and open to the public. Anyone interested in becoming involved in ASAP or to request more information, call 330-675-2765, ext. 119 or visit www.trumbullmhrb.org.



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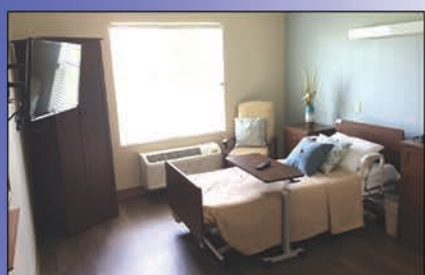
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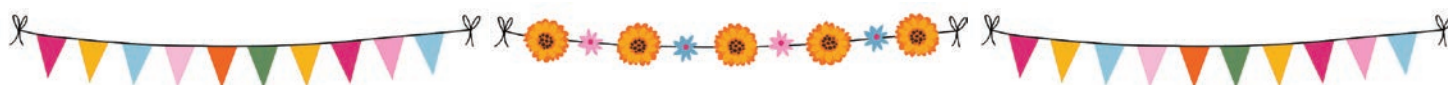


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