

CortlandNEWS

"The Good News Newspaper"

Vol. 17 No. 5

January 16, 2021

Serving the Lakeshore Communities

Let's Beat Covid 19 Together



STAY SAFE, STAY HEALTHY, STAY HAPPY!

Happy New Year

Welcome 2021!

By Sally Lane

The good news is that 2020 is over. Unlike other years though, throwing out the stale holiday

cookies and going on a diet is not going to cut it when compared to what needs to be done in 2021 to bring our world back to "normal."

"Normal" may not be the best word to describe to what we will return when this pandemic is over. Our vocabulary has changed. We "virtually" attend meetings with Zoom. We have drive-by parades, parties, events. We mask up in stores and are socially distanced. Add elbow bumps and leave out hugs. In these last several months we have come to the realization how much we value the physical closeness of cheering at sports events, or gathering to worship, and how much it means to share time with friends, relatives, and fellow workers.

We learned a lot in 2020 about ourselves that will help us in the future. Perhaps many of us began doing more cooking at home and eating together as a family. My own grown children have requested some of the food they

enjoyed as youngsters. Homemade soup, stews, roast chicken, meatloaf and desserts have become popular again, and grandma is thrilled to share recipes for these family favorites.

Not only food, but old games have gained new enthusiasts, as have puzzles and crafting. Not everything dates to grandparents' days, and our grandchildren enthusiastically enjoy the old Nintendo games their parents loved.

With all that being said, it will be nice to have the kids return to a traditional school day, nice to go out to eat, nice to shop without a mask ... just plain nice to be around people. For those of us who worked from home, we found that it can be done to a certain extent, but many of us miss the camaraderie of bouncing ideas off our co-workers, sharing ideas or working together to finish projects.

Looking back over the last several months in Cortland, we can be proud of our town and our neighbors. Our organizations, churches, businesses and

citizens have worked tirelessly to help others. Thousands of dollars, tons of groceries, clothing and other necessities were raised and distributed. Neighbors - a particular thanks to my neighbors - shoveled driveways, shared cookies, checked on each other to make the darkest part of 2020 less scary.

When I first sat down to write this new year's front page editorial, I was worried about the dreariness of 2020 with so many problems for many of us. A conversation with a fellow Cortland News writer, Thom Foley, brightened my outlook to notice all the good things that emerged and will continue to emerge from 2020. "The people of Cortland are tough," he said - and proactive. We are a community that gives, solves problems and cares - not just in our town, but all over our county.

Happy 2021 to all of us!

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CORTLAND CITY

CITYOFCORTLAND.ORG

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City Hall 330-637-3916	Dispatch 330-675-2730
Fax 330-637-4778	Police - Business 330-638-1000
Clerk of Council 330-638-0142	Fire - Business 330-637-2891
Service Director 330-637-4637	

MEETINGS

CITY COUNCIL First and Third Monday of each month Tuesday, Jan. 19, 6:50 p.m.. Monday, Feb. 1, 7 p.m.	PARKS AND RECREATION Second Monday of each month Monday, Feb. 8, 5 p.m.
CORTLAND CITY COUNCIL Read the minutes from Cortland City Council meetings at www.cityofcortland.org under City Council Minutes.	PLANNING & ZONING Second Monday of each month Monday, Feb. 8, 7 p.m. Meetings and agenda of Council and Planning meetings area available at www.cityofcortland.org

CORTLAND CITY COUNCIL MEETINGS ARE NOW ON ZOOM

A link to each meeting will be posted on the city website www.cityofcortland.org

BAZETTA TOWNSHIP

BAZETTATWP.ORG

Admin Building 330-637-8816	FIRE - POLICE - RESCUE 911
3372 State Route 5 fax: 330- 637-4588	Police Department 330-638-5503
Trustees, Clerk, Zoning Inspector and Cemetery Sexton 330-637-8816	Fire Station #11 330-637-4136
Road Department 330-637-8311	3000 Warren Meadville Rd Non Emergency Calls 330-675-2730

BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second Tuesday of each month,
unless otherwise noted.

Tuesday, Feb. 12, 7 p.m. - A 60 minute caucus with department heads preceding.

Meetings held via ZOOM. Visit www.bazettatwp.org

LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m.
in the Lakeview High School Media Center, unless otherwise noted.

Monday, Feb. 8, 6 p.m.

Area Service Clubs

Bazetta-Cortland Optimist Club Charlie Harper 330-847-0114	Friends of the Cortland Library Di Matijejevic 330-637-2717
Cortland-Bazetta Historical Society and Museum Sally Lane 330-638-2330	Johnston Senior Center Diana Shimko 330-924-0412
Cortland Lions Club Frank Danso 330-637-3621	Lakeview Outreach and Fellowship (LOAF) 330-720-9136
Cortland Masonic Lodge #529 Chuck Chagnot 330-307-3405	League of Women Voters of Trumbull County Terri Crabbs 330-637-3845
Cortland Opal Chapter #181, O.E.S. Carla Kahler 330-856-2356	Moose Lodge #1012 330-637-9957
Cortland Rotary Club Dr. Lance Grahm 234-244-4282 lancegrahm@yahoo.com	The Opera House Maribeth Albu 330-219-1488
Four Seasons Garden Club Becky Bucco 330-637-9115	SCOPE Darlene Fry/Diane Jordan ... 330-637-3010
	Warren-Trumbull Branch of AAUW Jennifer Soloman 330-637-3483

Please contact the Cortland News if you would like your organization listed here.

Our Next Issue ... February 6, 2021

Our theme will be Valentine's Day

Article Deadline by Jan. 22 • Display Advertising Deadline is Jan. 27
Email articles to editor@cortlandnews.net

The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or omissions.

Cortland News SELF SERVE Paper Box Locations

Cortland Bank 4 Star Diner Vasilios
Lakeside Sport Shop Top Notch Diner

PUBLISHER
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Jim Woofter - Publisher/Owner
330-565-2637
info@cortlandnews.net

EDITOR
Jean Corliss
editor@cortlandnews.net

GRAPHIC DESIGNER
Tracy Omerzo

PHOTOGRAPHERS
Jim Woofter
Sally Lane

ADVERTISING SALES
Jim Woofter - 330-565-2637
Thom Foley - 330-727-5688

FEATURED JOURNALIST
Sally Lane

LOCAL COLUMNISTS / JOURNALISTS

Rev. Donald P. Barnes
Rev. C. R. Chapman
Jean A. Corliss
Christine Dorma
Thom Foley
Evelyn Shealey
Tom Shortreed
Jennifer J. Slywczak

CONTRIBUTORS

Jill Freeman
Teresa Merrick, R.N., PHN

CONTACT INFORMATION

Please direct correspondence to:
Cortland News
P.O. Box 56
Cortland, OH 44410
(330) 565-2637

www.cortlandnews.net

We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

Article submissions to:
editor@cortlandnews.net

Display and classified advertising and photographs to:
sales@cortlandnews.net

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.

SCAN TO VISIT CORTLAND NEWS



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Community Events Event Calendar January 16 – February 6

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. See pg. 2 and 4

Lakeview Local School activities and sports schedules visit www.lakeviewlocal.org.

American Red Cross blood donations, various dates. www.redcrossblood.org or 1-800-733-2767.

SCOPE Senior Services Ukulele classes, Tuesday and Thursday mornings, 8-10 a.m., SCOPE's Niles Senior Center, 14 East State St., Niles. See pg. 9

Warren-Trumbull County Public Library events. See pg. 14

Youngstown Nighthawks Soccer League, Cortland League schedule, visit www.facebook.com/ytownnighthawks

JANUARY

- 18 Martin Luther King Jr. Day
- 18 Cortland City Offices Closed

"The time is always right to do what is right."

~ Martin Luther King Jr.



Business News & Notes

By Thom Foley

I hope you don't get into a fender bender this winter. But if you do **Daffron's Auto Body** is the best "fender UNbender" around.

If you need honest insurance advice check out **Mayflower-Wollam Insurance** on Main Street. They have serving our community for almost 100 years.

Take your family to Cosmic Bowling at **Cortland Lanes**. Good clean affordable fun for the whole family and one of the safest places to visit.

Centerra is having a winter clearance on all Christmas and winter items as well as all holiday decoration items. They have cleaned out the warehouse so what deals you can find! UP TO 80% OFF some items!

Auntie V's Pizza is closed Jan. 18, 19, 20 and 25, 26, 27 for their well-deserved winter vacation. Watch for some great Super Bowl Specials when they reopen on Jan. 28.

Vlad Pediatrics is now taking new patients so call soon for a visit for your children.

Is a new home on your New Year's Resolution list? Then CALL **JODY SOVA!**

Have a dog? Then you should

check out **Totally Dog**. They have high quality dog food, offer certified dog training and dog sitting services. On top of that they have one of the best dog trainer and doggy day cares anywhere in the county - **Elite K9 Training & Doggy Daycare**.

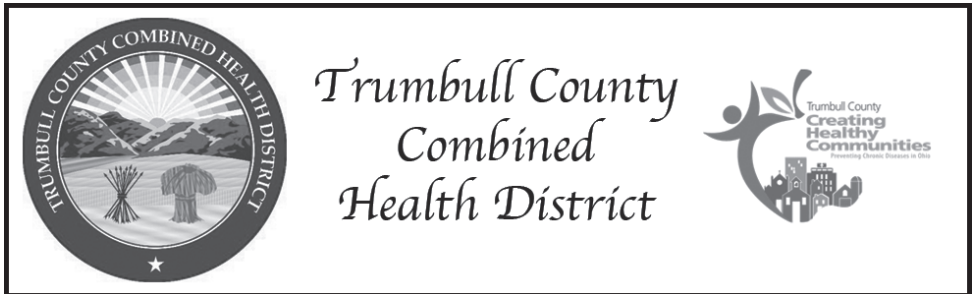
Legal questions? Need a will? Need help with trusts, estates, OVI? Family Court issues? **Attorney Robert Platt** can help you with all these issues.

MD Denna Heating & Cooling just gave my furnace its annual winter checkup. They can keep yours running smoothly too. Don't get caught in the cold this winter.

Campbell Carpet has all kinds of flooring for your home. Don't get fooled by the big box stores alleged lower prices. Get the lowest TOTAL price along with great quality and personal service.

Did you know that **Cortland Mower** offers free pick-up and delivery on your riding lawnmowers from now through the end of February? I got mine serviced and it's back already!

Action Physical Therapy is a great place to go for those post-surgery rehabs or winter injuries. They will get you back on the top of your game quickly!



Tobacco use in LGBTQ population

By Teresa Merrick, R.N., PHN
Trumbull County Combined Health District

The Center for Disease Control (CDC) states that "cigarette smoking among the Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) population is around 20.5% (1 in 5) compared to 15.3% (1 in 6) of the straight community."

LGBTQ individuals often have risk factors for smoking that include daily stress related to prejudice, actual and perceived social stigma, anti-gay harassment and discrimination that they may face. Other risk factors include younger age, educational attainment, alcohol use, other drug use and depression. Social life factors such as reliance on bars and other settings with high rates of smoking for social interaction and "Bar Culture" promoting drinking alcohol and smoking cigarettes. Many smokers report feeling stigmatized because they smoke, distancing themselves further from others within the community.

According to research by the National Jewish Health, many rationalize smoking by being skeptical of the overall harm attributed to tobacco and smoking compared to other health threats such as HIV/AIDS, anti-gay

violence, etc. Another factor is self-image, body-image and concerns with weight gain upon cessation. Heavy smoking can trigger immune system changes that worsen the prognosis for infectious diseases such as sexually transmitted disease and hepatitis C.

This population of individuals are less likely to have health insurance, which may negatively affect health, as well as, access to cessation treatments, counseling and medications to quit. Interventions should address LGBT specific issues, including the many roles of smoking and tobacco use, body image and weight control concerns, connection between alcohol and smoking, and exploring smoke-free venues for social interaction.

CDC's research showed that the marketing campaign "Project SCUM (sub-culture urban marketing)" was created in the mid-1990s by a tobacco company to specifically target LGBT and homeless populations. Philip Morris settled a boycott by pledging large donations to AIDS research and programs. They gained access to the LGBT market, quickly leading the way for other tobacco companies to follow suit.

Continued on page 5

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Christine Broberg
 Funeral Director

What's "news" in the City of Cortland

By Christine Dorma, Administrative Assistant

Welcome 2021!! Happy New Year!!

Higher Water Usage?

Running toilets and faucets are the most frequent cause of higher water use. You can check to see if you have a leak several ways:

- Take a meter reading before you go to bed when no one will be using water. In the morning, take another reading – if there is a change, water ran through the meter overnight and you may have a leak.
- Place a few drops of food coloring in the tank. Do not flush the toilet. If after 15 minutes color shows up in the bowl, the toilet has a leak.
- Check to see if the water level in the tank is too high and spills into the overflow tube.

Leaky toilets can usually be repaired inexpensively, but even a small leak over several months can make a large difference in your bill.

Sled Hill at Eastlake Park

Do the kids need something to keep them busy? Head out to the park at 422 N. Mecca St., open from dawn to dusk.

Winter Weather

Remember that sidewalks are the responsibility of the property owner. Please keep them clear of snow and ice. Watch the eNews and the community sign in front of Speedway for parking ban announcements.

Dates to Remember

- Jan. 19 – Council Meeting – 6:50 p.m.
- Feb. 1 – Council Meeting – 7 p.m.

AWL Adopt A Pet

ANIMAL WELFARE LEAGUE

Meet Sara! Sara is one of the happiest girls you will ever meet! She is about 3-years old and loves to jump around and play like a puppy. Since arriving on the first of October, this lovebug has been stealing the hearts of AWL staff and volunteers. Sara did test positive for heartworm upon intake, but she has undergone treatment like a champ! Due to her enthusiastic personality, Sara will do best in a home with older kids and no cats. Contact the Animal Welfare League of Trumbull County at 330-539-5300 for more information.

Meet Kaiser! This sweet boy with a heart of gold is waiting to meet his new best friend. Kaiser is a 5-year old goofball that enjoys being showered in affection and cuddles. In October, Kaiser was transferred to the AWL from the Trumbull County Dog Pound. We do not know much about Kaiser's history, but we do know he is a great dog! Kaiser's tail is always wagging and ready for adventure. He does great on a leash and would make a wonderful walking buddy. For more information on adoption, visit the Animal Welfare League of Trumbull County's website at awlrescueme.com.

"AWL Adopt A Pet" Brought to you by

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Warren Junior League raises funds for NEOCRC



From left are Dodie Baritell, club treasurer; Mary Lou Jarrett, club president; Michael Crogan, Northeastern Ohio Children's Rehabilitation Center executive director; and Tammy Metzger, luncheon treasurer.

GFWC Ohio Warren Junior Women's League recently raised funds to supplement the annual donation from its annual champagne luncheon, which was canceled due to the COVID-19 pandemic. Club members, past luncheon guests and sponsors raised \$6,000 for the Northeastern Ohio Children's Rehabilitation Center (NEOCRC) to assist in providing outpatient pediatric physical, speech and occupational therapies to children in order to instill hope and promote independence to grow self-esteem.



LGBTQ individuals are at a higher risk of smoking.

Don't become a part of this statistic.

Ohio Tobacco Program
 Quit Line: 1-800-QUIT-NOW
 330-784-8669

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Public Health
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 Trumbull County

ON COURSE

Navigating your Insurance Needs

*Presented by Jill Freeman,
Ann M Wiley Insurance Services*



What is Final Expense insurance?

Final expense is a type of life insurance. Final expense insurance is for people on fixed budgets. It is designed to be a consistent and controlled cost that is paid monthly until the time of death. Typically, you can get a plan that costs less than a utility bill. Would your family be able to pay for your final expenses when you die? Some examples of expenses that your loved ones may need to pay after your passing include funeral and burial

expenses, attorney fees, medical bills and payment of any outstanding debts. Funeral costs alone are currently estimated at \$7,000 - \$11,000. Final expense plans have many guarantees such as fixed premium, fixed death benefit, once issued it can not be cancelled as long as the premiums are paid.

Ann M Wiley Insurance Services is located at 3470 Warren Meadville Road, Cortland and can be reached at 234-244-4014.

Cortland Mower announces winner of Cub Cadet snow thrower

As part of the 2nd annual "Bag Hunger" program, Cortland Mower offered contributors a chance to win a new Cub Cadet snow thrower. This year's winner was Pam Himes who is flanked by Heidi Kellar and Sam Boyd of Cortland Mower. The program benefited three local food programs and resulted in over 150 bags of food and over 2,000 cans of vegetables.



Congratulations!!

Tobacco use in LGBTQ population

...continued from page 3

The tobacco companies focused on menthol cigarettes, which causes cravings for more tobacco, are easier to get and harder to quit. They hosted free giveaways and free tobacco merchandise. Advertisements were quickly placed in the LGBTQ communities and stores. They started community outreach events, such as local promotions like "LGBT Bar Nights" featuring their specific cigarette brands, according to truthinitiative.com.

Help is available to ALL smokers wishing to quit, regardless of gender, race, sexual orientation or financial status.

The Ohio Tobacco Quit Line is confidential and free of charge. Call 1-800-784-8669 (1-800-QUIT NOW) or www.smokefree.gov. Available 24 hours a day, 7 days a week and languages such as Spanish, Chinese, Korean, Vietnamese, French and TTY

are available. Eligible recipients may receive up to eight weeks of their choice of nicotine patches, gum or lozenges sent directly to your home.

A CDC funded cancer and tobacco disparity network called LGBT Health link is a community-driven network of experts and professionals enhancing LGBT health by reducing tobacco, cancer and other health disparities in our communities. They can be reached by calling 954-765-6024 or HealthLink@Lgbtcenters.org.

Mercy Health Regional Tobacco Treatment Center offers cessation services by calling 330-306-5010 X 101.

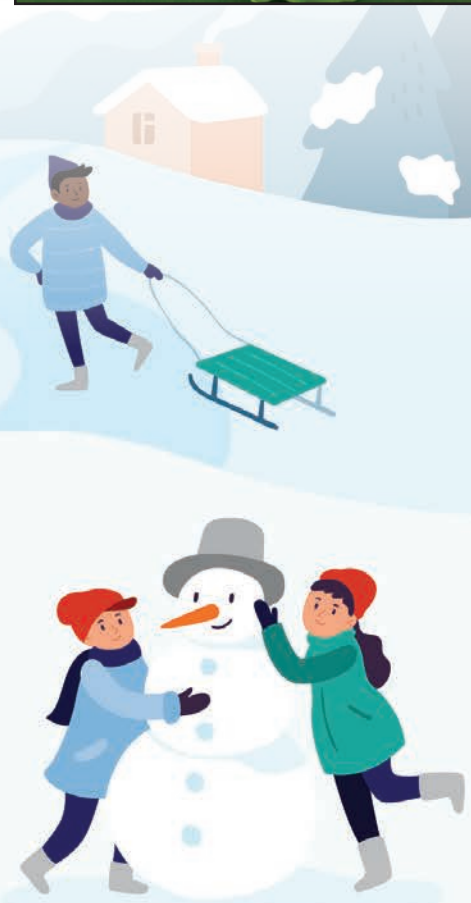
The American Lung Association is also a statewide valuable source by calling English: 1-800-586-4872. Spanish: 1-800-LUNGUSA (1-800-586-4872)

If you are a teenager, the My Life, My Quit program is a free and confidential

service developed by National Jewish Health and can be reached by online enrollment at the website mylifemyquit.com or calling toll free 1-855-891-9989 for real-time coaching. They offer five coaching sessions by phone, live texting or chat with a coach who will listen and help navigate social situations while finding healthy ways to cope with stress. Additional text messages for support to quit smoking, vaping or chewing tobacco.

Source: Truth Initiative "Tobacco use in LGBTQ communities." <https://truthinitiative.org/research-resources/targeted-communities/tobacco-use-lgbt-communities>.

CDC: Lesbian, Gay, Bisexual and Transgender Persons and Tobacco Use/CDC <https://www.cdc.gov/tobacco/disparities/lgbt/index.htm>



Have snow much fun this year!

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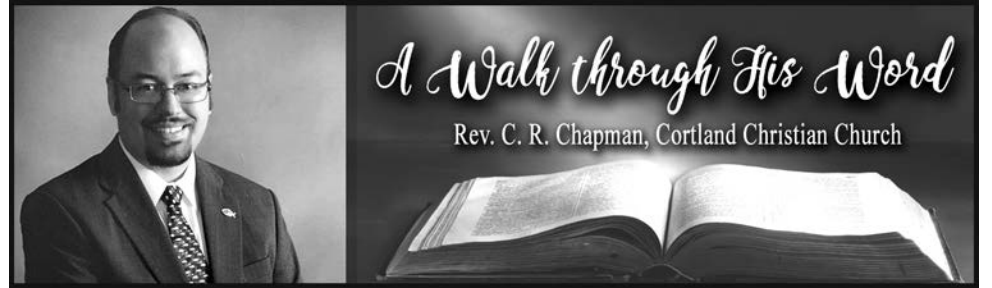
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Politsky named Director of Development

Lucas (Luke) Politsky has been named the new Director of Development and Stewardship for the Diocese of Youngstown. He had served as the Fund Development Specialist since 2018. He replaces Patsy Palombo, previous Director of Development & Stewardship, who retired in June 2020 after 40 years of service to the diocese.

In addition to continuing the activities of the Fund Development Specialist, the Office of Development & Stewardship under his leadership will regain oversight and administration of the Annual Bishop's Appeal, previously the responsibility of the Department for Social Concerns since 2015.



New Wine, New Year

John 2:1-5, 9-11 HCSB

On the third day a wedding took place in Cana of Galilee. Jesus' Mother was there, and Jesus and His disciples were invited to the wedding as well. When the wine ran out, Jesus' mother told Him, "They don't have any wine." "What has this concern of yours to do with Me, woman?" Jesus asked. "My hour has not yet come." "Do whatever He tells you," His mother told the servants...

When the chief servant tasted the water (after it had become wine), he did not know where it came from – though the servants who had drawn the water knew. He called the groom and told him, "Everyone sets out the fine wine first, then, after people have drunk freely, the inferior. But you have kept the fine wine until now." Jesus performed this first sign in Cana of Galilee. He displayed His glory, and His disciples believed Him.

The old year is gone, the new year has come. So many believe that with the new year that the problems of 2020 will simply disappear, but that is not the case. The turning of the calendar is not like the flicking of a light switch. It is important that we realize this so that we will not fall into despair. Life has its bright moments, and this I pray that the new year will be filled of, but there are many shadows to pass through in this life too.

Many people feel depleted. They ask themselves, "How can I handle any more of this?" You could say our wine has run out, that is our energy, our collectiveness of mind, our patience. Yet I know a person who can make new wine, that is a person who can give us a fresh burst of energy, who can calm our minds, and who can restore our joy. He is Jesus the Christ. Through the various signs that He performed while

on this earth, He has shown us that He is God and can do anything. He can grant us help when we feel helpless, rest when we feel restless, peace and we feel peaceless. All that we must do is believe and follow Him.

The book of John is a wonderful place to start reading the Bible. It is my personal favorite book. Jesus awaits to speak to you through His Holy Word. I teach in my church that prayer is a 2-step process. First, we speak to God, what we typically call prayer, then, we listen for God to speak back to us. He can do this in many ways such as dreams, visions, and miracles, but He most often chooses to speak to us through His Living Word, the Bible. If you are not reading the Bible, then you are missing out on half of the conversation of your prayers. Draw close to God today, pick up your Bible and ask God to fill you with a new mind this new year.

Hrbolich takes on role of Diocesan Director of Catholic Charities

Monsignor Robert J. Siffrin, Youngstown Diocesan administrator, announces that Rachel Hrbolich will assume responsibility for the oversight of activities previously assigned to the Department for Social Concerns, in addition to her role as the Diocesan Director of Catholic Charities. Corresponding with Hrbolich's administrative appointment, the third floor of the chancery offices will be now known as the "Department of Catholic Charities."

In addition to her primary responsibilities with the Catholic Charities Affiliate Agencies—Catholic Charities of Ashtabula County; Catholic Charities Regional Agency, serving Columbiana, Mahoning and Trumbull counties; and Catholic Charities serving Portage and Stark counties—Hrbolich

will be responsible for supervising diocesan prison ministry, Catholic Campaign for Human Development and Catholic Relief Services efforts. She will also serve as the diocesan liaison with Catholic health care institutions, nursing homes and St. Vincent dePaul Societies.

"I am thankful for this opportunity, and anticipate the new responsibilities entrusted to me," Hrbolich remarked. "Having worked in tandem with the previous Director for Social Concerns over the past two and a half years, I am confident in my ability, and in the competence of my staff, to carry out the department's ministries in a pastoral and professional manner to serve the needs of the church and the broader community."

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Something to Think About

By Rev. Donald P. Barnes

Unstring the lights – pack away the tinsel – off with the ornaments – the Koresh resumes its place in the attic – Christmas knickknacks are stored away for the season – the blue spruce is uprooted from its stand – and an Oreck vacuum sweeper disposes of the loose needles. Lorra and I have a tradition at our house. She does the decorating and I do the un-decorating. Both exercises are founded on solid theological principles. Lorra’s efforts put us in the proper mental and spiritual attitude to receive a King – my task disposes us to go about the practical work of living for a King. It’s the post-Christmas season and Christ lives among us. Hallelujah! Praise God! In all respects, the season of celebration has been grand. My question: will there be any lasting impact? Has the

thereafter, the three fall in step behind Jesus as he leads them from the majesty of the mountaintop to the shadows of the valley below. Mountaintop experiences are inspiring, but the real work of ministry commences in the valley. Are you ready – and willing – to set the celebration aside and follow Jesus into the world? Are you ready to go to work?

According to Indira Gandhi, her grandfather told her “there are two kinds of people: those who do the work and those who take the credit. He told me to try to be in the first group; there was less competition there.” Where are you at today, spiritually-speaking? Celebrations are great and mountaintop experiences have their place, but God’s initiative to join us calls us to

“Will there be a lasting impact?”

arrival of our King been transformative in real terms? Are you ready to do the hard work of ministry? Are you bent on leading a Christ-centered life, practically-speaking? You know what I mean, don’t you?

There’s a wonderful story recorded in the Synoptic Gospels. It seems that Jesus leads his three closest disciples (Peter, James, and John) to a mountaintop. He is transfigured before them, clothed in the shimmering light of his divinity. Rather than falling to his knees in fear and worship, our brother, Peter, chooses to put his “foot” in his mouth: “Please Jesus. Let’s set permanent camp in this place and capture this moment forever.” You remember well, don’t you? God speaks from the clouds: “This is my son, the beloved. Listen to him.” Shortly

do likewise. Will you hold onto the “wonder” of Christmas and ignore the call to join in the grand proclamation that “God is with us”? I hope you and yours had a wonderful Christmas. I also pray your time of celebration had its desired effect, compelling you to move into the “valley” and make a difference for Christ’s sake.



Hynes named diocesan consultant for Religious Education & Library Services

The Catholic Diocese of Youngstown Office of Religious Education announces a new consultant for Religious Education and Library Services. Margaret (Margie) Hynes has joined the office effective Jan. 1.

Margie Hynes is currently the Parish Director of Religious Education for St. Rose Parish, Girard, where she works with Monsignor John Zuraw. He said, “Margie has contributed greatly to the catechetical program at St. Rose. Her great passion for faith formation has made a lasting impact upon the parish.”

Hynes academic background in education and theology is from Brenau University, Ga., and Loyola University of New Orleans, respectively. In addition to faith formation at St. Rose Parish, Hynes also served in youth ministry, children’s ministry, marriage ministry and sacramental preparation at Immaculate Heart of Mary Parish, Austintown. She has worked as a school librarian, an elementary school teacher, and as parish hall manager. Hynes is a member of the Diocesan Council for Catechesis.

Carla Hlavac, currently Consultant

for Religious Education will retire from the position having served since 2009, and previously in a variety of parishes as Parish Director of Religious Education and as Youth Minister.

Hynes will be joining Joan Lawson, Consultant for Religious Education for the Office of Religious Education since 2018, and Diocesan Director of Religious Education, Barbara Walko.



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Ninja Warrior Room teaches children proper exercise

JoMarie's Ninja Warrior Room teaches children proper exercise and workout habits while they have fun learning healthy life choices. Coaches are certified in Exercise Science teach and encourage the students. The program is designed for ages 3 and up. Here coaches Steve and Blake help Mason Mackiewicz and Blake Hellam climb the vertical wall and the rope wall. Just another of Cortland's "Hidden Gems."



Quilt fund raiser to benefit Veterans Memorial

A patriotic quilt in vivid colors of red, blue and white has been created by Quilter's Fancy in support of a drive to raise funds to complete the final phase of the Veterans Memorial at Point Park in Cortland.

This final phase of construction will include an observation deck, according to Dick McClain of the Veterans Memorial Committee. "The observation deck will complete the original design plans and serve as a stage or platform when any program or observance is held at the memorial," he said.

The quilt will be shown at various locations around Cortland and the public will have an opportunity to donate \$1 for an opportunity to win this All-American quilt. "All proceeds from the quilt tickets will go to raise money for the memorial," said Cindy Oravec of Quilter's Fancy.

The quilt was machine quilted by Renee Hoffstetter of Kinsman, who has been quilting the quilts and sewing projects of stitchers in our area for more than 20 years. The quilt top was machine pieced by Marcy Muscio of Warren. The fabric and batting for the quilt was donated by Quilter's Fancy.

"When looking at a quilt, it is sometimes difficult for someone who doesn't sew to understand how much time and money goes into the making of it," said Oravec. "Nine yards of fabric were used in making this twin sized quilt. It took 12 hours to cut and piece the fabric together into the quilt top. It is filled with quality cotton batting. Renee put the quilt onto her larger quilting machine and covered the surface of the quilt with machine stitched designs like ornate fans and other geometric shapes. The quilt was on her machine for two days. With labor, this quilt is valued at \$550," said Oravec.

Hoffstetter has made patriotic quilts for veterans in the past as part of the nationwide Quilts of Valor project where donated quilts are mailed anonymously to veterans serving around the world.

The winner of the quilt will be drawn at a date to be announced.

The quilt will be on display and tickets for sale at Quilter's Fancy, 227 S High St., during hours of operation Monday through Friday 10 a.m. to 5 p.m. and Saturdays 10 a.m. to 3 p.m.

For more information visit www.CortlandVeteransMemorial.org or call Ian McAleer at 330-637-2977 or Dick McClain at 330-974-4355.






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'Bag Hunger' drive benefits 3 local food banks



Cortland Mower & Sales 2nd annual "Bag Hunger" Drive benefited the Lakeview High School Pantry and two other local food banks. The Maplewood Rocket Fuel program and The Patchwork Foundation also shared in the food drive. "We were able to increase the amount of food collected this year by almost 50 percent, which was amazing in the midst of a worldwide pandemic," said Cortland

Mower Manager Sam Boyd. "We packed the 150 bags of food and over 2,000 cans of vegetables even tighter this year because of the generosity of the community."

Cortland Sparkle helped by allowing them to buy 2,400 cans of vegetables at a discounted price. "We offered a chance to win a Cub Cadet snow thrower with each Cortland Mower tote bag someone filled" said Boyd. "We thank everyone in the community for helping to make this a huge success"



Heidi Kellar and Sam Boyd of Cortland Mower are pictured with Kara Kasula and Brittney Abbott of Lakeview Schools.



New members for DAR

Officers from the Mary Chesney Chapter of the National Society of the Daughters of the American Revolution recently became part of a Christmas surprise. Michael Rossi secretly worked with a genealogist to complete three applications for DAR membership for his wife Laura, mother-in-law Susan Shader and sister-in-law Megan Shader. Father-in-law Mike was part of the secret and the preparations. The officers, Diana Tripi, Kim Welch and Janice Kistler witnessed Susan and Laura signing their applications in person. Megan Shader signed her application in Florida and the officers witnessed it through Face-time. The applications are on their way to Washington, D.C. for approval.



Ukulele classes to begin at SCOPE

By popular request, SCOPE Senior Services will once again offer ukulele classes at the Niles Senior Citizen Center.

The ukulele classes will take place weekly on Tuesday and Thursday mornings from 8 until 10 a.m. at SCOPE's Niles Senior Center, 14 East State St., across from the Niles Fire Department in downtown Niles.

SCOPE's ukulele instructor is Richard Wyant who has years of experience both teaching and performing. He will provide ukuleles to those who are beginners.

The attendees will make a \$1 donation to attend each class. Reservations are requested by calling 330-574-2888, but not required. Please wear a mask and SCOPE will follow social distancing protocols.



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PROGRESSIVE APPROACH TO HOME

TC Probate Court and Guardian Angels volunteers deliver gifts to seniors



Despite the COVID-19 pandemic, on Dec. 17, the Trumbull County Probate Court staff and volunteers from Guardian Angels of Trumbull County, in collaboration with Home Instead Senior Care, were able to organize and distribute gifts to well over 100 residents of 14 local nursing homes. Many of the residents have no family and would

otherwise not receive presents this year. The gifts were donated by individuals that picked up names and gift ideas that were posted at various merchants throughout the Mahoning Valley. Home Instead Senior Care collected the gifts as part of the annual "Be a Santa to a Senior" program.

The Guardian Angel volunteer program monitors the wards of the court through personal visits. They also reach out in friendship to those who are elderly and alone. Due to the pandemic, volunteers have been unable to make visits, so these gifts will be especially appreciated by the residents to enable them to celebrate and enjoy the holiday.



How to set financial goals you can keep

The start of a new year gives many people motivation to take a fresh look at their finances and focus on their goals for the future—but, as the year progresses, this enthusiasm can fall to the wayside. If you're someone who falls into this trap, there are steps you can take to stay motivated and set attainable goals for 2021 and beyond.

Be specific and realistic. Setting aspirational goals, such as living the life you want in retirement or taking a coast-to-coast road trip, is exciting and can be a great place to start. Yet, broad goals can quickly become overwhelming, so tangible ones can help you keep the commitment. The best way to make your dreams a reality is to break each goal into small, specific tasks that are realistic to accomplish this year.

Prioritize. You're not alone if you have a myriad of financial goals. However, it can be hard to achieve them all without focus or unlimited resources. Pick one or two goals, tailoring your savings, time and resources accordingly. If you have competing priorities such as saving for your child's education and retirement, create a plan that will help you make measurable progress toward both. Remember, incremental changes and savings made over time can make

a big difference in the long run.

Set deadlines. Without target dates in mind, goals tend to drift. As you set deadlines for each task, consider adding a reminder on your calendar to keep the goal a priority throughout the year. If you fall short of what you want to accomplish, don't give up. Adjust your dates and get back on track.

Enlist family support. If you're married or in a committed relationship, involve your spouse or partner in financial goal setting. If your goal is a family affair, consider including your children in the process. Your children can benefit from watching you make smart financial choices. With everyone on the same page, you can support one another and overcome obstacles together.

Work with a professional. Share your goals with your financial advisor, tax professional or estate planner, as appropriate. These specialists may be able to suggest additional strategies to help you reach your goals, while being mindful of your other financial priorities.

Column provided by Guidelight Financial Group offered through Ameriprise Financial Services, Inc. Member FINRA & SIPC.

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ASAP and community partners offer free prescription drug disposal bags

The Alliance for Substance Abuse Prevention (ASAP), a project of the Trumbull County Mental Health and Recovery Board (TCMHRB), has partnered with RALI Ohio and local organizations to offer free prescription drug disposal bags throughout Trumbull County.

According to the Centers for Disease Control and Prevention (CDC), in 2017, Ohio had the second highest rate of drug overdose deaths in the country. Opioids were the main driver of those deaths.

"One of the best things we can all do to help address the opioid crisis in our county is to safely dispose of unneeded prescription medications," said Lauren Thorp, director of recovery and youth programs at TCMHRB. "RALI Ohio has generously provided us with the bags. We've asked ASAP members and partners to help us distribute them."

Locations include: Mercy Health/St. Joe's at the Eastwood Mall; Hubbard Public Library; Kinsman Public Library; Vienna Police Department; Vienna Fire Department; Warren-Trumbull County Public Libraries in Warren, Howland, Cortland and Liberty; One Health Ohio locations in Newton Falls, Warren West, Lloyd McCoy Health Center, and Kidz First Pediatrics; RISE Recovery locations in the Lloyd McCoy Health Center and at 3132 Belmont Ave..

The disposal bags permanently destroy prescription and over the counter medications in three simple steps. The drug disposal bags are made with non-toxic materials, are easy-to-use, and are proven to deactivate medication in a safe, environmentally sound way.

ASAP is a coalition that engages in strategic partnerships to solve our community's substance abuse problems. ASAP membership is free and open to the public. Anyone interested in becoming involved in ASAP or to request more information, call 330-675-2765, ext. 119 or visit at trumbullmhrb.org.

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How COVID-19 legislation may affect your taxes

The Consolidated Appropriations Act (CAA), signed into law Dec. 27, 2020, provides extensive relief in response to the COVID-19 pandemic, such as another round of "recovery rebate" payments to individuals and an expansion of the Paycheck Protection Program (PPP) for businesses and other employers. The legislation includes some tax relief as well.

A brief overview

Here's a brief overview of some of the tax-related provisions that may affect you or your business:

Individuals

- Permanent reduction of adjusted gross income (AGI) floor to 7.5% for medical expense deductions
- Extended nonitemizer deduction for up to \$300 of cash donations (\$600 for married couples filing jointly) to qualified charities through 2021
- Extended 100% of AGI deduction limit for cash donations to qualified charities through 2021
- Extended exclusion for certain employer payments of student loans through 2025

Businesses and other employers

- Clarification of tax treatment for PPP loans, certain loan forgiveness and other financial assistance under

COVID-19 legislation

- Extended payroll tax credits for paid leave required under the Families First Coronavirus Response Act (FFCRA) through March 2021
- Extended and expanded tax credits for retaining employees under the Coronavirus Aid, Relief and Economic Security (CARES) Act through June 2021
- 100% business meals deduction for food and beverages provided by restaurants in 2021 and 2022
- Extended Work Opportunity credit through 2025
- Extended New Markets credit through 2025
- Extended family medical leave credit through 2025

More details

This is just a brief look at some of the most significant tax-related provisions in this 5,500+ page legislation. Contact us for more details on how the CAA may affect you.

Jennifer J. Slywczak, CPA, is the owner of Integrated Accounting and Tax Solutions LLC, located at 3378 state Route 5, Cortland. You can reach her at 330-638-2727 or by email at jennifer@jenjslycpa.com. To sign up for monthly newsletters you can visit her website at www.jenjslycpa.com.



4 tips for a productive 2021

(Family Features) This year has taught many workers a thing or two about being productive when offices and homes blend into one.

As the calendar turns to 2021, consider these key products and processes to stay productive next year.

Find a system (and stick to it):

Creating an organizing system is an easy way to ensure your at-home workspace is ready for optimal productivity. Designate space to house all your work items – a drawer, cabinet or box – and keep work items organized by type (pens, papers, computer gear, etc.) At the end of each day, transitioning to "offline hours" can be easier when you have a place to stow your work items.

Start your day clean:

Studies have shown cleanliness has a direct impact on productivity. Yet, many people struggle to find the time and energy to clean, especially at the end of a busy day at home. An option like The DEEBOT T8 from Ecovacs provides a hands-free cleaning experience, complete with the time-saving benefits of an all-in-one robot vacuum and floor mop, along with TrueDetect technology to avoid tangling in small objects. Easily controlled via an app, just set it to clean before bed and wake up to a tidy workspace.

Break up your day: With so many hours at home in front of a computer, workdays can get a little monotonous. Break up the day to make working from home feel as "normal" as possible – shower in the morning, take a walk or drive to coffee then make time for at least two breaks throughout the day. Some people have found success with the Pomodoro Technique, which is breaking your day up into 25-minute chunks of work, with 5-minute rest periods. If you continue to work until you feel like taking a break, odds are you'll overwork yourself until it's too late to take the "big break" you had in mind.

Bookend your days with mindfulness:

At the beginning and end of each workday, do a 3-5-minute mindfulness meditation. Before signing on to work for the day, allow your mind to fully focus on the day's tasks at-hand. Signoff by doing another meditation to end the day and let go of any worries or stresses you might have. Incorporating this tactic into your daily routine can help create a natural boundary from work and home while also restoring peace of mind.

Find more solutions to help maintain productivity at Ecovacs.com.

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Community donates over 1,000 items for local distribution

Cortland and surrounding community residents came together to donate 1,052 nonperishable food and household items. The local food drive was hosted by Guidelight Financial Group, a local financial services practice in Cortland. The practice invited clients and community to participate, and the donations were collected on behalf of Second Harvest Food Bank of the Mahoning Valley.

Each year, Guidelight Financial Group arranges for two volunteer groups to spend a day at Second Harvest sorting and packaging donations for distribution. The pandemic has caused many food banks to close to outside groups of volunteers in 2020. Therefore, the practice chose to assist the food bank and community in a different way.

"We are so proud of our clients and the people in our Valley who chose to

make a difference for those in need this holiday season," said Catena Shortreed, team member at Guidelight. "Everyone had a rough year, and it was so selfless for people to go out of their way to give to others. It was our privilege to collect

donations and transport them to the food bank."

The food drive took place from Nov. 30, 2020 to Dec. 11, 2020 and was open to the community and Guidelight clients.



Lions Club member honored

The Cortland Lions Club recognized member Jim Gorse and honored him, naming him a Melvin Jones Fellow. This award is from the Lions International Foundation. This coveted award is named in a tribute to the founder of Lions International- Melvin Jones and is presented to outstanding members. Jim has been a member of the Cortland Lions Club since 2001 and this honor is the highest form of recognition to acknowledge Jim's dedication to Humanitarian Service.

Due to COVID-19 restrictions and social distancing, the Cortland Lions Club did a drive way presentation and drive-by parade. Special thanks to Cortland Police Officer Julie Bevilacqua for escorting the members' caravan in honor of Jim Gorse. Well done Lion Jim Gorse.

The Lions Club of Cortland is one of the oldest service clubs in northeast Ohio, chartered in 1939 and is located in an historic building at 197 West Main Street. It is an active club and serves the Cortland area and is always looking for members.

When COVID-19 restricted some of the club's usual activities, members found other ways to spread joy, food and fun during their usual holiday activities. In the last month of 2020 the club provided a pizza party for Boyd's Kinsman Home instead of the usual bowling party, helped Cortview Village residents supplement their grocery needs with gift cards from Sparkle Market, donated \$2,500 in gift cards for groceries to Cortland Area Cares and made donations to Boy Scout Troop 54. They also awarded scholarships to high school seniors for college in the spring. Consider joining this organization. Contact Ralph McCord by calling 330-219-4879.



Jim Gorse

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Jewish Community Center cuts ribbon on Winter Campus

The JCC recently cut the ribbon on its Winter Campus that features a high-quality synthetic ice rink that provides an authentic ice skating experience throughout the winter season, regardless of weather. The rink will be open through March 28 and will provide free public skating for the community and a curling lane for recreation and competitive play. It will also be available to rent. Snacks and hot chocolate will be available for purchase. The JCC Winter Campus offers quality outdoor physical and social activities in a socially distanced manner during the winter, especially critical at this time.

Strimbu Memorial Fund Awards \$143,500 in Grants

At its recent 32nd Annual Gift Giving meeting the Strimbu Memorial Fund Board of Directors voted to disperse over \$143,500 in grant allocations to local economic development and charitable organizations.

Grants were awarded to the following organizations:

- American Red Cross, Greater Akron & the Mahoning Valley (Military Families)
- Building of Hope-(Individual's needs in the community)
- COVID-19 Grant to Trumbull County
- Freedom Warrior Charitable Fund
- Hope Center for Arts & Technology-(Phlebotomy Program)
- Inspiring Minds-(Youth Programming)
- Joshua's Haven
- Leadership Scholarships
- Meals on Wheels Shenango Valley
- Meals on Wheels Trumbull County
- Mercer County Coalition for Drug Awareness Program
- Mercer County Mentoring-(Youth Programming at Risk)
- PA/OH Gives-(Community Foundation Matching Funds Campaign)
- Penn-Northwest Development Corp.
- RAW Boxing & Fitness Community Center-(Youth After School Program)
- St. Vincent dePaul Society, Trumbull County-(Box Truck Purchase)
- The Salvation Army-Sharon-(Holiday Fund Raising/Feeding Program)
- Single Mother with Cancer
- United Way of Mercer County-(Early Learning Program)

"The Strimbu Memorial Fund awarded these grants to assist in these organization's development efforts and take care of the basic needs of food, shelter and clothing," said Bill Strimbu. "Their work is extremely important and beneficial to our surrounding communities."

Also at its Annual Gift Giving meeting, Bernie Carpenter, Harrison Strimbu, Robert Kokor, Jim Grasso, Ron Rice and Bill Strimbu were re-elected to terms ending in 2023.

Since its creation in 1990, the Strimbu Memorial Fund has provided over \$3.8 million in donations to local economic development, individuals, scholarships and charitable organizations.

"We continue to perpetuate the legacy of Nick Strimbu Jr. of philanthropic giving to assist with the needs of our community," said President of the Board Jim Grasso. "Now in our 32nd year, we still aspire to give a hand up, not a hand out."

The 24th Annual Wild Game Dinner is being planned for Feb. 14, 2021, along with the 31st Annual Strimbu Memorial BBQ set for May 5, 2021. Funds raised by the two events will enable the SMF to continue its philanthropic support of area charitable initiatives.

More information about the Strimbu Memorial Fund is available at the Memorial Fund's website, strimumemorialfund.com.



JCC of Youngstown offering free virtual book club

The Jewish Community Center of Youngstown is offering a free virtual book club.

The February meeting will be from 7 to 8 p.m. Feb. 22 via Zoom. The book selection is "A Bookshop in Berlin" by Francoise Frenkel. This book tells the tale of a fearless woman whose lust for life and literature refuses to leave her, even in her darkest hours.

The March meeting will be from 7 to 8 p.m. March 22 via Zoom. The book selection is "The Song of the Jade Lily: A Novel" by Kristy Manning. This book deals with the little-known subject of Jewish refugees in Shanghai China during World War II.

Use Zoom meeting ID 690 681 8290 to join the discussion each month. Purchase the books or contact Emelia Sherin at esherin@jewishyoungstown.org or 330.746.3251 ext. 106 for a copy.



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LIBRARY NEWS

New eCard option provides instant access to the digital library

The Warren-Trumbull County Public Library now offers an eCard option for immediate access to eBooks, eAudiobooks, streaming media, and all of the library's free digital resources.

The eCard gives customers ages 13 and older the opportunity to borrow items from the digital library from home. Movies, magazines, music, TV shows, audiobooks, and eBooks as well as online research tools and video courses can all be enjoyed on a personal computer, tablet, or mobile phone.

Anyone who already has a full-service Warren-Trumbull County Public Library card can also use it to access the digital library and does not need an additional eCard.

Ohio residents may register for an eCard at no charge. To sign up for an eCard, visit the library website at www.wtctl.org and click the top link to "Get a Card." Once the online registration is complete, customers will immediately receive a card number to use for accessing downloadable and digital resources. No physical library card will be issued.

The library's digital library is available 24/7, and all borrowed items will automatically expire at the end of the lending period; there are no late fees!

Visit the Warren-Trumbull County Public Library website at www.wtctl.org for more information about the eCard option.

Warren-Trumbull County Public Library events in January

Holiday Closing

Closed Martin Luther King Jr. Day Jan. 18

All Warren-Trumbull County Public Library locations and services will be closed on Monday, Jan. 18, 2021 for Martin Luther King Jr. Day. This includes the libraries in Brookfield, Cortland, Howland, Liberty, Lordstown and Warren.

For Children
Virtual Puppet Show Premiere
Saturday, Jan. 16 at 1 p.m.

This family-friendly puppet show will combine the magic of puppetry with storytelling! Members of the Warren-Trumbull County Public Library's Youth Services staff perform an adaptation of the picture book "The Dragon and the Nibblesome Knight," written by Elli Woollard and illustrated by Benji Davies. The fairy-tale-inspired puppet show will premiere on the library's page on Facebook or can be viewed later on the library's YouTube channel.

For Adults

Online Event: Vaping and Tobacco Educational Program

This free public event:

Thursday, Jan. 21 at 2 p.m.

Two local health experts will talk about vaping and tobacco, including: trends, addiction, dependency, nicotine, cessation medications, risk and disease, health benefits of quitting, and seeking a physician's counsel. Speakers will be Lachelle R. Goldson, Tobacco Treatment Specialist, Mercy Health-Youngstown, Behavioral Health Institute; and Teresa Merrick, Tobacco Program Coordinator, Trumbull County Combined Health District.

This event will take place online using the free Zoom video conferencing service/app. Participants can join the event from a home computer, phone or tablet. Call the Warren Library Adult Services Department at 330-399-8807, ext. 200 to register and get the link to join the free event.

Online Science Fiction & Fantasy Book Discussion

Wednesday, Jan. 20 at 6:30 p.m.

Join other Warren-Trumbull County Public Library patrons as a reference librarian leads a discussion of "Red Dust" by Yoss. The book is available to borrow from the library in paper format and digital versions on multiple platforms including Hoopla and OverDrive. This online book discussion will take place using the free Zoom video conferencing service/app. Participants can join the book discussion from a home computer, phone, or tablet. Call the Warren Library Adult Services Department at 330-399-8807, ext. 200 to register and get the link to join the discussion.

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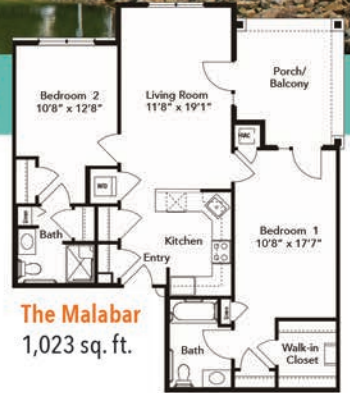
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