

# Cortland NEWS

*"The Good News Newspaper"*

Vol. 20 No. 11 May 18, 2024 Serving the Lakeshore Communities

## Class of 2024: Navigating the Exciting (and Slightly Terrifying) Future

*Special to The Cortland News*

Congratulations graduates! You did it! Whether you're tossing your cap in the air at a high school graduation or a college commencement, you've reached a significant milestone. But now what? The world awaits, and let's be honest, it's a world brimming with both exciting possibilities and daunting challenges.

**The Good News: A World of Opportunity** - First, the good news: you're entering a world that desperately needs your unique talents and perspectives.

- **Technological Revolution:** We're living in a time of unprecedented technological advancement. Artificial intelligence, automation, and renewable energy are all poised to reshape industries and societies. If you're passionate about technology, there's a good chance you'll be at the forefront of these changes.

- **Globalized Workforce:** The world is more interconnected than ever before. This means competition for jobs, but also a wider range of opportunities. You can potentially work with people from all over the globe, sharing ideas and fostering innovation.

- **Evolving Workplace:** The traditional 9-to-5 is fading. Remote work options are becoming increasingly common, allowing for greater flexibility and work-life balance. There's also a growing emphasis on skills and experience over rigid educational pedigrees.

- **Focus on Social Change:** Young people are driving the conversation on social justice and environmental issues. From climate change activism to movements for racial equality, your generation is leading the way in creating a more equitable future.

**The Challenges: A World in Flux** - Of course, it wouldn't be real life without some challenges:

- **Economic Uncertainty:** The global economy faces ongoing uncertainties, with potential for inflation, recessions, and continued income inequality. This can make it difficult to plan for the future and secure financial stability.

- **Political Polarization:** Political rhetoric has become increasingly divisive, making it harder to find common ground and address pressing issues. You'll need to be discerning consumers of information and active participants in the democratic process.

- **Climate Change:** The effects of climate change are already being felt around the world, and they're likely to become more severe in the coming years. You'll be inheriting the responsibility to find solutions and adapt to a changing environment.

- **Mental Health Concerns:** Rates of anxiety and depression are rising, particularly among young adults. Balancing academic pressure, social media expectations, and the general uncertainty of the future can take a toll.

**So, How Do You Survive and Thrive?** - Here are some tips for navigating this complex world:

- **Develop Adaptability:** The future is uncertain, so be prepared to learn new skills and change course when necessary. Embrace lifelong learning and cultivate a growth mindset.

- **Critical Thinking:** Don't just accept information at face value. Learn to analyze information from different perspectives and develop your own informed opinions.



- **Resilience:** Challenges are inevitable, but you don't have to face them alone. Build a strong support network of friends, family, and mentors who can offer guidance and encouragement.

- **Find Your Passion:** Pursue a career path that aligns with your values and interests. Work can be a source of fulfillment, not just a paycheck.

- **Prioritize Well-Being:** Take care of your physical and mental health. Make time for activities you enjoy, get enough sleep, and seek help if you're struggling.

**The Bottom Line: You've Got This!** - Yes, the world has its problems, but remember, you're graduating into a world with incredible potential. You have the power to be a force for positive change. Don't be afraid to take risks, embrace new experiences, and make your voice heard. The future is in your hands, Class of 2024. Go out there and make it amazing!

*"It is not where you start but how high you aim that matters for success."*  
- Nelson Mandela

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Contact Special Projects Coordinator, Jeffrey Jiang  
If interested in participating: [jiang@cityofcortland.org](mailto:jiang@cityofcortland.org)

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**CortlandNews.net**

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## CORTLAND CITY

CITYOFCORTLAND.ORG

Mayor ..... 330-637-4003	<b>POLICE/FIRE EMERGENCY ..... 911</b>
City Hall ..... 330-637-3916	Dispatch ..... 330-675-2730
Fax ..... 330-637-4778	Police - Business ..... 330-638-1000
Clerk of Council ..... 330-638-0142	Fire - Business ..... 330-637-2891
Service Director ..... 330-637-4637	

## MEETINGS

<b>CITY COUNCIL</b> First and Third Monday of each month. Monday May 20 - 7 p.m. Monday June 3 - 7 p.m.	<b>PARKS AND RECREATION</b> Second Monday of each month Monday, June 10 - 5:30 p.m.
--	---

**CORTLAND CITY COUNCIL**  
Read the minutes from  
Cortland City Council meetings at  
[www.cityofcortland.org](http://www.cityofcortland.org) under City  
Council Minutes.

**PLANNING & ZONING**  
Second Monday of each month  
Monday, June 10 - 7 p.m.

*Meetings and agenda of Council and  
Planning meetings area available at  
[www.cityofcortland.org](http://www.cityofcortland.org)*

## BAZETTA TOWNSHIP

BAZETTATWP.ORG

<b>Admin Building</b> ..... 330-637-8816 3372 State Route 5 ...fax: 330-637-4588	<b>FIRE - POLICE - RESCUE ..... 911</b>
<b>Trustees, Clerk, Zoning Inspector and Cemetery Sexton</b> ..... 330-637-8816	<b>Police Department</b> ..... 330-638-5503
<b>Road Department</b> ..... 330-637-8311	<b>Fire Station #11</b> ..... 330-637-4136 3000 Warren Meadville Rd
	<b>Non Emergency Calls</b> ... 330-675-2730

### BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second Tuesday of each month,  
unless otherwise noted.

June 11 - 7 p.m.

A 60 minute caucus with department heads preceding.

Meetings held via ZOOM. Visit [www.bazettatwp.org](http://www.bazettatwp.org)

### LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m.  
in the Lakeview High School Media Center, unless otherwise noted.

June 10 - 6 p.m.

## Area Service Clubs

<b>Bazetta Cortland Optimist Club</b> Steve Rock ..... 330-240-1634	<b>Four Seasons Garden Club</b> Nancy Finlay ..... 330-637-8931
<b>Cortland Bazetta Historical Society &amp; Museum</b> Sally Lane ..... 330-638-2330	<b>Johnston Senior Center</b> Diana Shimko ..... 330-924-0412
<b>Cortland Lions Club</b> Bill Lowther ..... 330-719-4545	<b>Warren City Federation of Women's Clubs</b> Terri Crabbs ..... 330-637-3845
<b>Cortland Masonic Lodge</b> Chuck Chagnot ..... 330-307-3405	<b>American Assoc of University Women</b> Ruth Bradshaw ..... 330-307-1151
<b>Cortland Moose Lodge</b> Bill Bartholomew ..... 330-637-9957	<b>League of Woman Voters</b> Peggy Boyd ..... 330-856-5398
<b>Cortland Rotary Club</b> Patrick Leper ..... 330-224-3008	<b>Cortland Area Cares</b> Donna Kittle ..... 330-637-0821
<b>Cortland SCOPE</b> Diane Jordan ..... 330-637-3010	<b>Friends of the Cortland Library</b> (Cheryl Bush or Karen Murphy) .. 330-637-2717
<b>Cortland Opal CH 181, O.E.S</b> Carla Kahler ..... 330-856-2356	<b>Lakeview Outreach and Fellowship</b> (LOAF) ..... 330-720-9136
<b>The Opera House (Event Rentals)</b> Maribeth Albu ..... 330-219-1488	

Please contact the Cortland News if you would like your organization listed here.

### Our Next Issue ... June 8, 2024

Our theme will be  
*Summer Time Fun*

Article Deadline by May 27 • Display Advertising Deadline is May 29  
Email articles to [editor@cortlandnews.net](mailto:editor@cortlandnews.net)

*The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.*

*Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.*

*The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.*

*Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.*

### Cortland News SELF SERVE Paper Box Locations

Tr. Co. Health Dept	4 Star Diner	Vasilios
Lakeside Sport Shop	Top Notch Diner	

### PUBLISHER

Fox Run Publishing, L.L.C.  
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*We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.*

The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

Article submissions to:  
[editor@cortlandnews.net](mailto:editor@cortlandnews.net)

Display and classified advertising and photographs to:  
[sales@cortlandnews.net](mailto:sales@cortlandnews.net)

*The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.*



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*While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or omissions.*

## Community Events

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. See pg. 2 & 15

Lakeview Local School activities and sports schedules visit [www.lakeviewlocal.org](http://www.lakeviewlocal.org).

American Red Cross blood donations, various dates. [www.redcrossblood.org](http://www.redcrossblood.org) or 1-800-733-2767.

Cortland Public Library - Check out the ongoing events on page 18  
<https://wtcpl.org/locations-hours/cortland-library/>

Cortland Senior Center - Open Monday thru Friday 9 a.m. to 3 p.m. at Cortland Christian Church.

Charity Benefit Pancake Breakfast, [1st Saturday] 9 a.m.-noon, Cortland Masonic Lodge, 3263 Everett-Hull Road (E. Main Street).

Church Events - See the Church News and Notes on the Faith pages.

Trumbull County Combined Health District has numerous free upcoming Vaccine Clinics. See their website or the article in this issue.

### MAY

- 18 God Provides A Meal / Cortland United Methodist / 11am - 1 pm
- 18 Trumbull County Master Gardeners Annual Plant Sale  
Trumbull County Ag Center / 9 am to 1 pm
- 18 Cortland Cleanup Day / W Main St. / 9 AM
- 18 Ohio Wood Festival / 9 AM
- 18 Masonic Lodge Charity Breakfast / Benefits the Warren Chapter of DeMolay  
9-11:30 AM
- 20 Herb Society Meeting / Champion Presbyterian Church / 6:30 pm
- 27 Memorial Day
- 29 Summer concerts at Lake Vista / Under Park Place Portico  
(weather permitting) / Girard Community Band / 6:30 PM
- 30 Cortland Community Concert/Food Truck Night / West Main Street Bank  
Parking Lot / 5 PM

### JUNE

- 1 Masonic Lodge Charity Breakfast / Benefits the Lakeview Little Bulldogs  
9-11:30 AM
- 1 Coffee with Cortland / Cortland Main Street Coffee / 9 AM
- 4 Business Mixer / Country Porch Winery / 5 PM
- 27 Food Truck Night / West Main Street Bank Parking Lot / 5 PM

## Business News and Notes

By Thom Foley

Be sure to stop at the Ohio Wood Burner Exposition this Saturday. There is nothing else like it - bring the family for fun.

Brookside Greenhouse has hundreds of Geraniums in almost every color. And they still have about 2,000 hanging baskets. Bigger, better homegrown baskets for less money!! BUY LOCAL!

Did you know that Mark Thomas Ford has an award-winning service department? They fix almost every make and model of cars.

Dr Joseph Bedich & The Center for Progressive Dentistry are excited to announce that Dr. Josh Fromel will join their Dental team on July 1. This will enable them to continue offering the most advanced dental care at the highest level.

Jo Marie's Dance, Gymnastics and Ninja Warrior kids summer fun days are coming!. Ariel, back handspring, gymnastics, and ninja Warrior classes will be offered. Follow us on Facebook. Call them today to register.

Champion Tax Service & Schrader Insurance offers year round professional service for all of your tax and insurance needs. Over 50 years of serving the Trumbull County area.

Action Physical Therapy is the place to go for help recovering from injuries or surgery. Their licensed, experienced and compassionate staff will get you back to health quickly and safely.

Campbell Carpet and Flooring has a wide range of floor coverings. They are going to put Luxury Vinyl Plank floors in one of my rooms very soon.

Centerra has 10" & 13" hanging baskets along with a huge supply of annuals and perennials.

Cortland Pediatrics and Dr. Johnson tell us that they are booking up fast for those summer physicals so you better call soon.

Summer is here and that means stopping at Lakeside Sport Shop for all your fishing and boating needs. They have a large selection of Ohio beers & wines also.

## Masonic Lodge Plans Two Charity Breakfasts

Cortland Masonic Lodge will hold their next Charity Pancake Breakfast on Saturday, May 18th, to benefit the Warren Chapter of DeMolay, a Masonic boys organization.

Then on Saturday, June 1st, the breakfast will benefit the Lakeview Little Bulldogs.

Because all the breakfast supplies are donated, they are able to give 100% of the income to a local organization or community project. Since their charity breakfasts program was initiated in 2021, the Masonic Lodge has donated over \$44,000 to various community groups and needy individuals.

The "all you can eat" breakfasts feature pancakes, sausage, eggs, juice,

and coffee. And they are served from 9 am to 11:30 am at the Masonic Lodge located at 3263 Everett-Hull Rd. (E. Main St., just over Rt. 11). The cost is \$9 for adults and \$6 for youth age 6 to 12. Any youth age 5 and under are FREE and take-outs are available.

**COME AND SUPPORT OUR COMMUNITY KIDS!**



## Lake Vista Announces Summer Concerts Schedule

Lake Vista released their summer concerts schedule for 2024. All Concerts are at 6:30 pm under Park Place Portico (weather permitting). All the concerts are open to the community and walk-ins are welcome. Lake Vista is located at 303 N. Mecca St in Cortland. For additional information please call Denise at 330-638-2420.



- May 29th  
Girard Community Band
- June 29th  
Cortland Community Band
- July 11th  
Girard Dixie Dandies
- July 25th  
Bill Bevec Band
- August 7th  
Jim Frank Band
- September 12th  
Girard Dixie Dandies
- September 24th  
One String Short

## Cortland Cleanup Day

Join a group of core volunteers that would like to make our community a better place. Please consider joining us in cleaning up W Main Street. We will meet Saturday, May 18 from 9:30 AM to Noon.

We will supply garden gloves, trash grabbers, bags and safety vests. For more information on upcoming events visit [www.cityofcortland.org](http://www.cityofcortland.org)

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**SUMMER CLASSES FOR THE MONTH OF JUNE**

**REGISTRATION**  
TUES., MAY 21 / 5-7 PM AT THE STUDIO  
80 Erie Street - Downtown Cortland

---

**KIDS SUMMER FUN DAYS**  
Aerial, Back Hand Spring, Gymnastics, & Ninja Warrior classes will be offered.

---

Call Aeron Koprivnak with any questions  
**216-906-4220**

## Fundraiser Scrap Drive

NEO Ohio Scrap and the Cortland Lions Club once again held a fundraiser scrap drive to benefit the Cortland City Parks. According to NEO owner Ryan Stan, this was the largest drive yet.

Pictured from left to right are Lions Club members Harry Miller & Peter Bucco. NEO Owner Ryan Stan and employee Blake Legerski. Then Lions Club members Chuck Cobert, Bill Lowther and Jim Gorse.



## 2nd Annual International Firewood Expo To Showcase Innovative Wood Processing Machinery

The International Firewood Expo, sponsored and owned by Ohio Wood Burner Ltd., is set to return for its second edition on May 18th from 9 am to 5 pm at the Ohio Wood Burner woodyard in Cortland.

The event promises to be a must-see opportunity for all stakeholders in the wood processing industry, as it brings together leading manufacturers and innovators from around the world. Attendees will have the chance to witness live demonstrations of a wide range of innovative machines that produce and package firewood, showcasing the latest in log splitters, chainsaws, firewood processors, firewood wrappers, hand tools, and various types of loading machinery.

The International Firewood Expo is not just a spectacle for industry professionals; it's also an educational opportunity for those with an interest in woodworking or forestry. Visitors will have the rare chance to witness these cutting-edge machines in action and even make purchases to take home with them – an offer not commonly found in trade shows of this nature.



This rain-or-shine event is free to the public and will also feature onsite amenities, including restroom facilities and food trucks, ensuring a comfortable and satisfying experience for all attendees.

Don't miss this chance to be a part of the 2nd Annual International Firewood Expo – a rare gathering of industry leaders and advocates that promises to be a significant and memorable event.

To learn more about Ohio Wood Burner Ltd., visit their website at <https://ohiowoodburner.com/>

**DON'T MISS IT!!**

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**5286 St Route 5**  
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## Guidelight Financial Donates To Cortland Area Cares

Guidelight Financial Group decided to have a spring cleanup on April 25th and 26th. Rather than donating the items or even throwing them away they decided to hold a charity yard sale – with donations only – supporting the local food pantry.

The office currently volunteers monthly at the food bank with food packing & distribution and sees firsthand the need for support. They are always looking for ways to serve our local community any way they can.

The most unique item(s) and first sale was a tote of plastic yard flamingos. They were used to hold a luau client event every year and the flamingos were part of the décor.

Donna Kittle of Cortland Area Cares accepted the donation of \$400 from the charity yard sale titled \*One man's junk is another man's treasure\*.



Front: Samantha Katsares, Donna Kittle, Melissa Crown, Claire Donis.  
 Back: Brian Davin, John Smith, Patricia Sasse, Thomas Shortreed, Austin Shortreed

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**United Way**  
 United Way of Trumbull County



## Local Civil Air Patrol Squadron Grows To Largest Membership In State

By Capt. Emma Kanning

The Youngstown ARS Composite Squadron proudly announces a remarkable milestone just in time for its 62nd birthday, as it celebrates achieving the highest membership numbers in the state of Ohio. The Youngstown ARS Composite Squadron has stood at the forefront of community service in the Mahoning Valley since it was chartered on May 4th, 1962.

Using the core values of integrity, volunteer service, excellence, and respect as stepping stones, the dedicated volunteers of the Youngstown ARS Composite Squadron come together from all different backgrounds to accomplish the Civil Air Patrol's three missions: aerospace education, cadet programs, and emergency services.

Cadet members from ages 12-21 come to learn about aerospace and leadership through unique experiences such as orientation flights, uniform wear, drill and ceremonies, community service, and activities for all interests including cyber security, search and rescue, and medical training.

Since its charter in 1962, the squadron has received numerous prestigious awards, including receiving the Quality Cadet Unit Award fourteen times. The Youngstown ARS Composite Squadron is one of only four squadrons nationwide who have received this award every year since its creation in 2010.

Captain Sean Beatty, the squadron's commander, stated that

he is incredibly proud of the unit's 73 members. "Everyone, including our newest members, has shown incredible dedication to the squadron. They promote regularly and participate actively, and often go above and beyond to further their education and training," said Beatty. Cadets and Senior Members alike have an education curriculum to further their knowledge on aerospace and leadership, and many of the squadron's members participate in emergency preparedness and search and rescue training to prepare to provide aid to the community.

Members and alumni of the Youngstown ARS Composite Squadron often decide to give back to the community in their careers, with many becoming first responders, nurses, members of the military, teachers, and achieving highly desired corporate positions. Many state that Civil Air Patrol fostered a love for public service and gave them skills they would not have learned anywhere else.

The Youngstown ARS Composite Squadron meets Monday evenings at the Youngstown Air Reserve Station. For more information about the squadron and membership opportunities, visit their website at [oh051.cap.gov](http://oh051.cap.gov). The Youngstown ARS Composite Squadron looks forward to many more years of service to the Mahoning Valley and surrounding areas.

## Warren DAV (Disabled American Veterans) Chapter 11 Hosts Information Seminar

Submitted Through: DAV Post 11 Commander Frank Gillespie and Adjutant Kenny David

On 24 April 2024 National DAV Service representatives from Cleveland visited Warren DAV Chapter 11. For two hours they gave explanations of earned benefits which proved to be very informative for veterans and their families. This was followed by several hours of one-on-one counseling. Your local DAV organization is always willing to advise or refer. If you wish to contact the Chapter, call 330-369-3388.



Ben Sanatana, Alex Hem (National DAV Service Officer), Jamie Ruffino

## Judge Marty Nosich Hosts Brookfield Student For Law Day

By Abigail Demsey

Judge Marty Nosich, of the Trumbull County Eastern District Court in Brookfield, recently hosted Brookfield High School junior, Mason Graybill, for a Law Day Event. Judge Nosich has also hosted students from Lakeview, Maplewood, Joseph Badger, Howland and Windham school districts. This program allows the students to see court proceedings firsthand and not just on a movie or television show. There are several different professions within the court that Mason was able to observe firsthand. Some examples include judges, attorneys, court clerks, bailiffs, prosecutors, public defenders and court reporters.

Shadowing Judge Nosich for Law Day gave insight into court proceedings and what happens at court. Observing attorneys allowed the student to see how they advocate for their clients and present their cases. Court clerks handle administrative tasks and record keeping, while bailiffs maintain order



Judge Nosich and Mason Graybill

in the courtroom. Court reporters create official transcripts of the proceedings. Shadowing all of these roles provides for a unique experience and perspective on the inner workings of the court system.

Mason spent his day observing traffic and criminal proceedings, and hearing directly from court employees, attorneys, and the judge about their specific education and work backgrounds. At the end of the day he was provided lunch and Judge Nosich answered additional questions.

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## A Foul Ball

By John A. Trogot

I stare at my beloved 1961 Topps Cleveland Indians Team #467 baseball card, which was included in the Bazooka bubble gum packet my father bought me the winter after the baseball season ended. Memories flood my mind. I can hear the roar of the crowd and the stomping of their feet in the stands. The smell of hot dogs and Cracker Jacks floats past my nose. Nothing like devouring a tasty dog slathered with mustard, relish, and onions while cheering on the team. Cleveland Indians' pennants flap in the gentle breeze.

In 1960, my father, a wise and generous man, took me and my three younger aunts, Betty, Florence, and Toni, to four baseball games at Cleveland Municipal Stadium in Cleveland fifty-two miles from our home in Warren, quite a drive back then. Since he loved the New York Yankees, every game featured the Yankees against the Cleveland Indians. A thirteen-year-old little leaguer like me didn't care what team was playing. What an adventure! Sometimes the excitement of attending a game overwhelms me.

A rare thing happens during that first game. The sun shines on my Cleveland Indians baseball hat. The salty taste of peanuts delights my taste buds. Their empty shells litter the floor beneath my feet. It's the third inning, three to two, no outs. The Yankees are up to bat. Whitey Ford, "Chairman of the Board," hits a foul ball, which sails over our heads and lands between the nearby seats. Everyone, including my father, scrambles to find it. A couple of minutes later, he returns to his seat with the ball in hand, beaming. With a look of triumph in his eyes, he hands me the ball.

Later that day, I parade around the hood and show off the prize to my buds. When I see the envy on their faces, I feel like "Mr. Big Shot." They want to touch a foul ball hit by Whitey Ford with their grubby hands. Reluctantly, I offer it up as a replacement for the worn-out one we use in our sandlot games at Copper Weld Field across from my house. After two weeks, the ball looks tattered and dirty.

Months later, at another game, another foul ball flew toward me and my aunts. Along with other fans, we scurry with our hands over our heads in an attempt to grab the prize. Guess who catches it in his bare hands? Yep, my father. What are the odds for that? I am now on Cloud 9.

"Gimme that ball, Pops," I yell.

The crowd roars. I am stoked. What does my father do? He gives the ball to a kid about my age sitting behind us. I look at my father with disgust. How can he do this? How can he give this hard-fought trophy to a total stranger?

Crushed, my eyes tear up.

I sulk. Aunt Betty tries to console me. "Just leave me alone," I whisper.

A hurt look crosses her sunburnt face.

I don't say another word for the rest of the game. The noise of the crowd fails to reach my ears. Occasionally, I look at my father at the end of the row. He watches the game with a gentle smile on his face.

During the long drive home, I started to really mope. Aunt Florence squeezes my arm affectionately, and I pull away. Suddenly, my father pulls the car over to the side of the road.

He gives me his I-mean-business look. "Get out of the car."

Puzzled, I wonder if he's going to leave me there. He and I climbed out of the car in front of Hurd's honey stand.

"Son, you are being greedy and insensitive. You need to learn about winning and losing. Things will not always go your way in this life."

Frowning, I glared at him.

"Did you see the look on that kid's face when I gave him that ball?"

"Yes, I did," I say in a weak voice.

Looking up at him, I recall how I felt when he gave me that ball three months earlier. Something clicks in my young, immature brain. "Hey, Pop, you really made that kid's day, didn't you?"

He nods and grins.

Back in the car, we headed home. Aunt Toni puts her arm around me, and I feel better. Thanks to my father, I learned an important lesson that day. One that I will remember for the rest of my life. And he impacts the day for "that kid" with his kind gesture.

## Cortland Memorial Day Program Announced

By Dick McClain

The Cortland Veterans Memorial Committee and the American Legion Post 540 of Cortland have announced that the Cortland Memorial Day observance will be held on Sunday, May 26th, at 2 pm, at the Veterans Memorial located in Point Park, which is in front of Cortland Mower. The program will honor the veterans who made the ultimate sacrifice while serving our country.

Ian McAleer, chairman of the committee, emphasized that the public is invited, and everyone should bring a folding chair. He commented that Col. Robert B. Mangold (U.S. Army retired) will be the emcee and the guest speaker will be Lt. Commander Michael Popadak (U.S. Navy retired) who

enlisted in the U.S. Navy, rose to the rank of Chief Petty Officer, and continued to climb in rank to Lt. Commander when he retired.

The observance will also include an invocation by Pastor David Vensel, the National Anthem sung by Maggie Crouch, the presentation of colors by D.A.V. Disabled American Veterans and a rifle salute and taps by American Legion Post 540.

On behalf of the committee, Ian McAleer expressed thanks to the Four Seasons Garden Club of Cortland for donating the flags hanging on the back fence at the memorial. He also recognized the Cortland City service department staff for their continued maintenance work at the memorial site.



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- The Grateful Heart Line Dancers from Cortland Scope sharing smiles and dancing at an area rehab. From L-R: Val McCourt, Barb Croys, Cathy Scarlett, Jan Byard, Jan Sala -teacher, Jackie Chachko, Sherry McFall, Gayle Lesh, Patty Barney.

- The Warren Senior Center will host a 'Dessert Bake Off' on Tuesday May 21st from 1 till 3 pm. Best of all it's free to taste some great desserts made by many of the SCOPE business members who are participating, and you can even judge the desserts.

- Angie Stulgis of Gillette Skilled Nursing and Rehab is coordinating the event. This is a contest so awards will be handed out. There will be many tables manned by our SCOPE business partners.

- We urge senior citizens to bring your sweet tooth and join us at the Warren Center next to Carl W. Hall at 375 N. Park Ave. for a sweet surrender bake off and remember calories won't count on the 21st of May. Feel free to call 330-39-8846 for details.

- Volunteers from all over Trumbull County served over 2,500 people through the free AARP tax aide program this year. It was announced that the tax aide clients living in Trumbull County received over 2.1 Million dollars in refunds for 2023. SCOPE Senior Services hosted a thank you lunch for the volunteers.

- SCOPE announces upcoming senior showcase auditions for the 2nd annual Senior Showcase which will take place at the Warren Senior Citizen Center stage. Auditions are set for Saturday June 8th from Noon till 3 pm and on Thursday June 13th from 11 am till 2 pm.

This year's show will again take place at the historic and beautiful Robins Theatre in downtown Warren on Saturday January 11th at 2 pm.

Any senior citizen over 55 years of age can audition. We are looking for singers, dancers, magicians, comedians, ventriloquists, jugglers, and musicians.



## Choosing A Retirement Community

Retirement communities have long been associated with rocking chairs and sleepy shuffleboard tournaments – but not anymore.

They've made engaging new upgrades as seniors began living longer, healthier lives. Here's a guide for choosing a retirement community that fits your lifestyle.

**PRICE AND AMENITIES** - Begin your research by focusing on what's offered and how much it will cost. If exciting options for tennis, swimming or pickleball are offered, the community might be more attractive – but it also might be more expensive. Look for hair salons, exercise classes, libraries, gardens and music rooms, as well as laundry and concierge services. If they're not on-site, look around to make sure they're nearby. If their individual pricing doesn't meet your comfort level, keep looking. There are often plenty of options since retirement options are such a fast-growing portion of our economy.

**COMMUNITY INVOLVEMENT** - The best-run retirement communities help create and nurture a wider social circle through planned group activities. Remaining social is a critical part of good mental health for seniors, and it's key to longer, more active lives. Make sure your potential community offers

its residents lots of opportunities to interact with one another in an open, encouraging environment. You'll build new friendships through activities like arts and crafts, board games and dancing. Ask about sponsored group outings where transportation is provided to local points of interest.

**LIFESTYLE CONSIDERATIONS** - Ask about dining services if your idea of retirement is leaving the kitchen. Some communities may limit or restrict outside visitors, so carefully read their policy if you plan on spending extended time with friends and family. Many move into retirement with a treasured pet, but some communities don't allow them. Feeling safe is also a large part of general well-being, so make sure that all proper measures are in place, including ample lighting, security cameras, emergency systems and plans, and a structured check-in area for visitors.

**LOCATION MATTERS** - Finally, the community should be close to needed healthcare, including preferred doctors, a hospital and other needed service providers. Fun nearby activities like golf, swimming, shopping, libraries, churches and public transportation round out the experience. At the same time, be aware that proximity to sports facilities, highways and schools will also potentially lead to noise and traffic issues.

## Cortland Area Cares - Our Local Non-Profit Food Pantry

By Ralph McCord

Cortland Area Cares is our local non-profit Food Pantry that serves needy families and individuals in the Lakeview School District as well as qualifying members of supporting churches. Cortland Area Cares has been active in our community for over 40 years and currently supports 250+ families. Donna Kittle is the current Director and she is supported by volunteers who help distribute food on scheduled days monthly at their warehouse- 1000 Fowler Street. Their distribution days are held twice a month with Senior Citizens Day the second Wednesday of the month from 10 am until 12 pm and food is distributed to the public the fourth Wednesday of the month from 9 am until 3 pm. To receive food- you must be registered with Cortland Area Cares and must meet income requirements-Federal and State Funded Food Programs.

Cash donations come from the public, private organizations and some Governmental Agencies-such as FEMA. Cortland Area Cares was established as a -501-C3 making your cash donations deductible on your Income Taxes. Cash donations are the best for Cortland Area Cares due to the multiplying effect. For each dollar you donate to CAC they can purchase \$10 worth of food items from Second Harvest. Second Harvest is also affiliated with Feeding America. Cortland Area Cares orders food daily



Volunteer, Sharon Hopkins in the Cortland Area Cares warehouse

and then picks it up on Wednesdays of the donation week.

Cortland Area Cares will have a booth at this year's Cortland Street Fair. Stop by and meet Donna Kittle and the folks who volunteer their time. Better yet make a cash donation to support this worthwhile Food Pantry that supports local families in need. Don't forget the multiplying effect - \$1.00 equals \$10 of purchasing power, \$10 equals \$100 and \$100 equals \$1,000.



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# What's "news" in the City of Cortland

## Proposed Upcoming Events For The City Of Cortland

- **Cortland Cleanup Day** at West Main Street Bank Parking Lot, Saturday, May 18, from 9:30 am-Noon. Details: Clean up the Walk to the Waterfront Corridor
- **Cortland Community Concert/ Food Truck Night.** West Main Street Bank Parking Lot, Thursday, May 30, from 5:00 pm-8:00 pm. Details: 8 Different food trucks/ Speed Limit Band
- **Coffee with Cortland.** Cortland Main Street Coffee, Saturday, June 1 from 9:00 am-12:00 pm. Details: Free-Individuals buy their own coffee
- **Business Mixer at Country Porch Winery,** Tuesday, June 4, from 5:00 pm-7:00 pm
- **Food Truck Night** at West Main Street Bank Parking Lot on Thursday, June 27 from 5:00 pm-8:00 pm. Details: 8 Different food trucks



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## YARS Breaks Ground On \$11 Million Project

By Senior Master Sgt. Bob Barko Jr.



*Col. Mike Maloney, Commander, 910th Airlift Wing Installation Commander, Youngstown Air Reserve Station; Lt. Col. Russ Whitlock, Commander, 910th Mission Support Group; Ed Smuke, Base Civil Engineer, Youngstown Air Reserve Station; Senior Airman J.J. Pinedo-Alva, 2023 910th AW Airman of the Year, 910th Security Forces Squadron; Cristie Mitchell, Deputy Chief Of Planning Program And Project Management, U.S. Army Corps Of Engineers – Louisville District; Chad Gimmi, Veteran Outreach Representative; Terry Slaybaugh, Vice President Of Sites And Infrastructure, JobsOhio; Mike Coates, Sr. President and Founder, Mike Coates Construction.*

A groundbreaking ceremony was held Tuesday, April 23, to officially kick off construction of the new main gate complex at YARS. A group of distinguished guests representing the 910th Airlift Wing, the U.S. Army Corps of Engineers, JobsOhio, YARS community partners and the building contractors broke ground at the main gate complex construction site. The YARS main gate relocation is a military construction project with a cost of approximately \$11 million and was funded in the 2019 federal budget.

The new main gate complex will employ state-of-the-art facilities and technology to enhance force protection and anti-terrorism capabilities for the personnel assigned to YARS. The

contract for this project was awarded in September 2023. The general contractor for the project is Coates Construction of Niles. The U.S. Army Corps of Engineers - Louisville District will oversee the project through completion then hand the new main gate complex over to the Air Force Reserve for occupancy and use.

The acquisition of the property needed for the YARS main gate relocation marks the first time since 1958 that the footprint of the installation has increased according to 910th historical records. The Eastern Ohio Military Affairs Commission, JobsOhio and the Western Reserve Port Authority teamed with the U.S. Army Corps of Engineers to make the property purchase possible.




**MONDAY, MAY 27**

# MEMORIAL DAY

**REMEMBER AND HONOR**





## Cortland Girl Scout Volunteers

On April 13, local Girl Scout volunteers Jeff Wagner and Krista Fike received the Girl Scout Appreciation Pin at a recognition ceremony. The Appreciation Pin recognizes an individual's exemplary service in support of delivering the Girl Scout Leadership Experience. This service, which has had measurable impact on one geographic area of service, helps accomplish and surpass the mission-delivery goals of the area.



Jeff Wagner has been a volunteer with local Girl Scout Service Unit 806 and troop 80093 for 10 years. He helps as a lifeguard at Camp Sugarbush and provides programming for the girls in knots and survival skills. Jeff also teaches CPR and First Aid training for adults in the service unit. Krista is the leader of Troop 80006 in the Cortland area. She helps each year as a volunteer at the Day Camp at Camp Sugarbush and her troop is active in Service Unit 806 with activities like cookie sales, camporees, sock hops and any other fun activities they plan.

If you are interested in joining or volunteering for Girls Scouts, please go to [www.gsneo.org](http://www.gsneo.org).



Be who you are and say what you feel because those who mind don't matter and those who matter don't mind.

Don't cry because it's over. Smile because it happened.

~ Dr. Seuss

You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose.

You're on your own, and you know what you know. And you are the guy who'll decide where to go.

~ Dr. Seuss

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Visit a Warren-Trumbull County Public Library location near you!

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**Cortland** | 578 Lakeview Dr., Cortland, OH 44410 | (330) 638-6335  
**Howland** | 9095 East Market St., Warren, OH 44484 | (330) 856-2011  
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It is finished! The end of the school year. The end of High School. The end of college. For many these are the milestones hit this time of year as children look forward to school being out for the summer, and as some start the early part of adulthood and careers at graduating High School and College respectfully. This time of year there is much that is finished or complete.

Even in our spiritual life we see the Easter Season come to its completion as we come to Pentecost this weekend. Just as we saw at the end of the Lenten Season Christ on the Cross said "It is Finished". What is it that is finished there on the cross?

It is the work of God's Promise of Salvation. The payment for sin is paid, death is defeated by death, and Satan is crushed under the heel of our Savior Jesus Christ as promised in Genesis to Adam and Eve. In Titus we are

reminded in 2:11, "For the grace of God has appeared, bringing salvation for all people". This is what is finished by Jesus that He has fulfilled His promise to save us. That He offers salvation to all people. He has offered it to you. Jesus died for you, and He lives for you. In Jesus you have forgiveness, Salvation, and Eternal Life. His work is finished. Now we wait as His final promise is fulfilled and finished. That He will return and raise all from death, and all who believe will inherit eternal life. His track record is true and this promise will be finished and His work in you will be complete. As St. Paul reminds us in Philippians, "And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ." Happy graduation to all our graduates in our communities. God's blessings to you all.

When I was in my 30's, I studied martial arts for several years and eventually attained my black belt. I remember my instructor at the time saying these words "Now that you've got your black belt, you are ready to really learn". I still recall the impact of those words today. That black belt was every bit a sign of completion, but it was also a measure of new beginnings. Years learning skills, so that I could cross a threshold and start learning new skills.

Graduation is such a profound moment. It's a connecting point for endings and beginnings. Whatever that level of graduation may be, anything from preschool to college, technical schools, and boot camps, graduation recognizes the wonderful work that's been done so far and opens the door to what is coming next. For many, the next steps might be more schooling, new job opportunities, and maybe even a time of sabbath before picking up the necessary equipment (spiritual, physical, mental, emotional) to continue the journey of life. We pray God blesses these next steps for you.

It is often the case that we will be celebrating Pentecost in the same season as we celebrate so many graduations. The disciples traveled with Jesus for years, only to see crucifixion, resurrection and hear a promise that something even greater was coming. Jesus told them to hold fast until the power from High came upon them. And they did, giving

themselves to prayer and connection. And then Pentecost comes, the Spirit breathes life and power in amazing ways into them, and they head into the world alive with a sense of mission and growth. In a metaphorical sense, it's like graduating to the next step in their spiritual lives.

John Wesley talked about it through the words of grace. He said that the Spirit was the one calling us into the presence of Christ. And it was that same Spirit that worked the rest of our lives to help us become more of who God meant us to be.

I can appreciate that we all might want some very clear direction from God to help us know exactly who we were supposed to be and what job we should work, or school we should chase. It's a rare thing that anyone has such clarity. And that's really ok. But in the next steps of your life, I want to encourage you to be the person God meant for you to be, a child of Love. Wherever you are heading next, whatever you do with all the skills and gifts you have been blessed with, use them for love. In so doing, Christ will shine through you and God shines in you.

Congratulations on all the work it took to get here. May you take the next step with courage and in grace. And, in all things, may the love of God watch over you as it continues to pursue change in you.

We love you, God loves you so much more.

## 16th Annual Jim Economos Memorial Golf Outing

The 16th Annual Jim Economos Memorial Golf Outing will feature a 9:00 a.m. shotgun start on Friday, June 21 at the Riverview Golf Course in Newton Falls. It will be a great day of fellowship, good food, plenty of fun, and most importantly, helping Trumbull Mobile Meals continue their mission of providing home-delivered meals to seniors and those homebound individuals. We are very excited about our golf event and hope that you will

help by putting a team together and joining us for the day. All golfers will receive breakfast, lunch, and a Saratoga Restaurant steak dinner!

If you are unable to golf but would still like to help, the TMM Golf Committee would appreciate your support in any way possible. There are several sponsorship opportunities available. Contact TMM at [tmmcommunications@trumbullmobilemeals.com](mailto:tmmcommunications@trumbullmobilemeals.com)

## Church News & Notes

**Wildare Church** has two age groups for your children: Sundays @ 12:30 (ages 10-14) & 2:30 (ages 15-18). We offer Jr Church every Sunday at our 11:00 service.


**Cortland Church of the Nazarene** The 60th year anniversary for the Cortland Church of the Nazarene is shaping up to be an exciting time, with a chicken BBQ on the grounds July 20 and former pastors, special music and a catered dinner July 21. Here is another bit of our history: May 28, 1964 an agreement was signed with Vivian and Wilhemien Viets to

purchase 5.94 acres of land on E Main St for the sum of \$4,659. A warranty deed transferring the land to Cortland Church of the Nazarene was issued July 16, 1964. The groundbreaking ceremony was held July 19, 1964 by Pastor Clinton Spencer, Don Bliss, Ralph Lambright, Earl Bowen, Fred Core, Carl McDewitt and Jim Spencer. We have lost touch with these gentlemen, but if any of the readers has contact, please let them know that we would love to include them in the anniversary celebration. More information in the next issue. Contact Gloria through text 570-567-4193

**Trinity Lutheran** - Katharina's Closet: Thank you to all who have been donating to help improve our communities by helping woman and young families. We are looking forward to being able to begin distribution soon to those in need. Donation drop off day is the first Monday of every month from 4:30 pm-6:30 pm. If you are unable to drop off donations during that time or have other question please call Pastor Wacker at 330-647-6402. Please do not leave donations on the narthex porch or by the parking lot entrance. We will have to dispose of such donations. Thank you for serving with us.

Spring Cook-out Potluck and Hymn Sing: We invite you to join us on Saturday May 18th, 2024 at 5:30 pm-8 pm. Hot dogs, buns, and condiments will be provided. Come join us for a free evening meal and sing hymn to God. We look forward to seeing you there.

Bible Studies: Our congregation wants to invite you to join us in diving into God's Word. We have Bible Study on Sundays at 9 am (other than the 2nd Sunday). We also have midweek Bible Study on Wednesdays at 6:30 pm. We look forward to exploring God's Word together.



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 Email: [wildarehl@gmail.com](mailto:wildarehl@gmail.com)  
 Sunday Services: 9:00am & 11:00am  
 Men's Bible Study, Womens Bible Study  
 Tuesdays at 8:00 am.



**Cortland Christian Church**  
 153 Grove Drive  
 Cortland, OH 44410  
 330-637-4611  
 Sunday Worship 10am



**CALVARY Bible Church**  
 Focusing Upward - Reaching Outward - Ministering Inward  
 SUNDAY MORNING WORSHIP @9:30AM  
 SUNDAY SCHOOL @11AM  
 WEDNESDAY NIGHT @6:30PM  
 Adult Bible Study & Prayer  
 AWANA Kids ages 3-8th grade/ September-April  
 4747 Warren Rd NE (Rt.5) Cortland, OH 44410  
 PH#330-638-3710 [www.mycalvarybiblechurch.org](http://www.mycalvarybiblechurch.org)

## Cortland Christian Church Displays New Logo

Having become an independent, non-denominational church, Cortland Christian Church adopted their new constitution last September, and they have now mounted a new logo on their building on 153 Grove Drive.



Founded in 1828, Cortland Christian has a rich history stemming from the Stone-Campbell religious movement in the Connecticut Western Reserve of Ohio, during the early 1800's. In the memorable year of 1828, several churches sprung up in Warren, Newton Falls, Hubbard, Howland, Southington, and Cortland.

The Cortland congregation originally had no church building so they held their meetings in Samuel Bacon's barn. In 1837, the congregation built a small frame building on Main Street. In 1850, Samuel and Enos Bacon gave the church the land where their current building stands. And in 1853, the existing sanctuary building was built. In 1868, the railroad came, and

with it came Orrin Gates, who stayed to become the minister of the church. He was instrumental in renaming the town Cortland. In 1874, the church steeple was erected containing the bell.

So many changes have occurred over the years, including the education building built in 1962. The carillon was installed in 1974, and the fellowship hall, kitchen, and narthex was added in 2002.

At Cortland Christian, the Sunday worship service is at 10 AM. They are focused on Jesus Christ and His Word, the Bible. They observe Holy Communion weekly, inviting all believers to partake. In 2028, they will celebrate their 200th anniversary.

## New Activities At Cortland Lions Club Street Fair June 20-21-22

By Ralph McCord

Our Cortland Lions Club Street Fair Committee has lined up some exciting new activities for this year's Street Fair. Our Street Fair Committee has added the following:

Pizza Eating Contest will be held on Friday evening and limited to the first 10 entrants. Pizza will be provided by Cortland Pizza Joe's. Call Constance for entry information or further details-216-403-0633.

The Animal Welfare League will be on hand on Saturday from 1pm to 5 pm with pets available for adoption. They will be located on the empty lot west of Daybreak Music. Come and adopt a new furry member for your family.

We will have two Beauty Pageants-one being Little Miss Cortland and also Jr Miss Cortland. Please call Dawna for entry information or further details-330-219-9852.

We will be having a Pie Baking Contest with three well known Cortland residents as Judges. Please call Constance for entry information or further details 330-216-403-0633.

We will be having a 5K Run on Saturday Morning-the day of our Street

Fair Parade. See the accompanying article in this issue.

The Ohio Department of Natural Resources, from Mosquito Lake, will have a Naturalist present with local live birds and animals. The Naturalist will provide information about the birds and animals they have brought.

The Cortland Lions Club will have a new, reasonably priced game on the Midway.

We will be having a Farmer's Market on Saturday only- from 9am until 2 pm in the new City lot on W Main Street (old bank parking lot downtown - this is the same lot where the Christmas Tree Lighting takes place.) For further information or to participate please email- homewiththearpers@gmail.com

## Parade Sponsorship Details

If you would like to become a Sponsor of the Cortland Street Fair Parade, here are details. Cost: \$50.00 per vehicle to become a Parade Sponsor. Sponsorship Includes: "Parade Sponsor" sign to display on window Positioned towards the front of the parade Name on the banner to lead the parade Recognition on social media as a Parade Sponsor Recognition by Parade Emcee Recognition in Cortland News Make checks payable to: Lions Club Street Fair Please send checks and entry form to: Cortland Lions Street Fair c/o Daynelle Sanner P.O. Box 564 Cortland, Ohio 4441

## Trinity's Katharina's Closet Receives Generous Donations

Trinity Evangelical Lutheran Church received two very generous donations from a local woman's organization, the Akron-Youngstown zone of the Lutheran Woman's Missionary League (LWML); and from Saints Peter and

Paul Lutheran Church in Sharon PA. They donated diapers, wipes, and baby clothes to help fill the closet and prepare for the future opening of the closet to those in need.



## May Is Free Microchip Month At Tails Of Hope

By Soraya Hejazi

Chip Your Pet Month is celebrated in May annually. This holiday, officially recognized by the American Kennel Club (AKC), serves as an important reminder to have your pets microchipped to improve the chance of being reunited if your pet should become lost or stolen. This May, Tails of Hope has partnered with 24 PetWatch for the second year to provide free microchips for pets.



**What is a Microchip?** A microchip is about the size of a grain of rice and contains a unique number used to identify animals when scanned by a shelter or vet. The microchip is inserted under the pet's skin in a quick and simple procedure performed by a veterinary clinic. Microchips contain tiny computer chips that hold information, such as the guardian's name, address, and phone number.

**Why Microchip?** A microchip is the only permanent, reliable form of ID for a lost or stolen pet. While a microchip does not replace a tag or collar, it is a permanent form of ID that cannot be separated from your pet.

**Free Microchip Month at Tails of Hope.** Sponsored by 24 PetWatch, free Microchips will be offered by

appointment only during the month of May:

- during regular spay/neuter surgery appointments for cats & dogs (Microchip is free/no additional charge)
- during regular vaccine/booster appointments for dogs (Microchip is free with \$10 tech fee for standalone service)
- during an appointment on a special Microchip Clinic for dogs on Tuesday, May 28 (Microchip is free with \$10 tech fee for standalone service)

Tails of Hope also offers discounted microchips all year round by appointment only. Visit <https://www.24petwatch.com> for more details. In honor of National Chip Your Pet Month in May, don't delay-make an appointment today! Contact Tails of Hope at 724-346-4673 to schedule your free microchip sponsored by 24 PetWatch.

*Tails of Hope*  
INC. WPA





**PRINCE OF PEACE LUTHERAN CHURCH**

**Sunday Service 9:30 am**

Prince of Peace Lutheran Church - Cortland OH  
490 North High St.  
Reverend David Vensel, Presiding



**Cortland United Methodist Church**

155 N High St  
Cortland OH 44410  
330-637-2571  
CortlandUMC1880@gmail.com

Rev. Jonathan Williams, Pastor  
**Service 10:00 am Sunday**



**EVERYONE WELCOME**

**CHURCH OF THE NAZARENE**

Pastor Chuck Hargenrader

9:30 am Sunday Adult Connection Group. (Bible Study)  
10:45 am Traditional Worship  
10:30 am Wednesday Faith Lesson & Soup

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Rev. Robert Wacker, Pastor  
Sunday Service - 10:15am

Pastor Cell: (330) 647-6402  
Pastor Email: [pastortrinitywarren@gmail.com](mailto:pastortrinitywarren@gmail.com)  
(330) 372-1897  
trinitylutheranwarren@gmail.com  
2742 North Rd NE Warren, OH 44483  
[www.trinitylutheranwarren.org](http://www.trinitylutheranwarren.org)

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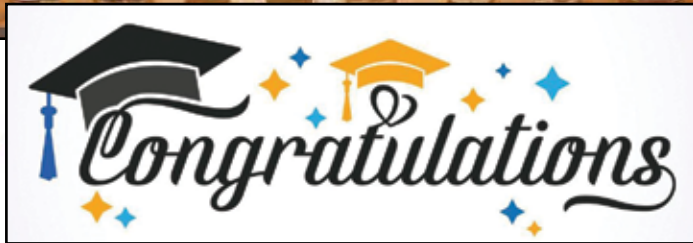
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# Lakeview School News

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## Lakeview High School Class of 2024



### Class of 2024 Spotlight Bulldog

By Michael DeToro

*This tri-weekly installment will spotlight an outstanding graduating senior at Lakeview High School. Each showcased student will be someone who represents their family, Lakeview Schools, and most importantly, our Bazetta/Cortland community with integrity, commitment, and loyalty.*

This issue's Spotlight Bulldog is Ethan Probst. Ethan is the son of Carrie and Shane Probst. Ethan has proudly been a Lakeview Bulldog for his entire educational journey. A natural-born leader, Ethan is the president of the Class of 2024 and he is a valedictorian candidate this spring. Ethan takes a mixture of high school courses and courses through Youngstown State University and Eastern Gateway Community College. On the athletics side of things, Ethan is a varsity letter winner on the boys golf team. Wanting to pursue a career in engineering, Ethan is traveling to State College, PA to attend Penn State University next fall to study Mechanical Engineering. Ethan has accepted the Naval Reserve Officer Training Corps Scholarship and will proudly be a member of the Penn State NROTC. Ethan will head to Great Lakes, IL this summer outside of Chicago to do recruit training/boot camp.

Get to know Ethan better with a quick 60-second rapid-fire interview.

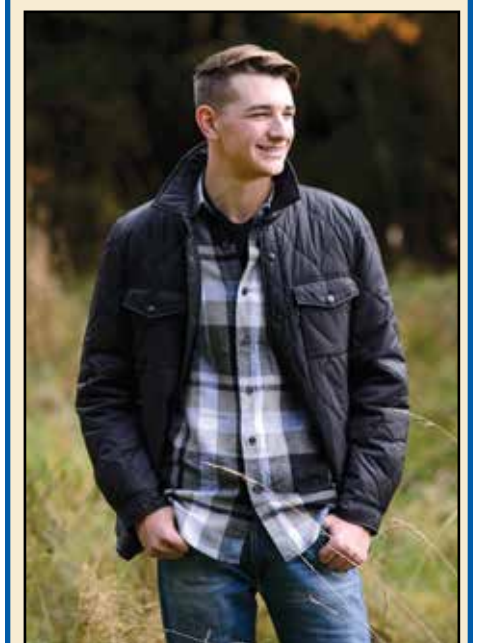
1.) What is something that you do exceptionally well? - Stay organized which can lead to a good work ethic at the same time. Having everything in order can help you push yourself to focus on doing well.

2.) What is your favorite part of the Lakeview Local School District? - The sense of community. Our class specifically is very close to one another. We are always looking out for each other.

3.) Where is your favorite place to eat in Bazetta/Cortland? - Brothers! For sure.

4.) Where is your favorite place to hang out in Bazetta/Cortland? - The Links golf course

5.) You might catch me ... - Fishing, hiking, hunting, golfing



### From the Desk of the Superintendent

By Velina J. Taylor

The month of May is arguably the busiest time in our schools. We mark so many milestones and celebrations with concerts, senior nights, athletic play-offs, art shows, field trips, field days, dances, final exams, and graduation.

Hopefully, everyone who plays any part in this whirlwind of activity will find some time to reflect and to

appreciate the many experiences and opportunities this school year has brought to all of us. Our community has shown great resilience while facing challenges and has pulled together to support those in need.

As we round the corner to the end of the 2023-2024 school year, and we look forward to summer, take a

moment to count your blessings. This is a fine community that's home to so many caring individuals who are fully committed to raising great children who will make our world a better place. In the schools, we are privileged to see evidence of that every day.

*Together—we are Lakeview.*

### Superintendent Taylor Retiring

By Beth Harris

In 2019, Jo Taylor stepped into the role of superintendent for the Lakeview School District, making history as their first female superintendent. Her unwavering commitment to strong core values has been evident throughout her tenure. Jo consistently prioritizes the



best interests of students and actively seeks opportunities to enhance their educational experiences.

During the challenging times of the COVID-19 pandemic, Jo demonstrated exceptional leadership. Collaborating closely with staff and healthcare officials, she ensured that Lakeview's educational standards remained high despite the numerous difficulties that were faced. Extending beyond crisis management, together with district and community leaders, Jo spearheaded a significant update to the districtwide Strategic Plan to address numerous needs. As part of that effort and in response to the necessity for improved district communication, Jo championed the implementation of a completely redesigned website and streamlined communication methods which allowed for simpler and more direct electronic messaging. During Jo's tenure, test scores have also notably improved, resulting in a 5-star rating on the state report card. She fully attributes

this improvement to the dedicated staff. Over Jo's long career dedicated to public education, she evolved as a teacher and influential educator, taking on more responsibility at each step and touching the lives of more and more people, whether staff, families, students or community members. She has brought passion and commitment to the students, staff, and community.

It is difficult to find words to adequately express how much Jo has impacted the Lakeview District. She is talented, articulate and an inspirational role model, always showing grace and providing recognition and support to everyone around her. She has taught us to adapt and pivot in the continuously changing environment of public education. Her strong work ethic, high standards, lifelong learning mindset, and excellent communication skills make her a model leader.

Thank you so very much, Jo, for your years of dedicated service to our school district. Enjoy your retirement!

## Lakeview PTO Seeking Business Sponsors

The Lakeview Parent Teacher Organization (PTO) invites you to please join our local business sponsors for the 2024-2025 academic year. Lakeview PTO is a registered 501(c) (3) that is 100% volunteer-run with the mission:

-To improve the environment at our school by providing volunteer and financial support.

-To enhance the educational experience by supporting academic and enrichment activities.

-To develop closer connections between school and home by encouraging parental / guardian involvement.

We serve 100+ teachers and 800+ students in the Elementary and Middle School Building. Our goal this year is to raise \$5,000 through individual donations and local business sponsorships.

The sponsorship will support our expanded enrichment programs that would bring experts and new experiences directly to our students in the areas of science, history, physical education, health, and safety. We also run a literacy program with the implementation of the book vending machine last year to promote positive reading relationships and access to child-owned books. These two highly beneficial programs lead us to reach out to business leaders.

In addition, your funds would allow us to sustain our ongoing efforts in providing supplemental materials and supplies to our teachers and staff, hosts multiple book fairs, plans fun days, holiday parties, and field days, teacher/staff appreciation events, and covers the cost of off-site programs for enrichment and field trips for our students.

Sponsorship partners will have an opportunity to promote your company to our teachers, staff, students, and the families of Lakeview Elementary/ Middle School. We understand the impact of the economy and other factors that your business faces, and we hope you will consider supporting at one of these levels for the 2024-2025 school year:

Bronze Level - \$250 - Business name posted on the PTO website and Facebook page.

## 38th Annual



The Trumbull County Fair is happening this summer and so is the 38th Annual Spelling Bee sponsored by the Trumbull Retired Teachers' Association. The Bee will be held on Thursday, July 11th, at 1 p.m. on the Historical Stage of the fairgrounds for students who have completed grades 1 through 6. Pre-registered spellers will receive free admission (rides not included). Please check in at the window at Gate C. Pre-registration begins on June 1st and runs through July 1st. Call Garry at 216-262-3194 to pre-register. Registration will also take place on the day of the Bee from noon to 12:45 p.m. on the historical stage.



### The Lakeview High School Varsity Softball team participated in the Strike Out Cancer Tournament

Front row- Abby Waldo, Ava Bacon, Makenna Werner, Kennedy Bartlett, Isabella Isenberg  
Back row- Linnea Kovac, Talor Ash, Carley Brainard, Ella Collins, Paige Schwartz, Annaliese DeJulio, Hallie Capan, Kalyssa Werner, Mackenzie Stowe, Izzy Haines

## Mother's Day Tea



What a better way to honor our Mom's but with a MOTHERS DAY TEA! The children at the Cortland Playroom recently celebrated with their moms with special flowers, crafts and of course desserts and tea!

## 2024-2025 Kindergarten Registration Now Open

ATTENTION LAKEVIEW LOCAL PARENTS: The 2024-2025 Kindergarten Registration is now open. Students must be 5 years of age by August 1,

2024 to enroll. The registration process is completed online. More information can be found on the Lakeview website. [www.lakeviewlocal.org](http://www.lakeviewlocal.org).



## ADOPT A PET

DAISY & MINNIE

CLARENCE



- Neutered male
- Approximately 2-3 years old
- Large Pit Bull Terrier
- Adoption fee: \$75
- Clarence is currently in foster care but is more than ready for his forever home! He is house-trained, crate-trained, and gets along well with dogs (all ages and sizes), cats, and children. He loves fenced-in yards, cuddling, and chew bones. He's a little worried about thunderstorms, but nothing a little love and reassurance can't fix over time.

- Bonded pair (inseparable they will go to their forever home together)
- Spayed females
- Daisy: 1 year old
- Minnie: 6 months old
- Adoption fee: \$75 (includes both Daisy & Minnie!)
- Daisy and her kitten, Minnie, are incredibly sweet. They don't mind cats or dogs, and they love to play and cuddle. We hope there's a special someone out there who'd be willing to open their hearts and home to this mother-daughter duo!

If you're interested in any of these animals or you'd like to learn more about the animals available for adoption through the Healthy Hearts & Paws Project, visit <https://healthyheartsproject.org/> or send a message through the Facebook page.



If you're interested in Daisy & Minnie, or you'd like to learn more about the animals available for adoption through Animal Pawtectors, visit <https://www.animalpawtectors.org/>.

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## Spring In Cortland

By Robert Adkins

### Cortland Bird Lovers

Good news for Cortland residents who have sparrow and wren bird boxes. I noticed this 2024 spring my birds were having trouble getting in their respective nest boxes. My wren boxes have small holes and sparrows' larger holes. The birds were flying around this spring and not getting into nest. I Googled and found that they could be full of old nest sticks. Sure enough I found both nests were full and I used sticks to empty the nests, not touching them with my hands.

I noticed now that the sparrows and wrens were checking out the cleaned boxes. I learned also, if the boxes are too full, that predators can get to the chicks.

### The Walleye and Crappy are Biting

Those of you who live by the Most Perfect Dam, it is spring again! The fish are biting. How do I know? As one who fished this lake for many years, I will share a few secrets. When the Lilacs are blooming in May, look for them beside the road in Cortland. Furthermore, when the Mosquito Lake water

temperature is around 62 degrees, you gotta go fishing!! Use a jig head with a piece of worm in 14 feet of water near the old creek bed and go up and down, "jig" off the bottom. If you are after Blue Gill, I have a secret recipe for Blue Gill Chowder. If you contact me, I can give you the recipe.

### Cortland Spring Garden Lovers

Plant your onions sets early. I always think of my dad a gardener who died at 90 years old. I always had to help him plant his onions. I planted some "Upside down" and he fired me! Buy some good fertilizer dirt. Buy some 2-gallon pots, sit on the back porch, then get busy. Plant some lettuce seed or plants and watch them grow. Watch out for frost in the weather report. Of course everything is more expensive now due to inflation, but you will have plenty to eat. Do not forget the tomato plants!

Well, that is all I got now for Spring 24, say Happy eighty second birthday year to Bob as he leans back in his favorite easy chair.

## 5th Annual Citywide Garage Sale

The 5th Annual Citywide Garage Sale is scheduled for June 6 - 8. Registration includes address on our sale list, advertisement in Tribune and on our interactive map.

If you live in Cortland you are required to have a permit which you will have to obtain yourself. We are no longer permitted to get your permit for you. Keep in mind that City Ordinance prohibits more than 3 days per sale.

Registration will begin May 1 and end May 31. For more information email



Cortlandohgaragesale@gmail.com or check the facebook page [www.facebook.com/groups/44410garagesale/](https://www.facebook.com/groups/44410garagesale/)

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**Eric Vitelli**  
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8015 East Market St.  
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## Veterans and Medicare Insurance

Most Veterans are covered under one of two insurance programs, Veterans Administration or Tricare. The Veterans Administration (VA) program is available to most who served in the active military, naval or air services and did not receive a dishonorable discharge. If you enlisted after September 7, 1980, and your active-duty service began after October 16, 1981, you must have served 24 continuous months to be eligible however, there are some exceptions. If your service was through the Reserves or National Guard, you must have been called to active duty by a federal order and served the full period for which you were called. Service that started prior to September 7, 1980, does not follow the same restrictions. Individuals can contact their local VA for more information and to see if they qualify for benefits. TRICARE is health insurance for current service members and their families, survivors, former spouses and Medal of Honor recipients along with their families. TRICARE For Life is the insurance program for retired military personnel who are eligible for Medicare Insurance.

There are some distinct differences between VA coverage and TRICARE For Life. It is important to understand these differences to receive all the benefits that you are entitled to and find the best coverage for each specific situation.

According to the VA website, those with VA coverage are encouraged to sign up for Medicare Insurance. If care or prescriptions are needed outside of the VA system, you will be able to go to other providers and facilities to receive the care you need. Part A of Medicare Insurance (hospital insurance) is provided premium-free to those who qualify. With Part B of Medicare Insurance (medical services), if you delay signing up you may pay a penalty when you do sign up as VA coverage is not considered credible coverage to avoid the late enrollment penalty for Part B of Medicare. In addition, funding for services is provided by Congress and funding for future years is uncertain.

The VA has priority groups, if you are in one of the lower groups you could lose your VA benefits in the future. For more specific information visit the VA website at: <https://www.va.gov/health-care/about-va-health-benefits/>.

The VA and Medicare Insurance are two separate entities. With a few exceptions, care is either provided at VA facilities and by VA providers or from Medicare approved providers and facilities. If services are provided by the VA, they fall under VA Insurance. If services are provided outside the VA system, they are not covered unless Medicare or some other type of insurance is in place. There are several Medicare Insurance approved Advantage Part C plans available at little or no cost to cover the gaps in Medicare Insurance when services are provided outside the VA system. This provides individuals the ability and peace of mind to see the doctors they prefer, and fill prescriptions locally or seek outside care when specific services are not covered under the VA system. Contact a local insurance agent familiar with Medicare and VA to review options or get answers to questions.

With TRICARE For Life (TFL), those who qualify for the premium-free Medicare Part A are required to sign up for Part B of Medicare Insurance when they are eligible to continue their TRICARE For Life coverage. TFL insurance works in combination with Medicare insurance. Recipients can go to any Medicare approved facility or provider to receive care. Medicare is billed as the primary insurance and the portion that is not paid by Medicare is then sent to TFL. There is no premium paid to TFL, but recipients must continue to pay the Medicare Part B premium to continue to receive TFL coverage.

Jill Freeman is a licensed insurance agent with Wiley Insurance Services, located at 3470 Warren Meadville Rd, Cortland. She can be reached at 234-244-4014 or [JFreeman.WileyInsurance@gmail.com](mailto:JFreeman.WileyInsurance@gmail.com)

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# THE WISE INVESTORS

By  
Guidelight Financial Group



## Strategies to Protect Your Goals from Consistent Inflation

If you're like most investors, you've noticed the impact of higher inflation in recent years - whether at the gas pump or the grocery store. American investors are experiencing the effects of prolonged inflation for the first time since the early 1980s. As a result, many are concerned about how inflation levels will impact their ability to reach their long-term financial goals. While it may not be possible to avoid the effects of inflation altogether, there are several strategies investors can utilize to mitigate the impact of inflation on their financial plan. Here are three investment considerations that may help address inflation concerns and better prepare your goals for long-term success.

**1 - Keep your money invested -** When the inflation rate soared in 2022, stock and bond markets declined. Some investors responded by pulling money out of the market. This can be counterproductive as investors too often miss much of a market's recovery gain before they put their money back to work. For example, the U.S. stock market (as measured by the Standard & Poor's 500 stock index, an unmanaged index of stocks often used as a benchmark of market performance), declined 25% between January and October 2022. But by the end of 2023, the S&P 500 regained nearly all of the ground lost in the bear market.<sup>1</sup> It is normal for markets to go through ups and downs. Investors that stay the course and keep their money invested commonly see their investments make up gains that were lost in a sudden downturn. While it may be tempting to remove yourself from the market during volatile periods, it could be helpful to stay invested at a level that reflects your risk tolerance.

**2 - If time is on your side, take advantage of stocks -** Over time, stocks have historically outpaced inflation, an important consideration as you try to build wealth to achieve your ultimate financial goals with more confidence. This doesn't mean that year-in, year-out, stocks will keep you ahead of inflation. 2022 is a good example of a year when stocks declined as inflation rose. But if you have time to let your money work for you, stocks have historically outpaced the rise in living costs. According to data collected since 1871, stocks have grown faster than inflation for holding periods of 20 years or more. Investors who can ride the highs and lows of markets are often better suited to keep up, if not pass, the rate of inflation.

**3 - For short-term money, seek higher yields -** You may have money set aside for short-term needs, such as your emergency fund or to cover upcoming expenses. In these times of elevated inflation, you'll want to find ways to earn more competitive yields on your short-term savings. Search out options such as money market funds, CDs, short-term U.S. Treasury securities and other savings vehicles that offer yields that may keep pace with inflation. Utilizing these tools may allow you to stay more liquid with your investments while hedging against the impacts of inflation.

Whether an economic cycle brings conventional or elevated inflation it should be considered as a factor of your long-term financial plan. A financial advisor can help develop a comprehensive strategy that addresses the inflation environment today and over the long term.

## Heart-Healthy Exercises

Adults should get at least two and a half hours of moderately intense aerobic exercise each week. The U.S. Centers for Disease Control and Prevention also recommends this activity take place in 10-minute intervals, or more. Focus on these specific areas to improve your heart health:

**AEROBIC EXERCISES -** Cardio helps lower blood pressure, controls blood sugar and improves circulation. Moderate-intensity exercises include brisk walking, biking on a level terrain, gardening, leisurely swimming, and dancing. For those who often find themselves overscheduled, opt for a shorter but more vigorous routine. This would include jogging, swimming laps, biking over 10 miles per hour, hiking uphill and playing soccer. The general guidelines state that one minute of these types of vigorous activities equals roughly two minutes of moderate-intensity exercise. Just be sure to check with your doctor or personal health care professional before you get started.

**STRENGTH TRAINING -** This doesn't have to mean heaving huge barbells. Lower-intensity resistance training can help lower bad cholesterol levels while reducing your risk of having a stroke or heart attack. These

routines include pushups, squats and sit-ups, as well as lifting weights. The CDC recommends some sort of strength or resistance training at least twice a week. Besides toning muscles, these exercises also strengthen our bones and connective tissues, lower our risk of injury, and improve the general quality of our lives. Just be sure to work all of the major muscle groups, not just your arms. That includes shoulders, chest, legs, hips, back and abs. Repetitions should be in sets of 8-12.

**FLEXIBILITY ROUTINES -** Stretching can improve your balance and flexibility, while reducing the chances of cramps, muscle pain and joint aches. The most popular flexibility-improving exercises include yoga, Pilates and tai chi. Many enroll in official classes or invest in online programs, but it's not required. A few timely stretching exercises in your own living room every other morning can yield huge results. Stretch 3-5 times in a variety of poses during every session, going slowly until you can go no further without pain. Breathe normally during these stretches. Your motion should be smooth instead of jerky, in order to avoid injury. Hold the stretches for about 30 seconds each time.

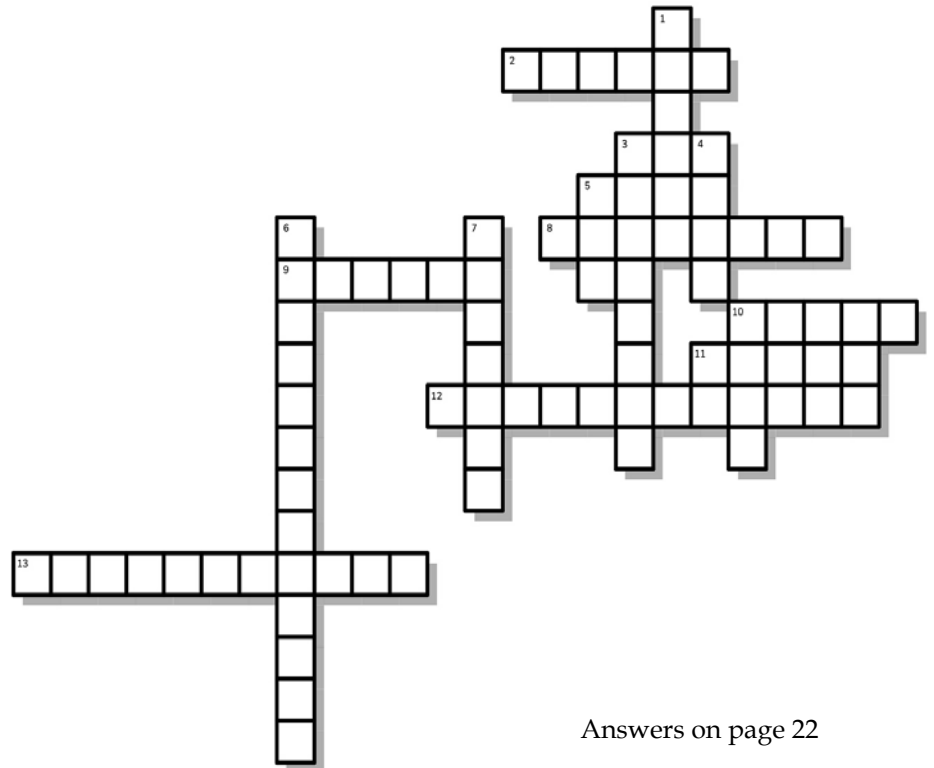
## Graduation Crossword

Across

- 2. Ornamental cord or rope attached to a cap
- 8. Saying goodbye to school and classmates
- 9. Graduates from a school
- 10. Feeling upon receiving diploma
- 11. Highest academic achievement
- 12. Formal graduation ceremony
- 13. Another name for graduation cap

Down

- 1. Academic title earned at graduation
- 3. Formal event for graduating
- 4. Traditional attire for graduates
- 5. Headwear with a tassel
- 6. Top student speaker at ceremony
- 7. Official proof of completion
- 10. Ceremony and celebration



Answers on page 22

*The glory of gardening:  
hands in the dirt, head in the sun, heart with nature.  
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## JoMaries Wins At Regional Competitions



The Graduating Seniors are Malena C, Clover W, Layla A.

Jo Marie's School of Dance & Gymnastics Center Competition team had a phenomenal season at their 3 Regional Competitions. The whole competition team worked hard, and put a lot of time and dedication in. They persevered through some tough things and in the end, it paid off.

The team scored very well, with earning top scores, several 1st places, and 1st place overall. We are so very proud of the whole team. A few members from the competition team, are our Seniors that have grown up at the studio, Malena Crosby, Clover Wagner, and Layla Al-Akash. We are so proud of all their accomplishments and wish them the best on their future endeavors. We wish all the competition team the best of luck at Nationals in July!



Front: Caylynn B, Riley N, Hazel M, Ryleigh W, Faith M; Back Row: Shelby G, Lilly K, Aeron K (Studio Owner), Sadie W, Hannah H (head dance teacher), Kenley Kitzmiller, Brooke H, Olivia W, Jessica B (studio manager)

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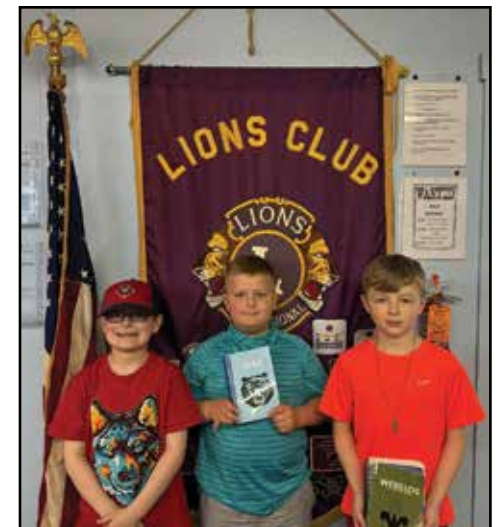
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## Cortland's Cub Scout Pack 4050 Scouts Make Advancement This May

The six scouts of Pack 4050 have worked hard this year at completing their ranks. We have a scout completing each of the ranks. One Lion, one Wolf, one Bear, one Webelos, and one Arrow of Light. Scouting teaches the youth about nature, society, and to be leaders. Skills that will aid them throughout their lives.

Scouting can be a great gift to all youth. At the end of May our Pack and Troop 4050 are holding a spring



recruitment event and end of school year/beginning of summer celebration. We invite all youth in grades K-12 to join us on May 28th, 2024 at Pavilion B near imagination station at 6:30 pm to learn more about scouting.

Any Questions about Cub Scout Pack 4050 please contact Cub Master Robert Wacker at 708-203-5443. Any Questions about Scout Troop 4050 please Contact Scout master Steve Kurtz at 330-891-7401.

## Facts about Memorial Day

American flags are flown at half-staff until noon on Memorial Day and then raised to full-staff for the rest of the day as a symbol of the nation's resilience and determination.

The National Moment of Remembrance was established by Congress in 2000 as a way to encourage Americans to pause for one minute at 3 p.m. on Memorial Day to remember and honor the sacrifices of those who died in service to the country.

The red poppy has become a symbol of Memorial Day. This tradition dates back to World War I when a poem called "In Flanders Fields" described red poppies growing on the graves of fallen soldiers.

Arlington National Cemetery in Virginia is one of the most famous military cemeteries in the United States. It was established during the Civil War, and today it is the final resting place for more than 400,000 military veterans and their families.

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## Love Life Art Scholarship in Memory of Jarrett Hutton

By Daynelle Sanner

The Love Life Foundation is a nonprofit organization established in 2016 in memory of Jarrett Hutton, an aspiring, inspirational artist taken too soon. The Love Life Foundation builds upon Jarrett's mantra LOVE LIFE. Our mission is to encourage expression through the arts, provide community outreach programs for elevating art awareness, advance art education and promote the advancement of aspiring, young artists by raising and distributing funds for select scholarship programs. The Love Life Foundation will continue Jarrett's efforts of encouraging creativity, fostering innovation, inspiring the potential within and cultivating programs that are based around positivity, ingenuity, faith and the love for life.

Each year the Love Life Foundation partners with the Trumbull County Education Service Center (TCESC) for their annual art show. Students from all over Trumbull County submit artwork where it is displayed at the Medici Museum of Art and a ceremony is held. Applicants applying for the scholarship are required to submit artwork along with an essay for review. This year's recipient was Aubrey Panigall, from Hubbard High School. Aubrey not only has a gift of talent and creativity, but also embraced "loving life" through her inspiration to others and kindness she shows in the community and beyond. It was a great honor to present this scholarship in Jarrett's memory to a very deserving artist. We wish Aubrey all the best in her future endeavors.



Christopher Sanner, Daynelle Hutton-Sanner, Aubrey Panigall, Theresa Hutton, Rick Hutton.

## Street Fair 5k & 10k Race

By Daynelle Sanner

The Love Life Foundation, in memory of Jarrett Hutton, has joined the Cortland Street Fair festivities and added the Running Canvas 5K & 10K walk/run event on Saturday, June 22, 2024. Proceeds from the event will benefit the Animal Pawtectors.

**Why Animal Pawtectors?** Our vision through the Love Life Foundation is to continue Jarrett's efforts of encouraging creativity, fostering innovation, inspiring the potential within and cultivating programs that are based around positivity, ingenuity, faith and his love for life. Jarrett had many passions and he loved helping others. Our mission is not only to provide opportunities through art initiatives and scholarship programs but to also provide support to community programs that he was passionate about -Animal Pawtectors was certainly one of them.

"Saving one dog will not change the world, but surely for that one dog the world will change forever." He used this quote by Karen Davidson often in his photography and paintings. Jarrett loved animals and he had a great relationship with Animal Pawtectors Founder & President, Diane King and Vice President, Sarah Ulam.



Animal Pawtectors was established in 2014. They provide low-cost spay and neuter services to the overpopulation of cats and dogs in our community. They are also dedicated to helping many animals by placing them in foster homes, providing veterinary care, rehabilitation services, spaying and neutering and finding them permanent loving homes.

Let's help to support this organization for all the good they do in the community and beyond. Register for the race today at runsignup.com. For more information on Animal Pawtectors, please visit their website at animalpawtectors.org.

## Travel Club's Summer Day Trips

Returning from the Texas Vacation, the Trumbull County Travel Club will begin their day outings with a jaunt to Dublin, Ohio. Stopping first at the only

Whistle Factory in the United States, members will tour the factory still thriving in a small manufacturing plant.

*Continued on page 22*



Charlie Walker, Rosemary Walker, Jim Schwartz, Carolyn Schwartz, Dave Christlieb, Nancy Christlieb

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## Pawsitivity - Claws and Consequences: The Truth About Declawing.

Hello Cortland & Bazetta! This article is for those of you with a feline friend. For cat owners, you may know the familiar sound of your cat sharpening his claws on the couch (right next to the scratching post you bought him), and may be considering "declawing" your cat. You might think it's a quick fix for scratching problems, but declawing can have lasting physical and behavioral problems.

Declawing is a surgical procedure where all of the claws are permanently removed on the front and/or back paws. This is done by a veterinarian; however, most quality, experienced veterinarians will not perform declaw surgery because we now understand how this procedure affects cats. Declawing is like chopping off the tip of your finger at the last joint. Ouch! This procedure is extremely painful for a cat and can result in physical issues like infection, tissue death, nerve damage, lameness, arthritis, and back pain.

Cats use their claws for more than just scratching furniture. They need them for balance, climbing, and self-defense. Taking away their claws leaves them feeling pretty vulnerable. Declawing messes with a cat's behavior because without their claws, cats become stressed, unhappy, and start acting up. This can manifest in litterbox

aversion issues and some declawed cats will even begin lashing out by biting since they don't have their claws to help them draw boundaries with people and other pets.

So, instead of declawing, are there better options out there that can help protect our furniture from cat claws? YES! Believe it or not, you can train your cat to scratch on scratching posts/boxes - there are plenty of articles and videos available online about how to do this.

You can also trim your cat's claws (don't hit the vein in the claw) at home with a pair of pet nail clippers. Many non-veterinarian locations, such as New Lease on Life in Struthers, offer these services at a reasonable price, and even offer to apply nail caps which fit over the nail and prevent scratching for up to 6 weeks. Your cat will thank you for these alternatives to declawing!

Bottom line: declawing cats isn't a humane solution. Over 40 countries have made declawing cats illegal, and hopefully the U.S. will be soon to follow. Declawing cats is painful and can cause alarming changes to their behavior. There are much better alternatives that will keep our kitties happy and healthy, claws and all!

Email questions, feedback, or suggestions for future topics to Hello.Pawsitivity@gmail.com.



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 #10393 \$21,309 or \$376/78mo. 2022 GMC Terrain SLE	 #10457 \$24,988 or \$415/72mo. 2018 Jeep Wrangler	 #10130 \$15,358 or \$325/48mo. 2016 Ford Escape SE	 #10394 \$25,180 or \$376/78mo. 2021 Ford Bronco Sport	 #10452 \$25,500 or \$376/78mo. 2019 INFINITI Q50 3.0t LUXE	 #10340 \$25,575 or \$415/78mo. 2019 Subaru WRX	

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## TCTC Students Create And Launch Campaign To Reduce Reckless And Distracted Teen Driving

By Morgan Cretella

Almost 4,000 teens lose their lives in crashes each year, and 75% of fatal teen car crashes do not involve drugs or alcohol according to Impact Teen Drivers (ITD). Most of these crashes are caused by reckless and distracted driving and are 100% preventable. The Trumbull Career & Technical Center's Interactive Multimedia students are committed to fighting this preventable health epidemic by creating and launching a social media campaign to address the problem of reckless and distracted driving.

The Create Real Impact contest is hosted by ITD, a national nonprofit organization whose vision is to change the driving culture to one that is distraction-free. ITD works with champions of all ages and backgrounds—from students and teachers to health professionals and first responders—to develop and deliver evidence-based tools and programming to empower good decision-making in the car.

Interactive Multimedia students entered the Impact Teen Drivers' Create Real Impact contest to help educate peers about the number one killer of teens in America: car crashes. Students in the program are responsible for creating empowerment strategies and solutions that address reckless and distracted driving. This competition encourages students to collaborate with the local community to use their agency or department's official social media accounts to share the importance of safe driving choices.

To help the students reach more teens about safe behavior behind the wheel as drivers or passengers, visit and share posts made to the school's social media accounts on Instagram and Facebook. Your commitment to making our community safer is invaluable. Together, we can bring about meaningful behavior change that will save lives in this generation of drivers and generations to come.

## Stress Management Techniques

Chronic stress can have a physical impact, particularly on our hearts. The body reacts to stressors by releasing adrenaline which then causes both our heart rate and our breathing to quicken. Blood pressure increases like those aren't a concern if they only occasionally happen. Continued high blood pressure from stress over a period of days, weeks or longer can begin to damage artery walls, while weakening our immune systems. Chronic stress is also known to lead to poor eating habits, less sleep and exercise, and increased intake of alcohol. These symptoms, in turn, are linked with more instances of heart disease.

**HOW TO MANAGE** - Unfortunately, researchers have yet to develop medications to help us deal with stress. We have to create personalized approaches to identify and manage the situations that make us feel pressured. Plan ahead to reduce them, or completely avoid these issues. If stress can't be properly managed, there's a huge risk that worry, anger and depression will take hold. You may find it harder to focus, and the overstressed tend to display less patience. Mistakes or conflict with others may follow, only making things worse.

**IMPACTS ON OUR BODY** - Physical symptoms are closely related to chronic stress, including headaches, an upset stomach, fluctuations with your weight, back pain and generally tense muscles. The worst of these symptoms puts additional stress on your heart and vessel systems. Doctors recommend stress-releasing exercise and techniques that encourage relaxation. Try yoga or meditation, listen to calming sounds or music, or take a break for a friendly conversation or stroll around the park. Step away from a situation when you start to feel pressured. Try to avoid triggers, if possible. When they can't be avoided, try to limit the time you spend dealing with them.

**REACH OUT FOR HELP** - Sometimes, these situations simply become too much to manage by ourselves. Or unrelated problems begin

to accumulate. These might include a loved one's chronic issues or our own, relationship issues with a partner or a child, continuing financial or career problems, or dealing with the aftermath of some form of trauma. Schedule a visit with a health care provider or counselor to discuss therapeutic options or other recommended treatment plans. Stress Management Techniques

## Celebrating Achievement: United Way Of Trumbull County Graduating Class

By Lori Shandor

United Way of Trumbull County is proud to recognize all the graduating classes of 2024. This momentous occasion marks not only the academic achievements of students but also their resilience and commitment to making a positive impact in our community. As we celebrate this milestone, we extend our heartfelt congratulations to each graduate for their hard work, perseverance, and unwavering commitment. We have full confidence that they will continue to inspire and uplift others as they embark on the next chapters of their lives.

United Way of Trumbull County extends our gratitude to the families, educators, and supporters who have played pivotal roles in nurturing these

future leaders. Your encouragement and guidance have undoubtedly contributed to their success.

To the graduating classes of 2024, your achievements are a testament to the power of community and the incredible potential that lies within each of us. We are immensely proud of your accomplishments and look forward to witnessing the positive impact you will continue to make in Trumbull County and beyond. Congratulations on this significant milestone, and may your futures be filled with continued success, fulfillment, and the joy of giving back.

United Way of Trumbull County Congratulates all the graduating classes of 2024!



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By Traci Cooper, cPT, ACSM



**Miles, You Own It!**

When I was a little girl, about 10 or 11 years old, I used to love to just go out and run on the road. Since I grew up in Orwell, I could cover quite a few miles without even hitting a main road or putting myself in danger. My Dad used to say, "Traci, how many miles today?" I usually would cover at least 4, he would say, "no one can ever take those miles away from you, you own them." This saying has resonated with me since then. It can be applied to anything inside or outside of fitness. Every time that I take a walk, or a run, or even a bicycle ride, I always remember that at the end, I own those miles.

and what we accomplished seeped in. We both marveled over it during the ride home. As I look back on that day, it brings a smile and as I tell the story, it becomes real again because I own those miles.



How many miles do you own? Is there a special time that you remember and are proud of? I recently saw that there is going to be a color run in Cortland during the Street Fair this year. It is called The Running Canvas. There will be a 5k and a 10k. I encourage you all to walk with me on June 22, 2024, at 9:00 a.m. for a great cause. It is put on by the Love Life Foundation and all proceeds go to Animal Pawtectors. Not only can you own those miles but make some amazing memories doing it.

My husband Jeff and I love to mountain bike. Sometimes we can put in up to 26 miles. Last time we did that, we were at Mohican State Park, it took us almost 6 hours to complete that ride. I truly thought I saw a bear at the end between me and the parking lot. We wanted to give up so many times but there was no way out without finishing the ride. We could have gotten lost and spent even more time riding the trails. At one point I begged Jeff to go get the car and come back for me, but I knew that wasn't possible. At the end of that ride, when we finally made it to the car totally exhausted, the pride of that day



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**Two Cortland Blood Drives**

The American Red Cross announces two upcoming blood drives in the Cortland area.

**Wednesday, June 12, 12:00 PM - 5:30 PM** at Cortland United Methodist Church, 155 N. High Street, Cortland.

**Saturday, June 15, 9:00 AM - 2:00 PM** at Cortland Christian Church 153 Grove Street, Cortland

**Mad Hatter Tea Party**

Sight for All United hosted its first annual "Mad Hatter Tea Party" recently at the Medici Museum of Art to educate the community on the services it provides, including eye exams and screenings, glasses, and medical-surgical care. It was a fun, whimsical day with tea, local vendors, and an eyewear fashion show to show off the latest trends in eyewear.



Lindsey Watson, guest moderator WKBN news reporter, Beth Colon (Cortland Resident), Shabana Khan, Veronica Plessinger, Kayla Tucker.

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## Nurses Honoring Nurses

By Sandra Chadwick RN

The Nurse Honor Guard of Eastern Ohio - Delta Xi was established in 2022 with the mission of recognizing individuals who dedicated their lives to the profession of nursing and provide comfort to the families and communities as they grieve. With over 250 chapters in 48 states, Cortland has a piece of the Eastern Ohio chapter with five of the 44 guards being residents: Sandy Chadwick RN (Trumbull Co.-Lead), Janice Trombitis RN, Debbie Hetrick LPN (Living Tribute - Lead), Judi Roman RN, and Rosanne Eartly CRNA.

This chapter pays homage to the men and women who dedicated their professional lives to nursing and honors them upon their death in the counties of Trumbull, Mahoning, Portage and Columbiana. All guards are volunteers who are either active or retired nurses and live in the covered counties. The guards are a non-profit group and strictly work off donations and dues. The Nurse Honor Guard service can be performed during any phase of the funeral or burial process and is likened to a veterans' service, being reverent, solemn and free.

A Nightingale Tribute is completed with the laying of a white rose, extinguishing of the lamp, and a final call to service with release of earthly duties. The Honor Guard's presence helps shine a light on a nurse's dedication to their chosen profession and helps ease mourner's grief during their time of loss.

Families can request a service through their funeral home or through the website NurseHonorGuardofEasternOhio.com. Through these ceremonies, the Nurse Honor Guard of Eastern Ohio ensures that the legacy of nursing excellence endures by honoring those who have selflessly served their communities.



Sandy Chadwick, Janice Trombitas, Debbie Hetrick. Not pictured Judy Roman and Roseanne Eartly. For more information call Lori at 330-856-0271

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~ Emily Dickinson

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## Cortland Library Events In June

**Holiday Closing** - Juneteenth, All Warren-Trumbull County Public Library locations will be closed Wednesday, June 19 for Juneteenth.

**Toddler Tales**  
Mondays at 10 a.m.: June 3, 10, 17, 24  
A fun and active Storytime for toddlers ages 19 - 35 months with a parent or caregiver. Free.

**Preschool Storytime**  
Tuesdays at 10 a.m.: June 4, 11, 18, 25  
Preschool Storytime features stories, songs, and movement activities and reinforces the development of early literacy skills. For children ages 3 - 5 with a parent or caregiver. Free.

**Concert Featuring Ruby Hornsby**  
Tues., June 4 from 6 - 7 p.m.  
Ruby Hornsby draws upon a lifetime of experience as a songwriter and live performer, creating a unique collaboration of musical styles including elements of her Appalachian roots, classical training, rock, blues, country, jazz, and old-time music to forge her own original genre of American Roots music she's coined "Mountain Soul." Free.

**Amazing Race at the Library**  
Wed., June 5 from 3 - 4 p.m.  
Teens entering grades 7 - 12 will compete to finish road blocks, choose between detours, and complete the tasks as they race to the finish line. Note: This event will take place both indoors and outdoors (weather permitting). Registration is requested by June 3; call (330) 638-6335 to sign up. Free.

**A Tip of the Cap Mushrooms**  
Thurs., June 6 from 11 a.m. - 12 p.m.  
A Tip of the Cap Mushrooms is a family-owned business located in Bristolville, OH. Owner Craig Tomko will talk about his state-of-the-art facility and show samples of mushrooms produced there. Free.

**Adventure Lanterns**  
Thurs., June 6 between 2 - 3:30 p.m.  
Children ages 5 - 12 can drop by the library to make a flame-free lantern to light up all their summer adventures. Free.

**Only Murders in the Library**  
Mon., June 10 from 6:30 - 7:30 p.m.  
This discussion group will focus on one true crime topic each month, with the topic being selected from group members' suggestions. The group will

use and share resources such as books, articles, and podcasts before each session.

**Virtual Storytime with Zion National Park**  
Wed., June 12 at 2 p.m.

All ages may enjoy a virtual Storytime on the big screen in the library meeting rooms featuring a Park Ranger from Zion National Park in Utah. They will be sharing some of their favorite hiking/adventure themed stories with us. Free.

**Concert Featuring Tyler Guerrieri**  
Wed., June 12 from 6 - 7 p.m.  
Guitarist Tyler Guerrieri specializes in all genres of music and performs as a solo artist at libraries, wineries, and festivals. He will perform a selection of country music. Free.

**Totally Tweens: Adventurous Tasting Edition**  
Tues., June 18 from 3 - 4 p.m.  
Tweens can try various types of chocolatey treats, including some more adventurous bites! (Allergen warning.) For tweens entering grades 5 - 8. Registration is required by June 11; call (330) 638-6335 to sign up. Free.

**Laboratory Lock Down**  
Wed., June 26 at 11 a.m. - 12:30 p.m. AND 3 - 4:30 p.m.  
A mad scientist has locked teens in a laboratory and is trying to turn them into werewolves! The group must work together to solve multiple puzzles, find combinations, and escape before the transformation is complete. There are two time slots available. For teens entering grades 7 - 12. Registration is requested by June 25; call (330) 638-6335 to sign up. Free.

**Sign Language Class**  
Fri., June 28 from 2 - 3 p.m.  
Meagan Albani, certified ASL Instructor, will teach some basics of American Sign Language and some adventure-themed signs. For children ages 5 - 11. Registration is required by June 26; call (330) 638-6335 to sign up. Free.

**Sign Language Class**  
Fri., June 28 from 3 - 4 p.m.  
Meagan Albani, certified ASL Instructor, will teach some basics of American Sign Language and some adventure-themed signs. Registrants will receive a video summary of what was learned in class. For students entering grades 6 - 12. Registration is required by June 26; call (330) 638-6335 to sign up. Free.

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Sunday: CLOSED

WARREN-TRUMBULL COUNTY PUBLIC LIBRARY  
24/7 Digital Library: [www.WTCPL.org](http://www.WTCPL.org)

## Travel Club's... *continued from page 17*

Tour guides will point out interesting information about whistles and the history of their making from 1954 to the present. Zipping onto Dublin, the city of Irish ancestry, a step on guide will highlight the town and all the unusual art within its parks. Lunch on one's own and the Fairy Door Trail will be before the Irish Dance presentation will be given to members from the Richens/Timm Dance Academy. Dublin day trip is scheduled for Tuesday, June 18, 2024. Wednesday, July 17, 2024 is a day trip to share some time with friends and head to Middlefield. Stops at the cheese factory, Navoo City Market and Amish wedding feast is included. The day will end in Chagrin Falls with a chance to visit the famous Pop Corn Shop, hardware store, boutiques or just relax and enjoy the day.

On August 20-22, members will visit Lancaster, Pa to see the Jersey Boys and Daniel. Call for details. September 11-20 the members will fly to do the National Parks of the West.

The Travel Club is open to all who wish to travel by bus, air or train. There are no membership fees to belong. Please call Peggy at 330-856-5398 for prices and further details on trips mentioned.

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