

# CortlandNEWS

"The Good News Newspaper"

Vol. 17 No. 14

August 14, 2021

Serving the Lakeshore Communities



## Back to School - Finally!

By Sally Lane

It may be only the middle of August, but if you or your children are connected to the public school system, your summer vacation is OVER! There may be a few groans

about the early date that the 2021-2022 begins, (August 16 for Lakeview), but after such unconventional conditions since January of 2020, when the pandemic began, most of us are eager to start a regular schedule. It has been a long haul of uncertainty, worry, and planning. Our schools are doing a fantastic job of preparing for this new school year.

How wonderful it is to see our Lakeview track teams running through the adjacent neighborhoods to the school and hear the band practicing on the school fields.

On a more serious note, the pandemic has been more than a catalyst for changes in almost everything we do. The lessons have been tough and life-changing from birth to death. Everywhere we go, we must be aware of touching, keeping a safe distance, and worrying whether we need to wear a mask even if fully vaccinated. Visitations to elderly relatives in assisted living places are sometimes

difficult. Most (or at least many) of us have learned to navigate through computer sign-ins, Zoom meetings, cell phones and e-mails.

One of the most important issues we have faced during this pandemic has been the education of our children. How can we all be safe? How can we provide an education that will maintain a steady growth of knowledge and skills that our children will need as they grow up - while maintaining social distancing? Will the recent relaxation of masking come back to bite us?

We have learned how much human contact means for almost everyone. We like to give "high-fives" to celebrate, hugs to comfort. We shake hands to greet people. Little kids are often like puppies, rolling, giggling, and tumbling together in play.

Learning challenges are eased when a teacher can sit beside a student and help him or her follow along through difficult words or problems. As a retired teacher, I miss the look when a student

"gets it" and their whole face lights up. I love meeting former students years later and sharing some of those special memories.

While summer break began in May, it wasn't until July that normal summer activities, like fairs and ball games, started to open up to the public. Our own Cortland Street Fair ends on Saturday (August 14), and for the first time in years will have fireworks! The event promises to be as wonderful as ever with good food, rides, Queen contest, and the traditional parade. Usually held in June, the Street Fair has a long happy history in Cortland. This year, school starts on Monday. The Fair is a fitting way to end this summer vacation and start the school year on an upbeat mood.

The Cortland News wishes all of our students a wonderful new school year!

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Advertiser Index ..... 2  
 Business ..... 3  
 Calendar ..... 3  
 Directory ..... 2  
 School ..... 6  
 Faith ..... 8, 9  
 Finance ..... 12, 13  
 Business Card Ads ..... 19

TheCortlandNews.com

### ADVERTISER INDEX

3-C Custom Complete Collision ..... 3  
 4 Star Diner ..... 14  
 Action Physical Therapy ..... 13  
 Advanced Podiatry ..... 8  
 Affordable Self Storage ..... 3  
 Ann M. Wiley Insurance Services ..... 17  
 Attorney Bill Brooker ..... 3  
 Attorney Marty D. Nosich ..... 8  
 Auntie V's Pizzeria ..... 15  
 Avamer Foundation ..... 20  
 Bartell, Georgalas & Juarez, LPA ..... 8  
 Barzak Agency ..... 11  
 Belleria Pizza & Italian Restaurant ..... 14  
 Bulldog Storage ..... 3  
 Burkey Burkey & Scher ..... 12  
 Centerra ..... 3  
 Chrissy's Lake Tavern ..... 10  
 Clearview Lantern Suites ..... 10  
 Cortland Christian Church ..... 8  
 Cortland Healthcare ..... 10  
 Cortland Lanes ..... 6  
 Cortland Mattress ..... 8  
 Cortland Playroom ..... 5  
 Countryside Vet/AWL ..... 5  
 Daffron Auto Body ..... 9  
 Dance Space ..... 8  
 Davenport Rohrabough ..... 15  
 Dr. Johnson ..... 12  
 Edward Jones ..... 13  
 Enzo's Restaurant ..... 6  
 Gillette Nursing Home ..... 20  
 Guidelight Financial Group ..... 17  
 Jo Marie's Dance ..... 3  
 Jody Sova, Berkshire Hathaway ..... 10  
 J&P Coatings ..... 7  
 Mayflower-Wollam Insurance ..... 4  
 MD Denna Heating and Cooling ..... 14  
 Midway Garage Door ..... 4  
 Mr. Hero ..... 20  
 Music 101 ..... 17  
 Oak Meadow ..... 14  
 Ohio Living - Lake Vista ..... 14  
 Petrosky Brothers ..... 9  
 Pizza Joe's ..... 9  
 Real Living Brokers Realty ..... 7  
 Shafer Winans ..... 4  
 Sparkle ..... 8  
 TCC Health ..... 4  
 Totally Dog ..... 10  
 Vlad Pediatrics ..... 8  
 Windsor House ..... 11

See Business Cards on Page 19

## CORTLAND CITY

CITYOFCORTLAND.ORG

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City Hall ..... 330-637-3916	Dispatch ..... 330-675-2730
Fax ..... 330-637-4778	Police - Business ..... 330-638-1000
Clerk of Council ..... 330-638-0142	Fire - Business ..... 330-637-2891
Service Director ..... 330-637-4637	

### MEETINGS

<b>CITY COUNCIL</b> First and Third Monday of each month Monday, August 16, 7 p.m. Monday, September 6, 7 p.m.	<b>PARKS AND RECREATION</b> Second Monday of each month Monday, September 13, 5:30 p.m.
<b>CORTLAND CITY COUNCIL</b> Read the minutes from Cortland City Council meetings at www.cityofcortland.org under City Council Minutes.	<b>PLANNING &amp; ZONING</b> Second Monday of each month Monday, September 13, 7 p.m. Meetings and agenda of Council and Planning meetings area available at www.cityofcortland.org

**CORTLAND CITY COUNCIL MEETINGS ARE NOW ON ZOOM**  
A link to each meeting will be posted on the city website www.cityofcortland.org

## BAZETTA TOWNSHIP

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Trustees, Clerk, Zoning Inspector and Cemetery Sexton .... 330-637-8816	Fire Station #11 ..... 330-637-4136
Road Department ..... 330-637-8311	3000 Warren Meadville Rd Non Emergency Calls .... 330-675-2730

### BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second Tuesday of each month,  
unless otherwise noted.

Tuesday, August 24, 7 p.m.

A 60 minute caucus with department heads preceding.

Meetings held via ZOOM. Visit www.bazettatwp.org

### LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m.  
in the Lakeview High School Media Center, unless otherwise noted.

Monday, September 13, 6 p.m.

## Area Service Clubs

<b>Bazetta-Cortland Optimist Club</b> Charlie Harper ..... 330-847-0114	<b>Friends of the Cortland Library</b> Di Matijejevic ..... 330-637-2717
<b>Cortland-Bazetta Historical Society and Museum</b> Sally Lane ..... 330-638-2330	<b>Johnston Senior Center</b> Diana Shimko ..... 330-924-0412
<b>Cortland Lions Club</b> Frank Danso ..... 330-637-3621	<b>Lakeview Outreach and Fellowship (LOAF)</b> ..... 330-720-9136
<b>Cortland Masonic Lodge #529</b> Chuck Chagnot ..... 330-307-3405	<b>League of Women Voters of Trumbull County</b> Terri Crabbs ..... 330-637-3845
<b>Cortland Opal Chapter #181, O.E.S.</b> Carla Kahler ..... 330-856-2356	<b>Moose Lodge #1012</b> ..... 330-637-9957
<b>Cortland Rotary Club</b> Dr. Lance Grahm ..... 234-244-4282 lancegrahn@yahoo.com	<b>The Opera House</b> Maribeth Albu ..... 330-219-1488
<b>Four Seasons Garden Club</b> Becky Bucco ..... 330-637-9115	<b>SCOPE</b> Darlene Fry/Diane Jordan ... 330-637-3010
	<b>Warren-Trumbull Branch of AAUW</b> Jennifer Soloman ..... 330-637-3483

Please contact the Cortland News if you would like your organization listed here.

### Our Next Issue .... September 4, 2021

Our theme will be Labor Day/High School Sports

Article Deadline by August 20 • Display Advertising Deadline is August 25  
Email articles to editor@cortlandnews.net

The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

### Cortland News SELF SERVE Paper Box Locations

Cortland Bank      4 Star Diner      Vasilios  
Lakeside Sport Shop      Top Notch Diner

**PUBLISHER**  
Fox Run Publishing, L.L.C.  
Jim Woofter - Publisher/Owner  
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info@cortlandnews.net

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**FEATURED JOURNALIST**  
Sally Lane

### LOCAL COLUMNISTS/ JOURNALISTS

Rev. Donald P. Barnes  
Rev. C. R. Chapman  
Jean A. Corliss  
Christine Dorma  
Kathleen Ferris  
Thom Foley  
Evelyn Shealey  
Tom Shortreed  
Jennifer J. Slywczak

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Cortland, OH 44410  
(330) 565-2637

www.cortlandnews.net

We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

Article submissions to:  
editor@cortlandnews.net

Display and classified advertising and photographs to:  
sales@cortlandnews.net

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.



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While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or omissions.

## Community Events

### Event Calendar August 14 – September 4

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. *See pg. 2*

Lakeview Local School activities and sports schedules visit [www.lakeviewlocal.org](http://www.lakeviewlocal.org).

American Red Cross blood donations, various dates. [www.redcrossblood.org](http://www.redcrossblood.org) or 1-800-733-2767.

Youngstown Nighthawks Soccer League, Cortland League schedule, visit [www.facebook.com/ytownnighthawks](http://www.facebook.com/ytownnighthawks)

#### AUGUST

- 14 Cortland Street Fair, West Main Street, E. Main Street, Cortland.
- 15 W.D. Concert Band – “Summer Finale,” Packard Music Hall, 1703 Mahoning Ave. NW, Warren, 7 p.m.
- 17 Lounging by the Lake outdoor concert featuring “Sidewinder Band,” 5-9 p.m., Mosquito Lake Park, 1439 Wilson-Sharpville Road, Cortland, free.
- 18 Akron Zoo, Ohio Living Lake Vista, 303 N. Mecca St., Cortland, 2 p.m.
- 19 Summer Concert Series By the Lake, Music with One String, Ohio Living Lake Vista, 303 N. Mecca St., Cortland, 6:30 p.m.
- 22 Summer Concert Series By the Lake, Spiritual Music with String Theory Duo, Ohio Living Lake Vista, 303 N. Mecca St., Cortland, 6 p.m.
- 22 Bristol Public Library presents the Cortland Community Seven Piece Dixieland Band, 1855 Greenville Road, Bristolville, 4 p.m. *See pg. 5*
- 24 The Little Red Food Truck at the clubhouse of Ohio Living Lake Vista, 303 N. Mecca St. in Cortland, 11:30 a.m.-1:30 p.m. *See pg. 11*
- 25 SCOPE Bus Trip, one day casino trip to the Pittsburgh Rivers Casino, RSVP to Jim Ezzo at SCOPE, 330-399-8846.
- 26 Summer Concert Series By the Lake, Music with Gray Watson and the Downtown Band, Ohio Living Lake Vista, 303 N. Mecca St., Cortland, 6:30 p.m.
- 26 Women’s Equality Day, “Valiant Women of the Vote,” Warren Women’s Park, North Park Avenue, Warren, 12 p.m. *See pg. 14*
- 31 Summer Concert Series By the Lake, Music with Kevin Lawson: Tribute to Frank Sinatra and Friends, Ohio Living Lake Vista, 303 N. Mecca St., Cortland, 6:30 p.m.

#### SEPTEMBER

- 4 Charity Pancake Breakfast to benefit TNR, 9 a.m.-noon, Cortland Masonic Lodge, 3263 Everett-Hull Road (E. Main Street). *See pg. 7*
- 4 Greene Alumni Banquet, Mecca Community Church, 5920 Phillips Rice Road, Mecca. *See pg. 18*

## Business News & Notes

By Thom Foley

Jody Sova, Realtor tells us that now is the best time in years to list your home for sale. Get the most for your home – Call Jody!

Girt’s Music 101 has there super-duper Back to School instrument rental program going on right now. There is nothing like it anywhere else. Check it out!

The always family friendly Chrissy’s Lake Tavern has a coloring contest going on for your kids – and EVERYBODY is a winner. Just have your kids color the pictures in their ad and bring it in for a prize. While you are there let the kids eat from their new kids’ menu. And be sure to treat yourself to one of their prize winning burgers!

Cortland Lanes will be opening soon! They are registering for all leagues right now. The kids’ league starts Sept. 17. They have leagues for every age. And Cosmic Bowling will be back again – you really need to treat yourself to the Cosmic bowling for some great family fun. See their ad for details.

Cortland Playroom has openings for a few different classes. But call them soon because when you are the best preschool in the county you fill up fast.

There are a limited number of space so don’t hesitate.

JoMarie’s School of Dance & Gymnastics will be hosting tours Friday and Saturday of the Street Fair. Check out my favorite – the NINJA ROOM!

Wagmore Dog Grooming has moved to a new location in Howland next to Pizza Works.

Auntie V’s Pizzeria has your back to school lunch problem solved. Their famous pepperoni rolls are on sale. Buy four, get one free! Only \$10 with the coupon!

Mr. Hero will be opening soon! I can’t wait!!!! They are in the ACTION PHYSICAL THERAPY plaza.

Did you ever see all of the bird feed that Centerra has? Such a huge variety! And check out their large inventory of premium dog food too.

Belleria Pizza has their regular pepperoni rolls on sale for \$4 with the coupon in their ad.

The Dance Space is taking registration for the 2021-2022 year. They have been changing our children’s lives for over 30 years for the better. Learn about all that Dance can do for your child.



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# ON COURSE

*Navigating your Insurance Needs*

Presented by Jill Freeman,  
Ann M Wiley Insurance Services



## Medicare & Prescription Drug Coverage

Original Medicare Insurance has two parts: Part A Hospital Insurance and Part B Medical Insurance. Part D, Prescription drug coverage is not included with these, but you can get coverage from either a stand-alone Medicare Prescription Drug Plan (PDP) or if you choose to enroll in a Medicare Advantage Plan it may include prescription coverage. To join a Medicare PDP, you must have either Medicare Part A or Part B and live in the service area of the plan you want to join. All Medicare drug plans must have at least a standard minimum level of coverage. Plans will vary in the cost sharing (copays) and combinations of coverage (drug tiers) they offer. You are not required to sign up for a prescription drug plan when you are first eligible for Medicare Insurance. However, if you do not have credible coverage from another prescription plan, like an employer plan if you are still working, you may have to pay a late enrollment penalty in the form of an increased premium when you do sign up. The penalty is equal to 1% of the national average beneficiary premium for each month you did not have credible coverage.

Prescription Drug Plans vary widely in their monthly premiums and cost sharing. It is important to consider all your options when choosing a plan by looking at your current prescriptions and their costs with different plans. Each plan has different pricing on medications depending on what "tier" that medication falls into. Drugs are classified into deferent levels with Tier 1 (generic) typically being the cheapest and prices increasing as the Tier level increases. Individual plans can decide which drugs fall into which tier for that plan. These drug Tiers will vary from plan to plan within each

insurance company and from company to company. Each insurance company can also classify pharmacies as standard or preferred. Typically, medication will cost less at a preferred pharmacy and may be able to be filled for a longer time period compared to a standard pharmacy. Many plans will also offer preferred pricing for mail order services.

If you cannot afford your medications, there are different options that may be available to help with these costs depending on your specific situation. You may qualify for "Extra Help" through Medicare if you meet certain income limits or receive both Medicare and Medicaid. Many manufacturers will offer assistance programs to help offset costs. Information for these can be obtained from your physician. You may also want to have a conversation with your physician to see if there are different medications that you could take that fall into a lower drug tier on your specific plan and therefore cost less.

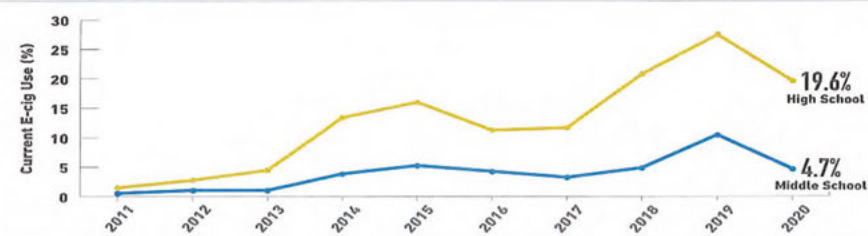
Each year during the Medicare Annual Enrollment Period which runs Oct. 15 through Dec. 7 you can change your Medicare Advantage Prescription Drug plan or stand-alone Prescription Drug plan for the next year. New plans are offered each year and existing plans can change, so it is a good idea to review options, but it is especially important if you have had any changes to your prescriptions throughout the year. More information can be found at Medicare.gov or through your local insurance agent.

Jill Freeman is a licensed insurance agent with Ann M Wiley Insurance Services, located at 3470 Warren Meadville Road, Cortland and can be reached at 234-244-4014.

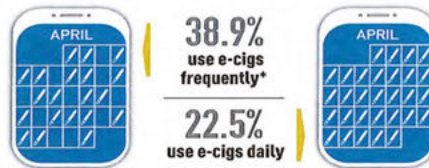
## 2020 National Youth Tobacco Survey

Findings show a sharp decline in youth e-cigarette use with **1.8 Million** fewer users since last year

However, due to **alarming increases** since 2011, the number of current youth e-cig users remains **concerningly high: 3.6 Million**



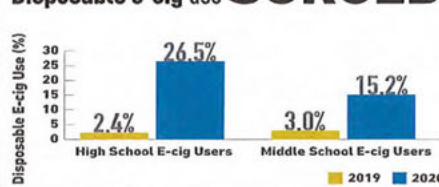
Among high school current e-cig users:



Disturbingly high rates of frequent and daily e-cig use suggest

**STRONG DEPENDENCE ON NICOTINE**

### Disposable e-cig use SURGED



More than **8 out of 10** current youth e-cig users use **flavored e-cigs**



Despite the positive change from last year, youth use of e-cigarettes remains a **PUBLIC HEALTH CRISIS** affecting children, families, schools and communities. FDA will continue to address this crisis by:

- Enforcing minimum age of 21 to purchase tobacco products
- Prioritizing enforcement against youth-appealing products
- Educating the public
- Conducting thorough product reviews

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Fall is Coming!

## Playtime: It's not just for kids, say experts

While most of us associate playtime with childhood, adults are increasingly acknowledging the importance of play and leisure time for themselves.

A new survey commissioned by The Genius of Play and conducted by OnePoll finds that 89% of adults have learned to appreciate the importance of play and leisure time over the past year. What's more, 84% say taking time to play helps them be more productive at work.

"You're never too young or too old to play," says Anna Yudina, senior director of marketing initiatives at The Toy Association, which spearheads The Genius of Play. "In fact, research links play with a number of wellness benefits in adults, such as reducing stress, boosting life satisfaction, and empowering people to be creative, flexible thinkers."

To incorporate play into your life, consider these tips from The Genius of Play:

- **Take on a Hobby:** Seventy percent of adults picked up a new hobby or leisure activity over the past year -- and with good reason. Hobbies can be a source of positive emotions, get you outdoors, encourage physical activity and social interactions, and spark creativity. From roller skating to dancing to crafting to playing an instrument, consider taking on a new, playful hobby or revisiting one you enjoyed during childhood.
- **Plan a Game Night:** While play often occurs spur-of-the-moment, life is hectic and schedules are jam-packed. Consider scheduling time for fun to ensure it happens. For example, make one evening each week a totally screen-free, stress-free experience. Order pizza (or your household's cuisine of choice) and break out

games and puzzles. You might even consider planning themed trivia nights delving into your favorite subjects.

- **Hop in the Car:** Whether you choose a destination that allows you to simply relax, or you take on a more active adventure, a trip can broaden your horizons and rejuvenate you when you're feeling down or just trapped in the daily routine. Consider taking a just-for-fun trip on your own, with a friend or partner, or pack up the car and bring the kids.
- **Bring out Your Inner Child:** Parents, grandparents and other adults with a kid in their life can spend more time playing with the little ones. Not only is play the perfect way to bond, research highlights a number of associated health benefits. Those who play with children burn 20% more calories per week, and researchers link playfulness to creativity, spontaneity and positive attitudes. Intergenerational play can help adults maintain cognitive skills as they age and even extend their life. A study published in the journal "Evolution and Human Behavior" found that grandparents who help out with grandchildren live longer. If you're looking for some inspiration, visit [thegeniusofplay.org](http://thegeniusofplay.org) for tons of fun, free games and downloadable activities. "While our primary mission is educating parents and caregivers about play's vital role in child development, adults need time to play too," says Yudina. "We hope to motivate people of all ages to play more -- whether it's by embracing personal hobbies or by spending more time playing with their kids."



## What's "news" in the City of Cortland

By Christine Dorma, Administrative Assistant

### Annual Asphalt Resurfacing

The annual street resurfacing is planned for August. The streets scheduled for this year are: Grove, N. Bank, S. Bank, Park, Lattin, Wall, Amy, Robbies Run, Maple, Debra, Wendy, Hawthorne and Butternut.

### The Splash Pad

Open daily from 11 a.m. to 7 p.m. We do not take reservations for the pavilions at our public parks; first come, first serve. Stay Cool Cortland!

### Curbside Brush Pickup

The city of Cortland Service Department will conduct branch and limb pickup service along city streets. Pick-up is the week of the **fourth Monday** of each month. The service day may vary during the collection week due to weather and workload. As noted below, branches should be placed at the curb no later than the Sunday prior to collection week to ensure removal. **One pass will be made on each street.** This does not mean that you can put out branches after seeing your neighbors' piles collected.

**\*Please remember that this is a free service provided to our residents.** Be courteous to those providing this FREE service to you. If we continue to experience issues, this service may be discontinued.

### RULES AND REGULATIONS

- Place branches and limbs at the curb **no later than the Sunday** before collection week. Only one pass will be made on each street.
- Branches and limbs will be picked up (trimmed/pruned and root-free).

No firewood, large logs or complete trees will be picked up.

- Branches and limbs must be no longer than 6' in length and up to 6" in diameter.
- Arrange in a straight pile with cut ends facing the street.
- The city will pick up a single brush pile no larger than 6' x 8' per household. Do not combine piles or place on your neighbor's property.
  - Week of Aug. 23
  - Week of Sept. 27
  - Week of Oct. 25

### Mosquito Spraying

For effective mosquito control, it must not be raining, the winds need to be between 5 to 10 miles per hour and the temperature above 50 degrees. If the proper conditions are not present, the spraying will be cancelled and a make-up date will be for the following evening. The spraying is done between 7 p.m. and midnight. This year's schedule is below:

Aug. 18 Sept. 1 Sept. 15

### eNews

The city issues a weekly eNews with news items and calendar events happening in our community as well as agendas for City Council and Planning & Zoning Commission meetings. Sign up on our website [www.cityofcortland.org](http://www.cityofcortland.org) or send an email to [admin@cityofcortland.org](mailto:admin@cityofcortland.org).

### Dates to Remember

Aug. 16 - Council Meeting - 7 p.m.

*Have a great 2021-2022 school year students and teachers!*

## AWL Adopt A Pet

ANIMAL WELFARE LEAGUE

**Socks** is one of AWL's lovely senior cats at 12 years old, waiting to find his forever home. Most of the time Socks can be found enjoying a leisurely lifestyle by lounging around on a window perch watching birds, but he still loves batting around and pouncing on his toys when the mood strikes. Socks knows how handsome he is, but is not above showing off his silly side once he is comfortable. Contact the AWL at 330-539-5300 for more information.



**Moolah** is an energetic young pup that is always down to play! She loves running around with the other dogs in playgroup, and is just as eager to cuddle up with her favorite people. Moolah is estimated to be about 4 years old, and she has been with the AWL since April after her previous owner could no longer care for her properly. Come down to the AWL for walk-in hours Tuesdays and Thursdays from 3-6 p.m. and Saturdays from 12-4 p.m. to meet your new furry friend!

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## LIBRARY NEWS

### Concert on the Lawn at Bristol Public Library

The Bristol Public Library presents the Cortland Community Seven Piece Dixieland Band, directed by Garey Watson, on Sunday, Aug. 22 at 4 p.m. Bring a blanket or lawn chair and join us on the back lawn of the library for this free performance.

Parking for this event is available

across the street at the park. The concert will take place rain or shine and is sponsored by the Friends of the Library. The Bristol Public library is located at 1855 Greenville Road in Bristolville. For more information contact the circulation desk at 330-889-3651.

### Nutrition workshop at JCC of Youngstown

Jewish Community Center of Youngstown is offering a nutrition workshop from 3 to 4:30 p.m. from Aug. 17 to Nov. 2 at the JCC of Youngstown, 505 Gypsy Lane, Youngstown.

Participants will learn how to make healthy choices with the Expanded Food and Nutrition Education Program. They

will build food resource management skills and improve the quality of the meals they serve to their family through nine free workshops. Upon completion, participants will receive a certificate along with a free cookbook and grocery pad. Visit [jccyoungstown.org](http://jccyoungstown.org) to register.

## From the desk of the superintendent

By Velina J. Taylor

It's an exciting time of year for schools! August marks the beginning of a new school year—and the best part is that we expect to have everyone return at the same time! Teachers and administrators alike are anxious to welcome our students back to our buildings for what promises to be the kind of school year we have yearned for. While it won't be completely 'normal' like we remember, it will be significantly better than what we experienced for much of the last school year. To add to our excitement, we will be welcoming a good number of new faces to our teaching team.

At the elementary building, we have a new guidance counselor, Nancy Srock, and a new technology teacher, Heather Guthrie. In addition, the elementary will have two classroom support teachers who will be helping with gap closing and learning loss due to COVID issues. They are Kaymoura Werner and Amanda Zoccali.

At the middle school, Matt Baker will be joining our mathematics team, and Stacie Lawson and Diane Norton will be classroom support teachers. Tom Bruccoli will also be returning to our music program after a year hiatus due to COVID restrictions.

Megan Mullins will be leading our high school and middle school choir program following Mrs. Chronister's retirement. In addition, Sarah Dager-Smith will be teaching science, Chandler Verhas will be teaching high school math, and Cameron Carson will be teaching high school social studies.

That's a lot of new faces—and they'll be ready along with all our other dedicated staff members to welcome our students back for the 2021-2022 school year beginning Monday, August 16th. Be sure to check the district website and school building webpages for additional information about returning to school.

Together...We are Lakeview!

## Cortland Family Eye Care, Dr. Dale Lindsey donates vision tester to Lakeview School District



Pictured: Dr. Dale Lindsey and Velina Jo Taylor, Lakeview superintendent.

The Cortland Family Eye Care donated a vision tester to the Lakeview School District. It can screen students, staff and faculty for the following: visual acuity, color vision deficiencies,

binocular vision problems, whether a person is farsighted, nearsighted or has astigmatism, lazy eye and potential neurological problems. It is similar to the devices used at the Bureau of Motor Vehicles. It has a value of \$2,800.

This instrument does not take the place of an actual exam. It allows nurses to detect potential problems.

Dr. Dale Lindsey said "It is a pleasure to donate this vision tester to help catch eye problems early. Students need to see clearly and accurately in order to learn. I have had a commitment to Lakeview Schools for over 30 years. My children went to school here and that is why my team and I come every year to screen the students."

"This is a wonderful tool for our nurses to have at their disposal. We are so grateful to Dr. Lindsey for the donation and his willingness to work together with us to provide a valuable resource to our students," said Superintendent Velina Jo Taylor.

## Lakeview student wins dance competition



Bailey Tolios

Lakeview student, Bailey Tolios, recently attended the Sophisticated Productions Dance Nationals in Wildwood, N.J. She was awarded the Junior National Titlist Winner for the 9-12 age group with her Musical Theatre Solo, "IF." She was also selected as one of two girls to be the "Face of Sophisticated," which includes being featured on future awards, marketing, websites and more. Bailey currently dances at Mimi's Studio of Dance in Newton Falls and will be entering 7th grade this fall.

## Lakeview Marching Band attends band camp



The Lakeview Marching Band had a great week at Hiram College for this year's band camp. The students put a lot of hard work and dedication in a week with more hours of practice before the first band night. There were 19 seniors representing the Class of 2022 this year.



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## Charity pancake breakfast Saturday, Sept. 4



The public is invited to enjoy another Saturday family breakfast, from 9 a.m. to 12 noon, on Sept. 4, at the Cortland Masonic Lodge, 3263 Everett-Hull Road (E. Main St.) to benefit the TNR organization, which works to trap, neuter, and release stray cats in Trumbull County.

The "all you can eat" charity breakfast is held monthly by the Cortland Masonic Lodge, and 100 percent of the proceeds are donated to a local charity, thanks to a lodge member who sponsors the full cost of the supplies needed.

The breakfast cost is \$7 for adults, \$6 for youth ages 6 to 10 and free for children age 5 and under. Included are pancakes, eggs, sausage, juice and coffee. You may elect to have a "take out" breakfast or you can use the indoor seating. At the breakfast, the benefiting organization usually offers a 50/50, basket raffles, and other fund raising activities, for the breakfast guests to enjoy.

## Holiday Craft Fair looking for crafters and vendors



The Cortland Christian Church is seeking crafters and vendors for its yearly Holiday Craft Fair, which will be held on Saturday, Nov. 27 from 10 a.m. to 3 p.m., just in time for holiday shopping. There will also be a bake sale, gingerbread house contest and a soup and sandwich luncheon. Registration forms for the craft tables and for the gingerbread house contest are available by calling 330-637-4611, Monday to Thursday from 8 a.m. to 3 p.m.

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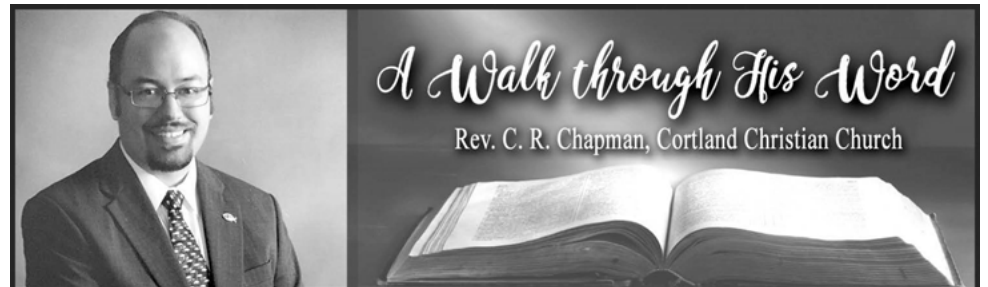
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*A Walk through His Word*

Rev. C. R. Chapman, Cortland Christian Church

**Bible School**

*"All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness, so that the man of God may be complete for every good work," (II Timothy 3:16-17, HCSB).*

Sometimes we forget that people today do not have a grasp of even the most basic of Bible teachings. Sunday Schools have become a thing of the past. Today people, both young and old, would rather sleep in or do something else on Sunday morning rather than going down to the church and sitting through a morning class and then the service. It is no wonder why we see an increasingly evil world.

The Bible is our instruction book, in this case, our manual for being equipped to do every good work. Even more, the entire Bible is useful... not just bits and pieces, and it is all inspired by God. Yet, people have been changing this bit and that part to suit their own fleshly desires. If I start changing the instruction book for how to change my oil in my car because I have decided oil is too messy and I believe surely in 2021 society would not create something that is messy so I replace my oil with water which is nice and clean and does not cause a big mess, then, I will be in for a big surprise when my engine tears itself apart.

All of the Bible is from God and is profitable for teaching... Yes, there are things for us to still learn from God today.

All of the Bible is from God and is profitable for rebuking... Yes, there are things in this world that need rebuked. They go against God's word. There are things that we mistakenly do wrong too because we are unfamiliar with God's Word.

All of the Bible is from God and is profitable for correcting... Yes, there are times when we need corrected. Me and you. It is important to remember that we are not perfect, but God is. And since God is perfect and we are not, then, we should not be changing God's perfect Word - the Bible - with our imperfect feelings and understandings.

All of the Bible is from God and profitable for training in righteousness... Why is our world becoming increasingly evil? Because no one uses the Bible to be trained in righteousness and so they are not equipped for every good work.

Perhaps it is time for us to go back to school? Perhaps it is time for us to be in the Word of God with other Christians not just in the church service, but in the Sunday School where we can ask questions and dig deeper into this instruction manual of life, for, "Iron sharpens iron, and one man sharpens another," (Proverbs 27:17.)

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# Something to Think About

By Rev. Donald P. Barnes

The Lord is my Shepherd, I shall not want. Psalm 23: 1



his way he recognized God offered a constant presence, leading him by still waters and providing green pastures. He moves to his desk, picks up pen and puts it to parchment, penning words that reach out to us across the millennia: "The Lord is my Shepherd, I shall not want." David understood God's sovereign will and abundant supply.

The same God that touched David's life is at work in the world today. Oftentimes a moment of reflection will inform us of such. The following poem<sup>1</sup> offers an enlightening glimpse in the goodness and provision of God.

*Be not troubled with thoughts of the morrow,  
Of duties you surely must do.  
On the Lord cast your burden of sorrow;  
It matters to Him about you!*

*Be not weary when trials are given,  
But trust Him to carry you through.  
He will make all a pathway to heaven;  
It matters to Him about you!*

*Then be patient until His appearing,  
'Tis dawn almost now on your view;  
For the mists of this dark age are clearing.  
In love He is planning for you!*

<sup>1</sup>Audrey Mieir.

Aren't they sweet! We call them our children and they sure love mom and dad. The feeling's mutual. I tell Lorra: "They are so loving, loyal, and devoted. They deserve to be spoiled." Let me tell you something. When our puppies want something, they know where to turn. The adjacent photo is evidence of the fact. By the way, we never let them down.

It's late in the day and late in his life. A lonely figure paces the floor of his study, the light from an oil lamp flickers across the wall. He looks back across time. He considers his experience, events that shaped his life and cosmic-view. Challenge or celebration, tough time or easy; regardless of what life sent

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## YSU Newman Center director named



Rev. Norbert Keliher

The Most Reverend David J. Bonnar, Bishop of the Roman Catholic Diocese of Youngstown, has appointed Rev. Norbert Keliher, O.P., as Director of Campus Ministry at Youngstown State University Newman Center.

Fr. Norbert Keliher, O.P. is a Dominican friar of the Province of St. Joseph, which serves the eastern part of the U.S. Following ordination, Fr. Norbert spent a year finishing his theological studies in Washington, D.C. His first assignment was to St. Patrick Church in Columbus for a year, and then this May he was assigned to St. Dominic in Youngstown.

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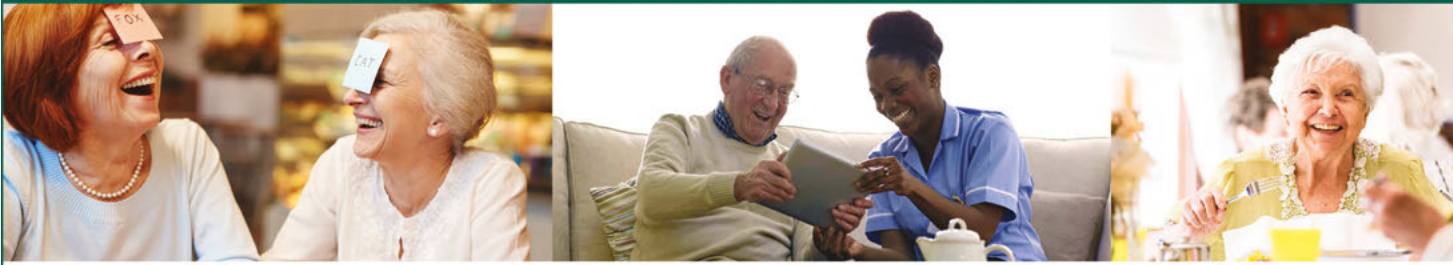
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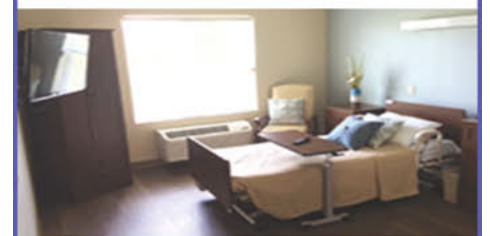
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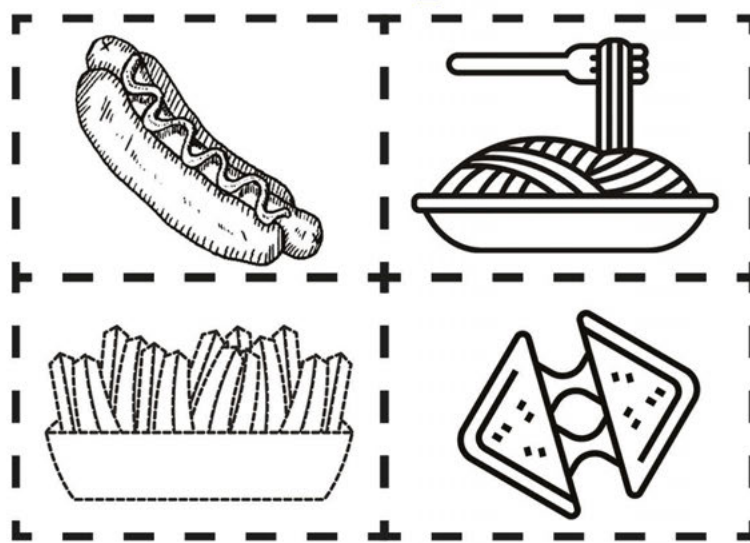
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## How parents can help children build social skills

While adults may joke about needing to relearn how to be around others in a post-pandemic world, children can also benefit from a refresh of certain soft skills – especially young children who may not remember pre-pandemic life.

Building on these skills can also help children prepare for a successful return to school. In fact, data from Mintel shows parents' top learning priorities for their children prior to entering grade school are how to play well with others (67%) and good manners (66%).

"Summertime is a great time for families to help their children focus on social skills that may not have gotten much attention this past year, particularly if families were social distancing or in quarantine," said Taunya Banta, inclusion services manager for KinderCare Learning Centers. "Parents can set their children up for success when school starts again in the fall by helping them work on these soft skills in relaxed settings like family gatherings and on the neighborhood playground."

Consider these ways parents can help their children build social skills.

**Name emotions:** Naming emotions is an important part of learning how to regulate them. If your children don't understand what emotions they're experiencing, they may be confused or upset by how they feel and that could amplify the feelings and make it more difficult to regulate the emotions.

Talk with your children about your own feelings, or the feelings of characters in books, to help them learn to identify emotions and appropriate ways to address those feelings. For example, "I'm sad, but I know a hug will help me feel better," or "I'm mad and that's OK. It's not OK to hit, but I can punch a pillow or stomp my feet to get the feelings out of my body." As a family, try practicing some simple emotion regulation strategies like deep breathing. To help younger children breathe deep, hold up two fingers and

ask them to smell the flower as they inhale (one finger) and blow out the candle as they exhale (the other).

**Play with other children:** Play gives children an opportunity to freely express their emotions and thoughts, work out feelings and explore relationships in a safe, lighthearted way. If you feel comfortable and can follow health and safety guidelines, visit a playground or set up play dates with other children of similar ages then take a step back to let the children play

together. If your children aren't ready to play with others, allow them to stay close to you until they feel ready to join the other children.

Once the children are playing together, observe their interactions and talk with your children (in the moment or later) about how they felt. If they had fun, ask what they enjoyed. If disagreements or awkward moments came up, help your children problem-solve ways they could address those situations next time.

Most importantly, remember children of all ages have an incredible capacity for resiliency," Banta said. "Just knowing they have a steady base to return to, a safe place where they're loved and appreciated for who they are, can give children the courage they need to face the challenge of a new or uncertain social situation with self-confidence and courage."

For more tips to help your children build or improve their social skills, visit [kindercare.com](http://kindercare.com).

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### Food Truck Tuesday at Ohio Living Lake Vista

The Little Red Food Truck, from Trumbull County, will be parked at the clubhouse of Ohio Living Lake Vista, 303 N. Mecca St. in Cortland, Aug. 24, from 11:30 a.m. to 1:30 p.m. and is open to the public. The menu includes gyros, Philly steak sandwiches, French fries, a variety of salads, hummus platter and various side dishes. Prices range typically from \$5-9.

Steve Vuich will provide musical entertainment. Steve plays the guitar and sings. He is well known around the Shenango and surrounding areas. Steve plays at area wineries and different venues.

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**Tax Solutions**  
By Jennifer J. Slywczak

### Tax pros should encourage clients to obtain IP PINs to protect against tax-related identity theft

Internal Revenue Service Security Summit partners today called on tax professionals to increase efforts to inform clients about the Identity Protection PIN Opt-In Program that can protect against tax-related identity theft.

The IRS, state tax agencies and the nation's tax industry - working together as the Security Summit- need assistance from tax professionals to spread the word to clients that the IP PIN is now available to anyone who can verify their identity.

Sharing information about the IP PIN Opt-In Program is sponsored by the Summit partners to highlight critical steps tax professionals can take to protect client data. This year's theme "Boost Security Immunity: Fighting Against Identity Theft" is an effort to urge tax professionals to intensify efforts to secure their systems and protect client data during this pandemic and its aftermath.

"An Identity Protection PIN prevents someone else from filing a tax return using your Social Security number," said Chuck Rettig, IRS commissioner. "We've now made the IP PIN available to anyone who can verify their identity. This is a free way for taxpayers to protect themselves, but we need the help of tax professionals to make sure more people know about it."

The IRS created Publication 5367, IP PIN Opt-In Program for Taxpayers, in English and Spanish, so that tax professionals could print and share the IP PIN information with clients. There are also special posters available in English and Spanish.

For security reasons, tax professionals cannot obtain an IP PIN on behalf of clients. Taxpayers must obtain their own IP PIN.

Summit partners urged taxpayers and tax professionals to protect the IP PIN from identity thieves. Taxpayers should share their IP PIN only with their trusted tax prep provider. Tax professionals should never store clients' IP PINs on computer systems. Also, the IRS will never call, email or text either taxpayers or tax preparers to request the IP PIN.

Tax professionals who experience a data theft can assist clients by urging them to quickly obtain an IP PIN. Even if a thief already has filed a fraudulent return, an IP PIN would still offer protections for later years and prevent taxpayers from being repeat victims of tax-related identity theft.

Here are a few things taxpayers should know about the IP PIN:

- It's a six-digit number known only to the taxpayer and the IRS.
- The opt-in program is voluntary.
- The IP PIN should be entered onto the electronic tax return when prompted by the software product or onto a paper return next to the signature line.
- The IP PIN is valid for one calendar year; taxpayers must obtain a new IP PIN each year.
- Only dependents who can verify their identities may obtain an IP PIN.

- IP PIN users should never share their number with anyone but the IRS and their trusted tax preparation provider. The IRS will never call, email or text a request for the IP PIN.

Currently, taxpayers may obtain an IP PIN for 2021, which should be used when filing any federal tax returns during the year. New IP PINs will be available starting in January 2022.

To obtain an IP PIN, the best option is the Get an IP PIN, the IRS online tool. Taxpayers must validate their identities through Secure Access authentication to access the tool and their IP PIN. Before attempting this rigorous process, see Secure Access: How to Register for Certain Online Self-Help Tools. The tool is offline between November and January.

If you are unable to validate your identity online and if your income is \$72,000 or less, you may file Form 15227, Application for an Identity Protection Personal Identification Number. The IRS will call the telephone number provided on Form 15227 to validate your identity. However, for security reasons, the IRS will assign an IP PIN for the next filing season. The IP PIN cannot be used for the current filing season.

Taxpayers who cannot validate their identities online, or on the phone with an IRS employee after submitting a Form 15227, or who are ineligible to file a Form 15227 may call the IRS to make an appointment at a Taxpayer Assistance Center. They will need to bring one picture identification document and another identification document to prove their identity. Once verified, the taxpayer will receive an IP PIN via U.S. Postal Service within three weeks.

The IP PIN process for confirmed victims of identity theft remains unchanged. These victims will automatically receive an IP PIN each year.

*Additional resources*

Tax professionals also can get help with security recommendations by reviewing the recently revised IRS Publication 4557, Safeguarding Taxpayer Data, and Small Business Information Security: The Fundamentals by the National Institute of Standards and Technology. The IRS Identity Theft Central pages for tax pros, individuals and businesses have important details as well.

Publication 5293, Data Security Resource Guide for Tax Professionals, provides a compilation of data theft information available on IRS.gov. Also, tax professionals should stay connected to the IRS through subscriptions to e-News for Tax Professionals and Social Media.

Jennifer J. Slywczak, CPA, is the owner of Integrated Accounting and Tax Solutions LLC, located at 3378 state Route 5, Cortland. You can reach her at 330-638-2727 or by email at [jennifer@jenjslycpa.com](mailto:jennifer@jenjslycpa.com). To sign up for monthly newsletters you can visit her website at [www.jenjslycpa.com](http://www.jenjslycpa.com).

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## Giving money to your grandchildren

If you're in a position to provide financial help to your grandchildren, your generosity is likely to be greatly appreciated. Here are some things to consider before acting on your desire to give younger family members a financial boost.

**Ways to provide financial assistance.** There's more than one way to contribute to your grandchildren's financial well-being. Select the method that works best for your circumstances and will make the greatest impact.

- **Open and contribute to a 529 plan.** If college is in your grandchild's future, a 529 college savings plan can be very helpful. If you go this path, your contributions would be tied to the stock market, offering the potential for growth over time. Future distributions will not be taxed, as long as the beneficiary uses the funds for qualified expenses.

other gift tax exclusions.

- **Buy stock.** Stocks and other investments can be purchased by you and gifted to another. You can also transfer ownership from existing stock holdings. Keep in mind if an investment has grown, the recipient will be responsible for paying taxes on any capital gains when the stocks are sold.

- **Create a trust.** A trust is a useful legal entity when you have significant wealth you'd like to share with your grandchildren. By establishing a trust, you decide at what age your beneficiaries can draw from the trust (while you're still living or after you pass) and the rate at which funds are distributed.
- **Give cash.** There's always the option to give the gift of cash.

**Know the tax rules.** Generally, the IRS requires disclosure of gifts of cash or assets (such as stocks or property) in excess of \$15,000 per recipient using IRS Form 709. Giving rules are per person, so both you and your spouse can each give up to \$15,000 per recipient without reporting it. While the giver is responsible for paying gift tax, the lifetime exclusion means you can currently give upwards of \$11 million in gifts without gift tax obligation.

**Ask before you give.**

Financial assistance can be a sensitive topic. Consider if your grandchildren's parents may want to know about financial gifts intended for their children. This is especially true if the children have access to money without any requirements for its use or if there's a history of money mismanagement.

**Consult your financial advisor.** To safeguard your own financial position, review your finances before making financial gifts. When giving is a priority, your financial advisor can help you draw down your assets while managing the tax implications.

*Column provided by Guidelight Financial Group offered through Ameriprise Financial Services, Inc. Member FINRA & SIPC.*



- **Co-sign on a loan.** Credit guidelines have tightened in recent years, making it harder for young people to qualify for loans. Consider co-signing a loan for a grandchild to help pay for school, a reliable car or a first home, as long as you would not be harming your own financial security to do so. Be sure to have a clear understanding of who is responsible for loan payments to avoid loan default.
- **Pay an expense directly.** You can pay college tuition as well as medical and dental bills on another person's behalf without incurring federal gift tax. Make payments directly to the school or provider to avoid using



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## Have news you would like to share?

The Cortland News is always looking for news about happenings in our area. Whether it's about an event, a budding college student, club news or business news, we want to hear from you. Simply send it to us at [editor@cortlandnews.com](mailto:editor@cortlandnews.com) and we'll take it from there. The Cortland News... "The Good News Newspaper."



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## Women's Equality Day celebration



Marti Flint and Danita Davis.

The community is invited to an event on Thursday, Aug. 26 to celebrate the 101th anniversary of Women's Right to Vote. The ceremonies will be in the Women's Park on North Park Avenue in Warren. The women's committee will

be in period dress and will be carrying signs and banners from the Women's Suffrage Movement and will parade as women did before them and gather at the podium in the Women's Park. The committee invites area women who wish to march in period costumes to join the in this small movement. The "Valiant Women of the Vote" program begins at noon.

Women were given the right to vote on Aug. 26, 1920 when Secretary of State Bainbridge Colby certified the 19th Amendment adoption. This year's program will honor Harriet Taylor Upton who was Warren's national celebrity at the turn of the 20th century. Special recognition will be given to Harriet's friends along with a musical presentation by Marlyce McCants.

Refreshments will be served following the program courtesy of

the co-sponsors at the Harriet Taylor Upton House located directly across the street from the Women's Park. The co-sponsors are League of Women Voters of Trumbull County, Harriet Taylor Upton Association, Warren Civic League, GFWC Warren Junior Women's League and GFWC Warren City Federation of Women's Clubs.

In addition, a glimpse of this historic day is encased in the display window at the Warren-Trumbull County Public Library. Constructed and formatted by the Women's Equality Committee, it is a visual sampling of the women's movement locally and nationally.



From left are Margaret Petrosky, Sue Smith, Sandy Mahaffey, Gloria Rogers, Marti Flint, Danita Davis and Esther Gartland. Absent from photo is Peggy Boyd and E. Carol Maxwell.



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**Trumbull County  
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By Teresa Merrick, R.N., PHN  
Trumbull County Combined Health District



## Vaping Learn the Facts

Vaping is the inhaling of a vapor or aerosol that is produced by an electronic cigarette (E-cigarette) or other vaping device. These devices are battery-driven and heat up its glycerin-based liquid. These liquids contain nicotine, flavorings or illicit drugs such as marijuana or THC, the psychoactive ingredient in marijuana.

Vape products are made to resemble flash drives, pens, erasers, lipsticks, cell phones, guitar picks and watches.

Flavored liquids mask the taste of nicotine and other chemicals. Choices range from gummy bears, cotton candy, chocolate, banana, peach and limes, to name a few. There are thousands of flavors that can be mixed to create even more that the consumer would like to try. These flavorings are what attract our youth to try vaping.

According to Partnership to End Addiction, "Nicotine doses can range from 2 ml/ml to more than 59 mg/ml." The product "JUUL contains 59 mg/ml of nicotine in each pod in the United States-an amount equal to about 1-2 packs of cigarettes." Flavorings are linked to respiratory diseases that damage lung tissue, causes chronic cough, shortness of breath and chronic pulmonary obstruction disorder (COPD). With teens, behavioral and mood changes, headaches, seizures and vomiting can occur.

Nicotine consumption at high levels can also affect heart rate, blood pressure, risk of heart attacks and stroke. In teens, nicotine is very addictive and can cause brain development changes such as poor attention span, learning and impulse control.

Some of the signs to look for if you think your teen is vaping is increased thirst, vaping dehydrates the mouth and throat. "Vaper's tongue" is associated with a loss of flavor perception, so vapers often add extra salt or spices to food. Chronic cough because vaping is irritating to lung tissue and could lead to pneumonia. Sweet smells due to flavored vape liquid like cotton candy, crème brulee and tutti frutti. Irritability because vaping nicotine can quickly lead to dependence and addiction and withdrawal symptoms often present as irritability and mood swings.

Try to understand why your teen vapes in order to help them.

If you are a teenager, or you want to help your teenager quit, the My Life, My

Quit program is a free and confidential service developed by National Jewish Health and can be reached by online enrollment at the website mylifemyquit.com or calling toll free 1-855-891-9989 for real-time coaching. They offer five coaching sessions by phone, live texting or chat with a coach who will listen and help navigate social situations while finding healthy ways to cope with stress. Additional text messages for support to quit smoking, vaping or chewing tobacco.

Help is available to ALL smokers wishing to quit, regardless of gender, race, sexual orientation or financial status.

If you are a teenager, the My Life, My Quit program is a free and confidential service developed by National Jewish Health and can be reached by online enrollment at the website mylifemyquit.com or calling toll free 1-855-891-9989 for real-time coaching. They offer five coaching sessions by phone, live texting or chat with a coach who will listen and help navigate social situations while finding healthy ways to cope with stress. Additional text messages for support to quit smoking, vaping or chewing tobacco.

The Ohio Tobacco Quit Line is confidential and free of charge. Call 1-800-784-8669 (1-800-QUIT NOW) or www.smokefree.gov. Available 24 hours a day, 7 days a week and languages such as Spanish, Chinese, Korean, Vietnamese, French and TTY are available. Eligible recipients may receive up to eight weeks of their choice of nicotine patches, gum or lozenges sent directly to your home.

A CDC funded cancer and tobacco disparity network called LGBT Health link is a community-driven network of experts and professionals enhancing LGBT health by reducing tobacco, cancer and other health disparities in our communities. They can be reached by calling 954-765-6024 or HealthLink@Lgbtcenters.org.

Mercy Health Regional Tobacco Treatment Center offers cessation services by calling 330-306-5010 X 101. The American Lung Association is also a statewide valuable source by calling English: 1-800-586-4872. Spanish: 1-800-LUNGUSA (1-800-586-4872) For more information on Quitting smoking go to smokefree.gov.



## Cortland Senior Center reopens

The Cortland Area Senior Citizen Center has reopened to host social and fitness activities at the senior center at Cortland Christian Church at 153 Grove Drive.

The center is open from 9 a.m. until 3 p.m. Mondays through Fridays, with activities such as cards, fitness, board games, puzzles, coloring, arts and crafts, walking, along with free coffee for visitors.

Lunches are also served around noon as coordinated by the Trumbull County Office of Elderly Affairs with a grant through Direction Home of Eastern Ohio. Make a reservation three days in advance by calling 330-509-2415 or by stopping at the center. The cost is \$3 for those 60 and older and \$6 for people younger than 60. Call Center Manager Diane Jordan at 330-509-2415 for more information.

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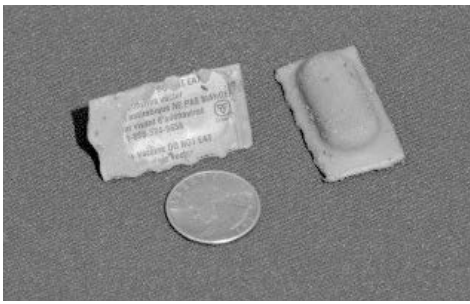
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## USDA conducting vaccine drops to combat wildlife rabies in Ohio and surrounding states



The U.S. Department of Agriculture (USDA), Animal and Plant Health Inspection Service, Wildlife Services, in cooperation with the Ohio Department of Health and several local county health departments in Ohio, will begin distributing oral rabies vaccine (ORV) baits for wildlife in parts of eastern Ohio and surrounding states this month. ORV baits have been distributed in Ohio through aerial drops and by hand since 1997 in partnership with state and local public health agencies and others as part of the USDA National Rabies Management Program. This effort seeks to prevent the westward movement of the rabies virus most often spread by raccoons by creating a barrier along the Appalachian Mountains from the Canadian border to Alabama.

ORV baits will be distributed using fixed-wing airplanes and helicopters, or from vehicles on the ground. The project, based out of North Lima, will take place in early to mid-August. From approximately Aug. 21-25, around 709,000 baits will be distributed by fixed-wing airplanes in rural areas of eastern Ohio and western Pennsylvania, including large rural portions of Ashtabula, Carroll, Columbiana, Jefferson, Mahoning, Trumbull, and Tuscarawas, and parts of Belmont, Geauga, Harrison, Lake, Monroe, Portage, and Stark counties. Over 525,000 baits will be distributed in Ohio alone. Baits will also be dispersed by helicopter in urban and suburban areas of eastern Ohio during the second week of August, including Carrollton, Courtland, Malvern, New Philadelphia, Sebring, Uhrichsville, Warren,

Waynesburg and Youngstown. Lastly, staff will distribute baits by vehicle in several towns, including Ashtabula, Conneaut, East Palestine, Geneva, Hubbard, Lisbon, Newton Falls, and Roaming Shores.

The vaccine distribution campaign in Ohio will use an ORV bait called ONRAB. The vaccine, which is contained in a blister pack, is covered in a waxy green coating that has a sugar-vanilla smell. The odor attracts targeted wild animals, such as raccoons, who eat the baits and are then vaccinated against rabies. ONRAB has been safely distributed in parts of Ohio since 2012 as part of an ongoing field evaluation to assess the effectiveness of the ORV bait in raccoons and skunks. The vaccine baits have been proven safe in many species of animals, including domestic dogs and cats. Humans and pets cannot get rabies from contact with the baits. If found, leave the baits undisturbed. If a person has contact with a bait, immediately rinse the contact area with warm water and soap. Do not attempt to remove a bait from an animal's mouth, as you could be bitten. Ingesting the bait will not harm your pet. If your pet has eaten several baits, the pet may experience vomiting or diarrhea that is self-limiting.

Rabies is caused by a virus that infects the central nervous system in mammals and represents a serious public health concern. If exposures to the virus are not treated it is almost always fatal. Costs associated with detection, prevention and control of rabies may exceed \$500 million annually in the U.S. According to the Centers for Disease Control and Prevention, about 90 percent of reported rabies cases in the U.S. are in wildlife. People are urged not to make contact with or feed wildlife and to keep pet rabies vaccinations current.

For more information about the National Rabies Management Program, visit: <https://www.aphis.usda.gov/aphis/ourfocus/wildlifedamage/programs/nrmp>

## App available for Canfield Fair



The Mahoning County Agricultural Society, the governing body for the Canfield Fair and Canfield Fairgrounds announces that a new app was released just in time to help the fairgoer navigate their way through the 175th Canfield Fair.

Benefits of the app include:

- A one stop shop for advance purchase tickets to the Grandstand shows and admission tickets
- Direct links to the Jr. Fair livestock

auctions for online bidding\*

- An Interactive GPS map that allows you to pin and name significant locations so you will never wonder where you parked or which food vendor has the lemon shake refills
- An interactive schedule of events which will help you plan your day visiting the many events and attractions that the fair has to offer – set your schedule and get alarms so you never miss a minute of the fun!
- A comprehensive list of the all the vendors so you can find your favorite foods
- A photo hunt challenge that will allow you to win prizes
- A push notification system that will allow alerts and updates to be sent in the event of an emergency

\*not live yet, will be available closer to the fair

The app is available to download for free in the App Store and on Google Play by searching CANFIELD FAIRGROUNDS. The 175th Canfield Fair takes place Sept. 1-6 at the Canfield Fairgrounds. More information may be found at [www.canfieldfair.com](http://www.canfieldfair.com)



## Behold, The Tomato Poem

By Bob Adkins

Succulent, firm, and easy to grab,  
Tethered to the vine, delicious to nab.  
Attached to the vine, secure, but not too tight,  
Green, 5 or 6 fingered connector hangs upright.

Life flows through from the clinging tomato vine,  
"Man putteth forth his hand" and feels the Divine.

Perhaps sees as a sign.

Nectar from his God flows up from the Earth.

He knows it springs forth from the sweat of his brow,  
Deep in the earth minerals nourish galore.  
Shape its color for the pleasure of his eye,  
Rain from the Heavens flow from the sky.

His taste buds are pleased he knows not why,  
Seeds for the future float in a brew,  
Sweetens his lips with a heavenly dew,  
Bob, says to his God, "Now pray tell what else is new?"

By Bob, while eating his home grown tomato and contemplating the Stem, July 25, and being serenaded by Cicadas from the forest canopy on Woodview Ave.

## 910th wins inaugural 22nd Air Force Battle Born Trophy



The 910th Airlift Wing was recently awarded the inaugural Battle Born Trophy by 22nd Air Force Commander Maj. Gen. John Healy.

The Battle Born Trophy was created by the Cobb Chamber of Commerce in partnership with 22nd AF to highlight the relationship between the Air Force Reserve, the Cobb Chamber and the local community and honor the 22nd AF's past. The 22nd AF began as the Domestic Division, Air Corps Ferrying Command, and was established on Dec. 28, 1941, Washington D.C.

Earlier this year, the 910th Aircraft Maintenance Squadron's fabrication flight was tasked by the 22nd AF to build the inaugural Battle Born Trophy to be presented to the 22nd Air Force unit that best represented the commander's priority of "Readiness Now" during the previous year. The flight's response was a 100-percent in-house additive manufactured and scaled-down version of the original trophy, which will remain on display at 22nd AF headquarters at Dobbins Air Reserve Base, Georgia, and feature a placard listing each year's winning unit.

Chief Master Sgt. Darin Wesoloski is the fabrication flight chief assigned to the 910th AMXS.

"A previous MXG (910th Maintenance Group) commander, Col. Sharon Johnson, who is now the director of staff at 22nd, knows our capability and knows our willingness to help wherever needed," said Wesoloski. "She put the bug in their ear down there (Dobbins ARB) that it would be a good idea to hit us up, see what we can do and challenge our abilities with additive manufacturing."

Tech. Sgt. Jim Phillis Jr., an aircraft metals technician with the 910th AMXS, worked with Brock Elsea, a mechanical engineer with the base civil engineers, to render the trophy as a 3D computer graphics model consistent with the original trophy's parameters. They then printed the trophy in five pieces on an AON-M2 High-Temperature Industrial 3D Printer, assembled it and applied finish.

"We built it, and then Maj. Gen. Healy came up for (910th Airlift Wing Commander Col. Jeff Van Dootingh's assumption of command ceremony)," said Wesoloski. "So for a practical joke...we made the placard for the front of it saying that we won. We met Gen. Healy up in the wing commander's conference room and we had it on the table all covered up and we presented it to him to hand back to us saying that we won. Well the joke was, we come to find out...we actually won it."

Van Dootingh, who was just installed as the 910th Airlift Wing Commander in June, said he's proud of the 910th's achievements during 2020, especially given the unprecedented pandemic.

"Our motto is 'combat ready today for tomorrow's fight,'" Van Dootingh said. "This award is a testament to the men and women of the 910th who work incredible hours to ensure we are always ready to answer our Nation's call."



## Kid-friendly brain food for busy school days

Starting a new school year, whether in the classroom or online, brings excitement for kids of all ages. Opportunities to see friends, make new acquaintances and explore new areas of interest abound.

Along with the exciting times can also come early mornings with hectic moments getting ready, including making sure that lunches and snacks are packed for the day ahead. Keep fresh grapes from California on hand as an easy, fresh staple ready to drop into lunches and pack as a portable snack – no need to peel, cut or slice.

Heart-healthy grapes are brain food too, and a healthy choice any time of day to help fuel young minds in the classroom or after school.

Grapes also pair well with other healthy ingredients to create fun and tasty snacks such as these Peanut Butter Grape Bites. Involving your kids in the process can be beneficial, and is as simple as asking them to complete one of several child-friendly tasks: rinsing grapes, measuring ingredients or, perhaps the most fun part, dipping grapes in peanut butter, coconut, dark chocolate or almonds.

Providing children with ways to help in the kitchen can give them a sense of accomplishment while teaching them important skills like math and how to follow instructions.

To find more back-to-school recipes for kids and families, visit [GrapesFromCalifornia.com](http://GrapesFromCalifornia.com).

### Peanut Butter Grape Bites

Prep time: 10 minutes  
Bake time: 5 minutes  
Yield: 12 pieces

- 12 California grapes, any color, chilled
- 1/3 cup natural peanut or almond butter
- 1/4 cup shredded coconut
- 1/4 cup chopped dark chocolate
- 1/4 cup chopped almonds

Place wax paper sheet on baking sheet. Dip each grape in peanut butter or almond butter to coat half then dip in either coconut, dark chocolate or almonds, alternating with each grape.

Transfer grapes to baking sheet then chill until ready to serve.

Nutritional information per serving: 70 calories; 2 g protein; 4 g carbohydrates; 5 g fat (64% calories from fat); 1.5 g saturated fat (19% calories from saturated fat); 0 mg cholesterol; 25 mg sodium; 1 g fiber.



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# Ohio Living Lake Vista to host Chautauqua 100th anniversary of Ohio Living

By Sally Lane

Ohio Living Lake Vista will be hosting a Chautauqua on Sept. 24 and 25 at its Lake Vista campus, 303 N. Mecca St., Cortland. The event will honor the 100th anniversary of Ohio Living, which has several campuses around Ohio.

“Save the date” for this fantastic celebration, which is open to the public. Modeled after events that

began in Chautauqua, N.Y. over a century ago, the Lake Vista campus will feature a large tent by the pond for historical presentations, strolling musical entertainment, a food truck, stilt walking, balloons and a hula hoop show.

More details will be included in the Sept. 4 issue of The Cortland News.

## Greene Alumni Banquet Sept. 4

The Greene Alumni Banquet, which is normally held on Memorial Day weekend, is being held this year on Sept. 4 at the Mecca Community Church, 5920 Phillips Rice Road, Mecca. All graduates of Greene School and those graduates that resided in Greene

Twp. after the 1960 consolidation of Maplewood Schools are invited. Doors open at 5 p.m. with a Swiss steak dinner at 6 p.m. The cost is \$13 with a reservation or \$15 at the door. Call Patti Ladanyi Peterson at 330-647-4591 no later than Aug. 18.

## Lions Club French Fry stand serves good purpose



The Lions Club French Fry stand has been many places over the last few months raising money for all the good things they do for our community. Recently they were in O'Reilly's Auto Parts parking lot. Cortland resident Louis Goranitis was purchasing hot dogs, drinks and of course those famous French Fries! Lions Club members Dawna Wiland and Chuck Corbett were serving him. All the money raised goes directly back into our community, so please help support them.

# ODA & ODNR advise poultry owners to protect flocks from unknown illness



With recent reports of sick and dying songbirds in Ohio and surrounding states, the Ohio Department of Agriculture (ODA) and the Ohio Department of Natural Resources (ODNR) are encouraging hobby and backyard poultry owners to take steps to protect their flocks.

In an effort to deter the yet-unidentified source of illness and death, ODNR is advising Ohioans to stop feeding wild birds and remove and clean bird feeders, particularly if they are seeing sick and/or dead birds in their area.

“Presently, we are not sure what is causing these illnesses and deaths in songbirds,” said Dennis M. Summers, DVM, DACVPM, Interim-State Veterinarian for Ohio. “We are communicating with ODNR to assist in the reporting of sick and dying birds. Laboratory testing is being conducted, but the cause has not yet been determined.”

Poultry owners are encouraged to protect their chickens, ducks, turkeys, and other domestic species from any potential exposure to wild birds.

“Prevention is the best strategy at this point. Maintain good biosecurity practices to reduce the risk to your flocks,” says Dr. Summers. “Biosecurity refers to everything that owners do to

keep diseases away from their flocks. It is an active effort that owners can practice every day.”

Good biosecurity practices include keeping visitors to a minimum, washing your hands before and after contact with live poultry, and using disposable boot covers or disinfecting boots after contact with flocks.

Clean and sanitize feeders, waterers, and other equipment. Monitor for dead or dying wild birds on the property and reduce exposure to feral animals that may carry dead birds to your property. Keep poultry in a fenced space and contain them to the coop or barn when possible.

“It is critical that flock owners look for signs of illness and report any unusual illnesses in your birds,” says Dr. Summers.

Report sick birds. Don't wait. If your birds are sick or dying, call a local veterinarian, cooperative extension service, or state veterinarian's office (614-728-6220). You can also call the USDA sick bird reporting line, toll-free at 1-866-536-7593.

Illness or death in wild bird species should be reported to ODNR at: Bird Disease Reporting | Ohio Department of Natural Resources (ohiodnr.gov)

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## In Memory of Jean Bolinger

By Carole Wiley

“Rise Against Hunger,” an important community event, will again be held on Saturday, Sept. 18 at Lakeview High School. This event was brought to Cortland a few years ago by Jean Bolinger. Many of us remember Jean vividly. Jean did so much for Lakeview Outreach and Fellowship (LOAF), Prince of Peace Church, and our entire community during her years here. She passed away on March 4, 2019.

She continues to be missed in so many ways. Her family decided to hold another “Rise Against Hunger” in honor of Jean’s memory. Clyde Bolinger, Jean’s husband, is the only relative still living here. Her many other relatives are spread out around the country. Most of them will be in town to participate in the event. Additionally, they as a group, are financing the entire cost. They are dedicated and generous people just like Jean was.

“Rise Against Hunger,” located in Pittsburgh, sponsors the event. They supply the grain-like food. From this, approximately 50 volunteers will package about 10,000 meals over a three hour time period! The recipients will then add various flavorings and liquids for the family to consume the resulting meal. These meals will feed approximately 47 people for one year. Many Lakeview High School students, LOAF members, and others, volunteer for this surprisingly fun morning! It’s a great “coming together” of a worthwhile community event.

Mark your calendars: Saturday, Sept. 18, 9 a.m.-12 noon at LHS. If you want to volunteer or you have questions, please contact Carole Wiley at 330-720-9136 or [cwiley9@yahoo.com](mailto:cwiley9@yahoo.com). Thank you.

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