

By Sally Lane

It's tough to write a front-page editorial for a deadline when the 'new normal" keeps changing. We

where good news and bad news flip-floating through my mind. "It was the flop daily, and sometimes hourly. It is best of times, it was the worst of times," nearly impossible to predict what will said Charles Dickens in "A Tale of Two cookies and listening to stories, just

movie nights in the family room with popcorn, taking bicycle rides, making

have all had to adjust quickly to a world that has turned upside down,



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be happening when this issue arrives in your mailbox.

In the "old normal," writing about our theme of "Home and Garden" would be a walk in the park. It isn't all that different this time as far as themes go. We have articles about all kinds of gardens, flowers, vard clean-up, birds and wildlife. We hope that our articles encourage you to get outside, feel the warm air, view the spring flowers and do something you can enjoy and control. I find that I'm looking forward to making a pile - for city pick-up - of the branches that fell in our yard in the winter. It's a fair guess that City Clean-up, April 30 and May 1, will be a huge success! Garage sales should also flourish when "social distancing" becomes less crucial.

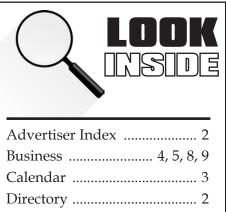
As we watch the news and worry about our future, a quotation keeps Cities." While this virus has brought us some of the worst times, we are truly seeing some of the best in many people. Every day I see people helping others by delivering food and calling to check on friends and relatives. There are friendly waves as neighbors take walks through the neighborhood. Teachers and parents work hard together to keep education on track online while children are learning lessons much deeper than school subjects. Both ends of this educational experience probably inspire a deeper appreciation of what teachers AND parents do every day.

An interesting comment online was one looking ahead 20 years. While older people will remember the worries and stress, a child might remember this time totally differently: schools being closed (as a good thing), playing games at home, eating supper as a family,

to name a few.

One of the nicest ways some children have become involved in adding love and beauty to these times is "chalking the walk." Using sidewalk chalk, several children have created pictures on their sidewalks and driveways to cheer up walkers in their neighborhood. Many have added positive thoughts to their creations. Unfortunately, we have had so much rain that the pictures don't last long, but the good thoughts are remembered. See a few examples on page 6.

The rest of the quote by Charles Dickens goes on, "it was the season of light, it was the season of darkness," and to switch around his last phrase, "it was the winter of despair, it was the spring of hope." May our spring be full of hope, and love and peace.



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CORTLAND CITY

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Mayor	330-637-4003
City Hall	330-637-3916
Fax	330-637-4778
Clerk of Council	330-638-0142
Service Director	330-637-4637

First and Third Monday of each month

CITY COUNCIL

Council Minutes.

Monday, April 20, 7 p.m. Monday, May 4, 7 p.m.

Read the minutes from

CORTLAND CITY COUNCIL

Cortland City Council meetings at

www.cityofcortland.org under City

POLICE/FIRE EMERGENCY 911 Dispatch 330-675-2730 Police - Business 330-638-1000 Fire - Business 330-637-2891

MEETINGS

PARKS AND RECREATION Second Monday of each month Monday, April 13, 5:30 p.m.

PLANNING & ZONING ${\bf S} {\rm econd}$ Monday of each month Monday, April 13, 7 p.m. Meetings and agenda of Council and Planning meetings area available at www.cityofcortland.org

All meetings are held at City Hall and are open to the public

CORTLAND CITY COUNCIL MEETINGS ARE NOW ON TV

Cortland City Council Meetings are now posted on YouTube. The videos are usually posted no later than the next day after the meeting and can be accessed via a link on the city website or by visiting www.youtube.com and searching "City of Cortland, Ohio"

BAZETTA TOWNSHIP

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Admin Building 330-637-8816 3372 State Route 5 fax: 330-637-4588 Trustees, Clerk, Zoning Inspector and Cemetery Sexton 330-637-8816 Road Department 330-637-8311

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BAZETTA TOWNSHIP TRUSTEES REGULAR MEETINGS

Regular meetings the second Tuesday of each month, unless otherwise noted.

Tuesday, April 14, 7 p.m. - A 60 minute caucus with department heads preceding.

Meetings are held at the Township Administration Building unless noted

LAKEVIEW BOARD OF EDUCATION MEETINGS

Regular meetings the second Monday of each month at 6 p.m. in the Lakeview High School Media Center, unless otherwise noted. Monday, April 20, 6 p.m.,

Lakeview High School Media Center, 300 Hillman Drive, Cortland

Area Service Clubs

Cortland-Bazetta Historical Soci	ety and Museum	Ba
Sally Lane		
The Opera House		C
Kathy Fleischer	330-219-4884	
Cortland Beautification Associati	on	Fo
Mary Kachurik	330-637-3098	
Cortland Lions Club		Fr
Matthew Smith	724-584-0894	
Moose Lodge #1012	330-637-9957	Le
Warren-Trumbull Branch of A	AAUW	LC
Jennifer Soloman	330-637-3483	SC
Cortland Masonic Lodge #529)	30
Chuck Chagnot 330-307-34	05	C.
Lakeview Outreach and		Co
Fellowship (LOAF)	330-720-9136	
Please contact the Con	rtland News if yo	ou wo

Bazetta-Cortland Optimist Club Charlie Harper 330-847-0114
Cortland Rotary Club
Donna Zuga
Four Seasons Garden Club
Becky Bucco 330-637-9115
Friends of the Cortland Library
Di Matiejevic 330-637-2717
League of Women Voters of Trumbull County
Terri Crabbs 330-637-3845
SCOPE
Darlene Fry/Diane Jordan 330-637-3010
Cortland Opal Chapter #181, O.E.S.
Carla Kahler 330-856-2356

ould like your organization listed here.

Our theme will be Mother's Day

Our Next Issue May 2, 2020

PUBLISHER Fox Run Publishing, L.L.C.

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www.cortlandnews.net

We do not keep regular office hours but if you leave us a message, we will return your call as soon as possible.

The Cortland News will no longer be accepting any facsimile "fax" documents. Please direct all communications to the following email addresses.

> Article submissions to: editor@cortlandnews.net

Display and classified advertising and photographs to:

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Article Deadline by April 17 • Display Advertising Deadline is April 22 Email articles to editor@cortlandnews.net

The mission of the Cortland News is to focus on the positive aspects and events of our community. Our goal is to inspire pride and bring the residents of our community closer to one another by providing accurate, timely and useful information. We hold ourselves to high standards of journalism and strive to be a source of trust for our readers.

Based on the policy of the Cortland News to print positive news about our community, we reserve the right to reject contributed material considered inappropriate. We reserve the right to edit information accepted for publication for accuracy, style, length, spelling, grammar, and clarity.

The Cortland News wishes to present a fair and accurate news report. If you have a concern about anything published, please call our office at 330-565-2637 and leave a message for our Manager or Editor.

Death notices and obituaries will be printed in the Cortland News at the request of the family. Arrangement should be made to have information for death notices and obituaries sent directly to the Cortland News from the funeral home. Space restraints may require some editing. Publication dates for the Cortland News may prohibit an obituary from appearing prior to a funeral or memorial service.

> While every effort has been made to ensure the accuracy of the information in this newspaper, the Cortland News cannot be held responsible for any errors or omissions.

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sales@cortlandnews.net

The Cortland News is published every three weeks free of charge and mailed via USPS to over 5000 area residents and businesses in Cortland and parts of Bazetta Township.

SCAN TO VISIT CORTLAND NEWS





Community Events

Event Calendar April 11-May 2

Because of the many cancellations and postponents due to concerns about the potential spread of COVID-19, please contact the individual groups for more information.

Cortland City/Bazetta Township and Lakeview School Board meetings and schedules. See pg. 2 and 13

Lakeview Local School activities and sports schedules visit www.lakeviewlocal.org. American Red Cross blood donations, various dates. www.redcrossblood.org or 1-800-733-2767.

HEAP Winter Crisis Program deadline extended. See pg. 13

Youngstown Nighthawks Soccer League, Cortland League schedule, visit www.facebook.com/ytownnigthhawks

APRIL

- 12 Easter
- 13 City of Cortland Parks Board meeting, 5:30 p.m. See pg. 13
- 13 City of Cortland Planning & Zoning meeting, 7 p.m. See pg. 13
- 19 **Orthodox Easter**
- 19-25 National Volunteer Week
- 22 Earth Day
- 27-10/26 City of Cortland Service Dept. branch and limb pick up along city streets. See pg. 13
- 30, 5/1 City of Cortland Spring Clean-Up. See pg. 13

We Thrive Together

You don't have to go very far to see the face of loneliness. It is everywhere. Up to 50 percent of those 60+ are at risk of social isolation, and that was before the impact of COVID-19. Social distancing increases isolation and loneliness and social isolation is associated with an increased risk for early death, cognitive decline and various mental health conditions.

We Thrive Together, a collaboration of Mahoning Valley organizations, has

Virtual photography exhibit honors Ohio's 67,000 women veterans

The Ohio Department of Veterans Services, in cooperation with the U.S. Department of Veterans Affairs/Center for Women Veterans, is presenting a virtual photography exhibit featuring 70 Ohio women veterans. The exhibit is part of the "I Am Not Invisible" nationwide campaign. The goal of the campaign is to increase awareness and dialogue about women veterans who served in the military as well as open viewers' eyes to the myriad of contributions, needs and experiences of women who served in the military. The campaign also creates an avenue to increase understanding of the benefits,

Ohio's parks are a great way to stay active & healthy

ramped up programming to keep people

Stay at Home mandate. Community

free events. The presentations, classes,

discussion groups and activities are all

instructions to join the online program.

or visit www.WeThriveTogether.org.

Many parks are open - visitors should continue following official health guidelines for COVID-19 response

The Ohio Department of Natural Resources (ODNR) and the Ohio Parks and Recreation Association (OPRA) are reminding Ohioans that spending time outdoors is a great way to stay active and healthy during the COVID-19 pandemic. It's important that all guidelines from state and local health officials, such as social distancing and practicing good hygiene, are still followed.

"Much has changed in the past few weeks," said ODNR Director Mary Mertz. "What hasn't changed is the natural beauty of Ohio and the many



To all our brave First Responders, Healthcare Workers, Essential Businesses and employees, We are grateful for your commitment to keeping our community healthy. May you and your families stay safe!



programs and services that women veterans earned.

To view the exhibit go to: bit.ly/33Gvxxi.

"It has been an honor serving my country, and serving the military WOMEN and men in and out of the service. Now, my journey is serving my sisters." Jessica Astorga United States Air Force Veteran

ways that our residents can enjoy that beauty in state, regional and local parks."

Although many indoor facilities are closed and programs have been cancelled, Ohio State Parks remain open, as are most Ohio Metroparks

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★★★★★ Vlad Pediatrics









John O. Vlad, MD

Rosalie A.Wagner, MD Michael Biggin, PA-C

April Mulvain, CPNP

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Location: 2219 East Market St., Warren, Ohio Office Hours: Monday through Friday, 9 a.m. to 5 p.m.

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PLEASE REMEMBER & THANK YOU IN ADVANCE:

During these shut downs our local businesses & employees will struggle without your continued support. Please take advantage of the call in, order online & carry out services. Purchasing GIFT CARDS now to use at a later time would also help them out.





Meet Diamond! This sweet 6-year old Pit mix has a sparkling smile that can light up the room. Diamond was originally adopted as a puppy in 2015, but found herself back at the Animal Welfare League in June 2019 after her previous owners divorced. Since being back at the shelter, Diamond has perfected her obedience and house training skills in the Caring Companions Program. Diamond is a really good girl and loves her people, but she gets nervous around other animals and strange men. Due to this behavior, Diamond needs an understanding home that can help her learn and adjust to new environments. If you are willing to put in the effort, we know

Diamond can be the perfect companion. To learn more on the current adoption process, e-mail the Animal Welfare League at adoptions@awltrumbull.com.

We are so proud of how far Gloria has come since her arrival at the Animal

Welfare League in November! Gloria was found as a stray and was brought in due to injuries sustained from unknown causes. She had a few scrapes and cuts, and she was not putting weight on her rear left leg. Upon examination, our veterinarian discovered that her rear left hip was dislocated. The decision was made to have her leg amputated in order for Gloria to live her best life. She has completely healed from her surgery and is getting around wonderfully. Gloria currently resides in a cat colony with two other cats, but is ready to find



a home of her own. Contact the Animal Welfare League to see how you can adopt a new feline friend.

Shelter hours are Tuesday through Saturday from noon to 6 p.m. Adoptions end at 5:30 p.m. The shelter is closed on Sundays and Mondays. AWL shelter is located at 812 Youngstown Kingsville Road SE in Vienna, across the street from Avalon at Squaw Creek. For more information call 330-539-5300 or visit www. awlrescueme.com

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Business News & Notes

Doing business in unprecedented times

By Thom Foley

For this issue of the "Business News & Notes," we asked every business to tell us how they are handling business in light of COVID-19. Here are the responses. We recommend that you contact a business by phone or email to see what they are doing before heading there.

JOLLY STORE Crafts, located at 3539 state Route 5, Cortland, is currently operating as an online retailer only. We have a large colorful variety of beads and supplies for hours of fun at home. We offer pick up for local customers. Use code "PICKUP" on our website so you won't be charged for shipping. Our goal is to remain operational, so that everyone can shop safely online www.jollystorecrafts.com. Stay at encouraged and stay safe!

Action Physical Therapy is here for you. We are still open for those who are in need for therapy and are taking all precautions to ensure your safety and the safety of our staff.

1. All staff and patients are screened at the door. We are asking if they have been exposed to anyone or a high-risk area or if anyone in their home has any upper respiratory or flu like symptoms in their home.

2. All staff and patients are then moved to a triage area where temperatures are taken.

3. All staff and patients must wash hands before treatment begins. Proper hand washing techniques are posted in every location.

4. All equipment is disinfected immediately after use.

Please call with any questions or concerns you may have.

Attorney Martin Nosich is meeting clients mostly by appointment only. Call the office for more information.

Brookside Greenhouse is now open. We are offering drive up service and phone in orders only, due to social distancing guidelines. Call Annette at 330-727-8683 for questions and information or check out our Facebook page. Open 10 a.m.-4 p.m., Monday through Saturday.

Auntie V's Pizzeria is using ONLY the drive thru window for orders. Delivery is available Wednesday through Saturday.

Jeannette's School of Dance is closed until further notice. We wish you health and safe practices. On behalf of JDC we wish you a happy and blessed Easter. We all feel the solemn effect of the coronavirus, but no one or nothing can take away the love for each other. To my dance family and friends, please stay home and stay safe. We will all meet again in better circumstances. Keep dancing!

Totally Dog - the groomer, dog training and doggy day care are closed until further notice. The store is open with restrictions. They offer pick up and limited delivery. Please phone your orders to help expedite the process. You can find more information on our FB page or by calling and leaving a message.

Attorney Robert Platt is meeting clients mostly by appointment only. Call the office for more information.

Mark Thomas Ford is closed until April 7. If you are interested in buying a vehicle, we can bring it to your home with the paperwork. Please call and leave a message, we will do our best to accommodate you safely.

M.D. Denna Heating and Cooling is open as usual for heating and cooling repairs. We offer 24 hour emergency service. Please call the office for more information.

Vasilio's is open from 10 a.m.-8 p.m. for curbside pickup only. We do offer limited local delivery with a \$20 minimum order. Our full menu is available online. We are limiting the number of people in the lobby at one time.

Reese Driveway Services is currently doing estimates for driveway and parking lot sealing and services. The estimate will be left on your front door. We are booking jobs for a later time.

Daffron Auto Body Shop is doing estimates and scheduling a limited number of jobs. Due to the inability to get parts from dealers and other vendors we are limited to do what we can. This changes continually. We can do estimates via email if you send us the pictures. Call the office and leave a message - we will return the call quickly.

Campbell Carpet - We are closed through April 30. Please call the shop and leave a message.

Centerra is open using the drive thru only. Please phone your orders in and we will shop the store for you. We will then put the items in your trunk and check you out at the drive thru.

Champion Tax Service is still doing taxes via drop off. Call the office for more information.

Cortland Mower is operating with restrictions. Please call 330-637-4976 and discuss how to get parts, service and new equipment. Our new motto is ADAPT and OVERCOME! We wish everyone continued health and safety! Cortland Playroom is operating under a special pandemic license. We are only taking the children of Essential Workers and there is state mandated pecking order. Healthcare workers are at the top of the list. (Editor's note: as of the publishing date they only had two openings left) Cortland Pediatrics, Dr. Lynn Johnson is seeing well check patients in the morning and ill patients in the afternoon. Please call for an appointment before coming in. We are maintaining our regular hours. Greenwood Insurance is open regular hours. Our lobby is closed but we do have a payment window in the front. We can service you via phone, email and online. Please be safe.



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Continued on page 5

Roman Supply acquires material yard

Buckeye Bulk has recently sold its material yard to Jacki Skinner, who is the owner of the new business called Roman Supply, located at 5286 Warren Road, Cortland near state Route 11. Jacki comes with previous experience in a bulk material yard. She understands the materials, what they are used for and how to help drill down the amounts needed to get the job done. Neil Roman is also a partner in Roman Supply and brings a lifetime of experience regarding construction materials.

Longtime owner Mike Vecchio decided to sell the bulk materials portion of his business. Mike and his son Eric will continue to operate the trucking portion of the business. However, the landscaping material business will be owned and operated by Jacki as Roman Supply and will continue the large selection of mulch, stones and other materials available to the general public and to landscapers.

"Mike and Eric have been amazingly supportive and helpful in getting us up and rolling. Because of his outstanding reputation and solid business, we are not making any changes. It will be the same quality materials and services Mike has always offered. Local delivery is still available. We will open Monday through Friday 8 a.m.-6 p.m. and Saturday 9 a.m.-2 p.m. The new phone number is 330-717-7604," said Jacki.

of ODNR areas, visit ohiodnr.gov/

odnr-operations-during-coronavirus-

ODNR ensures a balance between wise use and protection of natural

Established in 1934, Ohio Parks and

board

resources for the benefit of all. Visit the

Recreation Association is a statewide

non-profit organization representing more than 2,000 parks and recreation

members from municipal, county and

ODNR website at ohiodnr.gov.

professionals and citizen

state parks throughout Ohio.

Ohio's parks...*continued from page 3*

outbreak.

coronavirus.ohio.gov.

and community parks. Ohioans can other properties including state still get outside and explore, preferably solo or in small groups per the CDC's recommendation.

"We really believe that getting outside can be beneficial for people of all ages – maybe now more than ever," said OPRA Director Woody Woodward "Keeping parks open provides healthy recreation options for people during this difficult time."

Research supports the positive impact that getting outdoors can have on mental health, particularly during strenuous life events. Reconnecting with nature can reduce stress, anxiety and depression. For ideas on where to go, visit your local parks website or go to ohiodnr.gov.

Although certain ODNR facilities such as visitor centers, lodges and nature centers are temporarily closed,

Business News & Notes...

continued from page 4

JoMarie's School of Dance & Gymnastics is closed until further notice. I want to send a virtual hug to all of my kids, I MISS YOU! Stay happy and practice safe social distancing. It is sad but true, our recital was supposed to be on May 3. First time in 47 years that we won't be seeing those smiling faces on stage. My students put so much joy in my life with their love and laughter. Well wishes to our community from Jo Marie's. Stay safe!

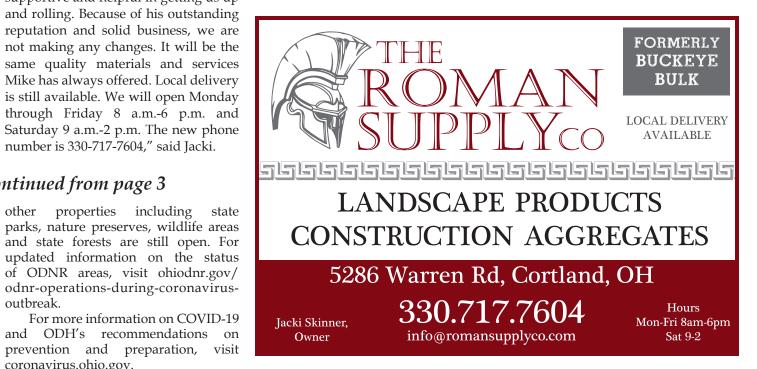
Progressive Landscape is giving estimates for projects this summer. Doing limited work due to the wet weather and the social distancing restrictions. But you can schedule your jobs now and we will complete them in order as the restrictions allow.

The Quilter's Fancy store is closed due to the Corona Virus. Orders can be placed at www.quilterstancy.com for mail order as usual. Local customers can browse the website and call in an order at 330-637-3106 with credit card payment. An appointment will be made to pick up your pre-paid order outside the store at a specific time. We are seeking donations of 1/8-inch and 1/4wide clean, strong elastic and elastic cording for the sewing of masks for healthcare workers. A box is outside the door for elastic donations. Thank you for your help in helping our community! Roman Supply is open for business as the weather allows. We are following all of the CDC recommendations and Ohio regulations that are in place. For more information you can contact us at info@romansupplyco.com. Lakeside Sport Shop is open – the drive thru is best for beer, cigarettes, etc. The lobby is open for bait and other

items. The floor is taped 6 feet apart, so please use social distancing. We have hand sanitizer available to use on the counters. We are constantly wiping and

sanitizing the store. Please be safe. Vlad Pediatrics - Since we have been deemed by Gov. DeWine as an essential business, Vlad Pediatrics remains open and in compliance with Ohio Department of Health guidelines. We are scheduling and keeping appointments for well patient visits age 0-24 months. All other appointments are seen by our providers through Telemedicine. To schedule an appointment, please contact our office at 330-841-7337 for further details. We also have 24 hour on-call coverage. You may call our office at any time to get guidance on any health concerns regarding your children. It is our pleasure to continue to serve you.









Jody Sova Realtor - We are adapting and doing business as safely and efficiently as the guidelines allow. We are utilizing the available technology for your safety and ours. Most paperwork can be done through using the internet. All precautions are taken to see that everyone is safe. Have a blessed and healthy Easter.

Petrosky Brothers Construction - We are taking all the necessary precautions to keep our workers and customers safe during this time. We have installed an automatic sanitizer and deodorizer in all of our vehicles. It immediately disinfects the worker and the vehicle. We are allowed to do emergency repairs and maintenance and are working on schools and businesses that are shut down. We are also preparing summer homes for when the snow birds return to Ohio. Your safety is always our first concern.

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Inspired art for the times

By Sally Lane

Page 6

Parents, grandparents and teachers are most often the recipients of children's art work. Those hand-drawn pictures and messages warm our hearts. They are the prizes we save on refrigerators, doors and add to scrapbooks.

In this time of necessity-imposed home schooling, art becomes a way for us to help our little students learn. "Draw a picture for your journal and write about it," is a common way to help students learn to read and write,

as well as organize their thoughts and emotions. As a former teacher I encouraged my students to create little books with pictures and text. What they write, they can read. As a teachercoach, you can guide early reading skills by asking them, "What letter makes that sound? Does what you read make sense?" I digress. I loved teaching reading and writing and remember so many of my students.

My daughter, Lauri Moore, who



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lives in Florida with her husband and two children, encouraged the kids to use sidewalk chalk on their driveway to express positive thoughts. They drew pictures of rainbows and hearts, and wrote sayings like "Don't worry, be happy!" "Life is better when you are laughing." Soon the whole cul-desac began creating chalk drawings (not only children). A "Chalk the Walk" event was held last weekend. Neighbors keeping "social distance" enjoyed the inspiration as they got some exercise walking and viewing the artwork.

After seeing the artwork online, I contacted Jennifer Welshans, an art teacher in the Lakeview K-8 building. She then suggested the Chalk/Walk activity to parents. Unfortunately, we have had so much rain (as of this printing date) that whatever was drawn did not last long enough to get many photos.

Little Charlotte Humphrey drew the flag and a wish for good health. She also drew a message for her neighbor as well as hearts and Easter eggs. Her mom, Melanie Humphrey said Charlotte was upset when rain washed away her creations.

Another is one of Mrs. Welshan's student's chalk drawing of a quilt pattern. Some residents also posted on Facebook their children's Hop-Scotch sidewalk games and groups of artwork.

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These activities are ways our children will remember current events. A personal journal is another way to personalize these times. I found it interesting to read my grandmother's journal of thoughts and worries during the 1918 Spanish flu epidemic and my grandfather's service in World War I. Personal thoughts of such events preserves history.



Now my refrigerator boasts homemade greetings and pictures more precious than anything in the house from my four grandkids. I also have a scrapbook full of notes and pictures from my former students that bring back wonderful memories. Let this time help you and your children deal with tough issues in a positive way.

Consumer Alert: Older Ohioans warned of telephone scams

Ohio Governor Mike DeWine and Ohio Department of Insurance Director Jillian Froment issued a consumer alert to warn older Ohioans of two telephone scams targeting them in an attempt to steal their personal information.

"Unfortunately, older adults are one of the most targeted groups for scammers," Governor DeWine said. "We want to make sure older Ohioans are armed with the information they need to protect themselves in case they receive a suspicious call."

"We have been informed by several of our stakeholder partners of scams seeking to take advantage of our older Ohioan population," Froment said. "I urge people to be extremely cautious when deciding to share their personal information and to consider contacting organizations directly to initiate conversation and information sharing."



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Social Security Account Number Suspended Scam

Medicare beneficiaries are receiving recorded phone calls that appear on caller ID as if they are from the Social Security Administration (SSA). The message states that the person's SSA account has been suspended and to press 1 for more information. Pressing 1 does connect the person with the SSA but a scammer is on the line ready to steal personal information the person may share with the SSA. The SSA will not call a beneficiary unless the person requested a call from the SSA.

Continued on page 7

WE ARE NOW DOING LAWN CARE AND LANDSCAPING - CALL FOR AN ESTIMATE

Shafer-Winans assists families during pandemic

In the midst of the COVID-19 pandemic, Shafer-Winans Funeral Home has taken numerous steps to make sure its client families and staff stay healthy in addition to the standard cleaning and disinfecting procedures all businesses have implemented.

Shafer-Winans is practicing the government's required social distancing. Currently, the offices are closed to walk-in business, however, are available 24 hours a day, seven days a week, but are operating by appointment only.

Whenever possible the funeral home is making funeral arrangements over the telephone and internet. When there is a need to visit in person, there is a limit of the number of family members that physically come into the funeral home and are using conference calling to include everyone else.

Shafer-Winans is committed to providing the safest possible environment for everyone regarding the actual funeral services. It is recommended that families wait to have their public event in the coming months when the fear of COVID-19 has passed. When the death occurs, families that want viewing may schedule a private immediate family only event with family members rotating through the funeral home allowing for only 10 people at a time. Shafer-Winans then assists with the final disposition whether it is burial or cremation. As soon as clearance has been given to gather again, they will begin assisting families with planning memorial services.

It is an unusually difficult time for a family dealing with a death, and the natural way to provide comfort and show condolences is with a hug, hand shake, or pat on the shoulder. All of the normal forms of sympathy are not acceptable behaviors at this time. Shafer-Winans's hope is that families understand that they have never had to operate with this type of pandemic and the rules and requirements are changing daily. The staff understands the added level of emotion this brings and are prepared with the best solutions with the mandated restrictions they have to work within for the time being.









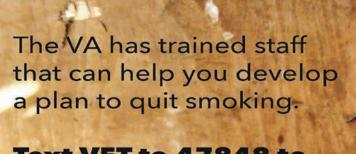


Consumer Alert... *continued from page* 6

A beneficiary can always call the SSA at 1-800-269-0271 to verify the legitimacy of a situation they encounter. Additional information is available at https://faq.ssa.gov/en-us/Topic/article/KA-10018.

Retirement Organization Prepaid Funeral Account Scam

Ohio Public Employee Retirement System (OPERS) members are receiving phone calls from a scammer saying they are with VIA Benefits and are in need of personal information to establish the member's prepaid funeral account. VIA Benefits, which does provide certain insurance services, is not making such calls. Members who receive these calls can call VIA Benefits at 1-844-287-9945 or OPERS at 1-800-222-7377. The Ohio Department of Insurance provides educational information for Medicare beneficiaries through its Ohio Senior Health Insurance Information Program, regulates insurance products, and monitors the marketplace for insurance fraud and professional misconduct, among many other duties. Ohioans can call the department's fraud and enforcement hotline at 1-800-686-1527 or contact non-profit Pro Seniors and its fraud-fighting Ohio Senior Medicare Patrol at 1-800-488-6070 if they suspect wrongdoing or have been victimized.



Text VET to 47848 to start receiving the support you need.

Trumbull Regional Medical Center

Ohio Tobacco Program

330-784-8669



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Is it time to invest in a garage door opener that includes a backup battery? Midway Garage Doors can help

Wondering whether a backup battery on a garage door opener is something you need? For many people, it is. This is even more the case if you are located somewhere that has frequent power outages.

Not sure why it matters? Midway Garage Doors shares exactly why you should have an electric garage door opener that includes a backup battery.

Why backup batteries are so important

In July 2019, the state of California made a decision that all residential garage door openers sold or installed in the future must be fitted with a backup battery. This bill was signed into law by the governor in September 2018. Every

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home builder in the state is required to comply with the new requirement.

Curious what led to this new change? Based on the many forest fires and fires to brush that have plagued California over the last few years, some deaths have occurred. In some cases, the deaths were the result of individuals being stuck and trapped because there was no way to open their garage doors manually.

You might be wondering if this risk extends to the rest of North America. It could. As climate change continues from the last few years, it is leading to a reduced amount of rainfall and higher temperatures. When there is also low humidity and increased winds, trees and other plants can catch fire and spread very easily. This is not something unique to only California.

Due to the large number of people who populate California, it is quite likely that major garage door opener manufacturers, including LiftMaster and Chamberlain, will come out with a larger number of products that include backup batteries, which can both be present next to the motor or inside of the motor housing itself.

Do you own a garage which only has one access point, meaning the garage door itself is the only way to get in and out? A backup battery is absolutely crucial in this situation. You will most often see this type of situation in high-rise condos and apartments with exterior garages.

A balanced garage door and why it matters

One of the most important things to know about garage door openers powered by electricity is that it offers a replacement for what you can do manually. This applies whether a power outage is happening or not. A typical single metal garage door (9 x 7 ft.) can weigh about 125 lb. (57 kg.) while a double door (16 x 7 ft.) weighs 250 lb. (114 kg.) or even more. A solid wood door is going to be heavier than a metal one. When we talk about the weight, this includes the rollers, windows, hinges, reinforcement struts, and other hardware.

You might be wondering why all of this matters. It is because the spring system is responsible for counterbalancing all of that weight, so it only feels like 8 to 10 lb. (3 to 5 kg.) at the very most. This is why you can easily lift a garage door using a single hand when you need to do so.

In order for all of this to work the



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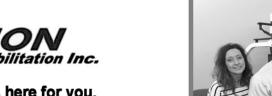
We are taking all precautions to ensure your safety and the safety of our staff.

1. All staff and patients are screened at the door. We are asking if they have been exposed to anyone or a high risk area. If anyone in their home has any upper respiratory or flu like symptoms in their home.

2. All staff and patients are then moved to a triage area where temperatures are taken.

- 3. All staff and patients must wash hands before treatment begins. Proper hand washing techniques are posted in every location.
- 4. All equipment is disinfected immediately after use.



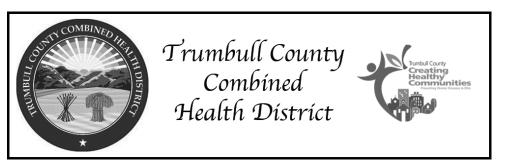




way it supposed to, your garage door needs to be properly balanced. Want to test your own garage door? You want to turn off the garage door opener using the emergency release handle. After that is complete, you should find the lift handle on the door's bottom two sections and try to lift the door upward. Is it difficult to do? You should contact us as soon as possible to take care of it. You should also be running these checks for you're a balanced garage door as often as once every two months if the garage door is used five or more times a day.

The backup battery in a garage door opener is just like any other type of rechargeable battery. Depending on the model of LiftMaster or Chamberlain door opener you have, the battery will

Continued on page 9



Quitting tobacco – A guide for veterans

By Teresa Merrick, R.N., PHN - Trumbull County Combined Health District

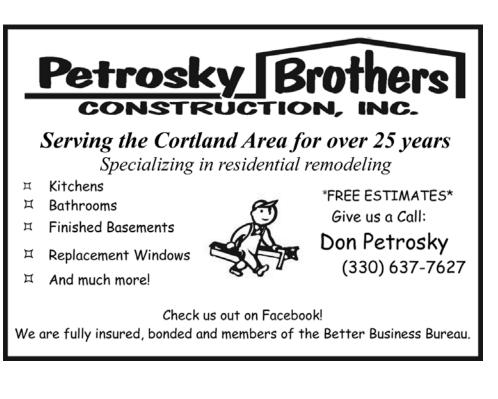
Smokeless tobacco such as chew, moist snuff, snus or dip, contain over 2,000 chemical compounds, including 30 cancer causing chemicals. All tobacco products contain an addictive chemical called nicotine. Dip and chewing tobacco contains more nicotine than cigarettes and when it is used, it gets into the blood slowly and steadily. The high lasts longer than with smoking cigarettes. When a user holds an average-size dip in their mouth for 30 minutes, they get as much nicotine as chain-smoking three cigarettes. A two-can-a-week dipper gets as much nicotine as a 1 to 1 ½ pack a day smoker. There are many brands of smokeless tobacco so depending on the product, how much you use, how long you use it and how often you dip or chew will determine the level of nicotine you get.

Tobacco contains chemicals that cause oral, esophageal and pancreatic cancer, increases your heart rate and blood pressure within minutes, could cause a stroke, rots teeth and causes gums to recede. Signs that you need to see your doctor right away is a sore in your mouth that bleeds easily and does not heal, a lump in your mouth or neck, soreness or swelling that does not go away, trouble chewing, swallowing or moving your tongue or jaw. Using tobacco in cigarettes, e-cigarettes, heat-not-burn cigarettes, cigars, bidis (small-thin hand rolled cigarette), kreteks (clove cigarettes), hookahs and pipes are all harmful to your health.

Before you try to quit tobacco, you need to understand your reasons for wanting to quit, pick a quit date and come up with a plan that works for you. Your Veterans Health Administration can help you make the choice that you can live with. The VA's tobacco quitline is 1-855-784-8838 and has trained staff that can provide counseling, help you develop a plan, continue to support you and is also available via text messaging. You can sign up for this by texting the word VET to 47848 from your phone or visiting the Veterans website at www. smokefree.gov/veterans for a printable quit plan. Smokefree.gov/VET will get you signed up online. There is also a SmokefreeVET Facebook support group at https://www.facebook.com/ smokefreevet.

Trumbull County also has three other sources that can help you get through this process. Mercy Health Youngstown Regional Tobacco Treatment Center at 877-306-5010, Trumbull Regional Medical Center at 330-841-1962 and Ohio Tobacco Program Quit Line at 1-800-784-8669.

HI TO MY KIDS, I MISS YOU ALL! WIGS ARE BETTER -BUT ELBOW BUMPS ARE SAFER FOR NOW. WIFE WITH JOY. SENDING YOU AIR HUGS JO MARIE



Strimbu Memorial Fund board cancels May BBQ

Scholarships will still be awarded

The Strimbu Memorial Fund Board of Directors has announced the cancellation of the 31st Annual Strimbu Memorial Fund Bar-b-Que that had been planned for May 6, due to the outbreak of COVID-19. However, the fund will still award leadership college scholarships to qualified high school seniors from local school districts as it has done at previous bar-b-ques. The next bar-b-que will now be May 5, 2021. Since its inception in 1990, the SMF has provided \$3.6 million in scholarships and has supported a variety of economic development and charitable causes.

Garage door opener...continued from page 8

be found installed by the motor or in the housing of the motor. Each of these batteries holds enough power that you can open and close the door about 20 times during a power outage. Once the battery is empty of power, it will take approximately four to five hours to charge back up. Something else that you may find reassuring is that the safety reverse systems (such as the photoeye reversal system) are powered by the backup battery and will still be operational.





Page 9

The model options offered by LiftMaster

Those who have a modern door opener by LiftMaster or Chamberlain may already have battery backup. Take a look at the opener and look for a logo that indicates that. If it is present, you can choose to add a battery, or one may already be installed for you. Another important thing to know is that backup batteries can only be integrated and installed if the motor is a direct current motor (DC) rather than running on alternating current (AC).

Jackshaft door opener o 8500W Belt-Drive Door Opener o WLED

o 8550W

Chain Drive Door Opener
o 8360W

The great thing about backup batteries is that they are simple to integrate or install. They also come with the MyQ technology that gives you the option to open and close the garage door using your tablet, smartphone, or laptop from wherever you are.

Are you interested in more information?

Contact Midway Garage Doors right now at 1-866-573-3667 if you live in Trumbull County. We have knowledge of garage door openers beyond anyone else. We can provide information to you about which device will fit your budget and needs best.



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Bockelman's Landscaping and Garden Center would like to thank you for your support during these challenging times. Our Garden Center, Landscape Design & Installation division will remain open by appointment.

We want you to know that our number one priority is the health and safety of our customers and employees. We have implemented steps to prevent the transmission of covid19.

We believe now, more than ever, is the time to spend with family and connect with nature by working in the garden or landscape. We are proud to have served the Trumbull County community for 34 years and are working diligently to continue to service you.

Vegetable plants, annual flowers and hanging baskets will be available soon. You may visit our website and place an advanced flower order for curbside pickup. Curbside pickups will be starting May 1st, subject to change due to covid19. Please call or email with any questions.

Kid friendly gardening tips

By Kathleen Ferris, Master Gardener

Here are two gardening tips that are not cost prohibitive and can be family friendly. The first one makes use of all those inner tubes left over from the extra rolls of toilet paper and paper towels we all have laying around the house compliment of the COVID-19 virus. The tubes make excellent seed starting pots, particularly good for seeds that like a long root run, such as sweet peas or beans.

To assemble:

• Cardboard tubes from towel or toilet rolls

- Multipurpose potting mix
- Seeds

1. If you use a paper towel tube, cut in half. No need to shorten if using a toilet paper tube.

2. Now, fold one end of the tube upward to stop the soil from falling out. Make 4 tears about half an inch long around the outside on one end of the tube. Then fold the flaps up and inward to make the bottom of the pots.

3. Fill with soil, sow the seeds, plant outside when the seedling has matured. Remember to label the plant. This gardening tip was shared with the Four Seasons Garden Club by Stephanie Canzonetta.

Another friend of mine, Master Gardener Wanda Thomas uses the paper towel seed germination method. This method is one of the easiest and least expensive methods to germinate seeds since there are no trays, lights or heating pads to purchase. You will need square paper towel sheets, plastic zipper bags and a permanent marker to label the bags.

Dampen the paper towel. The best way is to immerse the whole sheet in water and carefully wring out the

excess water, being careful not to tear the towel. Open it carefully and place on a flat surface, put your seeds on the damp towel. Place them in the center and don't overcrowd. Fold the towel over the seeds in half keeping the seeds in the center, then fold the towel in thirds. Place the folded towel in the plastic zipper bag and label. Put the bags away out of direct light.

Herbs are some of the fastest germinating seeds. Basil sprouts in about four days, while dill, chives and cilantro germinate in 14 days. Many of the vegetables we eat also germinate quickly. Radishes and lettuce are quick, six to eight days and cucumbers within 10 days. Spinach, turnips and scallions also germinate quickly. If you have had problems in the past getting tomato seeds to germinate, this is a good method.

There are a few challenges to the paper towel method. This method demands more of your time, since frequent examination of the zipper bags is needed to check the germination progress of the seeds. But heck, this is a family project and the kids can readily see the growth.

When it is time to move the seedlings, use tweezers to separate the roots. They are still delicate, so handle with care. Place them in a hole opened for them and smooth the soil around seedlings. Use the tweezers to open a hole deep enough so the root can be placed gently.

Seed packets can be purchased at dollar stores, grocery stores and hardware stores, when you shop for necessities during this "Stay at Home" order issued by Governor DeWine during this national emergency.

Happy gardening and stay safe!

Taking a top down approach to home exterior updates

(StatePoint) Whether you want to boost the beauty of your home for your own enjoyment or you're looking to sell in the near future, experts recommend taking a top-down approach to evaluate the outside of your home.

"When making updates to your home exterior, it's helpful to think of how all the parts of the whole work together to create a unified look," says Kate Smith, chief color maven with Sensational Color.

With that in mind, here are a few remodeling ideas to get you started: The Roof

This is also a good choice for both those with a clear color palette in mind, and those who might need some direction, as free resources on the DaVinci Roofscapes site include a Color Visualizer offering users the ability to see how different colors may look on their home exteriors, as well as a variety of free e-books with project inspiration and advice. To learn more, visit www. davinciroofscapes.com.

"Using these free color tools can be both fun and empowering," says Smith. "They take the guesswork out of crafting a pleasing exterior color palette for the home and help create increased curb appeal."

Please check our website and FB page for updates as conditions change.

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Thank you for your continued support! Mark & Sheri Bockelman



A new root not only adds aesthetic appeal, it can add value too. Indeed, Remodeling's Cost vs. Value 2020 report shows that a roof replacement can have a return-on-investment of over 60 percent.

Composite roofing is particularly durable, long-lasting and lowmaintenance, and an all-around smart investment. Not only does a highquality roof help home-sellers get foot traffic, but the low-maintenance aspect really resonates with house-hunters. An attractive, more affordable alternative to the real thing, the composite slate and shake roofing options available from manufacturers like DaVinci Roofscapes, for example, reduce pesky maintenance concerns, offering impact-, fire- and wind-resistance, as well as the peace of mind that comes with a strong warranty.

Siding

If your home sports traditional siding, you may have noticed that the tiles contract and expand in fluctuating weather conditions and temperatures. What's more, the color of these oftentimes thin and flimsy materials can fade quickly. Continued on page 13



Plant seeds of safety in your garden

(NewsUSA) - For many people, working in the yard or in a home garden is relaxing and enjoyable. Studies have even shown that spending time in the outdoors and among nature will greatly reduce stress. So, while gardening can be a great way to unwind and stay healthy, regardless of whether you're a weekend gardener or grow for show, it is important to remember to protect your eyes when working outdoors.

Each year, power lawn trimmers alone cause more than 1,500 eye injuries. Additionally, tree or bush branches can cause painful scratches to the eye, which may result in infection. Burns or eye irritations caused by fertilizers and weed killers are also a concern. As a result, The American Optometric Association offers these tips to help prevent eye injuries in your garden:

• Get 180-degree protection. Wear wrap-around safety goggles made of polycarbonate-; the strongest lens material available. They can be found in hardware and department stores and should have a label stating the goggles meet the American National Standards Institute (ANSI) Z87.1 standard.

• Status quo is a no-go. Don't rely on ordinary prescription glasses for eye safety. Although they are impactresistant, they are not intended to be used as safety eyewear. In addition, chemical or spray dust can get around them easily.

• Block the rays. Wear sunglasses that block 99 to 100 percent of the sun's UVA and UVB (ultraviolet) radiation and screen out 75 to 90 percent of light. Lenses should be perfectly matched in color and absorption, free of distortion and imperfection and gray for proper color recognition.

• Be sure you're covered. Cover the sharp tips of bamboo or metal stakes, which are often used for tomato or climbing plants, with plastic wire nuts to prevent an accidental puncture wound.

• Keep an eye on your health. Remember to have regular eye examinations from a doctor of optometry. Good vision is needed to read instructions on seed packages, fertilizer bags, weed killer bottles and for spotting those pesky weeds!

For more information, visit www. aoa.org









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Cortland News ~ April 11, 2020 ~ Finance









COVID-19 and The Market: What's happening? And what can I do?

Historic market volatility has washed over the globe in recent weeks. The spread of COVID-19 (coronavirus) has precipitated a record drop in the stock market and a sharp plunge in bond yields, sending the U.S. into its first bear market in over a decade. People around the world are facing a health crisis that's driving an economic crisis, which rightfully so, is leading to high levels of anxiety for families and individuals concerned about their wellbeing and financial situation. Unfortunately, it's too soon to tell just how long this environment will last. So, what can you do to cope with the market volatility in the meantime? And what can we learn from past global pandemics?

Virus outbreaks and stock market performance

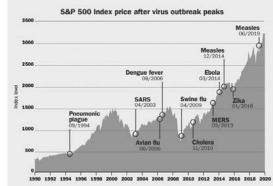
There is no doubt that this pandemic is different and has caused a larger dislocation than past virus outbreaks. However, it's still encouraging to note how financial markets have historically rallied following major health crises. As this chart of the S&P 500® Index illustrates, markets have generally delivered positive returns in the six to 12 months following the peak of a virus outbreak.

This isn't to say that investors should stick their heads in the sand and pretend the downturn isn't happening-this is a very serious and difficult situation. Eventually though, markets should return to some level of normal and slowly the economy will come back to life. Of course, the past is no guarantee of future results, but historically even the worst markets have been temporary dips in a general march higher for stocks.

What can you do during this time of volatility?

Here are a few steps to consider:

• Remember the power of diversification: Instead of simply selling your stocks in an attempt to cut



your losses, review your portfolio to see if it is properly balanced between stocks, bonds, and cash that align with your goals, time horizon and your ability to manage risk. While a diversified portfolio can't guarantee profits or protect against all losses, it can greatly reduce the impact of volatility.

• Stay focused on your-long term goals: Remember, your investment strategy is based on your goals, not headlines. While it's important to be aware of the news related to COVID-19, particularly from a health perspective, be careful not to let your emotions affect your investing. Try to keep your portfolio on a steady course. Volatile periods in the market can create good opportunities to either invest more or to adjust your portfolio as needed. But make sure any investment decisions you make are in the long-term interests of achieving your financial objectives.

Revisit your views on risk: There's nothing like a significant market downturn to remind you that investing involves risk. Market swings provide an opportunity to re-assess the level of risk in your portfolio and determine whether you still think the amount is appropriate for your circumstances. The level of comfort (or discomfort) you feel when the market moves up or down substantially is a good starting point on whether your portfolio fits your risk profile.

 Meet with a financial professional: If you are concerned about the recent performance of the markets, it may be a good time to sit down with your financial advisor. Together you can talk about your financial goals for the future and what steps you can take next to start on the path to achieving them.

Column provided by Guidelight Financial Group offered through Ameriprise Financial Services, Inc. Member FINRA & SIPC.

Virus outbreak	Virus peak	S&P 500 6-month change	S&P 500 12-month change
Pneumonic plague	09/1994	+8.2%	+26.3%
SARS	04/2003	+14.6%	+20.8%
Avian flu	06/2006	+11.7%	+18.4%
Dengue fever	09/2006	+6.4%	+14.3%
Swine flu	04/2009	+18.7%	+36.0%
Cholera	11/2010	+13.9%	+5.6%
MERS	05/2013	+10.7%	+18.0%
Ebola	03/2014	+5.3%	+10.4%



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Average price return		+8.8%	+13.6%
Measles	06/2019	+9.8%	N/A*
Zika	01/2016	+12.0%	+17.5%
Measles	12/2014	+0.2%	-0.7%

bomberg, as of 2/24/20. Month-end numbers were used for the 6- and 12-month percent change. *12-month data is not availal and & Poor, \$500 Index (S&P 500* Index), an ummanged index of common stocks, is frequently used as a general measure of nrines but excludes horkenage commissions or other frees. It is not possible to inset directly in an index.

Have family fun with a scavenger hunt in the MetroParks

The Trumbull County MetroParks is suggesting some family fun with a Nature Scavenger Hunt in its parks system, which includes Canoe City MetroPark, Clarence Darrow MetroPark, Eastlake MetroPark, Foster MetroPark, Mahoning River Water Trail, Thomas A. Swift MetroPark and the Western Reserve Greenway.

Can you find three different trees, something white, a seed, a feather, something fuzzy, an acorn, something red, a pinecone, a 'Y"-shaped twig, a rock, a bird's nest or something with moss on it? Just find these, but just leave them so the next lucky person can find them. For more information go to trumbullmetroparks.org.



By Christine Dorma, Administrative Assistant

Effective Immediately

emergency the city of Cortland is temporarily not accepting water payments via the lobby window. We encourage you to use the drop box that Department will conduct branch and is to the right of the entrance door or you may pay through the Customer Portal. To access the customer portal please visit cortlandoh.authoritypay. com. If you have not signed up for the portal and would like to, you will need your account number and customer ID number (CID number). If you do not have your customer number or your CID number, please call the office at 330-637-3916.

If you will be having difficulty in making your water payment, please call 330-637-4263 to make payment arrangements at this time. **Parks Update**

We have been in contact with the Trumbull County Health Department and they have determined, in writing, that outside activities and exercise are being promoted to support the defense against the virus. For example, playing with your family members to whom you are already exposed is a common sense approach. Signs are being made to reinforce the "maintain social distance" part, but also warning that if social distancing isn't being practiced or if a formal complaint about a current situation is issued to either the Mayor or Health Department, the Parks will be officially closed.

The skate park, tennis and pickleball courts are closed. The Trumbull County Health Department is the enforcement arm of Gov. DeWine's "Stay at Home" plan. Violations can be reported to

Taking a top down approach... continued from page 10

Rather than replacing siding with more of the same, consider composite siding built to resist impact, fire, mold, algae, insects, salt air and high winds. The hand-split shake siding available from DaVinci Roofscapes is made of virgin resins, UV and thermal stabilizers, plus a highly-specialized fire retardant. Whether you add accent panels with composite siding or go for the whole house, this can add a hasslefree aesthetic benefit to your home and boost its value.

the mayor at 330-637-4003 or to the Due to the Coronavirus health Trumbull County Health Department at 330-675-4871.

Brush Chipping

The City of Cortland Service limb pick up service along city streets starting in April, continuing through October. The first will begin on Monday, April 27. Be sure to have the limbs at the curb early; only one pass per street will be made.

2020 Brush Chipping Schedule:

Week of April 27 Week of May 25 Week of June 22 Week of July 27 Week of Aug. 24 Week of Sept. 28 Week of Oct. 26 Spring Clean-Up

Spring Clean-Up has been scheduled for April 30 or May 1. Items will be picked up with your regular trash collection. This service is provided for residential customers of Republic Services within the city of Cortland. Please watch the city website/Republic Services for updates and changes. **Dates to Remember**

April 13 - Parks Board - 5:30 p.m. April 13 - Planning & Zoning - 7 p.m. April 20 - City Council - 7 p.m.

HEAP Winter Crisis Program deadline extended

Trumbull Community Action Plan (TCAP) is continuing utility assistance under the Winter Crisis Program. Due to the COVID-19, the program has been extended through Friday, May 1, 2020. Effective immediately, Ohioans who are enrolling in Percentage of Income Payment Plan Plus (PIPP), for the first time, applying for Home Energy Assistance, Winter Crisis Program, or have limited income, are no longer required to visit a local agency to complete an application. Households can avoid utility disconnection, restore disconnected service, establih new service, purchase fuel oil, propane, coal and wood.





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Walkways

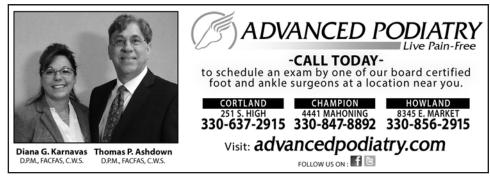
Cracked or uneven walkways and steps are not only an eyesore, they can present a tripping hazard to you and guests. Evaluate whether it's time to give yours an overhaul. Be sure to select low-maintenance materials that complement the look of the other elements of your exterior. This is a good time to consider lighting that adds drama to the walkway at night and makes for safer walking.

Sprucing up? Go for high-impact projects that boost curb appeal and add value to the home.

Currently, TCAP is closed to the public. Appointment dates and times are still valid, however, instead of going to the agency, you will be called by a TCAP Intake Specialist on the same date and time as your originally scheduled appoinment. To schedule an appoinment call 866-747-1041. You will be told how to submit documentation during your phone interview. If the phone number you provided is no longer valid or you did not provide a phone number, please call back immediately and update your phone number.

You can also begin your application online by visiting the website www. development.ohio.gov. However, the application must still be completed during the phone interview. For questions call 330-393-2507, ext. 225.

Cortland News ~ April 11, 2020~ Faith





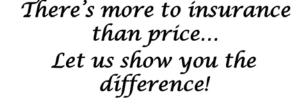
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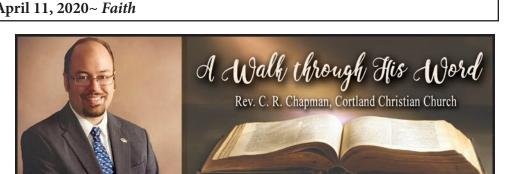


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'In the Garden'

"I come to the garden alone, while the dew is still on the roses..." (lyrics by C. Austin Miles). Many of the readers are familiar with C. Austin Miles's 1912 hymn "I Come to the Garden." It is a favorite among many in the church, and it is also a common funeral hymn used to bring peace in a time of grief. With recent events, as the hymn goes, it may be a good idea to go to the garden alone in order to practice social distancing. All joking aside, being out in nature is a good way to relieve the stress that we were all introduced to a month ago.

When Jesus was stressed He often retreated alone, or with a few close friends, and went to a garden or some place of solitude where He could meditate and pray. On the most stressful night of His life, just before the crucifixion, Jesus took some of His disciples and went to a place called the Garden of Gethsemane, and what did He do there? He talked to the Heavenly Father.

The Heavenly Father is also

waiting to hear from you in your time of frustration. Whether that frustration is from recent world events, or more personal happenings He has sent His Son to die for you that you could receive Him and thus be able to come to the Father free of sin through Jesus Christ the Son. And, while you may go to the "garden alone" you are not really alone, for whosoever believes in Christ has been given His Spirit who resides in them.

One thing recent events have been teaching people is the importance of self-maintenance. When you face anxiety in your life, step back. Sit on your back porch and listen. Listen to the birds. Feel the warm spring breeze blowing across from the Mosquito Lake. Hear the leaves rustle as they pop back on to the trees with new life. Watch the flowers dance in the wind. Speak to your Heavenly Father for He cares about you and what you are facing in your life. Trust in the King of Peace and have peace in your life.



"Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee." Isaiah 26: 3

Up the left arm – across the shoulders behind the neck - down the right arm – backwards flip – relax. Pip (short for Pipsqueak) is a miracle baby. Born with serious complications (blind, water on the brain, etc.), the vet says she is not going to make it: "Take her home and keep her comfortable." Lorra and I do our best and guess what? Pip turns 4 on the Fourth of July. She's our miracle baby and she is special in more ways than one. You see, Pip and I have this thing. She started it about the time the vet "pronounced sentence." Imagine the scene: Pip's lying in my lap - less than a pound soaking wet. She wakes - climbs up my left arm – across my shoulders

behind my neck – down my right arm – flips backward – my arm serving as a comfortable hammock for our "special child." I stroke her belly and chest and she falls fast asleep, totally relaxed in the comfort of Daddy's arms.



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Don't know if you're aware, but it's been a tough week for this pastor. Spent seven days in the hospital. Poked, prodded, x-rayed, analyzed, and assessed - yesterday I walked out of University Hospital battered and weary. An hour-and-a-half home, into my lounging pants, Lorra tucks me into my favorite chair. My neck and back are tight with anxiety. I'm tired, but can't relax. Guess who shows up? ... Up the left arm – across the shoulders behind the neck - down the right arm - backwards flip - relax. I stroke Pip's chest and belly ... peace ... calm. We both fall fast asleep, totally relaxed in the comfort of my Father's Arms.

Bluebirds in your **backyard** By Loyd Marshall

Eastern Bluebirds live, nest and feed in open areas. They prefer places such as meadows, golf courses and large lots with open grassy areas. Smaller yards with some open space and proper nest box location may attract bluebirds, but usually more House Sparrows. Keep the nest box away from heavily wooded areas that will attract House Wrens, which compete for bird houses. Good habitat for nest box placement is key to attracting bluebirds. It should be near an open area and as far away from a building as possible. A small tree, pole, or wire in the area is good for a bluebird so it can perch and hunt. Trees and shrubs that work well at attracting bluebirds are: dogwood, hawthorn, wild grape, sumac seeds, hackberry seeds, blackberries, bayberries, honeysuckle, red cedar, pokeberries, and Virginia creeper.

Some of the preferred insects and invertebrates that bluebirds eat are grasshoppers, crickets, katydids, beetles, earthworms, spiders, millipedes, centipedes, sow bugs and snails. As insect eaters, the use of insecticides needs to be discouraged. They will eat meal worms from a feeder.

You should not put up a bluebird house if you do not plan to monitor it. Check the box at least once a week. Do not allow House Sparrows to use the nest box. Keep the House Sparrows out with passive and active management strategies.

Mount bluebird nest boxes on a pole (preferably round) with a predator guard. Do not put boxes on trees or fence lines since this make them vulnerable to predation. Nest boxes should be placed in the most open area you have available that may have a small tree 12 feet away. This tree will give the birds an observation post.

Domestic cats should be kept indoors or have strictly limited outdoor roaming. More information is available on the NABS (North American Bluebird Society) website http:// www.nabluebirdsociety.org/nabs-factsheets/

Editor's Note:

Loyd Marshall lives in Gustavus. He is a retired engineer who is a dedicated and passionate volunteer for the U. S. Army Corps of Engineers. Several years ago he started the bluebird trail at Mosquito Lake State Park that has been quite successful. His most recent project is nesting for prothonotary warblers has earned him accolades in several large birding organizations.



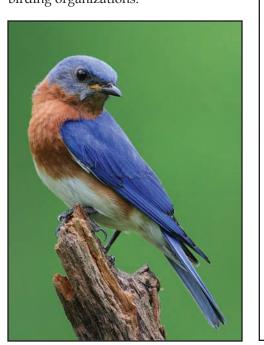
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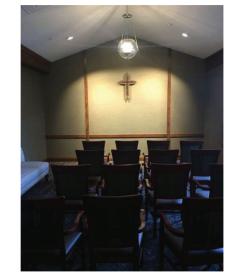


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3 smart ways to boost home curb appeal

(StatePoint) Taking steps to boost curb appeal makes good sense for any homeowner. Not only does it help make a great first impression on guests and neighbors, but certain updates can actually increase your home's resale value when it comes time to put your property on the market.

To maximize the time, money and effort you expend, consider the following remodeling projects, which were all ranked highly by Remodeling Magazine's 2020 Cost vs. Value Report:

Manufactured Stone

According to Remodeling Magazine's findings, manufactured stone has the largest return on investment of all home remodeling projects with an average of 95.6 percent of the cost of the project recouped. There's a good reason for this. High quality manufactured stone is an eye-catching way to add beauty and elegance to interiors and exteriors.

When seeking out manufactured stone products, look for long-lasting products that mimic the look of natural stone, such as those from ProVia, which combine deep shadow lines with authentic coloring to produce dramatic effects. The manufacturer has achieved an authentic look by selecting natural stones from unique geographic regions for every master mold and by using only raw pigments and oxides to attain a rich color that lasts for years. To use tools that can help you visualize stone and grout style and color combinations, view instructional videos or learn more, visit ProVia.com/stone.

Garage Door Replacement

If you are like many homeowners, you typically enter your home through the garage. Give yourself a treat to come home to each day with a garage door replacement, which provides the second largest return on investment, according to the report. Not only does this upgrade present an opportunity to boost your home's aesthetic appeal, it also has the potential to beef up your home security and lower energy bills. Whether you want the garage doors to make a bold statement or blend into the woodwork, there are many ways to customize, including panel design, colors, hardware fixtures and window placement.

Siding Replacement

With a return on investment of over 70 percent, there's a strong case for replacing your siding with something new. Vinyl siding is an especially good choice of material for those who value easy installation, good value, durability and minimal maintenance. Many homeowners choose to even mix siding and manufactured stone on their home exterior for a unique facelift that's sure to impress passersby and potential buyers alike. By selecting home exterior projects that offer the greatest return on investment, you can be sure your renovations go far beyond what meets the eye.

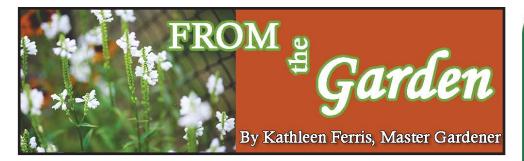


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Cortland News ~ April 11, 2020~ Home & Garden



Here is a little trivia for plant nerds. While phlox is a popular perennial and there are many different species available, it was in the 1940s when phlox reached the zenith of its popularity and everyone wanted to grow it. At one time there were more than 800 varieties in existence; only one fourth of those exist today. Even so, you can still have phlox blooming in your garden from spring to fall.

Phlox is considered a long lived perennial. If you have some of the older varieties, you might not be considering investing in more. But many of the newer phlox have better resistance to powdery mildew, a fungus problem that plagues many varieties, and they tend not to flop under the weight of their blooms.

Phlox bloom in shades of light blue, purple, pink and white plus vivid shades of magenta, purple, coral and red. Many phlox are also fragrant. All are good nectar sources for butterflies, moths and hummingbirds.

Phlox subulata, or creeping phlox blooms in mid-spring. This is a vigorous, spreading, mat forming, sun loving ground cover. Perennial and semi-evergreen, creeping phlox has needle-like foliage and vivid small starry, five pointed flowers. It is used in beds and borders, as a ground cover, on slopes and in rock gardens. Another spring bloomer is Phlox divaricata or Woodland phlox. A spring ephemeral, meaning it will go dormant in the summer heat, it is a shade lover and will self-seed to form small groupings. The blooms are white but will show blue when the sun shines on them. Both are hardy in our growing zone.

In early summer, Phlox glaberima, Phlox hybrids and Phlox carolina start their season. If there is a sunny wet area in your garden, consider Phlox glaberima, or Marsh phlox. This one blooms light pink to lavender flowers, in full sun to part shade, and grows 18 to 30 inches tall and 12 to 18 inches wide. Phlox hybrids tend to bloom early summer, repeating through fall. They are sterile so they stay in bloom longer and are mildew resistant. They come in many colors, and because they are short, 14 to 16 inches, no staking is needed. Phlox carolina, or thickleaf phlox likes full sun to part shade and rich, moist, acid well drained soil. One variety, introduced in 1889, is still in cultivation. "Miss Lingar"' has sweet, fragrant, large white blooms held in large clusters. It re-blooms if dead-headed and has superb mildew resistance.

In midsummer to fall, during the heat of summer, tall garden phlox start their bloom season. The flowers of garden phlox are rounded panicles made up of large individual flowers. Tall and fragrant, with many having two-toned flowers, garden phlox is a star in the summer garden. Dead head the spent blossoms to prevent unwanted seedlings. If deer are a problem, spray repellent on leaves and flowers. Reapply after rain.

Some varieties of phlox are naturally resistant to powdery mildew. Others contract it every year. Encourage air flow around garden phlox by thinning the stems by a third. Spraying horticultural oils can also help. A recent study at Cornell University revealed that weekly applications of 1 tablespoon baking soda and 1 teaspoon of horticultural oil mixed in a gallon water helped control the fungus. If your phlox struggle every year with powdery mildew, it might be time to try a more resistant variety.

What is powdery mildew? You'll know it when you see it! White blotches on the leaves won't kill the phlox, but it can weaken the plant over time. The fungus tends to rear its ugly head in hot humid weather and when nights are warm. Spray early before you see it. Later is too late. The beauty of tall garden phlox is worth a little time and effort.

Happy gardening!

Kathleen Ferris is a Trumbull County Ohio State Extension Master Gardener and a Cortland resident.

Light up your landscaping like a pro

for cookouts, family gatherings and walkway around flowerbeds. entertaining late-night porch hangouts. According to the American Lighting Association (ALA), proper outdoor lighting is just as essential for a beautiful landscape as are a lush lawn, bright flowerbeds and manicured shrubs. Jeff Dross, corporate director of lighting education and industry trends for Kichler Lighting, recently explained that homeowners are opening up to new ideas with landscape lighting.

(NewsUSA) - Summer months bushes or other decorative landscaping are quickly approaching, and many art. Additionally, the light will bounce homeowners are getting lawns prepared off the ground and create a nicely lit



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Use Indirect Light

Dross says homeowners have begun to shift toward indirect light for their landscaping, which essentially uses a source to reflect the light emitted by the light fixture. This creates more of an atmospheric tone, allowing the light to spread across a wall off the side of a house more effectively. Indirect lighting will illuminate flower beds, gardens,

The Shift Toward LEDs

LED light bulbs are beginning to dominate the landscape lighting industry. For the majority of homeowners, outdoor lights and landscape lighting are typically left on longer than other home lighting, which makes LEDs the more affordable and logical option.

Additionally, LEDs can be manufactured in much smaller sizes, which give homeowners more options to use them in unique spaces. Dross explains that LEDs are so small, they can be used as application lighting, as well as for aesthetic purposes. Hardscape designs are easy to mesh with LEDs, because the style creates both a passageway lighting source and indirect lighting for stone or brick landscapes. Continued on page 18

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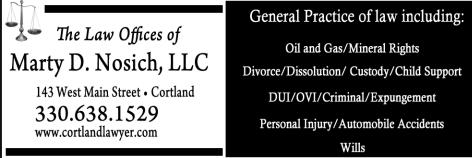
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LIBRARY NEWS

Warren-Trumbull County Public Library to remain closed

The Warren-Trumbull County Public Library will remain closed until further notice due to the continuing COVID-19 pandemic. The libraries in Warren, Brookfield, Cortland, Howland, Liberty and Lordstown will remain closed and Bookmobile and Homebound Library services suspended until local and state health officials deem it appropriate to reopen public gathering places.

All events that had been scheduled

at the libraries are also postponed or canceled through May 2020.

Library customers are asked to keep materials they have checked out until the libraries reopen; due dates for checked-out library materials will continue to be extended and no late fees or fines will be accrued during this time. Library cardholders can borrow eBooks, eAudiobooks, and digital music and movies online through the library website 24/7 at www.wtcpl.org.

WTCPL offers digital resources accessible from home

Warren-Trumbull County The Public Library offers library cardholders free access to digital materials and online services available 24/7 from home.

Digital content such as e-Books, e-Magazines, e-Audiobooks, and digital movies, music, comics and television episodes can be borrowed with a free library card. To begin the registration process for a library card online, visit the library website at www.wtcpl.org and then click "Get a Card."

Digital content can be streamed or downloaded to a personal e-Reader, smartphone or tablet at no cost through dedicated apps or through the library website at www.wtcpl.org.

Cardholders can choose from thousands of titles offered through the library's partner services such as OverDrive, Cloud Library, hoopla, Flipster and RB Digital. Online storybooks, comics and graphic novels designed especially for young readers and their parents can be accessed through the library's TumbleBooks and Scholastic BookFlix services.

Free access to several online

learning platforms for students, adult learners and small businesses is also offered through the library website. Databases, videos, tutorials, and research guides on topics ranging from math and science to business and health to motor vehicle and home repair are offered. The LearningExpress Library platform features online tutorials, practice tests and e-books for students of all ages. More than 50,000 online training videos are available through Hoonuit, an online database of tutorials covering popular Microsoft, Apple, Adobe and Google software programs.

Mango Languages is an easy-touse foreign language learning system that allows users to track their progress in more than 70 languages through a dedicated app or the library website.

The library system's Local History & Genealogy Center maintains a variety of online research materials on the library website as well as a digital photo archive. Access to genealogy research sites including Ancestry Library Edition, African American Heritage and other sites is offered for those interested in researching their family tree.



Next WPO concert postponed due to virus pandemic

Light up... continued from page 17 Go Simplistic

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The Philharmonic Warren Orchestra's spring concert scheduled for April 19 - "A Spring Bouquet!" will be postponed, as requirements to avoid public gatherings extend throughout the community. The planned venue, First Presbyterian Church in downtown Warren, will be unavailable through April. An alternative date has not been determined. Barry G. Dunaway, orchestra executive director, stressed "Orchestra patrons should retain their tickets, which will be honored at a future concert."

Further information will be posted on the orchestra webpage and on Facebook, as it becomes available. For more information, contact the Philharmonic office at 330-399-3606 or email warren.philharmonic@gmail.com.

One significant trend in landscape lighting is simplicity and cleanliness. What this means is more homeowners are choosing to go with fewer ground fixtures to illuminate their entire home. According to Dross, residents who simply align their light fixtures along a walkway in a very orderly and organized fashion are providing a lot of unnecessary light and wasting energy.

Going for a more simplistic design can still highlight plants and flower beds while giving just enough light to illuminate a backyard or around a patio. Also, homeowners are moving toward fewer lumens in light fixtures. This allows the light beam to spread more efficiently and even out the overall light sources.

To learn more about landscape lighting, visit a nearby ALA showroom, or go to www.americanlightingassoc.com.

Page 19 Cortland News ~ April 11, 2020 ~ Business Cards & Classifieds FINANCE **HOME IMPROVEMENT** MARKETING Custom **Counter Top &** Jean A. Corliss Jennifer J. Slywczak, CPA & TAX SOLUT Owner Kitchens Inc. P.O. Box 43 • Niles, OH 44446 WHOLESALE PRICING (330)638-CPAS (2727) www.jenjslycpa.com 330-349-2955 jennifer@jenjslycpa.com Fax: (888)491-2201 866-473-4250 330.637.4856 7612 Orangeville Kinsman Rd Kinsman, OH 44428 3378 State Route 5 NE Cortland, OH 44410 161 West Main St. sales@regalpromo.com **Cortland**, OH www.regalpromo.com **GRAPHIC DESIGN** over 20 years 330/372-9618 HOME SAVINGS f E-mail: nickspainting@hotmail.com experience Matt Elias, NMLS #406171 TRACY OMERZO Loan Originator PAINTING CO. NICK'S 330.647.8378 MElias@homesavings.com Commercial • Industrial • Residential 🕓 o: 330.856.1940 | c: 330.509.1877 tracy.omerzo@amail.com Sandblasting • Shop Blast • Spray Painting • Power Washing F: 330.856.6761 4625 N. River Rd., Warren, OH 44484 LOGOS . INVITES . MENUS . BROCHURES . POSTERS (Apply online at MattElias.biz SHIRTS . ADS . STATIONARY . SIGNS . MUCH MORE FARM & LAWN EQUIPMENT **Brad Forrider** Financial Advisor 330-637-1871 2996 State Route 5 Suite A Campbell Carpet Inc. & Flooring Cortland, OH 44410 The Roscoe Bros. Inc. of Gustavus Bus. 330-637-0480 Cell 330-277-7210 FARM SUPPLIES Fax 877-526-9607 brad.forrider@edwardjones.com Richard R. Roscoe Sr. "Our family serving your family since 1955" www.edwardjones.com/brad-forrider President California Insurance License 0C24309 330.876.7091 246 N. High St., Cortland Mon-Fri 10 am-7 pm 3702 St. Rt. 87 330.876.4223 Edward lones www.campbellcarpet.com Sat 10 am-4 pm Farmdale, OH 44417 Cell 330.240.3581 MAKING SENSE OF INVESTING **COPE FARM EQUIPMENT, INC.** Attorney Robert M. Platt T-N-T Gessner & Platt Co., LPA Complete Line of T. Water Well Inc. 212 W. Main St. • Cortland **JOHN DEERE** -11 -330-638-5652 Lawn & Garden Equipment Gould's Water Systems 330-637-3906 -AT WELLS • PUMPS • TREATMENT COMPLETE RESIDENTIAL WATER SYSTEMS (330) 876-3191 General Practice of Law • Trusts • Estates • Wills • OVI 6401 State Route 87 - Kinsman - Ohio Traffic & Misdemeanors · Domestic & Juvenile Law 2821 STATE ROUTE 305 · CORTLAND Over 45 years of serving the citizens of our community CERTIFIED GOLD STAR DEALER VISIT US AT WWW.JOHNDEERE.COM JOHN DEER **ALTERATIONS** HEALTH & BEAUT CORTLAND Seams Right 118 Walnut Street Seams Cortland, OH 44410 Custom Sewing 330-637-4976 Jeanine Brantingham Cynthia J. Roper Corley Right Alterations Specialist www.CortlandMower.com Independent Beauty Consultant 368 East Main Street SALES 425 S. Mecca Street, Apt. 1 Cortland, Ohio 44410 (State Route 46) 330-261-0263 Custom Cortland, OH 44410 Check out our Lawn Mowers SeamsRightCustom.com Sewing (330) 638-4409 SeamsRightCustom@gmail.com Email: cynthrop@aol.com Web: www.marykay.com/cynthiajrope Clients by Appointment Only - Please Call Ahead Mon 9-6 • Tues-Fri 8-5 • Sat 9-2 **SPORT SHOP**

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